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Capture the new color that's entering our schools teams and learn about why. You can find this story on page fifteen.



Take a look on page five to read about a look at the new football season through the eyes of Coach Lovell.

## The gift of life

This is the beginning of Ju Corey and Jade's new adventure as teen parents.

Rachel Wilkey @RachelWilkey

Life is an incredible adventure and has many twists and turns to make everyone's different. Life is unpredictable, but it works in mysterious ways. For Ju'Corey Higgins, '19 life is anything but predictable the moment his daughter, Jakiaha Marie Harter-Higgins, entered his life August 28, 2017 at St. Luke's Hospital.

Ju'Corey and his girlfriend, Jade Harter, '19, came to Marion last year and it was easy to see that they were inseparable. The two have been together for over a year and a half and even lived together for a couple of months. Now the couple has a new bundle of joy to express their love for each other.

The idea of a baby had not been in the discussion for Higgins or Harter until they found out Harter was seven months pregnant.

"I was wowed, like where did this even come from?" Higgins said.

For Jade, it was a different reaction or more of a lack thereof. "I wasn't happy, and I wasn't mad I was just there with no emotion," Harter explained.

With Harter being seven months along, it didn't give them much time to prepare for their new daughter.

Within a name is someone's story, something no one can take away from them. The name Jakiaha came from Harter's cousin. "We were gonna name her Jedikiaha if she was a boy, but when we found out she was a girl we still wanted it to be close to that name," Higgins said.

### Support from family

Being teen parents is never an easy task especially when having to tell the parents the news. Both parents were upset, and angry when finding out only a week after the couple did.

"[His parents] were really mad at first, but when they realized how much time was left they realized she's already here and became super supportive," Higgins said.

Support for the new parents came very easily, with almost everyone who knows them being as supportive as possible. One of the supporters is Ju'Corey's sister, Azya Pope, '21. This new aunt was overjoyed when she found out about her new niece.

"I was so happy," Pope said. Pope loves her new niece and loves how tiny one little person can be.

### A new generation of parenting

There are always stories of teen mothers without supportive fathers, but Higgins doesn't want that to be the case with his new daughter.

A new child can sometimes prohibit future plans, but Higgins says that his plans haven't really changed.

"I'm gonna keep working, so I can support her and make sure she can get everything she wants. I don't want to be like my dad, I want to be there for her," Higgins said.

Not only is the new baby going to affect the life of Ju'Corey, but Jade as well.

Harter instead of being at the high school during school hours is at home watching the new baby. Except, once again, the new baby doesn't change the plans drastically for her. "I already figured out my schooling and a way to keep going for what I've always wanted," Harter said.

With a plan in mind, the young couple is ready to begin raising their own child.

### A step towards a new journey

When raising a child having a plan for how they need to be raised is an important step. Higgins described he doesn't want to be a parent who is in their 50s watching their child graduate, he wants to be a parent who can watch more of his baby's life than if he was older.

Higgins also added that when Jakiaha gets older he doesn't want his daughter to feel as though she can't talk to him.

"I want her to feel comfortable. I don't want her to feel afraid to talk to



Ju'Corey Higgins and Jade Harter, both '19, hold their newborn baby Jakiaha, who was born on August 28th, 2017.

me," he said.

One of the biggest obstacles of being new parents is the actual birthing process. It can be difficult and long, but in Ju'Corey's case it was downright terrifying.

"It was terrible, and didn't even seem real. She just kept screaming and I felt bad because I couldn't do anything to help her," Higgins said.

Although it was a difficult, it was all worth it when their daughter was born.

A new baby can be a surreal experience, but with the right amount of love and support it can be a breeze.

"I don't regret anything I love her and nothing can

change that," Higgins said.

With a new person in his life Higgins is only adding another person to love and to cherish throughout his time alive, making his life one incredible adventure.



Jakiaha Marie Harter-Higgins sleeps peacefully at her home.

## What's happening around the school?



The cheerleaders lead the middle schoolers in the annual cheer clinic at the home football game.



Shea Boland, 18, and Kaylie Johnson, 20, hangout out together with their dogs.



Brandon Hamilton, 19, gets thrown into the air by the student section to celebrate a touchdown.

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## Turn that frown upside down

By: Sophie Reider @sophdispenser

Did you know it takes more muscles to frown than it does to smile? Yet most people don't smile often, why?

If you listen in to the average teen conversation on an average day from the past 5 years, the phrases "I'm/you're trash" or "kill yourself/myself" or "Do you even have friends" will come up eventually, or some variation of the stated comments. Why is it the from the ages of 13 to 18 the teenage population is so negative as a whole? It isn't just our generation either, parents experienced this negativity too. No one really knows why our savage, aggressive, and mean nature develops during high school, but it needs to stop, and soon.

Being moody isn't fun for anyone, so instead of bringing everyone down with a frown when you're walking in the hallways, try smiling. A smile can make someone's day.

A lot of people use the general excuse, or say the general phrase "I hate people why would I talk to them?" And that is a good point. It is okay to not like people, you are human, and you can't get along with everyone. That is okay, getting along isn't the goal here. The goal is to be kind, even to the people you don't like, because kindness will always circle back.

You can show kindness in many easy ways, it isn't that hard to be a decent human being. Try smiling when walking down the Halls, or talk to that nameless person in class, or most importantly wake up with a positive attitude. Being happy makes life more positive and will exude a better outcome on life. Positivity is missing from our high school and only you can bring it back. So stop giving your face a workout and smile more.

### Why do you prefer to be happy over being sad?



"Because I'm in a bad mood when I'm sad and it's depressing."  
-Jordyn Dunn, '21



"Because when you're happy, you can make other happy."  
-Graham Guyer, '19

## Pep rallies... do they pep us up?

Our pep rallies need to be more interactive in order to get students pumped up.

By: Patrick Bleadorn @p\_bleadorn

Students head to the gym for a pep rally. The sound of the marching band roaring inside with the cheerleaders preparing to do their cheers. The Poms team stands off to the side, waiting to show off their latest routine. Sounds like an awesome pep rally, right? WRONG WRONG WRONG.

Every single year there is a fall pep rally and a winter pep rally. The idea behind a pep rally is to get people excited for the upcoming sports in the fall or winter season. However, it feels like the pep rallies have gotten stagnant. What's the point of a pep rally if doesn't get students excited? There is zero reason to have a pep rally if students don't get excited.

The cheerleaders do their signature cheers, the Poms team does their routine, a teacher talks about our sports that are currently in season depending on if it's the fall or winter pep rally, the band plays a few songs, and the rally is over. And guess what? The routine doesn't change and it hasn't changed for years now. It feels like the pep rallies have been the same for many years now and it's time to change up the pep rallies to really excite the school.

The other problem with our pep rallies is that there are plenty of different things that could be done instead of the normal routine, but for some reason the pep rallies continue to be the same. It's hard to keep students excited each time there is a pep rally when the sequence of events never changes. Once that starts to take effect, students would rather be sitting down, looking at their phones than getting up and getting excited.

While our pep rallies are a tradition and they do tend to get most people excited, the pep rallies are not different enough to keep students as excited if not more time they have to file into the gym.

Some ideas would be things like having a basketball shooting competition between a student and a teacher, having a dance off between students, or even something like a relay competition between a couple group of students. It should be the student body's mission to speak up for better pep rallies, so that we get more excited for each sports season.

Our school needs more exciting pep rallies that have more substance to them and it should be the student body's mission to speak up for more things to do in our pep rallies in order to continuously get us more and more excited.

### Do you think our pep rallies need to be rejuvenated?



"[We need] literally anything. They're the same every year."  
-Cole Ehr, '20



"[Yes we need to add] show choir, add beach balls, and other fun things."  
-Chapin Wright, '19



"I think they've been pretty good the last two years."  
-Mr. Pete Messerli



"[We should] have more time, confetti, signs, and have more people involved."  
-Sydney Nielsen, '19



"[We need] confetti, a t-shirt cannon, and less band."  
-Brady Merrifield, '19

## @ me next time

By: Rachel Wilkey  
@RachelWilkey

Remember that one time someone tweeted about that one person. Except they didn't want that person to know they were tweeting about them. This is the fun activity they call Subtweeting. Now not everyone subtweets, but a big amount of twitter users do. Everyone in their life has had their way of talking behind someone's back. Whether it was passing notes or quite literally talking behind someone's back. Either way people have had many ways of being passive aggressive throughout time.

Whether or not someone agrees with subtweeting, people

should do it. It may not be the most moral thing to do, but the person or thing someone is talking about will never know if they were actually talking about THEM. There is no proof. It's a great way to get rid of pent up anger without blatantly yelling or screaming at the person someone is frustrated with.

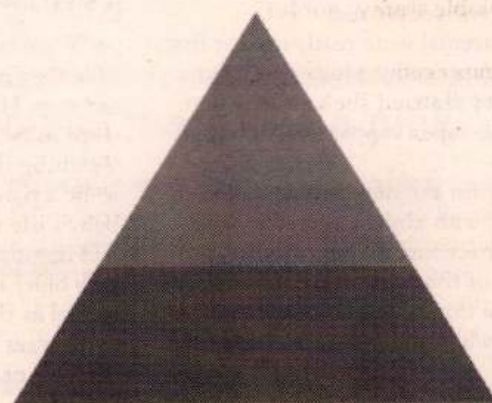
Along with subtweeting there is some awkwardness that comes with it. The person being subtweeted realizes they're the focal point of the tweet, and they're incredibly brave and direct message the tweeter asking if it's about them. Except it's an easy cover up with a "No, it's about someone else." Not only is there confrontation between the person it's about, but there is also the impending guilt the subtweeter will definitely have.

There are some rules about

subtweeting. Under no circumstances should subtweeting be a hate crime, cause someone to be bullied, or straight out indecent. It should be treated more like a complaint box and their followers are their HQ, and if people don't want to read the complaints then they just unfollow the twitter user. It's also a good idea to remember who follows the tweeter, or at least did follow they before they post something that could potentially ruin a relationship with someone, but that's the tweeters decision.

So before someone decides to subtweet remember the limits and that actions can have consequences sometimes. Also if this isn't a good story @ me next time.

### Do you subtweet?



100 students were asked if they subtweet about their feelings towards others on Twitter.

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The Vox is a public forum student-run newspaper dedicated to informing and entertaining the students of Marion High School since 1934. It's published six times a year by Tri-Co printing company and is distributed during the final block

of the school day by the journalism staff. The staff will report as accurately, fairly, and objectively as possible. All activities will be covered by the staff to the best of their abilities, without showing favoritism to any group. Letters to the editor will

be printed from anyone in the community. However, The Vox retains the right to edit articles without changing the writer's intent. There is a limit of two hundred words per article and all letters must be signed in order for them to

be published. The decision to include them rests solely on the staff and the advisor. Turn letters in to room 26 or any staff member.

## Editorial Policy



# Teen addiction: cell phones

It's no surprise that cell phone use has become an issue for many.

By: Summer Williams @summer.rose

Phones are objects that almost every teen has access too. They are being used constantly, during class, while out to eat, before bed, in almost any situation one can think of. Technology is important in the society that we live into today, it's sometimes even essential. But, when it starts to hinder our social interactions with others is it being taken too far?

A study conducted by investigators from the University of Maryland shows that, "a clear majority" of students included in the ten countries, displayed feelings of distress when they tried to go without their phones for one day. This is extremely alarming, if one can't handle being without their phone for a short period of time, how can they deal with any type of separation that's more serious. Teens are becoming so attached to their phones, that when it's not in their hand for a split second, their anxiety goes through the roof. This causes unnecessary stress that can easily be avoided, if they hadn't grown such a strong dependency on their phone.

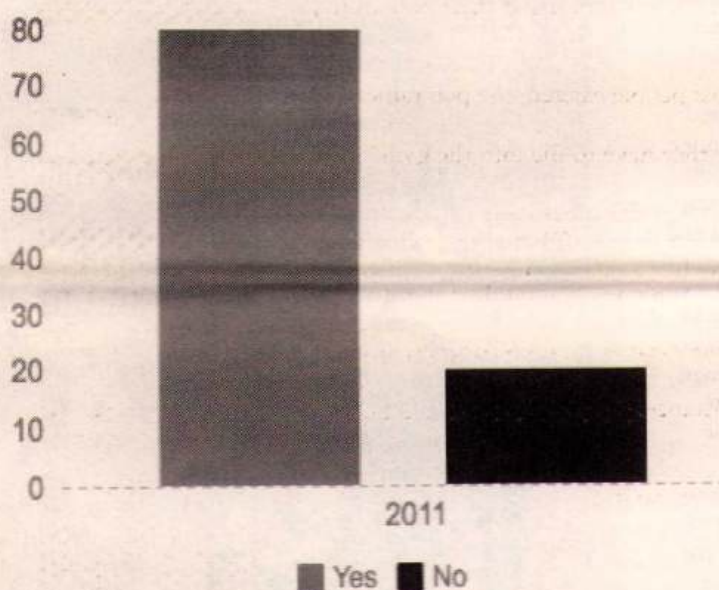
The reliance on phones also causes huge social barriers between people. It's always a struggle when someone is trying to have an important discussion and the person they're talking to is stuck on their phone. It makes the person feel as if their problems or success don't matter. It's also just plain disrespectful to use one's phone while someone else is talking, it gives off the message that they don't care and that the person talking to them isn't important enough to pay attention too.

Phones can distract us from what's going on in the world around us. Noah Smith. A writer for the View, made an interesting point when he tweeted this, "15 years

ago, the internet was an escape from the real world. Now, the real world is an escape from the internet." This tweet is so valid and relevant to the way teens are living in the world right now. Everything teenagers do is almost solely based on social media and how many views or likes they can get, or how they are so #relatable. Learning to base our decisions off our own self knowledge instead of standards set by things one has seen on the internet is important.

Although phones can be very damaging to people's social lives, using them in moderation is okay. Phones can be great tools used to learn new things or to get quick interactions with others. But, using them too often or when others are speaking to one's self is harmful not only to them but others around them. A great way to get rid of the reliance on one's phone is to only use when it's completely necessary. It's important to take a technology detox every once and while and truly experience the world as it is.

## Are students addicted to their phones?



## Please, please cover your sneeze

By: Amy Noble @amy\_noble12

With summer coming to an end, fall is coming in full swing. With fall arriving brings the changing of leaves, pumpkin spiced everything, sweater weather, and the most infamous part of the seasons changing, sickness. With all the fall festivities coming up, preventing the fall colds can be very simple by following these few basic methods of prevention.

One of the most common ways that colds are spread are by not properly covering coughs and sneezes. A person that sneezes or coughs can spray their saliva and mucous in the air whether they know it or not. It may not be visible to the human eye, but there are microscopic particles that shoot out of their nose and mouth at a very high speed. According to the American Lung Association, a cough comes out at speeds close to 50 mile per hour, and a sneeze shoots out at a speed double that. Snot, mucous, and saliva

fly out of the nose and mouth at 100 miles per hour and some people don't even bother with attempting to cover it.

Covering a sneeze or cough is most effective when both the nose and mouth are covered. Burying both the nose and mouth into the inner part of the elbow is very effective because it traps all the possible spray that could come out, in. Covering both escape routes for the snot and saliva with a tissue and then throwing the tissue away is also very good for properly covering a sneeze or cough. Some people try and catch it in their shirt or try and get their arm up in time, those aren't very effective, but at least it's an attempt at covering it. Some don't cover sneezes or coughs at all which fills the entire area around them with germs and snot, which is gross and how the colds and illnesses are spread.

Another key way to prevent the fall colds is frequent hand washing. Hand washing on a regular basis is good hygiene and healthy for the body, but when there is germ on almost every single surface it's especially important. Using hand sanitizer frequently and immediately after sneezing or coughing is very helpful in killing germs. But for the best results of the killing of germs, using warm water, soap, and spending at least twenty seconds rubbing the soap over all parts of the fingers, hands, and wrists. Putting soap in your hands and then almost instantly washing it off does absolutely nothing to prevent the spread of germs.

With the changing seasons, come the

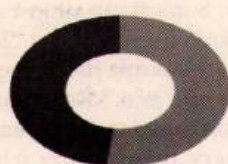
cooler fall weather. Another way to prevent the fall cold is by keeping warm. According to a study conducted by Yale University, the human body is more susceptible to sickness when it's cold.

The lower temperatures lowers the body's first line of the immune system. This is the easiest way to prevent getting sick because all that needs to be done is stay warm, whether it's a jacket or a blanket or even putting on multiple layers of clothes, it's just important that the body stays warm.

Fall is a great time of the year because of all the fun fall things to do and all the

changing colors of leaves. But the colds sickness that can come with these things can put a damper on the fall vibes, so this fall beat the sickness and prevent the spread of germs.

## Do students properly cover their sneezes?



■ Yes (52%) ■ No (48%)

## Is sleep for the weak?

By: Leah Kray @leah\_kray

Alarm after alarm screeches in one's ear as they saunter out of bed, begging for 'just five more minutes', meanwhile their eyes are pried shut with exhaustion. We've all been there before, unable to properly wake up and feel refreshed in the morning. It's a problem many people face in this world that never stops for breaks.

This epidemic of sleep deprivation is especially prevalent in teens. Our age group requires eight to ten hours of sleep per night in order to function properly, however, many kids fall short. According to the National Sleep Foundation, only 15% of students get eight and a half hours of sleep on school nights.

Sleep is food for the brain and is essential for everyday tasks. Getting the proper amount of rest helps support a healthier diet and manage stress. When the body doesn't get enough sleep, it can leave a person feeling moody, testing productivity decreases, and can even cause one to develop acne. This can also make an individual more prone to illnesses and injury during strenuous activities.

Resting is important for teenagers' growing bodies and minds, however there is an underlying problem as to why many fall short on getting quality sleep. Melatonin is a hormone released in the body that stimulates sleep. Once a child has reached adolescence, melatonin is released later in the evening as opposed to earlier hours.

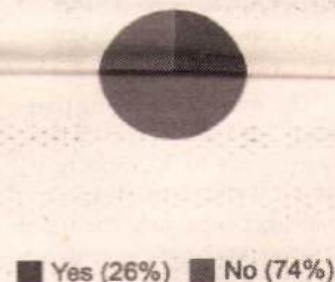
Many teens don't feel tired until around 11 p.m. and don't physically fall asleep until later. This makes getting up early in the morning for school a challenge because it goes against the bodies' wake and rest pattern.

In the meantime, teens can follow some nightly routines to help fall asleep easier and earlier.

Tip number one is to take a nap, but not a long hibernation nap. This can throw off nightly rest; the ideal nap is around ten to twenty minutes, or at least an hour or more. Another thing to keep in mind is to establish a set time to go to bed each night and stick to it. Once a time is set, don't eat, drink, or exercise within an hour or two before bed because this can spike energy levels, and make it hard to settle down to sleep. And finally, it's important to stay off cell phones an hour before bed because of the blue light emitted from screens.

Sleep is something everybody needs and shouldn't be taken lightly; it's the basis of our everyday lives. Make it a priority to set nightly routines to ensure quality rest because no one wants to be dragged out of bed every morning feeling drained.

## Do you get eight hours of sleep per night?



100 students share whether or not they are getting enough sleep each night.

# HyVee Drugstore

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## Mighty sports managers make the magic happen

Team managers take on many tasks that go unnoticed.

By: Leah Kray  
@leah\_kray

It's Friday night, and the buses are being loaded with equipment and football boys. Meanwhile the managers are scrambling all over campus to take care of last minute needs for the team. Once everything has been taken care of in a timely manner, they're able to relax and prepare for game time. This is a weekly experience for London Wagner, senior.

Wagner has managed the football team since her freshman year of high school and has loved it. "I like being able to participate in something so enjoyable to me," she said.

Manager's hold a position that doesn't get a whole lot of recognition for all of the things they do to help the team. "I fill water bottles, make Gatorade, hand out uniforms, clean pads, and help the trainer," Wagner said.

Manager's do many things that people don't even realize, but their essential for a successful team. "There's a lot we do that the coaches can't always do for the players, so we help them out," Wagner said.

With any role there's going to be some hardships. "The most challenging part is getting ready for a game; there's lots of things to get ready to do, especially for away games. We have to fill water, have Gatorade, get cups, help the trainer remember things, and make sure things are done on time," Wagner said.

Even though some parts of the job can be difficult, it's all worth it for the experience and relationships gained along the way. "I get along really well with the players and coaches," Wagner said.

Marika Bjornsen, sophomore, is a manager for the cross country team and



London Wagner, '18, fills a water tank with ice before football practice. She has been a manager for four years.

enjoys her time with the team as well as Wagner. "It's fun to watch the runners and all parts of managing the team is fun," she said.

There are many other sports offered in our high school, so some may wonder why one would choose to manage football. Except for Wagner, the choice was simple. "I enjoy the sport of football and Emily Pearson, a past football manager, asked me before she graduated and I liked it, so I stuck with it," Wagner said.

Managing a team can be a great experience for students. "I would encourage other kids to manage, but you have to enjoy doing it because it takes a lot of time and energy," Wagner said.

This experience for Wagner has provided a lot of insight and knowledge to her repertoire. "This role has taught me time management and how to balance homework and practices. It has also helped me be on time and organized," she said.

Whatever activities one participates in, it should be enjoyable for them and have memories to look back on.

## Hahn handles being busy

By: Madigan Crowley  
@CrowleyMadigan

There are so many activities to be involved in, places to go, and things that need to be done, but is it possible for people to be too busy? Brevin Hahn, Junior, knows very well what it's like to be beyond busy.

Hahn is involved in an abundant amount of activities and is trying to balance all of them while still doing well in school, and having free time. He participates in football, show choir, marching band, track, the musical, choir, and band. "If I had to pick my top two they would probably be football and show choir," Hahn said, but he loves every one of them.

He enjoys being involved in so much, but he hasn't done it alone. "Kudos to my mom for helping me with all of my activities," he said. His brother, Isaac, also helped him out with rides before he could drive himself.

Even though his activities are all voluntary there are a few downsides to it. "I only have free time on the weekends, and I usually just watch football, and hang out with friends," Hahn said. But to him, the positives outweigh the negatives.

"I don't get into trouble and it keeps

my mind focused," he said. He learns different lessons from each activity he does. Show choir helps with memory from learning all of the dances, football works on conditioning, and marching band helps with being very precise.

In one day Hahn may be away from home from 7:30 a.m. to 10:00 p.m. completing his daily activities. "On Mondays, [his busiest day], I go from school to football to marching band to show choir," he said. Even though he sometimes doesn't have down time, he doesn't want to quit any extracurricular activity. He enjoys them all too much.

Hahn would highly recommend being involved to anyone and everyone. He has a few pieces of advice for anyone involved in multiple activities. "Get a decent amount of sleep to get through the day and drugs aren't the answer for the pressure of being involved," he said.

Some may think you can be too busy, but for Hahn being busy makes daily life more enjoyable. A busy day makes the day go by faster and makes even the most boring days go by quickly.

While life may be going by quickly for Hahn he is continuing to live his exciting to the fullest by doing everything he is presented with, and making it the best he can.



Brevin Hahn, '19, plays his melophone in the band practice room while prepping for game day. Hahn will play football and march during halftime.

## Diving in the wide world of Anime

By: Summer Williams @summer.rose

Anime, it's action packed TV cartoon, filled with a storyline that keeps its viewers on the edge of their seats. Kalista

Reyes, 18', is the leader of Anime Club and has been watching Anime for a good amount of time and loves watching them. "A friend introduced me to it when I joined Marion and I've been watching it

ever since," she said.

As the leader of Anime Club Reyes has some important responsibilities, "I try to keep the kids from tearing the place apart," she said. Reyes also helps conduct bake sales for the club, these are for their potluck they have at the end of every year. They then use the money

to buy supplies for making t-shirts. "Our tradition every year is tie-dye," she said. The group loves to do activities with each other and get to know one another at these events.

The meetings for this club are pretty simple and easy to follow. The students just play the Anime they want to watch for the day, eat some food and hang out with one another.

At the meetings the members can build friendships and bond over their love for this genre of TV. "It's fun to watch and I continue this club so I can watch it with other people who love Anime," Reyes said. Raymond Wenger, 18', is also involved in the club since being in it since his freshman year, "I like sittin' around chillin' watching Anime it's fun," he said.

Some may wonder what Anime actually is, Reyes explained that it's a sort of TV version of Manga, which is a Japanese version of reading. There are lots of different Anime out there, Reyes suggests to watch Black Butler. "It's a long story and it has a lot of added things you wouldn't expect in a show," she said. Other Anime shows people interested could watch are "Imy Yasha", "Dragon Ball Z", and "Attack on Titan". There's an Anime for almost anybody who wants to watch this crazy genre.

Anime is something almost anybody could possibly enjoy. The shows are packed full with action, adventure and anticipation. Something almost every teenager yearns for in a show. "If they like Anime and wanna make friends they should come and join," Reyes said. Interested? Don't miss out on their weekly meetings every Tuesday after school in Mr. Voss' room at 3:00pm.



The Anime club poses for a group picture during a regular meeting.



# New season, new XC team

With former standout gone from team, new leadership arises.

By: Amy Noble @amy\_noble12

For some people, long distance running could almost be counted as a form of torture, but for others running is a fun and freeing activity. The sport of cross country is a combination of running and a competitiveness that people that enjoy running and competing can participate in. For Harrison Vanderlinden, junior, cross country is a sport that he greatly enjoys and continues to work and get better at.

Vanderlinden started running at the beginning of freshman year and has stuck with it ever since. It's become not only his sport of choice but one of his favorite hobbies. Really being able to enjoy long distance running is difficult especially for starting out runners, "Have as much fun with it while being competitive, but don't be too competitive. Practice. Run way more than you think you should," said Vanderlinden about advice to new runners.

Vanderlinden started out just three years ago and now he plans on running after high school, "The only thing that will stop that is injury," said Vander-

linden. What started out as just trying something new became a passion for Vanderlinden.

With each new season, there are usually runners that come and go, but an unexpected loss for the team this year was Myles Bach, now a senior at CPU. He was definitely a top runner on the team and with his change in school created an opening in the team that all the runners are stepping up to fill. "There's definitely a gap in the team. We would have won state if he was here. No one will take his spot by himself, we are all pitching in 15 seconds," said Vanderlinden. With Bach gone the team is coming together and working as one to make up the time difference so the team can get back on track and improve from last year and meet all of this year's goals.

Connor Bjornsen, senior, is involved in cross country and has come to greatly enjoy it like Vanderlinden. He was also a part of the team with Bach has been adjusting to the change since the start of the season. "More difficult to score points and do good in meets," said Bjornsen about Bach being gone this season. Going through change can be difficult for any

team, but this year's team has been working together to overcome it.

Starting out, getting into running and being able to push through it can be very difficult, but Vanderlinden was able to get through it and find a great passion for running. With each season, he sets new goals, for this season he gave the bold statement of winning state and getting his running times under 16 minutes and 20 seconds and for the team they set the goal of being one of the top three teams at state, which is very possible for them.

With more practice comes improvements, over the years Vanderlinden has made quite a few changes "More than just improvements in physical but also in mental. My pace and form is better. I trained my mind to

push through the pain. Pain is mental," explained Vanderlinden. Both the team and all the individual runners will work to meet their personal goals and the team goals.

Vanderlinden and Bjornsen have learned to love the sport of cross country. The new season has brought a new sense of excitement and competitiveness to practice and the meets. The team is more than ready to see what this season has in store for them.



Harrison Vanderlinden, '19 and the rest of the varsity cross country team take off at the beginning of the race.



The pom's team dances their routine for the crowd at the football game

## Pom's team starts anew

By: Sophie Reider @sophdispenser

The sequence, the glitter, the gold. The Marion poms team seems all glamour and red lipstick, but it's a whole lot more, like bruises, hard work, and friendship.

When the poms team hits the track, everyone on the team has a million things in their mind. Learning a new dance every few weeks, plus some have other dance classes on top of that. Yet they go out, smile, and dance perfectly. Senior, Autumn Hardman knows what it's like to dance. She has been doing it since she was three.

Hardman has been on poms since her freshman year. Back then there was a different coach, and it was more laid back. But not this year, it's her last year. Hardman thinks this is the best year yet. Some things have changed from her first year, like a new coach for example. The new coaches Ms. Hall and Taylor Mills focus more on technique and teamwork. Another change is the technique camp the poms team started attending this year, instead of a regular camp.

One thing that keeps the wheels turning are the freshmen. "[The freshmen] work on dances without instruction and outside of practice" Hardman says. Freshmen, Mikayla VanWey believes the captains help too. "They are helpful and supportive and they know how to get their point across," VanWey said. Hardman and VanWey both agree that the best part of poms is the team. "We aren't here just to dance, you can go to each other for problems with school and life. It's like gaining 13 sisters when you join the team," Hardman said.

The teamwork extends beyond the poms' dance moves. Another thing that makes the poms team do better, and the teamwork that flows through Marion, is the cheerleaders. "Every football game they are on the track, they help start the cheering and are very supportive," Hardman said. The cheer leaders help rile enthusiasm which makes their amazing dance movies so much better.

There is a lot to be expected out of the poms team this year. They plan to make a lot of noise, because the poms team is ready to rock.

## Marion is "Lovelling" this coach

By: Rachel Wilkey @rachelwilkey

It's Friday night and the cool, crisp autumn air blows in from the south, as lights begin to illuminate the field, and the constant hum of the crowd is behind. This is Friday night lights for the football team and for varsity coach Tim Lovell, the thrill never stops. This is only Coach Lovell's second year at Marion High School and already he defeated an 18 game losing streak. "It was incredible, a lot of special plays, and my college coach was watching on the sidelines," Lovell said about his first win of last season.

This year these men have started to focus on a new game plan; family. Even though it is a work in progress, the Marion football team is being taught it doesn't matter who you are, it matters what you do. "Everyone must embrace their role and be their absolute best; that is what makes for success on Friday nights," Lovell said. With the season already in full swing and the team with 2 wins against Union and Central Dewitt in their pocket, the boys will continue to put pressure on their opponents.

Not only has Coach Lovell made a huge impact on the school, but he has also made an impact on the players as well. Junior, Trevor Paulsen and Senior, Isaac Keehner agree that Lovell is a great coach and cares about how the players feel. "He's energetic and he pushes players to get the most out of themselves," Paulsen says. Coach Lovell has also made it his goal to connect with his players. "He relates with his players and inspires them," Keehner agrees about Lovell. Coach Lovell is a dedicated coach and has shown us

how dedicated he is through his passion with the football team.

Coach Lovell and the rest of the teams wait in anticipation to play the season's last 3 games, these teams being: Clear Creek Amana, West Delaware, and Davenport Assumption. With all of those games either being a close game or a loss last season, the new team awaits to show their fiery passion for the game.

With this only being the second year of Coach Lovell's reign, we expect to see success in the future. "I expect us to trend upwards; I want all the men to be committed to each other and academics because that is what equals success," Lovell said. Coach Lovell has explained "Practice the way you want to play."



Coach Tim Lovell directs his team during a timeout at the Wahlert game.

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# A murder in the high school

Read about the upcoming fall play, "Murder in the Wings" and all the hard work involved.

By: Summer Williams @summerrose2001

Every year Mrs. Jungel helps direct the fall play. This year the thirteen students involved will be putting in the production of "Murder in the Wings". The play is a murder mystery that involves a suspicious killing of a boss. Throughout the whole play the office workers try to solve the murder. Madison Roling, 18', play Kitty, an office worker who script reads and is an editor. Kitty also is known to be very sarcastic. Roling has been acting ever since she was in middle school and loved the experience. "You get to be around other people who are creative and fun. You get to be someone else for awhile," she said.

Being in the school play isn't always easy. Nerves can get to the actors making it difficult for them to focus. "Lots of people are watching you, I'm trying to impress people. I'm always worried they won't be impressed," Roling said. To get rid of nerves she tries to talk to

"You get to be around other people who are creative and fun, you get to be someone else for awhile."  
- Madison Roling, '18

other people and get reassurance, she also reminds herself that the play is all for fun. Bobby Lockhart, 18', also deals with anxiety before performances. "It's just natural," Lockhart said.

Bringing the script to life can be a big challenge, especially when the actor has so many other things to focus on. "A lot of the jokes are bad and you have to try and make them funny, sometimes it's hard to be someone you're not," Roling said. Sometimes actors can have a hard time playing the character they are given, Lockhart shared that the hardest part is understanding the character he is playing.

At practices the students work on blocking and inflection. "We do a lot of improv warm-ups so if someone forgets a line we know what to do," she said. Sometimes practices can get stressful and some people tend to cope in different ways. "I yell a lot, I yell a bunch of lines. I also drink lots of water," Lockhart said.

As some may know the cast for this years fall play is way smaller than in previous years. This cast consists of thirteen students, all juniors and seniors. "I like the smaller cast a lot, cause you're a lot closer with everybody and everybody

is more dedicated cause it's the people who care," Roling said. The small cast allows for a lot of improvement in the portrayal of characters. "It allows more individual work between the actor and director," Lockhart

said. Although the small cast is helpful for the students individually, the miniscual amount of roles means that there aren't as many people going to be there to lend a helping hand. Also because there is a small cast the performances are bound to have smaller audiences due to smaller amounts of families coming to watch and support.

To get into the play, the actors put in a lot of time and effort to try out. The tryout involved the people auditioning to read from three scenes with three other people. Auditions were tough, but many of the seniors had no problem with them. "I didn't get nervous cause I'm a senior and I've don't it before. I was pretty confident," Roling said. Even with the people auditioning being so confident in their abilities to act many students were turned away. The choosing

## "Murder in the Wings"

When: November, 2nd, 3rd and 4th

Where: High School Auditorium

Price: \$5

# A new way to cook

By: Summer Williams @summerrose2001



## Simple recipes for teens



1. FINELY CHOP TOMATOES, BASIL, PARSLEY, AND GARLIC. MIX TOGETHER WITH OIL
2. BRING A LARGE POT OF SALTED WATER TO A BOIL
3. ADD PASTA AND COOK UNTIL AL DENTA
5. DRAIN PASTA
6. TOSS INTO A SERVING BOWL WITH RAW SAUCE
7. SERVE WITH PARMESAN

ING. - 2 1/4 LBS OF TOMATOES, 1/4 CUP OF BASIL LEAVES, 1 TBLSP PARSLEY, 1 TBLSP CHOPPED GARLIC, 1/4 CUP OF EXTRA-VIRGIN OLIVE OIL, SALT, PEPPER, 1 LB OF SPAGHETTI, AND PARMESAN.



1. SPREAD BUTTER ON ONE SIDE OF EACH SLICE OF BREAD
2. CUT CHEESE, AVOCADO AND TOMATO AND PLACE ONTO THE BREAD
3. HEAT A GRILL PAN ON MEDIUM HEAT AND PLACE SANDWICH ON TO PAN
4. LET EACH SIDE COOK FOR THREE MINUTES OR UNTIL TOASTED
5. CUT IN HALF AND SERVE

ING. - 2 SLICES OF AVOCADO AND TOMATO, AVOCADO, 2 SLICES OF BREAD, BUTTER, AND ANY CHEESE OF YOUR CHOICE



1. HEAT OIL IN A MEDIUM POT
2. ADD ONIONS, CARROTS, CELERY AND SAUTE UNTIL SOFT - 6 MIN
3. SEASON WITH SALT AND PEPPER
4. ADD TOMATOES, BROTH AND ONE CUP OF WATER. BRING TO A BOIL
5. ADD RAMEN AND REDUCE HEAT, SIMMER UNTIL NOODLES ARE TENDER - 3 MIN.
7. SERVE

ING. - DICED YELLOW ONION, 2 CARROTS, 1 STALK CELERY, 1/2 TOMATO, SALT, PEPPER, 2 PACKAGES OF RAMEN, 3 1/2 CUPS OF CHICKEN BROTH, AND 1 CUP OF WATER

of actors for the play was especially hard for Mrs. Jungel, with so many good actors to choose from the decision was tough.

Auditioning can be hard, there's a lot to go into it. "Practice a lot, a different character has different voices and different personalities," Lockhart said. Some may love acting other may not, "Just try it and if you don't like it don't do it," Roling said.

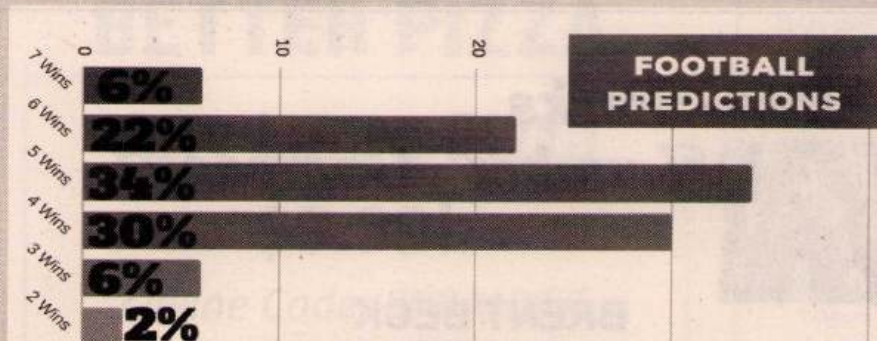
The fall play this year will be filled with lots of drama and humor, "Someone who wants a good laugh [should come]," Roling said. Anyone one who wants to come watch the play is welcome to see it. The cast would love the support from anyone and everyone.



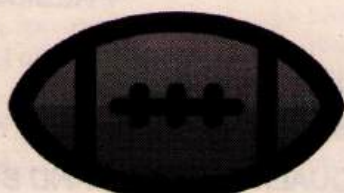
Bryan Crow, 19', works on blocking during one of the many rehearsals for the fall play.

## MHS student make their bets

By: Amy Noble @amy\_noble



46% OF STUDENTS THINK THE TEAM WILL MAKE IT TO THE PLAYOFFS



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# Unpredictable presidents

Politics can be boring, but these leaders were downright wacky.

By: Leah Kray @leah\_kray

## Weird facts about presidents



#1

John Quincy Adams liked to go skinny dipping in the Potomac River.

#2

Ulysses S. Grant smoked at least 20 cigars a day and later died of throat cancer.

#3

Jimmy Carter reported seeing a UFO in 1973.

#4

George W. Bush was the captain of his cheer team in high school.

#5

Franklin Pierce was arrested during his presidency for running a lady over with his horse, but charges were later dropped.

#6

Chester A. Arthur owned 80 pairs of pants.

#7

Woodrow Wilson is on the \$100,000 bill, but is extremely rare to find.

#8

Every member of Teddy Roosevelt's family owned a pair of stilts.

# Binge-worthy shows

By: Madigan Crowley @madigan\_crowley

These are some of the most popular shows to binge watch. All of these shows can be found on Netflix.

## Greys Anatomy

This drama is about a group of doctors who begin their careers at a hospital in Seattle. Each character has their own story and past that gets learned about throughout the show.



## Stranger Things

This drama/thriller is about a mother searching for her missing child and the bizarre things that happen in her search.



## The Office

Everyday life in the offices of Dunder Mifflin paper company and the unusual staff that works there.



## Friends

A group of six friends living in New York who go through their journey of life together and discovering the true meaning of friendship.



## How I Met Your Mother

A man named Ted Mosby who recounts the tale of how he met his wife to his children. The story mostly involves his four friends in a bar in New York.



Legend: Stranger Things, The Office, Friends, How I Met Your Mother, Greys Anatomy

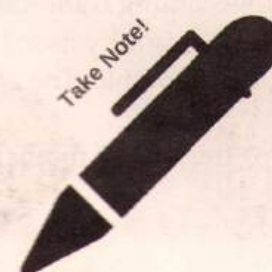
# Freshmen Dos & Don'ts

## Do...

- Focus in class
- Respect upperclassmen
- Find your niche
- Try new stuff
- Enjoy your time here
- Show school spirit
- Get the high school experience!

## Don't...

- Get caught sleeping in class
- Take classes you won't like
- Procrastinate
- Stress out
- Walk on the wrong side of the hallway
- Do NOTHING!



By: Patrick Bleadorn  
@patrick\_bleadorn

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Alexis Walker '20



Chloe Feilmeier '18



Danielle Hooker '19



Kaitlyn Sennett-Heims '19



Madison Young '20



Back: Neil Sharma, Mitchell Takes, Zach Cochran, Chase Zielke, Blair Brooks.  
Front: Mia Laube, Caitlyn Smith, Emma Collins, Macey Lovell, Rachel Halm.



Homecoming Court of 1977

## Thirty years of tradition

By Rachel Wilkey. @RachelWilkey

What if all the glam and money that homecoming is today, was never like that 30 years ago. A lot of time and preparation goes into Homecoming; not just by the student council or the cheerleaders, but also by anyone that goes to the dance.

Girls spend 100's of dollars on dresses, nails, and shoes for one night. Except 30 years ago it was a casual outfit that had almost no thought into it.

While guys won't spend nearly as much money, the amount of time is practically equal. Guys pay for the date, make reservations, and come up with the elaborate proposal. While many of the homecoming traditions are different, The Marion Community hasn't changed some of its most memorable. The Burning of the M.

Burning things for the sake of football

and high school is not new for the town of Marion. The actual burning of the M didn't begin until the late 1970's, up until then they burned outhouses. Outhouses were easy accessible until the rise of indoor plumbing in which they switched to a M.

Switching to an M was also the safest alternative, loose wood and big fire mounds were a dangerous fire hazard that didn't go too well with the fire marshal.

Many of times the M was almost banned because of the potential dangers it posed. Which is why there are certain rules that come with the M, like a distance gate to keep students away from the fire.

The M began as old scraps from the wood shop class and then to what more people are commonly known with. A metal M wrapped cloth covered in a fire starting fluid.

Traditions may come and go like the wind except some traditions never die and after over 30 years Marion isn't close to letting go of its most precious M.



Marion Outhouse burning in the year of 1974 in the now football practice field.



A Marion burning of the M, year of 2015.





Kaylie Johnson '20



Madison Roling '18



Anya Schobert '19



Sammie Garbers '18



Skye Reece '18



## Marion Homecoming Court of 2017

### Have you always wanted to be on Court?

"I didn't even know what it was until this week." - Mitchell

"I always thought it would be cool to be crowned." - Blair Brooks

"I was shocked when I found out I was on court, but I'm excited to experience this with such a great group of people." - Rachel Halm

### What was your reaction to being on Court?

"I was pretty surprised when I heard the results." - Neil Sharma

"I was so surprised and happy when I found out." - Caitlyn Smith

"I have always wanted to be on homecoming court because it's an amazing honor, however I never thought I'd get the opportunity" - Emma Collins

"I always saw my role models getting to do it with their friends and thought it would be a memorable experience." - Mia Laube

"I always thought it'd be cool, but never thought I'd get on." - Macey Lovell

"I was surprised, but it's kind of cool to be looked at as someone who represents the seniors well." - Zach Cochran

"I was very surprised because I was not expecting it all, but I am very excited because I'm on it with my friends." - Chase Zielke

Check out where fellow MHS'ers are going out to eat, what they'll do if they're not attending the dance, and where to get that special dress.

#### Ultimate HOMECOMING MEAL GUIDE



#### Not going to Homecoming?

ALTERNATIVES TO THE DANCE



52%



14%



22%



12%

#### WHERE DO YOU GET YOUR DRESS?

Department Store - 30%



David's Bridal - 20%

Second-Hand - 20%



Online - 14%

Specialty Store - 14%



Hope's Bridal - 2%





### Elia Aguilar-Lingo

**What will you miss about Marion?:** My mentor group.  
**Future plans?:** Visit Madi in California with my mentor group.  
**Quote/ Piece of advice?:** N/A.  
**Who would your dream homecoming date be?:** A clone of myself.



### Madison Baker

**What will you miss about Marion?:** Mentor group and friends.  
**Future plans?:** Attend Iowa State for event planning and project management.  
**Quote/ Piece of advice?:** "I'm here for a good time, not a long time."  
**Who would your dream homecoming date be?:** Young Leonardo DiCaprio.



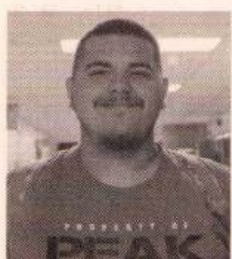
### Devin Ahrendsen

**What will you miss about Marion?:** Teachers.  
**Future plans?:** Work for one year and then attend the University of Iowa.  
**Quote/ Piece of advice?:** "Never forget the bonds you've made throughout your high school journey."  
**Who would your dream homecoming date be?:** 10 years from now.



### Morgan Barenz

**What will you miss about Marion?:** Mentor group and friends.  
**Future plans?:** Attend the University of Minnesota and study biomedical engineering.  
**Quote/ Piece of advice?:** N/A.  
**Who would your dream homecoming date be?:** Scott Eastwood.



### Anwir Algharib

**What will you miss about Marion?:** My friends and some of the teachers.  
**Future plans?:** Military and college.  
**Quote/ Piece of advice?:** "No agony, no pain, shall make me cry. Soldier I was born, soldier I shall die. I live by chance, love by choice. And kill by profession. We miss home because we save homes."  
**Who would your dream homecoming date be?:** A beautiful girl who likes me for me and has similar interests.



### River Barrow

**What will you miss about Marion?:** My mentor group.  
**Future plans?:** Kirkwood.  
**Quote/ Piece of advice?:** "Don't judge people's 'RBF'."  
**Who would your dream homecoming date be?:** Ian Somerhalder.



### Olivia Antonelli

**What will you miss about Marion?:** My mentor group, Mr. Trilk, and my friends.  
**Future plans?:** Go to Kirkwood then ISU for aerospace engineering, and travel the world.  
**Quote/ Piece of advice?:** "Always the padawan, never the jedi." -Dwight Schrute  
**Who would your dream homecoming date be?:** Tyler the Creator or Seth Rogen.



### Brady Bartz

**What will you miss about Marion?:** My absolutely fantastic mentor class! Also my friends, Mr. T, and good ol' wrastlin'.  
**Future plans?:** Major in actuarial science at Drake.  
**Quote/ Piece of advice?:** "Not. My. Problem."  
 -Coach Haag  
**Who would your dream homecoming date be?:** Karlie Kloss.



### Christina Arundale

**What will you miss about Marion?:** All 1.5 of my friends.  
**Future plans?:** Become a registered dietitian at a hospital and teach dance on the side.  
**Quote/ Piece of advice?:** "Not your mom, not your milk. #vegan"  
**Who would your dream homecoming date be?:** Shea Bohland.



### Madison Baxa

**What will you miss about Marion?:** My mentor group (Brady Bartz and Elia Aguilar-Lingo).  
**Future plans?:** Attend Shasta Community College for a degree in business management while attending Aveda institute in Northern California.  
**Quote/ Piece of advice?:** "Is it chicken nugget day?"  
**Who would your dream homecoming date be?:** Elia Aguilar-Lingo.



### Kaitlyn Askelson

**What will you miss about Marion?:** The music department, my friends, and being in show choir.  
**Future plans?:** Go to UNI and major in music education.  
**Quote/ Piece of advice?:** "Identity theft is not a joke, Jim."  
**Who would your dream homecoming date be?:** Chance Perez.



### Cydney Berry

**What will you miss about Marion?:** My mentor group.  
**Future plans?:** Major in marketing at UNI.  
**Quote/ Piece of advice?:** "You just gotta keep livin' man L-I-V-I-N." -Wooderson  
**Who would your dream homecoming date be?:** Steven Hyde.



### Conner Bailey

**What will you miss about Marion?:** The sacrifices.  
**Future plans?:** Start a cult.  
**Quote/ Piece of advice?:** "Worship the dark lord, for he shall be your savior."  
**Who would your dream homecoming date be?:** Satan.



### Madison Berry

**What will you miss about Marion?:** Seeing all my friends and favorite teachers.  
**Future plans?:** Become a firefighter/paramedic.  
**Quote/ Piece of advice?:** "Don't stop until you're proud."  
**Who would your dream homecoming date be?:** Alex Karey from Grey's Anatomy.





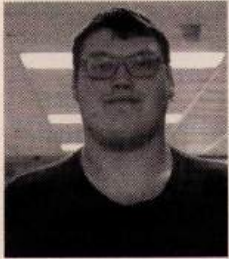
**Andrew Bischoff**

What will you miss about Marion?: Harry V.  
 Future plans?: To be the next Ricky Stanzi.  
 Quote/ Piece of advice?: "That was wired."  
 -Coach Tim Lovell  
 Who would your dream homecoming date be?:  
 Jill Mohwinkle.



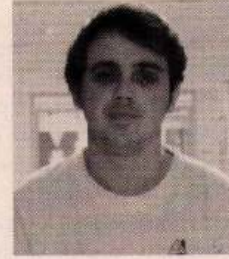
**Grant Brown**

What will you miss about Marion?: Everything.  
 Future plans?: Computer programming.  
 Quote/ Piece of advice?: "Be yourself."  
 Who would your dream homecoming date be?:  
 N/A.



**Travis Bittner**

What will you miss about Marion?: Being with  
 friends.  
 Future plans?: Get a job in the industry.  
 Quote/ Piece of advice?: "Stay on top of your  
 work."  
 Who would your dream homecoming date be?:  
 Jill.



**Tyler Brown**

What will you miss about Marion?: Larry  
 McLaughlin.  
 Future plans?: Electrician.  
 Quote/ Piece of advice?: "Pride never helps, it  
 only hurts." -Marcel Wallace  
 Who would your dream homecoming date be?:  
 Anthony Kiedis.



**Connor Bjornsen**

What will you miss about Marion?: My friends.  
 Future plans?: Two years at Kirkwood then  
 transfer to Iowa State for engineering.  
 Quote/ Piece of advice?: "Don't not do  
 something for fear of failing."  
 Who would your dream homecoming date be?:  
 N/A.



**Shea Bohland**

What will you miss about Marion?: I'll miss the  
 band and all of the friends I've made through  
 the music program.  
 Future plans?: Major in actuarial science at  
 Mount Mercy University.  
 Quote/ Piece of advice?: "Skate fast..."  
 Who would your dream homecoming date be?:  
 Christina Arundale.



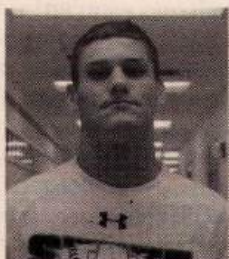
**Dylan Bourgeois**

What will you miss about Marion?: Seeing my  
 friends that may not go to the same college as  
 me.  
 Future plans?: Attend UNI and major in actuarial  
 science or statistics.  
 Quote/ Piece of advice?: "Enjoy high school  
 because it really does go by fast."  
 Who would your dream homecoming date be?:  
 Rachel Demita. -2ktv



**Garrett Brecht**

What will you miss about Marion?: All the  
 teachers.  
 Future plans?: Go to college to become a diesel  
 mechanic.  
 Quote/ Piece of advice?: "Do your homework  
 and turn it in on time."  
 Who would your dream homecoming date be?:  
 N/A.



**Blair Brooks**

What will you miss about Marion?: Coach Fish.  
 Future plans?: Commitment coming soon.  
 Quote/ Piece of advice?: "I'm not surprised."  
 -Nate Diaz  
 Who would your dream homecoming date be?:  
 Mia Laube... Living the dream.

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## A long time coming

Teachers and students alike have been waiting many years for Longfellow.

By: Rachel Wilkey @RachelWilkey

Ever wonder what the new building going up between 8th and 10th Ave is? This is the new Marion elementary school, Longfellow. Longfellow elementary is the replacement building of Emerson Elementary located on 10th Ave as well. The construction of Longfellow began early in the month of June 2017 and was finished in a matter of 3 months. Emerson was a small elementary school, but with the new building and bigger space it provides a bigger, better learning space for children Preschool through 2nd grade.

2nd students Caleb Proctor, Jayci Cooper, and Maddi VanPelt agree that the new Longfellow building is bigger and better than the former Emerson location. "We get air conditioning and the gym is bigger here and Emerson's is smaller," Maddi explains. Not only is the gym bigger at Longfellow, but almost every classroom at Longfellow has increased in size giving these children a better opportunity to learn.

Although Longfellow is a new building, the culture of Emerson and Longfellow are virtually the same. Mrs. Joyce Kuethe, 2nd grade teacher at Longfellow elementary, has been teaching at Marion for 26 years and agrees not much has changed culture wise between Longfellow and Emerson.

"It's the same, it's what made Emerson special and Longfellow now. The building is just the walls, the staff and students are what make it," Kuethe says. Emerson has been known for having a closer relationship between different classes due to smaller class amounts. This is something Kuethe wishes to continue even with a new building.

Longfellow Elementary is not a new concept, or at least the idea of a new school. Kuethe explains that when she began teaching at Emerson (26 years ago), she was told they were getting a new school in the next 2-3 years. "They (the administrators) told me not to get too comfortable with the Emerson location because we'd be getting a new building in the next couple years, 26 years later here we are," Kuethe reveals.

With a new elementary school location this creates a new opportunity to expand color and creativity to the building. Principal Nicole Harmer's favorite aspect of the new school is the new way to express the building. "I love the fun colors, new splashes of color to bring an exciting twist, it spices it up and makes the building fun," Harmer replied.

With a new school year in session it's easy to assume with a new building, but the same staff, that the first year of Longfellow is going to be a great one filled with joy and learning.



Mrs. Nicole Harmer, principal of Longfellow Elementary School, works at her desk in her new office. The building was complete

## Teacher matching quiz

By: Amy Noble @amy\_noble

Try to connect the teacher's picture with the quote. Can you get them all right?



Mr. Aaron Blech

1. "I played club volleyball."



Mr. Garrette Williams

2. "Tool is my favorite band."



Ms. Micaela Combs

3. "Hero's get remembered, but legends never die."



Mr. Jason Lange

4. "I climbed to the top of Mt. Fuji."

Answer Key: Mr. Aaron Blech - #3, Mr. Garrette Williams - #1, Ms. Micaela Combs - #4, and Mr. Jason Lange - #2

## Speeding all around the town

By: Patrick Bleadorn @p\_bleadorn

Lately, it seems that violence is rampant in our country, and even the world thanks to the protests happening across America and the ongoing political upheavals in the Middle East. Then you bring it back to a somewhat small town, Marion, next to the second largest city in Iowa, Cedar Rapids, and you'd feel like you're living in a movie scene of a quiet, peaceful town. There isn't a whole lot of crime to be had in our town, and Marion has been the safest city, for its size, in our entire state. That's something to brag about. However, some teenagers feel like the Marion Police are being extremely strict on one of the most common traffic violations: speeding. If that's the worst of Marion's problems, everything's okay.

Officer Tom Daubs has been a Marion police officer for his whole career of twenty-two years and he has been Marion High School's resource officer for five years, going on six. Officer Daubs loves his job and feels as though this job he has is the best in the world. While he loves being a police officer, he has a stark reminder for teens who have a habit of going a few miles over the limit. "Simply put, obey the laws, all of them, and you won't get any tickets." Officer Daubs believes that everyone is a good person, no matter the choices they've made in their life, and teenagers are no excep-

tion to his belief. And to teenagers who feel like they are being caught for speeding more than they think they should, Officer Daubs said, "I get it: they feel like they are getting picked on but the same concept also applies to people that get arrested for shoplifting in that if you don't steal from a store, you won't get arrested for stealing from a store." And through his words that may seem harsh to some, he strives to teach our generation to be the generation that shows everyone how to be a smart and safe driver.

Some students will be offended by what Officer Daubs says, others will agree, and some may settle on a middle ground. In regards to the crackdown on speeding, one student, Braeden Svoboda '19 believes, "You can't choose when to follow the rules." Another student, Blaik Swailes '19, believes that, "If it's hazardous, I agree, if it's not hazardous, then I don't agree." Either way you look at

it, speeding is a traffic violation. Traffic violations are what cops look for when they're working in an almost always quiet town, and have no crime reports to fill out.

At the end of the day, those who are driving home and think that it might be okay to go over the speed limit, stop and think about the decision for a second. Remember that Marion is one of the safest towns in Iowa, remember that our cops are doing everything they can to keep our town safe and then speeders might feel the need to contribute to keeping Marion a peaceful town. Once the people who tend to speed contribute a little bit, they might feel better than they ever have before just because they decided to stick to that speed limit.

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# Learning language in a new way

The world language department adopts trending teaching strategies.

By: Leah Kray @leah\_kray

The final bell rings and signifies the start of a new class period. However, in this classroom, there's no desks to be found. Students sit in chairs arranged in a circle as they listen to their teacher speaking fluent Spanish. Some may wonder how this promotes learning, but the results are convincing.

Mrs. Elizabeth Henkel, Spanish teacher, has been teaching for a total of 14 years, and has just recently implemented new way to learn language into her classes. Instead of reading directly out of a book, listening to lectures, and doing worksheets, there's more interactive learning being taken place. "[This style promotes more learning because] it's more realistic to how you speak in Spanish. It's not so much memorizing; it's more talking, listening, and interacting, so it's more natural," Henkel said.

Many people may wonder how one gets an idea to change up their entire lesson plans and opt for a new teaching style, but for Henkel the choice was simple. "[I got the idea because] foreign language teachers talk, especially on social media. The idea started gradual, but as I started researching this new way more, it matched everything I believed in learning language. I went to a conference in Des Moines and afterwards, I knew it was the way to go," she said.

A major change one may notice as they step into one of the Spanish classrooms is there's no desks to be found. Chairs are arranged in rows or in a circle, depending on the activity for the day. "This allows for movement and group conversations. It's more likely for more talking and more interaction. The ability to move chairs around al-

lows you to learn language better," Henkel said.

Some new things that have been added to everyday learning are having student guided stories being told, adding popular Spanish songs to listen to and pick out the meaning, and reading books for comprehension. "I prefer this way of teaching because it's rejuvenated and I love teaching it," Henkel said.

Addie Schindelar, junior, also prefers the new way of learning and believes she's learning more from this particular style. "I like it because it's easier to learn grammar and vocab in context. It's easier and the tests are less stressful," she said.

Dropping all past ideas and starting from scratch can be a scary thought for educators. "[The most challenging part was] the fear; I read about it, but wondered how these teenagers were going to react to it and if they would get on board with it," Henkel said.

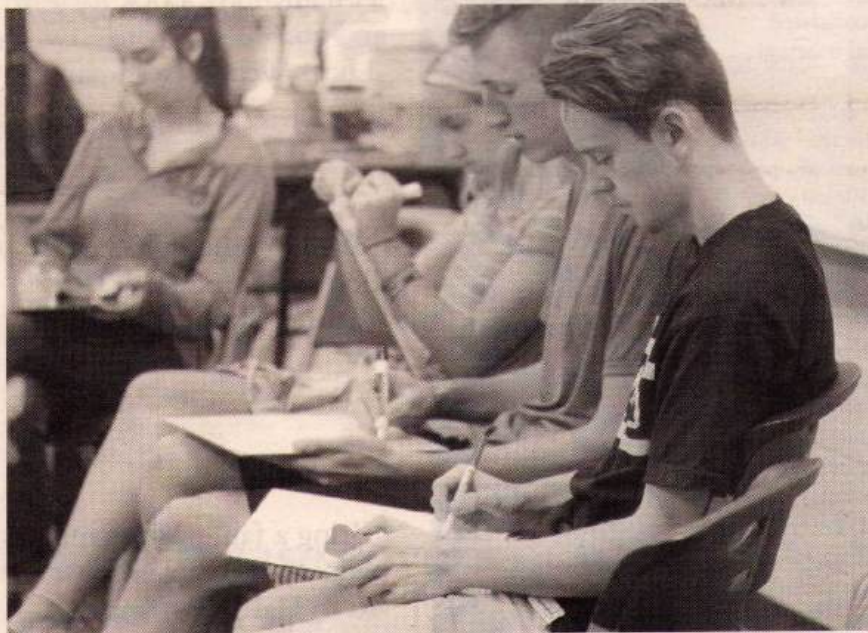
Even though it was a scary thought to ditch the old teaching style, it will help students and teachers learn and retain knowledge better. The old style had some flaws and didn't allow students to make the connection to speak in context. "Grammar was great because students knew a lot of verbs, but they couldn't speak [confidently]. I want students to leave school and be able to use their skills, while being more comfortable speaking and understanding the language," Henkel said.

For the students who learned with the old curriculum during their earlier Spanish classes, making switch has been difficult for some. "Some students don't take well to change because you get comfortable with what you know. However, with this new style they can talk

better now. Give it time to adjust and appreciate the new kind of learning," she said.

Like any teacher, Mrs. Henkel has expectations for her students. "I really want them to try and get out of their comfort zone, be willing, and give it a go. Have fun with it even if it makes you a little nervous," she said.

With anything in life, changes are bound to happen. All we can do is embrace the opportunity to try something new and go for it.



Hunter Johnson, '18, writes down information during an activity in his revamped Spanish class taught by Mrs. Henkel.

## Peer mentor program helps students get to know those who need a friend

By: Patrick Bleadorn @p\_bleadorn

Sometimes, school can be the most stressful thing in someone's entire life. All of the homework, drama, and confusing concepts learned in class. For many students, it's hard to grasp concepts that teachers present to students in class. But when the concepts get rough, it's beneficial to have a program that can help students understand the concepts they're learning in a class.

Mrs. Thilges, organizer of the peer mentoring program, said this year is, "The 3rd year of our Peer Mentoring Program." The program's purpose is to allow students who want to help fellow students with school, while earning volunteer hours while they're at it.

The program also allows, "students looking to make a difference and develop friendships," do just that.

"We are expanding programming this year to include Unified Sports/Fitness with Mr. Hauck, Cooking Skills with Ms. Combs and our...school wide Respect Pledge Day."

-Mrs. Jen Thilges, art teacher

Not only has the program been going three years strong, there are plans to extend the program to other areas in the future.

"We are expanding programming this year to include Unified Sports/Fitness with Mr. Hauck, Cooking Skills with Ms. Combs and our continued school wide Respect Pledge Day," Thilges said.

The process for becoming a peer mentor won't be that difficult for students who want to become one. The main requirement that students will find important is having a good image on their character as a person.

When a student is having a tough time with school, it can almost always feel like the end

of the world. But sometimes, when the world feels like it's ending, there's a light at the end of the tunnel.

The light at the end of this tunnel is the Peer Mentoring Program.



Alec Oliphant, '20, shows his peer mentor Chloe Parenteau, '18, his book about Pixar characters. Parenteau and Oliphant enjoy spending time together throughout the day.

By: Amy Noble @amy\_noble12

## 7 TIME MANAGEMENT TIPS

Stay on top of the craziness this year with these seven organization and time management tips



### Keep a detailed planner or schedule.

Write down anything and everything that is going on. Switching colors for things like each class, work, sports, or other extracurricular activities is very helpful in staying organized.



### Get some sleep!

Getting at least 7-9 hours of sleep at night is help with the body's ability to stay focused, lower stress, and think more clearly when doing work.



### Utilize the Weekends.

Even if it's the smallest amount of work, like an hour each day, the weekends are super helpful when it comes to getting caught up on school work and planning ahead for the next weeks events.



### Be aware of the distractions.

Things like phones, video games, and TV are major things that distract people from getting their stuff done. Putting your phone out of reach while doing work can bring the amount of work accomplished way up. There are many other distractions, but technology seems to be the biggest.



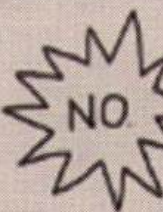
### Set goals.

Becoming organized and having good time managing skills is something that will take some time because it is a change in behavior and lifestyle but set a limit on how long the process will take and stick to it.



### Find time for stillness.

This world is filled of so much craziness. It is important to take time daily to just relax and let the brain take a breather. Whether its ten minutes or an hour or whatever length, it is good for the body and a persons mental health to let the brain rest each day.



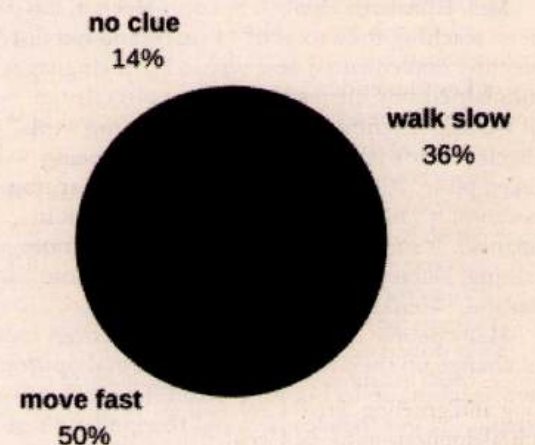
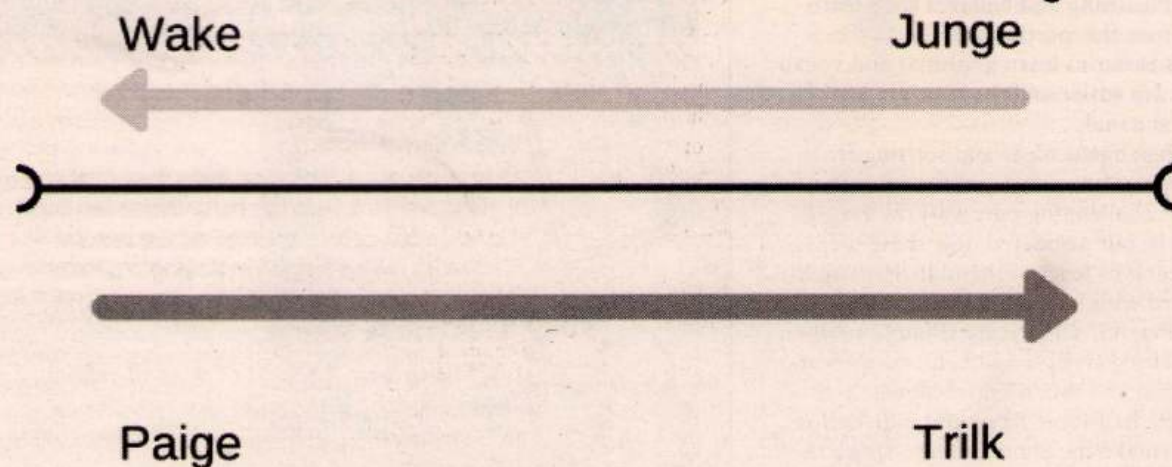
### Learn to say NO.

It is A okay to tell someone no if there are too many other things going on in your life. There are sometimes where school, work, and other things in peoples live that get in the way of their social life and it is good to take time away from social time to focus on other things.



# How to Walk in the Hallways

always walk on the RIGHT side,  
it's easy!



By: Sophie Reider @sophdispenser

## Cruizing her way through the U.S.

Enter into the world of a foreign exchange students life.

By: Summer Williams @summer.rose

Each year hundreds of students join the foreign exchange program and visit new countries, staying with host families. These students are introduced into a new culture that is drastically different from the one they are familiar with. Patricia Ruiz is a foreign exchange student from Spain and will be staying here for ten months, leaving in early June. In these next few months Ruiz said she wants to learn a lot and be exposed to the American culture.

The American school system is quite different than Spain schooling. "The students don't change class, in Spain the teachers move," Ruiz said. They also have seven classes in one school day that are chosen for them, taking those same classes all year. "I can do whatever I want I can choose classes that will help me in the future," she said. Here Ruiz is enrolled as a senior, but is a sophomore at home. This is because she wants to go to Prom and experience life here as senior. While here Ruiz hopes to attend a school dance, having never attended one, due to having them at her school in Spain. Participating in a football game is something Ruiz has always dreamed of and she's finally got the chance to go to one. "All the people were shouting and laughing, it was so good," she said.

Another huge difference between the schools is the size. "All grades, kindergarten through senior

are in one school," Ruiz said. Their graduation ceremony is much smaller than the one American students are used too. It's usually a small event hosted at a church. The ceremony had consisted of small traditions that left a meaningful message, "The three year olds put pins on the seniors," she said.

Ruiz has faced a fair amount of challenges while being here in America, she's had some experience, visiting in the past in California, Florida and Arizona. But on her way here she experienced some hardships in the airport. "I had a nine hour flight to Chicago and had to stay at the airport for seven hours cause it got delayed," Ruiz said. While waiting she just sat on her phone and waited for time to pass by. Leaving her family

for a long time is one of the biggest obstacles she has faced. "At the airport it was so hard, I started crying cause I was leaving my family," Ruiz said.

While here Ruiz is making lots of new friends. Bri Fentress, '18, "I met her and I was like 'Oh she's awesome, and we have a lot in common,'" Fentress said. Both Fentress and Ruiz met due to Ruiz' host family being the members of the same church as Fentress. Ruiz is having a blast with her stay so far and everyone she's met treats her with lots of respect, "Here the people are trying to make me feel comfortable and that's so cool," Ruiz said.

"Here the people are trying to make me feel comfortable and that's so cool."

- Patricia Ruiz, '18



Pati Ruiz '18, poses with Brooke Glasbrenner '20, at a Friday night football game, down on the track.



Pati Ruiz '18, poses with Cayla Attwood '19, at a football game before the poms performance.

## What's your advice for hallway how-tos?

By: Sophie Reider @sophdispenser



"Don't make eye contact with anybody. Look forward and go."

-Lucas Wendt, freshman



"Walk on the right side, don't walk too slow."

-Lauren Swanger, freshman



"Bring a fan, push as many people as possible."

-Ryan Hall, sophomore



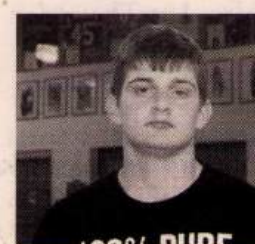
"Walk fast, walk on the right side, and don't stop."

-Olivia Draves, junior



"Don't walk too slow because people have places to go."

-Katie Hemann, senior



"Don't stop in the hallway, and don't be slow."

-Ben Woods, senior



## Let me "ex-Spain"

Christa Chavez, senior, begins a new life and adventure in a new country.

By: Rachel Wilkey @RachelWilkey

Imagine being in a country you've never been to, unable to speak the national language fluently, and are restricted from working. These are the struggles of Senior Christa Chavez. Christa signed up for the Rotary Youth Exchange, giving her the opportunity to study abroad in Spain for the next year. Christa will be staying with a host family in the city of Les Masies de Voltregà where she will be a foreign exchange student until July 2018.

Christa began to show interest in traveling to Spain after her Spanish teacher, Señora Henkel, explained how big the opportunity is. "She is going to mature so much and also learn so much from this experience," Henkel said. The process for Christa to get this opportunity was long and grueling. First, Christa had to put in the initial application to the Cedar Rapids Rotary club, eventually she got narrowed down and had to take a medical test to make sure she was suitable for traveling. After applying in the Fall, Chavez didn't find about her acceptance until Winter of 2016.

Christa left O'hare airport to Spain on

"It was lonely when I was dropped off at O'hare. I had lots of time I needed to waste. I just tried to keep busy. I went on my computer, walked around and shopped. I even slept in the airport waiting for my next flight."

-Christa Chavez, '18

September 1st having a 6 hour flight to Iceland, where she stayed for 10 hours. From there she had a 4 hour flight to Barcelona. "It was lonely when I was dropped off at O'hare. I had lots of time I needed to waste. I just tried to keep busy. I went on my computer, walked around and shopped. I even slept in the airport waiting for my next flight," Christa explains. Christa arrived the 3rd of September meeting her host family, beginning her new adventure in Spain.

Chavez, being a 4 year spanish student at Marion High School hopes this trip will help her become fluent in the Spanish language and prepare for college, and eventually the rest of her life. Christa has plenty of look forward to for her next year in Spain. "I'm excited for the culture, how people act, the food, staying up late, the nightlife, and to travel all over Spain," she said.

Christa's best friend Desirae Timmerman '18 is excited to see what Christa will accomplish. "I'm super sad that I won't be able to see her for 10 months, but it's an amazing opportunity and I couldn't be more excited for her," Timmerman explains.

Although this trip will test true courage Christa encourages others to apply for the opportunity she has been given, "Apply, it's a great experience, it will be the best year of your life," Chavez adds.

### Keep connected with Christa

If you would like to follow Christa on her journey for the next nine months, follow her on her Facebook blog: **Christa's Crazy Chapter.**



Chavez '19 poses with her host family in Spain.

## Students need that money

By: Patrick Bleadorn  
@p\_bleadorn

Imagine this: high school... the place where many of us drown in the sea of homework and get swept up in the tides of social drama. You may think "that just sounds like every high schooler's day." But before jumping to conclusions, think about adding a job into the mix. Once you add a job into your schedule, you could be in for a real doozie. There are a lot of people who have a job in Marion High School, but there are also many people who do not. People have a multitude of reasons to work... save for a car, save for college, save for a night out with friends, and etc. It's pretty easy to say students have figured out a reason to work. However, not many students have figured out a way to manage their time between school and work, or manage the stress that comes with working a job and learning in school.

Noah Jordan '19 has been working at Hot Harry's for four months. Like other students, Noah doesn't like working his job. Noah doesn't like working because of Hot Harry's lack of popularity. For some people, working and learning can make having free time difficult. For Noah, it's not so much of a problem. "I don't work that often so it's [school & work] not that time consuming." Just in four month's time, Noah has figured out a way to not stress. Noah's advice for people who are looking for a way to not stress about school and working is "School comes first, obviously, and if a job's not working with you, just find a job that does work with you," Jordan said. And for those who

are getting ready to start working their first job or are getting ready to start another job, "be prepared, don't dress trashy, and be confident."

Ashley Hilzendager '19 says, "I always do my homework during mentor." Mentor class is meant to be a place where students can do homework (albeit Monday's) and a lot of students do take advantage of that. For students like Sean Harris '20 who can't get all of their homework done in Mentor, sometimes you just have to take your homework somewhere else. "Usually when I work, it's usually open after so I take some of my homework to work, said Harris. Working and learning in school can feel like a nightmare, but there are plenty of options to make balancing school and work much easier.

At the end of the school day, when you're taking that sigh of relief because you finally get to go home, but then you remember that you have to work, don't fret. Because you've learned a few tips or have been reassured on your methods, your ocean of stress can be a little less rough.



Noah Jordan, '19, refills salsa containers while working at Hot Harry's.

## Gray is the new Black

By: Sophie Reider @sophdispenser

Friday night lights gleam gloriously in the eyes of the players and student section alike. The roar of the crowd grows and shrinks with the flow of the game. The cheerleaders help excite the crowd. The players destroy the field. This football season feels different somehow. Everyone can feel the rush of excitement, that's right new uniforms. But these don't just have the normal red and gold. The exciting twist of charcoal gray has caused for a buzz. What does this mean? Why gray? Why now?

Well Ms Quinn has an interesting reason for switching the cheerleaders. "White [on the uniforms] is hard to keep clean. The gray gives a cleaner look," said Quinn. The gray gives a sharper more unique twist to the Marion teams. Plus it saves money on the laundry bill. Senior football player Isaac Keehner has another thought on the color change. "It's different, it signifies a new season. It shows that we changed and improved for the better," said Keehner. The new uniforms are a huge change, and everyone seems to love them.

The modern twist on the uniforms brings a fresh light to the football games

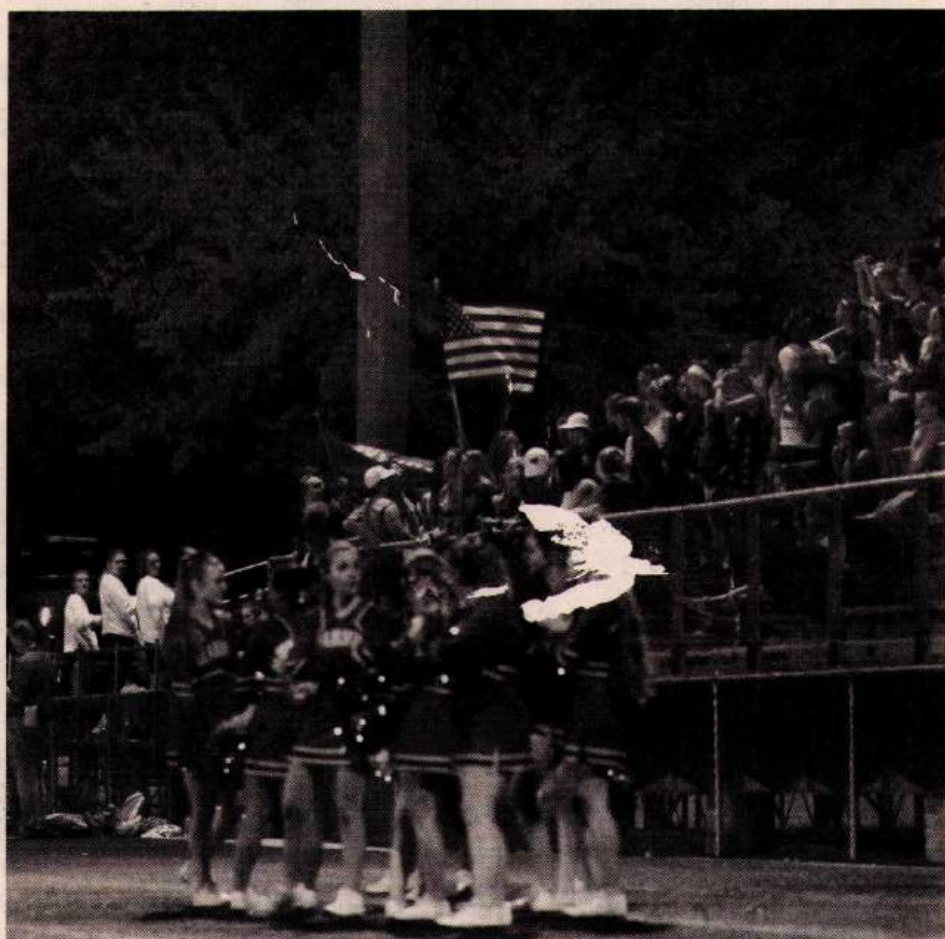
and a fresh look on the field and track. Calista Dittmer, a senior cheerleader also loves the gray. "I think it looks sharper, and makes us stand out more," said Dittmer. Few high school football teams have the stand out color, and the fact that it has never been a school color in the past helps bring positive influence to the new uniforms. So look out for gray, it might be popping up in a football game near you.

### Show support for the team

Want to see the grey uniforms on the cheerleaders and football players, alike? Go to the games!

Home Games:  
September 29th  
October 13th

Away Games:  
October 6th  
@Clear Creek Amana  
October 19th  
@Davenport Assumption



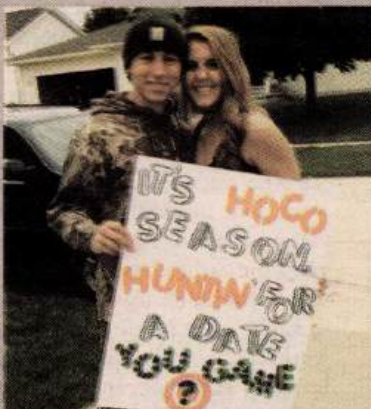
The varsity cheerleaders group together with an excited student section in the background at the homegame on September 15th.



## Student challenges

The most creative homecoming proposals

Summer Williams @summerrose2001



Jacob Lang, 18', asks Autumn Hardman, 18', to homecoming. The poster reads, "It's Hoco season, huntin' for a date, you game?"



Anya Schobert 19' gets asked by Marshall Boche, '19. His poster reads, "Hey Anya, Homecoming would Succ(ulent) without you!"



Kaden Swanger, '21, asks Talia Parenteau, '21, to homecoming with a poster saying, "Don't let this mango to HC without a date."

## Hidden Reel

A wimzical and adventures movie you should watch

Sophie Rieder @sophdispenser

If you are like every other person you have about 5 movies you watch on repeat, on a cycle. Well believe it or not, if you look outside your cycle there are a couple of shipshape movies out there that you need to see. One, for example, is 'Moonrise Kingdom'.

'Moonrise Kingdom' was made in the radical year of 2012, you know when the world was going to end. It stars Bill Murray, Bruce Willis, and Tilda Swinton; who doesn't want to see them in a movie together? It was directed and written by Wes Anderson, who also wrote and directed 'Fantastic Mr. Fox' and 'The Grand Budapest Hotel'. Check out his stuff, because it is all phenomenal. This movie scored a stupendous 93% on Rotten Tomatoes, making it certified fresh and it is PG-13 so be careful, some passively strong language might be heard. Enough about the making of it; let's get to the plot.

The story is set in the year 1965, which is even more radical, because, you know, communists. It's centered around an

island off the coast of New England called New Penzance. This movie follows the life of two 12 year olds named Sam and Suzy, and their adventure of trying to run away together to start a new life. Sam is a foster kid and Suzy is a black sheep with anger issues. Enough about the plot, let's get to why it's worth the watch.

Now the way this movie is shot is reason enough to watch it. Each frame is it's own beautiful picture. The whole movie looks like a crayon box, it's so colorful. The writing itself shows exactly the nature of how awkward life is. From the way a 12 year old boy and girl interact, to the hinting at a much bigger story going on. It seems like you are only getting a preview of their lives, and it leaves you wanting more. This movie will cause many to laugh unexpectedly, and cry because some would have wanted that when they were 12.

It is unusual and different, and it's on Netflix! Plus you can rent it on Amazon for four dollars. 'Moonrise Kingdom' is a must watch because it has everything, including a fight sequence, a love story, an adventure, some sad scenes, a dog, a cat, and, most importantly the critics approval, so you can sound high end when you talk about it. If you liked movies like 'Juno', 'The Sandlot', or 'Clueless', you are bound to enjoy this quirky comedy.



Sophie Reider, 18'

## Find that Red Nation fan!



Can you find sophomore, Brennan Erkel in this crowd of students at a home football game?



Try to find this camera ten times through the Vox.

?? RIDDLE ME THIS ??  
HOW MANY CAN YOU GUESS?

A boy fell off a 30 ft. ladder, how did he not get hurt?



What word becomes shorter when you add two letters to it?

In a one story pink house, there was a pink person, a pink cat, a pink computer, a pink shower - everything was pink. What color were the stairs?



I'm tall when I'm young and short when I'm old. What am I?

## Answer Key

1. He fell off the bottom step
2. Short
3. There aren't any stairs, it was a one story house
4. A candle

## Fun Fact!

The Homecoming pep rally used to be called the "Soap Bowl" and the admission was a bar of soap.

