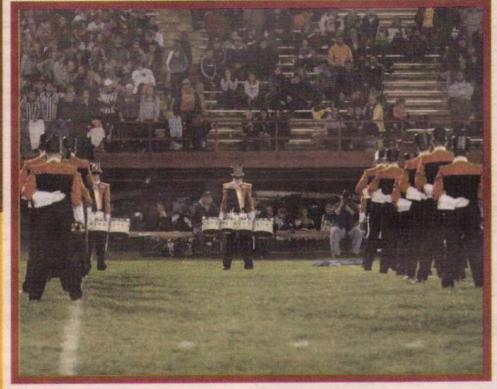


Whether one dresses nice or comfortable, they're judged. Read what's wrong with this on page 2.

Some laws are odd and state facts can be strange. Read someweird lowa facts on Page 6.



Axel Zumwalt, '17, stands in preparation for the start of the Scarlet Spectrum's final halftime performance of the 2015-2016 season.

Gillaspie's goalball games

Alex Gillaspie explains the sport goalball and why it's different from others.

By: Mia Laube @Mia_Laube21

It is pretty common knowledge that Alex Gillaspie, a junior and blind student, overcomes his disability to be on the wrestling team. However, not many people know that he has played another sport. This sport is unlike other sports athletes play, and it is called goalball.

Gillaspie was born blind, but does not let this hold him back in wrestling or school, although there are difficulties. "In school it's hard getting things. One thing that's really big is making diagrams, like when they do diagrams up on the board, I don't know what it is," he commented. The sport goalball is easier to play for blind players.

The game itself is quite different from common sports, but has some similarities to a few. It involves three players per team passing and rolling a heavy ball with bells, and the objective is to get it past the other team to score. It is comparable to soccer.

Gillaspie was not introduced to the sport through Marion. He began, "I played [goalball] at summer camps, and when I became eligible to go to the



Alex Gillaspie, '17, plays goalball with his teammates during one of their tournaments. Goalball is a sport where everyone is blindfolded.

tournaments I went, and it's really fun competition-wise." These summer camps were the only opportunity to play it with others.

Every year there is a big tournament Gillaspie has attended, and he's had to travel to get to it. He described the tournament, saying, "The first year it was in Wisconsin, then St. Louis for two years, then Indianapolis." There is only one tournament per year, and though he will not be attending this year, is take place November sixth through eighth.

There is not much opportunity for Alex to practice with teammates. "We practice some, but we don't have a braille school since Iowa Braille School shut down, and they don't do a residential program anymore. We only practice when we can get together at summer camps, and the day before the tournament," he elaborated. This year due to conflicting schedules, they will not get to practice or go to the tournament together.

One thing Gillaspie was pleased with is that it is tailored to people like him. "Everybody's blind in goalball because everybody has to wear a blindfold, so it's an even playing field. It's really nice because you can go and play with other people who have your same disability," he said happily. Other sports are harder for Alex, but goalball is the same for everyone.

Alex is not the only one who sees this as a positive. Alex's mom, Ann Gillaspie, stated, "Alex gets to spend time with his blind peers, [it] keeps the kids active, gives kids a chance to be competitive, and [there is] good use of all their other senses." It is an overall good thing to be involved with for him.

Like many other families, Alex's family is supportive of his sports. "[Goalball is a] great and interesting sport overall for blind and visually impaired athletes," Ann said. She thought goalball was a good opportunity for Alex, and she and her husband are involved in Alex's sports actively.

Gillaspie walks through life and the halls with a major disadvantage, but he has found ways to push past it. He has gotten into activities that spark his interest inside and outside of school, and inspires others as he does it.

Doggin' with Dexter

-Commentary-

My life would be a new kind of awesome if dogs could talk. I honestly don't care about any other animals having this ability, just dogs. And most importantly, my dog, Dexter.

I feel as if I can usually read my dog's mind and know what he is thinking, but this isn't enough for me. I



By: Lexi Morgan @Lexi_morgan17

want to speak to him, well I already do that, so actually, I want him to speak back to me. My vet said my dog isn't capable of human emotions and personality, but that's crap. I can read his facial expressions when he is happy and when he's annoyed or sad. And, I think, he does have a personality.

If I had to guess, I'd say my dog is like the rest of my family, really sarcastic and like my mom, a big baby and over dramatic. My dog is a little attention seeker. Every time, he wants attention, he develops a limp. My parents recently went out of town and the entire five days, he's limping around the house, making me carry him up stairs, and lift him onto the bed. I'm not even kidding, the day my parents got home the limp was gone.

They are my dogs favorite people, especially my mom. When she is home, he cuddles with her on the recliner; follows her around; he greets her first when we walk through the door with a million dog kisses; and cries endlessly when she leaves. My step dad feeds him, walks him, runs around and plays with him like a child, and my dog notices and appreciates him for that. When they were gone, I was his favorite. He followed me everywhere and slept in my bed, but it was half hearted and short lived, because he didn't do any of these things after they got home.

So, I wish I could talk to him and ask why I am not his favorite. Because I sneak him food off my plate, even though, he's really fat; I pet him all day; nap with him; and tell him how awesome and cute he is. I do all the cool things for him, and do you know what happens? I try and sit on the couch with him and he walks away. I try and selfie with him and it takes an hour, because he's such a brat.

The only negative thing if Dexter got a voice, is that I can already tell by his facial expressions that he is rude. I know by the looks he gives me he's saying "shut up, Lexi."

All in all, I feel like dogs being able to talk would be awesome. The downside is basically all the downsides to humans being able to talk. So, if by the time I die, technology hasn't advanced to the point where we can at least, read dog's thoughts, then 50% of my life will have been spent sad at the fact that most of my conversations are one-sided.

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Express yourself with style

Should you judge someone based on what they wear to school?

By: Lexi Morgan @Lexi_Morgan17

What people wear to school is a topic that consumes many conversations. Whether or not it's a guy who wore a bro tank, or a girl who didn't put makeup on in the morning, people frequently have an opinion and voice it.

Waking up in the morning is a struggle for the majority of high school students. Having to be here at 8:05, some kids can't drag themselves out of bed early enough to care about their appearance. Most people are thinking about one thing, and it's how tired they are and how comfy and warm their bed is. One would think their peers would be understanding of this. Instead, people are constantly bashing on others, girls in particular, for wearing sweatpants. They tell them they look "tired" or sick because they didn't put mascara on. Why should anyone care what others look like to come to school? Especially if a guy is judging a girl based on their clothing. Guys don't know the struggle. Most girls don't just roll out of bed and look awesome. It takes a while to do hair, makeup, and find a good outfit. It's taxing on girls to do this five days a week before eight in the morning.

If one doesn't feel like waking up more than five minutes before school starts, lay off. Don't judge someone on not curling their hair or putting on a dress for school until you've been through a rigorous beauty routine.

In the same respect, no girl or guy should be talked about for actually getting ready for school, unless it's to say how awesome they look. First, how can one even be made fun of for looking nice? People are just taking a compliment and trying to make it an insult. Instead of thinking "Oh my god, why would Sally wear a dress to school?", people should really be thinking "Holy crap, that dress looks awesome on Sally." The majority think these things out of jealousy, and to make themselves feel better about what they're wearing. But truly, this doesn't have to be the case. Girls have to stick together. How hard is it to compliment someone on their hair or makeup, instead of using words to make them feel bad about those things.

The talking happens throughout guys' circles, just as much. Okay, "Bob is



"People can dress however they want to dress. Its their own personality and how they want to express themselves" Olivia Draves, 19



afford nicer clothes based on their situations. Some people that are rich or ugly dothes -Matthew Coder, 17



"Some people can't afford nicer clothes, but that doesn't make them a bad person and vice versa -Katie Hemann, 18



"It's how they dress. Its how they want to be seen so it shouldn't matter -Matthew Halfmann, 16

wearing cowboy boots, ew," or "That shirt doesn't match his shoes." Why do people care about these things? It's the silliest thing to think about what someone else is wearing. Especially, when people probably look back at those people and think "Why would he wear a bro tank in fifty-degree weather?" Who cares? It's school and it starts at eight in the morning. There is nobody to tell a student what is "fashionable" to wear to school. There is no one to tell a student what isn't, either. People are unique, as cheesy as it sounds. And, we all have our own sense of style.

Take a look in the mirror, before judging others. School is not a night on the town or a fashion show. No student here is a judge or a fashion critic; so, stop being so concerned about what others are doing with their appearance before school and make the four years a little

Using anonymous applications

By: Mia Laube @Mia_Laube21

Teens these days are greatly informed of the dangers of the Internet, social media, and technology because it is what they were raised with. Unfortunately, that does not necessarily mean those things will not be used in the wrong way. These days, there are many anonymous apps out there where people can speak their mind and fly under the radar without a certain post being labeled with their name. This can be a strange and dangerous thing.

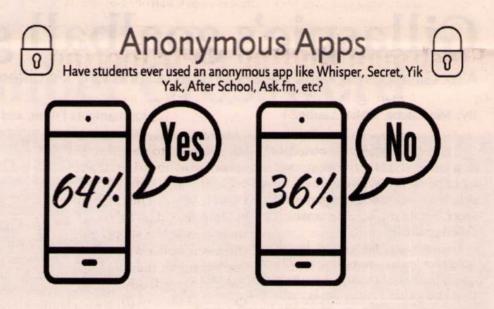
First of all, it is just weird to see a post about oneself when there is no name behind it. It makes one wonder who has an opinion on them, and why they felt the need to share that opinion with everyone. Apps like After School or the older Ask.fm make it easy to post judgments or thoughts on classmates and others. There is a chance the person the post is about may not see the post, but word travels fast and curiosity can overcome everyone, so a lot of times the person sees it. Once the words are out there, they can create feelings of insecurity or awkwardness for the target, and nobody wants to feel that way.

Another issue with these apps is that they can be dangerous playgrounds for bullies. Even if one did not mean to post something in a harmful way, it is practically common knowledge that words on a screen are not always interpreted in the way they are meant. It is incredibly easy to say hurtful things when identity remains unknown, and many people can get away with cyberbullying that would otherwise be unacceptable.

People are growing weary of these apps, especially adults. It is difficult to trace the posts back to their author, so when a post makes someone uncomfortable or hurt, there is no way to make amends. Obviously, it is not guaranteed that the words cannot be traced back to someone, knowing that pretty much everything that was ever online stays there forever in some way, shape, or form. If one has to think about whether or not they will get in trouble before they upload something, the most logical solution is not to do it.

Some may say that certain applications have built-in safety features so that bullying is reported and the chat room environment stays comfortable. According to a study on the app Secret discussed in a choices.scholastic.com article, the safety features have made absolutely no impact, and all past problems have remained the same. This means anyone and everyone can continue to post their creepy, mean, or untrue thoughts at the simple tap of a button. No repercussions, no regrets.

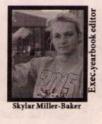
Sites and apps that let users post with the security blanket of anonymity are not safe for kids to use. They are weird because people can post untrue things or state their opinion on somebody if they do not have the courage to say it to their face, and they help bullies attack others without consequence. The best solution is not to download the app or delete it if one has a problem with it. The less people that join, the less opportunity there is for predators, bullies, and closet weirdos to mess with others.



A poll of 50 Marion students asking if they had ever taken part in an anonymous forum revealed a majority of students who had used them before.

Vox Staff















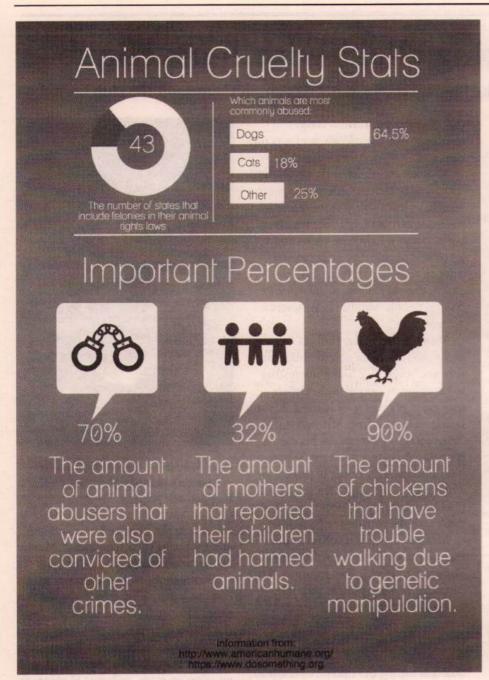
The Vox is a public forum student-run newspaper dedicated to informing and entertaining the students of Marion High School since 1934. It's published six times a year by Tri-Co printing company and is distributed during the final block of the school day by the journalism staff. The staff will report as accurately, fairly, and objectively as possible. All activities will be covered by the staff to the best of their abilities, without showing favoritism to any group. Letters to the editor will be printed from anyone in the community. However, The Vox retains the right to edit articles without changing the writer's intent. This is a limit of two hundred words per article and all letters must be signed in order fro them to be published. The decision to include them rests solely on the staff and the advisor. Turn letters in to room 22 or any staff member.

Editorial Policy









These are some various facts about the general treatment of animals.

How man harms his best friend

A brief opinion on the harsh impact of humans on animals

By: Kasi Rupert @KasiBelleRupert

She looks up painfully with a betrayed feeling in her heart. Her tiny face screams "What did I do wrong?" Cuts and bruises cover her body, and she shakes with fear. Another little one waits outside to be fed. He is gaunt with a mouth as dry as a desert. These souls that were once lively will soon be no more due to the carelessness of their domestic protectors. These creatures take the title of pets, and sadly, they are treated this poorly more often than most think.

There are laws to protect against animal cruelty, but they are often ignored. Something as simple as leaving a dog outside when the pavement is hot from the sun can be harmful, and therefore a form of abuse. Some owners just let their pets remain unfed or thirsty, too. If they wouldn't do that to children, they shouldn't do it to animals either. Pets automatically rely on a human to provide for them after they're adopted, so letting them down breaks their trust for humans right away.

Many people claim that animals don't deserve as much respect as humans because they're not as intelligent. However, tons of animals are wiser than we think. Primates have an amazing communication system, and dogs are able to learn tricks at the sound of a commands. People also abuse animals because they think that they're simply a resource. After animals are treated terribly, they will be less likely to cooperate with people that collect their resources. Additionally, all resources run out at some point. If animals are harmed to the point of extinction, there will be no more resources to utilize. It's important to treat someone that gives resources well and give them constant respect.

It may not be as common today, but testing products that could be harmful on animals is still something that happens. Also, some animals used for food are unnecessarily tortured before they are slaughtered. Some chicken are hung by their feet and scalded alive. Average citizens may not be able to do much about this, but organizations such as PETA (People for the Ethical Treatment of Animals) try to spread awareness about these cruelties in hopes that some day they will come to an end. Support for these types of animals rights organizations are much appreciated. People should take care of their pets when they have them because they deserve to be cared for as well as any person does.

Freshman finding their footing

By: Alex Coleman, @Its_YoPalAl

Height difference, voice changes, general style, attitude, intelligence, awkwardness: these are all things that create a set boundary between child, teenager, and young adult. Before the start to high school, teenagers are often told that this is the time to start figuring out who they are. As a freshman, one is much more prone to take the bad side of all these things in the process of self discovery. Psychologically, there's a period that begins during the early middle school years and ends somewhere towards the center of the high school experience that makes acceptance a key component of development. As humans, we wish to fit in, to be acknowledged by our peers as an equal.

To those not still in the awkward first year of high school, freshman often seem amateurish and annoying. More often than not, there's some upperclassman saying 'well when I was a freshman' to remove merit of these childish actions. Improper hallway behavior, bad attitude towards teachers and colleagues and the refusal to let go of 'the popular status' are a few things older students accuse the younger ones of. Quite frankly, most freshman are guilty of these behaviors, but so was everyone else when they were new to the school.

The difference between the class of '19 compared to the classes before them seems very apparent. It's strange in the sense that

most people desire to fit in, so why is this class standing out? This year alone, more freshman have refused to participate in school-sanctioned events purely because they're afraid it will deem them 'uncool'. They lack interest in school dances, they rolled their eyes at the supposedly lame themes of spirit week, and they don't come to the sporting events dressed accordingly. Not all freshman are guilty of this fate, but there is a large number that would admit to these habits.

Participating in high school is a massive right of passage. Whether it's Homecoming week, a volleyball tournament hosted by the school or joining extracurriculars after hours, the only way one can truly experience the joys of high school is by taking part. Sitting on the sidelines may seem cool, maybe it's what all the 'popular kids' are doing even. However, senior year, flashing back to the time wasted trying to act better than fellow classmates, it's almost guaranteed that any individual uninvolved in their school community will regret their lack of spirit.

Don't worry, if these words ring true there is still time for redemption. Go to the sporting events with a group of friends, go to as many school dances as possible, don't be afraid to sport school colors when necessary. This is not just true for freshman, but anyone who feels this way. Whether or not we as students are stoked about it, this is our school. How will we choose to represent it?





Student-Athlete Struggles

-Commentary-



By: Mia Laube @Mia_Laube21

There are a lot of students involved in school sports, clubs, and activities. Sometimes, athletes form special bonds with their coaches. Other times, that coach is your dad.

Some people think that being the coach's kid gives you a special advantage, which isn't always true. The same

amount of hard work is expected of me every practice. Sometimes, there are extra unsaid expectations I have to abide by, like stepping up leadership or watching myself more on social media.

Also, it's not a one-way ticket to playing time. It can be hard. It feels like the mistakes I make are more likely to earn me a comfortable spot on the end of the bench. Every time a shot is missed, a turnover made, or a foul committed, there's no need to turn around to see the look of disappointment I already know is there.

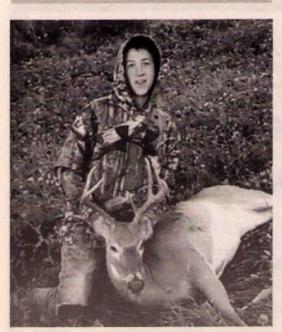
After a game, there is a guaranteed second speech coming at home. It's a more fun chat when the game went well, I'll say that much. Praise is easier to cope with than frustration because I already get mad at myself when I do poorly.

I can't lie, though, my dad and I have a special relationship. Time on the court is quality family time. The intensity of a great game is even more exciting when it is shared with somebody you care about and trust. I would hope I trust the coach, seeing as he lives a few doors down the hall from me.

Since everyone seems to wonder this, I call the coach Dad. If your father was a teacher, I'm pretty sure you wouldn't address him as Mr. whatever-your-last-name-is. You'd call him Dad. Otherwise it would just be weird.

There are always going to be jokes from teammates about being the coach's kid. I would be rich if I had a nickel for every time I heard, "Mia, don't tell your dad what we're saying/doing." I just got used to it.

When it comes to being the coach's daughter, there are positives and negatives. It's just like being a regular student-athlete with family mixed in. In the end, it's the game, not the last name, that matters most.



Hunter Kiernan, sophomore, shows off his eight point buck killed during buck season.

Mitchell making clicks within his clique

Luke Mitchell, member of the Photography Club, talks about the reason the club began.

By: Caitlyn Smith @csmit05

A cool breeze blows across the grass, the sound of leaves rustling in the distance, and then something comes in focus. The focal point is zoomed in until captured at the perfect angle. And then snap! A photograph has been taken that can be saved forever.

This is the exact element that Luke Mitchell, junior, enjoys being in when he has free time. Mitchell is the student who started the photography club and the one who runs the show during meetings. He is also a part of speech team and the crew for show choir.

When in photography club, members go out and take photos in a group or alone. The photos are then printed. In the next month or so, Mitchell is planning on having an exhibit of those photos taken. The photography club was just started towards the end of last year. Mitchell decided to start the club because he noticed how a lot of students have talent in photography and there wasn't a place for them to be displayed. They can now be recognized. Mitchell stated, "We started it by asking teachers if there was something already like it, then went straight to Semler. We couldn't get a school fund, but all we needed was a room to use."

The meetings are held in Mr. Wake's room every two weeks. Wake stated, "The meetings are just housed in my room. Luke has been the one

that organized it, runs it, answers questions, sets the agenda, and gets the cameras."

Mitchell enjoys many things about the club. He stated, "It's nice to get to be able to learn things from others and have others learn from you. It's like a big workshop. I also enjoy meeting a lot of new people that all have something in common with me." Being part of the club allows members to be around people with the same interest as them

Many students may find photography interesting for several different reasons. Some may find it interesting to experiment around with. Others may enjoy photography because it is relaxing and stress free. Mitchell stated, "Photography interests me because it is cool to capture a moment. Whether it is of people expressing happiness or a photo of a landscape. For example, photographing cool places that people don't take the time to see."

Mitchell isn't just involved in photography club. At the age of 17 he is already running his own business. That can be difficult to handle with school and other activities. His business involves him selling the rights to his photos, allowing individuals to print any amount they want. He started his business during the middle of last year.

Mitchell's favorite photos to take are pictures of people. He enjoys taking these photos outside or somewhere the person is in their element. "It's nice



Luke Mitchell's, junior and founder of Marion's photography club, photoshopped self portrait.

to see how the person is comfortable and capturing their happiness," Mitchell said while smiling.

Photography club is a fun way to meet new people that share the same talent. The club started out small, but has grown in size. The photographs being taken can range from a pianist playing their piano, a actor showing their emotion on stage, or leaves blowing off a tree with a sunset in the background. Taking photos allow photographers to capture the moment, look at it in the future, and remember the past.

Kiernan anxiously awaits annual hunting seasons

By: Kenzie Redmond @Kenzie_redmond2

He climbs up the deer stand wearing all camouflage, intending to blend in with his surroundings, his eyes focused on his next target. He's happy, excited, and his adrenaline soars through his body. This is a typical scenario for Hunter Kiernan, sophomore, one of the people at Marion High School who takes part in the pastime of hunting.

Kiernan began hunting at a young age with his father. He's been around hunters his whole life so it's something that never bores him. "I just got hooked on it," Kiernan stated. Hunting became one of Kiernan's favorite hobbies due to the family environment he is surrounded by

It is often cold during hunting season, so Kiernan wears a camouflage shirt, a pair of pants, a sweatshirt, boots, gloves, and a hat to keep him warm while hunting. Kiernan hunts in Lisbon, Iowa with his friend Jack Serbousek. Serbousek is a graduate of Marion High School, who enjoys hunting just as much as his younger friend, "[I like hunting] because it's fun. I like going with Hunter because we get along well and enjoy the same things," Serbousek stated. Kiernan and Serbousek have hunted together for two years.

Hunting with Serbousek is something Kiernan continues to love. "Jack's a great influence and person to be around," Kiernan emphasized. Hunting is a passion of Kiernan's because of the friends he hunts with.

Duck season is Kiernan's favorite, and takes place from September to December. "It is what I enjoy most because they are the most fun to hunt," he explained. Kiernan enjoys how much harder duck season is compared to deer season. Instead of being on the ground, Kiernan hunts in a boat, using decoys to lure his prey.

A hunting tag is required in order to hunt. In order to get a hunting tag, one simply has to pay \$28.50. It is prohibited by law to shoot down a duck from a moving boat. He uses a 12 gauge gun to kill ducks and deer. The 12 gauge gun is the one that Kiernan enjoys the most, because it allows him to shoot farther.

Not only does Kiernan like hunting ducks, he also is a fan of hunting deer. The process of hunting for Kiernan is simple. He aims for the heart when pulling back the trigger and watches the bullet go into the deer. His final step is to search for the deer. He gets down from the tree stand and searches for the blood stains. The drops start to dwindle and he finds his kill.

Hunting requires a lot of outdoor activity, but Kiernan doesn't mind. "I enjoy being in the outdoors because it is a great place to be," he stated. Kiernan looks forward to hunting season and the happiness it brings him.

Out of playing baseball, and hanging out with family and friends, hunting is by far his favorite activity.

Kiernan isn't phased by all the wildlife he has killed and continues to enjoy the activity he has been involved in since he was six years old.



"I enjoy being out in the woods and being with family because it's a tradition and I like providing the meat our family eats."

-Nate Miller, 19



"I enjoy the adrenaline rush that comes from a successful hunt. Hunting provides valuable time with family." "Jacob Lang, 18



"I like the satisfaction after getting a kill because it takes time, patience, and skill." -Alec Arcand, 17

Winter sports for 2015-16 season

Snowing outside but grinding in, here are this winter's sports teams.

By: Noah Walter @Tyrannoahsaurus

Girls' basketball



Danielle Dunne, '16

Girls' basketball ended last season ranked in the top ten and hopes to keep it that way this season.

Only losing two contributing seniors, they have basically the same team as last year with the addition of some up and coming underclassmen. Marion lost to Waver-

ly-Shell Rock in the playoffs a year ago just one game before getting a ticket to the state basketball tournament.

The team's seniors, Tessa Jordan and Danielle Dunne, hope to lead them further in the tournament and have a successful year. "Last year we were one game away from reaching the state tournament, this year if we build off that, and work hard we could definitely make an appearance at state" said Dunne. Let's hope the girls end up at state and have a very successful season this winter.

Boys' basketball



Jacob Manderscheid, '16

Boys Basketball is one of the sports that will be going on this winter. Last year, their season ended in a playoff game against Solon. Leaving with a 14-8 record on the year.

The boys basketball team lost 4 seniors who contributed quite a bit to the team. Their returning starters are Junior

Baylor Fish and Senior Jacob Manderscheid.

With all of the seniors leaving, there are a lot of shoes to fill. "I really liked all the seniors last year, but I know the team this year has put a lot of work in the offseason so I am looking forward to see where we end up at the end of the season", said Manderscheid.

The Indians have put a lot of work in this offseason and hope to keep improving and have a winning season.

Wrestling



Trey Clifton, '17

Last year, Marion wrestling had quite a few strong individuals on the team, including Caleb Conway, Colin Conway and Trey Clifton. "I went to a lot of Coe camps and Iowa stuff to help me in the off-season", said Clifton.

Marion hopes to send a couple of their

wrestlers to state this year. With not knowing what weight everyone is wrestling at this year, it is hard to tell where the Indians are going to end up this year. "I can't wait to see what happens this year. My goal is to make it to state since I injured myself before I was able to even have a chance last year," said Clifton.

Wrestling is a very intense and physically demanding sport. Athletes that are in wrestling are very in shape. These athletes will showcase their talents and pre-season work on the mats this winter.

Bowling



Bre smith, '16

Winter time means that's everyone needs to get their bowling shoes laced up and hit the lanes.

Thanksgiving isn't the only time for turkeys, the Marion Bowling Team starts another season this winter and has high hopes in both the boys and girls side of the

sport. "Bre Smith has finished 4th at state as an individual 2 years ago as a sophomore and 9th last year as a junior. She is the leader of the girls team and actually pushes the boys to bowl better"said coach Brice. Brice also stated the girls bowling team is actually in need of athletes so if interested talk to Smith or coach Brice for more information on how to get involved.

Marion's team and Smith hopes to roll over all their opponents and put a couple of their athletes on the wall of fame in the cafeteria.

The fun, adrenaline, and dangers of Motocross

By: Kasi Rupert @KasiBelleRupert

He leans further on to the metal beast as it roars louder and rips across the dirt paradise. The engine growls as he pushes the pedals with force. As he turns a corner, he catches a fleeting glimpse of his worthy opponent gaining on him with increased velocity. Sweat condenses on the inside of his helmet. When he realizes it's now or never, he leaves the other rider in the dust.

Spencer Dede, sophomore, has been obsessed with the intense sport of motocross for a long time.



Spencer Dede, '18, is in full gear as he rides his dirtbike in a motocross race.

"I've been involved with [motocross] for like five years... My dad used to do it," explained Dede. He enjoys the extreme feeling motocross gives him. He voiced, "The adrenaline rush makes me feel free." There are tons of

factors that go into motocross, which makes it more necessary to be dedicated.

"You gotta have a dirtbike, a vehicle to transport it, protective gear, tools, oil, and gas," Dede described. Not only does a motocross participant need a bunch of equipment, they put themselves at risk of injury, too. "I've crashed, but I haven't broke anything. You fall a lot," he stated. Though motocross takes much perseverance, Dede feels that it's worth everything that it takes.

Some may not view motocross as a sport, but Dede has other ideas. "[Motocross is a sport because] it's physically demanding, and there's competitions," he defined. Dede would recommend it to any adrenaline junkie out there. "It's just a cool activity and a good way to meet new people," he said.

Lovell competes with cheer

By: Chloe Mallon @Chhhloe17

She jumps up into the air, thrusts her legs up above her head, and lands the perfect jump. Macey Lovell, sophomore, devotes seven days a week to practice cheerleading in order to do an amazing job at competitions, and she thinks that it's worth every second of it.

Lovell has been in competition cheer since she was a freshman, the first year you could try out for it. Since Lovell joined the competition team, she hasn't looked back. "I love to cheer and I love having a group of girls in my squad that I can count on even more," Lovell said with a smile. The competition cheer team is very close, and that is Lovell's favorite part about being a cheerleader in the competition season.

Lovell is also involved in football and basketball cheer, but competition cheer is definitely her favorite. "My favorite part about competitions is the environment," Lovell commented. "I also just really like performing in front of other large groups, and seeing what other groups have to offer as well." Competion cheer takes on a whole new element of cheering because of all the regulations and rules. When cheering for football and basketball cheer, it is not as official or serious as competition cheer. This is a big reason why Lovell likes competition cheer more than football or basketball cheer. She loves how it can be serious while performing, but then you can also have fun with your team.

The competition cheer team has been off to a pretty good start this season. "We do very well for our circumstances because we don't do any tumbling," Lovell shared. At their first competition, they got ninth place out of twenty-two teams, and at their last competition they got second out of five teams.

It's great for someone to be in something that they're so passionate about. Lovell just happened to find her passion and calling in cheerleading, and she wouldn't want it any other way. She plans to continue with cheering for the rest of her high school career, and doesn't know where it will take her later. She loves cheering and would love to continue doing it for a while. Cheering is something unique that Lovell has a lot of fun doing, and she couldn't imagine her life without it.



Rachel Halm, '18, is tossed high into the air by her cheer teammates as the competition cheer squad performs part of their routine.



A triumph for fiction lovers everywhere

Rowell's latest sends reader's minds wandering into realms of the unknown.

By: Alex Coleman @Its_YoPalAl

As a bestselling author, Rainbow Rowell already has a following of many. From middle-aged men and women who fancy reliving their more youthful days to teenagers across the globe looking for someone wiser to guide them through confusing times with stories, Rowell has yet to disappoint with her tall tales. From the limitless love story of "Eleanor and Park" to the idea of rekindling that spark in "Landline," her fans are driven to find out what's next. Well, the wait is finally over. Rainbow Rowell has released her next novel, "Carry On."

In a way, this book is a spin-off from one of her other very popular books. "Fangirl is the story of Cath, the awkward half of twins who tries to find her way through college without much help from her sister. Cath is obsessed with a book series known as Simon Snow, something very similar to what we know as Harry Potter, and she has taken to writing fanfiction about it. The story is called, you guessed it, "Carry On," and it's the story of Simon Snow himself and his struggles through his final year at the School of Mages. The twist? He falls in love with his arch nemesis, Baz (or Tyrannous Basilton Pitch). Within "Fangirl," there were snippets and conversations about Cath's writing. At the end, many readers were left wondering what became of the two magicians and their story.

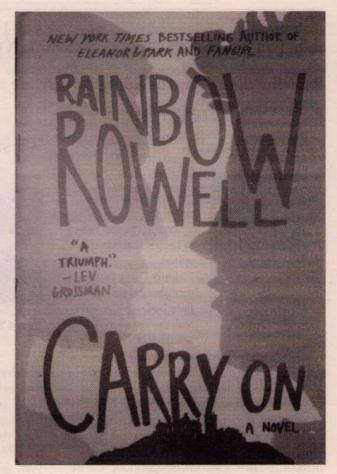
Rowell decided to answer the questions, and the printed copy of "Carry On" was born. She explains the story as being hers, not something from the

mind of Cath. Rowell's story is meant to be canon, or fact, not a fanfiction of a book series that doesn't exist. In her writing she claims to have longed for an opportunity to delve into the more unrealistic realm of fiction, and this gave her just the chance.

A story of breakups, plotted murders, finding out that sometimes the enemy is only ever inside of ourselves, "Carry On" is a novel worth the read. Whether or not someone has read "Fangirl" is irrelevant. The two have no real connection other than the mention of Simon and Baz within "Fangirl." It's a story for all ages, one that many will find interesting and heart wrenching. It's fiery (well, literally, Baz sets a lot of things on fire), and swimming with the angst and confusion of discovering feelings once thought to be impossible.

In the Young Adult section of any bookstore, it's easy to get lost in the massive amounts of magic, romance, and post-apocalyptic settings. The reason this book is different from the rest is really quite simple, it's about two boys rather than the typical guy girl relationship. As our culture changes, the social norms and issues we discuss, it is important for authors to capture this through their writing. Fiction or not, it is vital that writers use their voice to make these topics, things like being curious with sexuality and the struggle of that, something that the community is unafraid to talk about.

For Rowell, this is another triumph. Eloquently written, easy to read, an emotional roller coaster to the senses. "Carry On" is a story that represents the times, the struggles of falling in love when



The cover of Carry On with simply drawn depictions of Simon and Baz's characters.

you're not quite sure who to be, and it's one that those who enjoy authors like John Green and Sarah Dessen should definitely look into. It's a solid 4.5 out of 5 for me, and one I cannot wait to read again.

Odd facts about The Hawkeye State

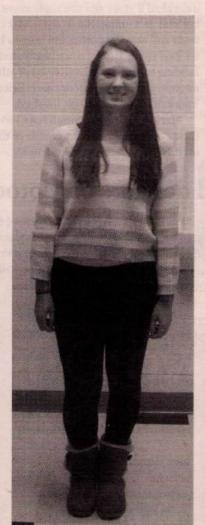
A few odd facts and details about the great state of lowa.

Did You Know? By: Amery Bruce @amerybruce In order to keep a falcon, someone must have a falconry license by the department of natural resources. And In Cedar Rapids, it is illegal to read a person's palm inside the city limits. In order to keep a falcon, someone to try and clone themselves. And The governor of Iowa is authorized to make October 31st "Youth Honor Day."

Students show off their fall fashion

By: Lexi Morgan @Lexi_Morgan17

During the late fall and early winter months, it is important to dress warmly. Autumn is a time to make cute fashion choices as it has many more options than summer wear. There are different styles of jacket, pants, boots, scarves, and any other stylistic options. Because of this, there are lots of things that go in and out of style. These are a few things that are in style for this fall and winter season.



Cappra Svoboda, '18, stays warm in a sweater, leggings, and boots. The horizontal stripes are very popular as they are slimming, and Uggs have always been popular in the women's department.



Jillian Mossman '19, shows off a cozy flannel this fall season. Very popular flannel colors are red with black, earth tones like green and brown, bright shades like pink and purple. Unbuttoned, half-buttoned, fully-buttoned, tied around the waist. Anything works

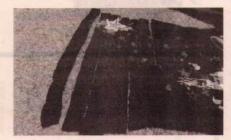
Ashley Lappe, '16, sports a sweater under a leather jacket during these chilly months.



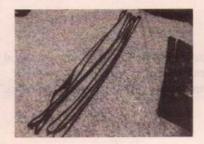
D.I.Y. classy woven headband made from a t-shirt

By: Kasi Rupert @KasiBelleRupert

Use these twelve simple steps to make your own headband out of only a few materials.



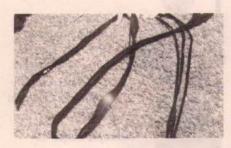
Step 1: Cut off the bottom seam of the shirt. After that, cut a few strips that are one inch wide from the shirt. Make sure you have an even number of strips.



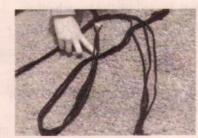
Step 2: Stretch out all of the strips as far as possible and make sure that they are the same length by putting them next to each other.



Step 3: Cut the seams of the stretched strips so that the strips aren't connected any more. Your strips will be much longer after that.



Step 4: Make a ribbon pattern with one half of the strips and a u-shaped pattern with the other half of the strips. It doesn't really matter how wide they are.



Step 5: Make sure the left side of the ribbon is on top. The layering is important for the knot that will be at the front of the headband.



Step 6: Make sure the left side of the ribbon is under the u-shaped pattern. Keep the previous layer in tact while you fix this part.



Step 7: Make sure the right side of the ribbon is on top of the u-shaped pattern. You still must be sure not to move the other layers in order to keep the knot.



Step 8: Wrap the left side of the u-shaped pattern inside of the inner ribbon space. Be careful not to misplace the strips while you do this.



Step 9: Wrap the other side of the u-shaped pattern in the ribbon also. Make sure the ends of the strips are sticking out enough to pull.



Step 10: Pull the loose ends tightly. Try to hide the seams that may stick out from the headband. Go slowly while you're pulling so you don't break the strips or the knot.



Step 11: Use your head to measure the size of the headband. Hold the measurement tight with your fingers to ensure that it fits.



Finishing up: Cut off another small piece off of the t-shirt. You can either use it to tie off the headband, or use a hot glue gun to secure it.

They only move up

-Commentary-

The definition of good music, at least according to Urban Dictionary, is 'Whatever you like. Everyone has different tastes, there is no "best band ever" nor "best type of music". With this, I realized that maybe it would be okay to talk about a band



By: Alex Coleman @Its YoPalAl

that's very near and dear to my heart. They've grown up with me, their sound has evolved and matured much like my taste in music has. Please withhold all eye rolls and scoffs until the end of the story.

One Direction used to be a band of five boys, all from diff. Int cities and backgrounds, all with one similar goal. Make it big. Now their members have dwindled to four. The band has announced a year long hiatus after the release of their next album, "Made in the A.M.," November 13th. Will they really continue after the year? No one knows, but I'm not here to discuss the disintegration of my childhood heroes. Let's talk music.

The first album they released, "Up All Night," debuted in 2012 with that bubble gum pop swing that makes most people want to strangle themselves. It got the attention of the media, along with millions of teenagers girls. This was followed by "Take Me Home" in that same year, the first album with songs the members had written. Then it was "Midnight Memories" in 2013, a more rock-based album that delved into edgier bass lines and more mature content. "Four" came in 2014, a genre change tagged near the title. The once teenage boys that sang hits like "What Makes You Beautiful" and "Little Things" had written from the heart. More of an indie sound greeted the fans, and the change was accepted gratefully.

No one can ever really tell what's next for One Direction. They always describe their newest tracks with a handful of words: more mature, edgier sound, different. Not much to go on for the pulsating fan base, and yet we wait with bated breath for the release of beloved singles. "Drag Me Down" broke Spotify records within the first twenty-four hours, "Infinity" and "Perfect" followed closely behind in replays. There's promise of variation with this record, and personally, I've never been more excited for them.

Whether or not this will be the last album release of One Direction as a whole, I cannot say. I will relish it just the same, wake up early Friday morning to jam all day. I'll fangirl over their note changes and blush at their lyrics, because whether or not it's an embarrassing obsession, it's mine and I'll stand by it. Now, before the condescending head shake, consider giving the album a chance. Maybe "Made in the A.M." is exactly the type of music worth

Underrated Restaurants in the Marion/Cedar Rapids area

Restaurants in the area that deserve to be checked out.



Yen Ching Great Chinese food and very convenient.



Puerto
Vallarta
Good
Mexican
food for a
great price.



QDogs Very Good BBQ food only problem is ribs are expensive.



Emil's
Hideaway
Great food
Great
environment
just not very
much food but
prices make it
worth it.

CENTRAL CITY HIGH SCHOOL



BAYLEA BRUCE, 47

EXECUTIVE YEARBOOK
EDITOR



MOAH WALTER, 46

NEWS EDITOR

REILEY DORGAN 18
CENTRAL CITY

TECHNOLOGY

RD: "1:1 is great because I can find information easier and I can turn in homework to my teachers when I am not at home. I can also communicate with teachers and students."

CLASSES

BB: "Their teachers seemed really laid back, and a lot of the classes were independent and students did their own thing."

FASHION

NW: "They all kind of just dressed similar to each other and some like stereotypical Iowans."

LUNCH

BB: "The lunch was really good. They had bigger portions, and it just seemed a little more homemade."

OVERALL WIBE

RD: "It gets boring knowing everybody and never seeing a new face."

TECHNOLOGY

AW: "Worksheets and stuff are shared with us on our iPads, which kind of sucks if you're sick because there is no excuse not to do it."

CLASSES

ML: "Every student is required to take one fine arts class; either basic, music or acting for one semester and religion for all four years."

FASHION

ML: "Everybody seems to like to personalize their outfits using shoes, watches, jewelry, and different hair styles."

LUNCH

AC: "The main course for lunch tasted the same, but there were so many choices for extras, it was like the gas station."

OVERALL VIBE

AC: "Xavier feels a lot more like a college. They expect academic greatness from their students."



MARION HIG

The journalism students of MH see how they compared to ours.



CLASSES

"We have a great
Spanish program,
and Mrs. Henkel
is a great teacher
because she continually speaks in
Spanish."

Makayla Clark, '19



FASHION

"There are two groups of people here.
Those who try and those who don't."

Macey Lovell, '18

TECHNOLOGY

"Our Wi-Fi sucks but if we need to get something done on the computer we have access to them."

Bayley Fuller, 16



EDITOR

EDITOR

THE XPRESS

EDITOR



KENNEDY HIGH SCH

TECHNOLOGY

XR: "I think we use our technology well. We use Surface Pros in chemistry to do all of our assignments."

CLASSES

SMB: "I think that it's cool they have languages other than French and Spanish, such Chinese, German, and Japanese."

FASHION

LM: "The fashion is pretty much the same as our school. I mean, they dress like the average teenager."

LM: "The smart lunch idea is really cool. They have an hour for lunch and spend 30 minutes eating and 30 minutes listening to guest speakers or get help from teachers. Seniors and juniors with good grades and parent permission are also allowed to leave for the entire hour."

OVERALL VIBE

XR: "Kennedy is a place where everyone can find something to get involved in. We have an organization, club or activity for any are of interest. And if not, you can start



XANDER RILEY, 46

CO-EDITOR-IN-CHIEF THE TORCH



LEXI MORGAN, 16

EVENTS EDITOR



EXECUTIVE YEARBOOK EDITOR

OVERALL VIBE

isited different schools to

LUNCH

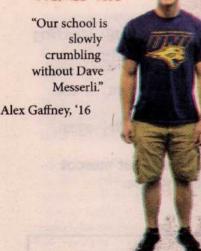
"School

lunch sucks

because it sucks."

Jordan Fitch, '17

ese are our results.



TECHNOLOGY

AB: "They have TVs in classrooms, which they play their morning news and announcements on."

CLASSES

AB: "The classes were really large. It was pretty much the same as our school. They have block schedules like we do, they have an hour and a half classes, but they also have "skinnies" which are 45 minutes, and make it six classes a day.

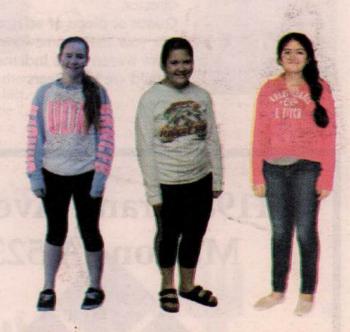
FASHION

KK: "There isn't really any specific clothing and style; we have a lot of individuality."

CM: "It 's better than Marion's because they have Subway."

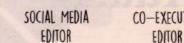
OVERALL VIBE

KK: "We have a lot of school spirit. A lot of our sports are really competitive, but there are some that are laid back."



WEB EDITOR

CO-EXECUTIVE





LINN MAR HIGH SCHOOL



Adrianna Bolsinger

What will you miss about Marion?: How genuinely nice and helpful the teachers were.

Future Plans?: Maybe moving out of state, exploring different places.

Quote or piece of advice: Always love yourself as much as Kanye loves Kanye. If we weren't the Indians, what mascot should we be?: A sloth.



Alex Chambers

What will you miss about Marion?: Free college classes.

Future Plans?: Go to college.

Quote or piece of advice: "You have to risk it to get the biscuit."

If we weren't the Indians, what mascot should we be?: The Indigenous People



Jodie Carroll

What will you miss about Marion?: The people who became family.

Future Plans?: College for social work. Quote or piece of advice: "Don't be afraid to try new things, even if others don't want you to."

If we weren't the Indians, what mascot should we be?: The Penguins



Brenna Champlin

What will you miss about Marion?: Everything.

Future Plans?: Two years at Kirkwood then a four year school to become a mental health counselor.

Quote or piece of advice: Be who you are, don't change for anyone or anything. If we weren't the Indians, what mascot should we be?: Keep the Indians.



Joseph Carroll

What will you miss about Marion?: My friends and teachers.

Future Plans?: Become an author. Quote or piece of advice: Enjoy high school while you can. Trust me.

If we weren't the Indians, what mascot should we be?: Foxes



Logan Charipar

What will you miss about Marion?: Immerfall, young me 2, pony, tailgates, and Troy Eden.

Future Plans?: U of I for business. Quote or piece of advice: "A bottle of lotion and a box of Kleenex makes a great night." -Dalton Connolly

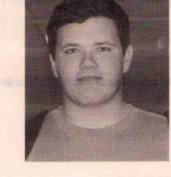
If we weren't the Indians, what mascot should we be?: Paul Walker



Jade Carter

What will you miss about Marion?: Seeing my friends everyday and show choir.

Future Plans?: Go to UNI to major in elementary education. Quote or piece of advice: Participate in activities you wouldn't normally try. If we weren't the Indians, what mascot



Noah Claypool

What will you miss about Marion?: Mentor, friends, and tailgates.

Future Plans?: Go to Kirkwood.

Quote or piece of advice: I love me a good pancake.

If we weren't the Indians, what mascot should we be?: The Aborigines



Katelynn Chalstrom

should we be?: Pumas.

What will you miss about Marion?: Definitely the band.

Future Plans?: Be an instrumental music

Quote or piece of advice: Make sure you get your math homework in on time. If we weren't the Indians, what mascot should we be?: Bears



Charles Claytor

What will you miss about Marion?: Marching

Future Plans?: Military, accountant, or cop.

Quote or piece of advice: Try, try again.

If we weren't the Indians, what mascot should we be?: Something else.

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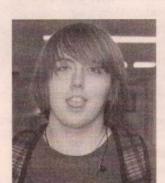
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Gloria Coder What will you miss about Marion?: All of my friends.

Future Plans?: Attend lowa State. Quote or piece of advice: Don't limit yourself to one group because you might miss out on meeting someone great. If we weren't the Indians, what mascot should we be?: Thunderbirds



Dylan Cole

What will you miss about Marion?: People.

Future Plans?: Stuff.

Quote or piece of advice: "1738"

If we weren't the Indians, what mascot should we be?: N/A



Alex Coleman

What will you miss about Marion?: Being apart of the Journalism team and Poms. Future Plans?: Go to the U of I for creative writing. Publish a book or two, instant millionaire.

Quote or piece of advice: It's okay to wear the same sweatshirt twice, it's okay to not wear makeup or do your hair. It's okay to be all natural whenever you want.

If we weren't the Indians, what mascot should we be?: The Hipsters



Dalton Connolly

What will you miss about Marion?: Mentor class.

Future Plans?: Study business and advertisement.

Quote or piece of advice: "It's not a cold night." -Cop

If we weren't the Indians, what mascot should we be?: Redskins



Ellie Conzett

What will you miss about Marion?: Cross Country, all my awesome friends.

Future Plans?: Go to Kirkwood for Physical

Quote or piece of advice: Stay true to yourself. Other people will always have opinions, they don't matter.

If we weren't the Indians, what mascot should we be?: Sasquatches



Madison Covill

What will you miss about Marion?: Mrs.

Future Plans?: Become a medical examiner.

Quote or piece of advice: "Adults are outdated children."

If we weren't the Indians, what mascot should we be?: Monkeys



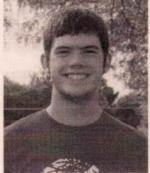
Joshua Cruse

What will you miss about Marion?: Being

Future Plans?: Going to college to be an accountant.

Quote or piece of advice: Apples are

If we weren't the Indians, what mascot should we be?: The Bengal Tigers



Jacob Deeter

What will you miss about Marion?: Football, hanging with friends, and teachers. Future Plans?: Attend St. Ambrose University for physical therapy. Quote or piece of advice: "Life is wet."

If we weren't the Indians, what mascot



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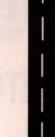
Drivers Education Classes

Classes held at Marion Christian Church School year sessions completed in 2 1/2 weeks Summer sessions completed in 2 weeks

See website for complete listing of sessions



www.mvdriversed.com



Trottin' for a cause (and pancakes)

The excitement and fun of the Turkey Trot is here yet again.

By: Chloe Rice @Cmrice44



Melanie Noble, '17

When people think about the annual Turkey Trot race in Marion, they probably just think about when people run the course and eat a bunch of pancakes at Marion High School

after they cross the finish line. Some people may think that running an 8K or a 4K would be very difficult. This could be true, but overall the Turkey Trot race is loads of fun to be involved in, no matter what one's part is. Most people have no idea what goes on behind the scenes and how the race all comes together. Volunteering for the Turkey Trot is a fun way to get involved with the community, just ask Melanie Noble.

Melanie Noble is an active member of the Marion Community. She is involved in cheerleading and soccer. Only a junior at Marion High School, Noble has been a part of the Turkey Trot for a few years already. She has helped with registration and handing out packets for the race for three years now, but she has run in the race for many more than that. Noble has also run in the Cedar Rapids Especially For You race and the Glow Run.

It may be a lot of work sometimes, but it is worth it. "Seeing all the different people that are involved and helping to promote running is the best part," Noble said. One of the biggest challenges that Noble stated is that "It is very busy with lots of people." There is quite a bit of preparation that goes on before the race begins. "Getting everyone where they need to be and getting the pancakes ready takes a lot of work and volunteers," Noble said.

Noble first became interested in helping with the Turkey Trot because her church is where the registration happens. This church where all the action happens before the race is called Marion First United Methodist Church. She decided that she wanted to volunteer three years ago, and has been helping ever since then. It is easy to become a part of it, whether one wants to volunteer to help prepare for the race, or if they just want to participate in the run. "Some of the cheer girls run in it," stated Noble. It is something that people of all different interests will enjoy.

Noble's favorite memory of previous races is placing second in her age division two times. The money raised from all of the participants goes to good causes. It goes to Horizons and FLY (Feeding Lunches to Youth) programs. This year, the race is going to be held on November 14th at 9 a.m. and pancakes will be provided before and after the race. The race has been a success before, and will continue to be a great community event for years to come.

New theater opened in Marion

By: Amery Bruce @AmeryBruce

Theaters have forever been a popular place for people to spend their free time. Watching the newest movie with friends is alway a fun experience. Luckily, there is a new theater right in Marion, named the Giving Tree Theater. However, it's not new movies that are watched here.

The cast and other members of the theater, located at 752 10th street in Marion, put on well known classics, the upcoming one being A Show of Gratitude, for anyone who so desires to see them. Owners Richie and Heather Akers are the ones presenting this different theater to the residents of Marion and other surrounding areas.

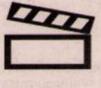
What makes the Giving Tree Theater so special is that for every production they put on, a percentage of their profit goes to a local human services nonprofit. Each time it is a different one. The owners want to give to the community as much as possible. The theater itself is sponsored by a nonprofit arts service organization, but

still tries to make money in order to continue giving back to the community.

Another one of the theater's assets is the comfy feel. Seating includes couches, side chairs with tables, and even comfy 1950's auditorium seats. The space is small enough for the viewers to feel at home, but not too small that it feels claustrophobic. It creates a great space to watch the shows from.

So, if someone enjoys classic stories, comfy seating, and a small, cozy theater, the Giving Tree Theater is the perfect place to go. The show information is available on their website: www.giving-treetheater.com.

Upcoming shows and times



A Show of Gratitude Playing: Nov. 13-14, 8pm



The Best Christmas Pageant Ever Playing: Nov. 7- Dec. 13, 8pm Fridays & Saturdays, 2pm Sundays



Playing: Jan. 1-10, 8pm Fridays & Saturdays, 2pm Sundays

The Giving Tree Theater puts on classic shows, Including the ones above.

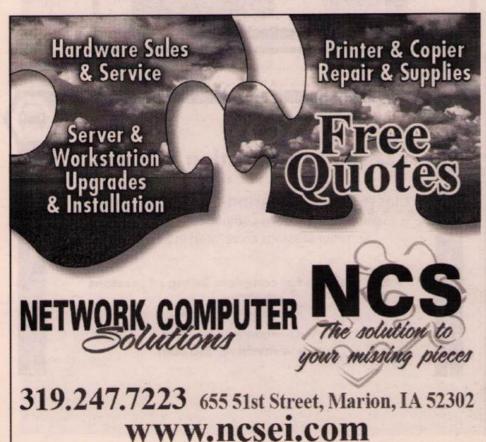
Where there's a Will, there's a way

By: Baylea Bruce @Baylea_Marie

Leadership. It's something every group or organization needs. Good leadership is what turns ideas into realities or really makes something successful. How does one become a leader? Some may be born into this power of authority. Others have to traipse around their neighborhoods asking for signatures, putting out flyers, and just letting the general public know about their ideas. Will Brandt did this type of hard work and finally earned himself a spot on Marion's city council.

Brandt has lived in Marion for the majority of his life. He graduated from Linn-Mar high school and attended Kirkwood Community College. Since then Brandt has been immensely involved in the community for quite awhile. "I've been on committees for a while and I see being on city council as the next step of my involvement for the city. I believe we need strong leadership in the city," stated Brandt.

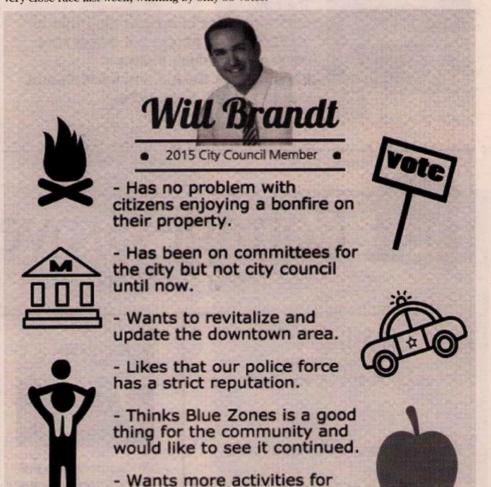
Brandt has been working very hard doing different things for the community and only wants to continue to see it grow. "I believe in the city and I want to see the city prosper. I will listen to the citizens and take their opinions into account when I make decisions,"



explained Brandt. Darian Brandt, junior, supports her dad in every way. "He will be great because he likes to be involved in Marion community things," commented Darian. Brandt already has a plan for a committee that would create incentives for new businesses to build in Marion.

While some may think that city council meetings are strictly for adults, Brandt urges high schoolers to take a trip down to city hall. "High schoolers at both schools should get more involved at city hall so they can learn more about how city government works. You can definitely voice your opinions at open forum," commented Brandt. He is eager to hear fresh new ideas from members of the younger generation.

With this position comes a lot of responsibility and hard work, but Brandt is ready to rise to the challenge. "I'm looking forward to being able to make those tough decisions for the city and being able to listen to citizens input on topics," stated Brandt. Brandt won a very close race last week, winning by only 35 votes.



younger families to do to continue growth in the

community.

Sade smacks the ball down for an offer

Sade commits to a division one college that offered her a full ride to play volleyball

By: Skylar Miller-Baker @SkylarMBaker

She looks around the gym and sees the recruits watching her, their eyes piercing down on her like a hawk seeking out his prey. She's nervous, palms sweaty and her knees begin to shake. This doesn't affect her though, each time she hits the ball she gains a kill.

Isabella Sade, junior, is a very avid volleyball player, she has been playing volleyball ever since she made the decision to try the sport out in fifth grade. "I just started going to the Marion volleyball camps," Sade stated. As soon as she made the decision to step out onto the court, she loved it. "I like how it's a team sport, you just can't play it by yourself," she commented.

Not only does Sade play school ball, but she also participates in club volleyball, playing for the Iowa Rockets team.

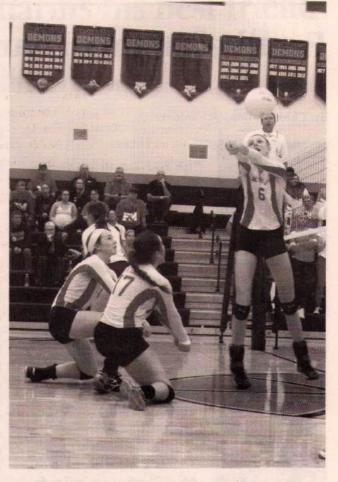
Since it is Sade's junior year, she has started looking at potential colleges where she would be able to play volleyball collegiately. Sade always knew that she was going to play after high school, she would miss the sport too much not to. Many different colleges have contacted her and showed their interest, one of these colleges being the University of Nebraska, Omaha. "They contacted me after they saw me play in nationals," she commented.

Sade eventually decided that she was going to attend the University of Nebraska, Omaha, a division one college where she was offered a full ride. "When I took my visit it was super nice. I got along with the coaches and teammates and it just felt like home,"

Deciding on a college is a very big decision, and Sade is glad she made the decision that she did, but she's also a little nervous. "As soon as I took my visit I knew that I wanted to go there. I'm nervous because I'll be playing at the next level. Then again I am excited for the next level," said Sade.

Without the support of her teammates, Sade couldn't have made the decision that she did. "My teammates are very supportive and they're proud of me. I couldn't have done it without them," Sade stated. Alyssa Thomas, senior, is one of Sade's teammates, and she is very supportive. "I am proud of her for making the decision. I am also very happy for her and hope that she does well," Thomas stated.

As Sade's time playing for the Marion volleyball team dwindles down, she gets ready to compete at the next level in a little over a year. Sade will continue to impress her peers as she gains more and more kills.



Isabella Sade, '17, uses her platform to complete a pass as Haley Dullea and Kirsten Way, both '16, cover for her.

Horizon of ocean, to fields

By: Sophia Kabance @SophLynnBance00



Francine Jackson, sophomore

She went from a daily uniform, to freedom of anything in her wardrobe; a school day of remaining in one classroom, to traveling to a different room for every subject; and going from a single-sex

school, to a coeducational one. These are only a few, among the many of changes that Francine Jackson, sophomore, has encountered since she's

"The new environment and

lifestyle made it hard to

adapt to but it was pretty

cool experiencing a new

genre of life".

-Francine Jackson, 18

moved from Jamaica to the States.

Jackson moved from Walkers Wood, St. Ann, Jamaica to Marion, Iowa this past July because a lot of her family lived here. After arriving she then enrolled in school through the Marion district as well

as her four other siblings. From the very first day attending the high school Jackson gave off the first impression of an optimistic, friendly and brave girl. All of which are important traits when it comes to moving to a whole other country and having to adapt to a new culture. "The new environment and lifestyle made it hard to adapt to, but it was pretty cool experiencing a completely new genre of life," Jackson said. Not many get this opportunity and while it may be challenging, you gain an entirely new perspective on

Trying to conform to this new way of life occupies Jackson's time pretty well and aside from that Jackson is not currently involved in any extracurriculars, but has previously been a student

council representative, participated in track and played netball; similar to what we know as basketball. She expressed that she will be looking into joining track this upcoming season. Although it's not expected of a 15 year old to have a job yet, Jackson says, "It's very strange that here, you all can get your driver's license and have a job before you're 18. Back in Jamaica you can't drive or work till you're 18." These are few of the many freedoms we take for granted here in America. We wouldn't know these are special privileges until gaining a new perspective.

Although there are some very challenging changes Jackson has had to face, there are also some easy ones she has not minded modify-

> whatever clothes I want to wear each phone whenever is nice," Jackson said. Her previous school required following a dress code when didn't allow phone usage. Going from a

strict lifestyle to a more lenient one has been an easy transition to make.

Contrary to these convenient changes, Jackson expressed feelings of resent towards this upcoming winter, for this will be her very first." I've never seen or felt snow so I have no idea what to expect," Jackson said. Much like diving into a pool all at once, Jackson will go from one extreme climate in Jamaica to another here in Iowa, no slow and steady approach.

Even though Jackson has had to adapt to so many changes such as an 1,887 mile difference in location, a broad variance in climate, and an entirely new culture, she has remained positive through it all. Hopefully Jackson enjoys the snow.

ing. "Freedom over day and being on my attending school and

To Vape or not to Vape? 8 states 30% of prohibit the E-Cigarette use of users are 46 states users who ban the Cigarettes rarley smoke sale of Ewhere Cigarettes smoking is to minors. prohibited. The percentage A 10 mL bottle

of high schoolers vaping has gone up from 4.5% to 13.4% in the past year.

of E-Vape costs around \$6.99 and a 30 mL costs around \$19.99.

Dude, we get it, you vape

By: Baylea Bruce @Baylea_Marie

Almost all high schoolers experienced a Take Charge presentation at some point in elementary school. The super cool older kids would come in and talk about all the different dangers of tobacco, like how the chemicals in cigarettes can also be found in rat poison or pesticides. A chorus of eww's would erupt when they brought out a jar full of tar representing a smoker's lung. After these demonstrations, most would make a pledge to themselves promising never to use tobacco. A lot of students have kept that promise to themselves, but with new devices such as vape or hookah pens, some may be breaking this promise without even knowing it. Amy Doerrfeld works with ASAC and Take Charge to educate teens about the newest threat to their health.

These popular pens fall under the category of "electronic smoking devices." These devices go anywhere from vape pens to hookah pens to E-cigarettes or E-cigars. They are considered electronic because they use a battery and a heating chamber. "A battery powers a heater that forms an aerosol with nicotine and other flavors or chemicals, which is inhaled and delivers the nicotine," explained Doerrfeld. These devices were made to attract more customers since more traditional tobacco products have taken a hit over the past couple of years and to get current cigarette smokers to convert over.

Electronic smoking devices have become wildly popular amongst high schoolers. In fact, the amount of high schoolers smoking these devices has tripled since 2011. These products are targeted towards younger groups of people because they come in different fun flavors such as pineapple or cherry, the liquid has more added sugar which makes smoke easier to inhale, and added menthol numbs the throat so the smoke doesn't burn as much. "Electronic smoking devices are perceived to be safer than other tobacco products and are easier to access because they aren't regulated like other tobacco products," elaborated Doerrfeld.

These devices have not been around for very long, so they have a cloud of misconceptions surrounding them. Some may believe these products are used to help users quit, but the FDA has not approved them as quitting aids. They have actually been known to diminish the chances of quitting because of how easy they

make smoking. "Nicotine is dangerous for kids teenagers at any age, whether it's an e-cigarette, hookah, cigarette or cigar. Nicotine exposure at a young age may cause lasting brain development, promote addiction, and lead to sustained tobacco use," warned Doerrfeld. Electronic smoking devices also seem to have the same negative, if not worse, side effects as cigarettes. "They are nicotine based, so they can cause heart problems," added Lori Dostal, health teacher.

With the new information coming out about electronic smoking devices, the answer to "Do you even vape bro?" might be more thought out.

Family fun this Thanksgiving season

Lindsey Miller and Mahlia Brown share their different traditions for this holiday.

By: Chloe Mallon, @chhhloe17



"We don't really do any traditional Thanksgiving food because we are vegetarian, so we usually just eat Indian food on Thanksgiving day. -Neil Sharma, 18



"Every Thanksgiving, my sister and I do a wishbone and I couldn't imagine Thanksgiving without that tradition"

-Bailey Ashbaugh, 19



"On Thanksgiving we always do lots of Christmas arts and crafts and always start our Christmas

-Madison Berry, 18

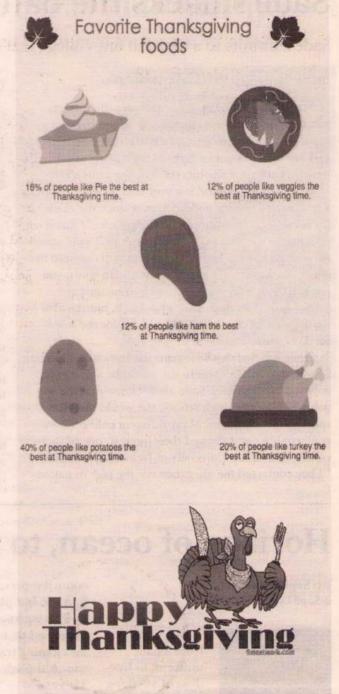
Every November Thanksgiving rolls around. With that means tons of food and fun family traditions. Some families prefer to just stay at home, others go to grandparents' or other family members' houses, and some go out of town. Every family has a different holiday tradition that they celebrate on Thanksgiving, and some of them are really fun and unique.

Lindsey Miller, sophomore, goes to her grandparents' house every year. "Thanksgiving is my favorite holiday," Miller said. "We eat so much good food and my grandma makes it all." Every Thanksgiving, Miller and her family stay in town, but go over to her grandma's. "We have a special tradition of always having a pool tournament, it's so much fun," Miller explained. Miller's grandma makes lots of food, but her favorite dish has to be the mashed potatoes and gravy. "The food is my favorite part of Thanksgiving, it's so good," Miller stated. "The only part I don't like about Thanksgiving is having to socialize with my relatives about my life."

Mahlia Brown, senior, goes out of town for Thanksgiving. She typically goes to Lincoln, Nebraska every year. "It's a super fun weekend of partying and food with family," Brown stated. Brown's grandma also makes lots of food for her family. "My favorite food would have to be my grandma's greens, they're the best," Brown said with a smile. Brown's family has a lot of traditions that they do every year on Thanksgiving. "We watch a ton of football, listen and dance to a lot of music, play basketball, and tell lots of funny and loud stories," Brown said. "There's nothing very complicated about our traditions, but it's very special to me." Brown also likes to try and help her grandma with some of the cooking. "My favorite part of Thanksgiving is meeting up with relatives I don't get to see very often and just having fun with them though," Brown said.

Whatever traditions or fun times families have at Thanksgiving time every year are special. Whether someone is going way out of town or just staying nearby and hanging out, it can be a great time of year just to sit back and relax with some pumpkin pie and apple cider, while spending time with your family.

With Thanksgiving just around the corner, spirits are high and stomachs are preparing to be full of stuffing-filled turkey, lots of rolls, potatoes, and many more foods. Thanksgiving is an amazing holiday that is unique to America, and a great time to celebrate our country. Everybody should try to have a great time and remember what Thanksgiving is all about. Even if someone has a different Thanksgiving tradition than someone else, the differences in these holiday traditions are what makes everyone unique.



A poll with over 100 students asks them to share their favorite foods to eat for Thanksgiving dinner and around Thanksgiving time.

Mrs. Logan talks running marathons, training, and the next step

By: Amery Bruce, @AmeryBruce

She breathes in and out, huffing and puffing as she pushes herself to run faster. The same mantra repeats over and over in her mind, tell-

ing herself that she can do it. The encouragement from the crowd assists her adrenaline, which is pumping through her veins rapidly. Her limbs feel like weights, her chest feels tight, but she's almost done. She finally crosses the finish line, ending the 26.2 mile race. Sh has qualified for the Boston Marathon, her goal all along. She takes a moment to bask in her accomplishment before asking for some water.

This long race may seem a little impossible, but for Mrs. Emily Logan, it's something she's been training for since her first marathon ten years ago. She hadn't known then that she was going to push

"I had always been a runner, and in the back of my head I was always thinking about running it, but I wasn't sure I had the capability".

of personal drive, before and during. Logan had to prepare herself physically before running the marathon that made her able to qualify for Boston. She

worked hard for months before hand, doing intense workouts, and running all the time, even if it meant getting up early and running before her kids woke up. Other times, they would hop on bikes and go for a ride alongside Logan.

It's easy to become worn out, so finishing them requires a lot

During the marathon one has to be just as prepared, not only physically, but mentally. For the first part of the mara-

thon, Logan ran with her brother, but about halfway through they had to separate. Then, it was all up to Logan to keep herself motivated and continue to push herself to run as fast as she could. "I just continued to tell myself that I could do it," She explained. This proved to be a good method, because it fueled her enough to cross the finish line under the time required.

herself so far. "I had always been a runner, and in the back of my head I was always

Marathons are long, hard races, and sometimes it can be tough to keep going.

thinking about running it, but I wasn't sure I had the capability," Logan stated.

While now Logan's favorite part of running a marathon is finishing it, a sense of accomplishment wasn't the main reason she had begun the races. "After I had my son, I found out that I couldn't have anymore kids," she explained, "I was really upset, and training provided a good distraction."

This distraction later ended up helping Logan accomplish the dream that was always in the back of her mind. During her third marathon, she had to run under three hours and forty minutes. She accomplished the race in three hours and thirty-seven minutes, overcoming the roadblocks, finally qualifying. "I'll never run that fast again," Logan laughed.

Her plans for the Boston Marathon aren't as intense as one might believe. This race, she plans to have fun, instead of pushing herself to run as fast as she can. People along the race often have food and drinks out, and Logan plans to stop and enjoy them, and soak in the crowd of thousands that come to watch the runners. "This time I want to stop, enjoy the crowd, and take in the atmosphere," She

Through the support of her family, students, and friends, Logan accomplished her goal and encourages others to do the same. "I think when people see that a normal person can do it, it shows them that they can do it too," she said. She believes that no matter the hurdles, if she can run a marathon, anyone else who wants to can as well.



Mrs. Emily Logan, one of the five math teachers at Marion High School, smiles for a picture after running one of her marathons. This was just another stepping stone on Mrs. Logan's long-awaited goal of qualifying for and running in Boston's Marathon.

Mr. Telegenhoff,

social studies

teacher

How students at Marion are saving money

Aspen Steel talks cars, saving money, and the pros and cons of having a job.

By: Noah Walter @Tyrannoahsaurus

The money, the moolah, the dough. Everyone loves cash and no one likes not having any. Saving money can be a hassle, and it isn't easy sometimes, but senior Aspen Steel seems to have found a balance between spending and saving.

Having a job can be very stressful and very time-consuming, but being in high school and in order to pay for all the late-night runs to Pancheros and Taco Bell, people have to work.

Steel works at Cedar Rapids Toyota. "I detail cars, so I clean the inside and then buff the outside, touch up the paint and wax it," said Steel. He works quite a bit. "I work four days a week and worked full time eight to five in the summer," explained Steel. With working all the time, there is little down time. "At first it's okay, then you get kind of bored, but I need a paycheck," he said. Time is money and money is time. With having a job people miss out on a lot of events that other students who don't have a job attend.

Steel is not the only one who misses out on things due to work. Logan Charipar, senior, is a host at Cibo, a restaurant in Marion. "I miss a lot volleyball games because of work," said Charipar. For some, it might be worth it, "My job is tip-based, so some nights I'll make a lot of money and some nights I will not so the nights I don't make anything it's not even close to worth it," said

Making money one misses out, but money is the



Aspen Steel, senior, works at Cedar Rapids Toyota cleaning up and detailing cars.

motivation for most teenagers these days.

The first part of saving is having money and working, so now it comes to monitoring one's spending. "Half of my paycheck goes to saving and half goes to me," stated Steel. This is one of the more common and easy ways to save money. It is done by limiting the amount of money one has to spend a week and then having the savings account get bigger and bigger.

With a job and saving money there are some perks. "I got to drive a Porsche" said Steel. Driving a Porsche and saving money, now that's a great combo.

A poll out of 100 Marion students shows that 54% of teenagers have jobs and 46%



With Jobs



Without Jobs

Girl scouts of Marion: not just a hobby for little girls

By: Rhys Regan @king_rhys



don't

Sammie Garbers, sophomore

When someone thinks of Girl Scouts, they probably think of thin mints, lemonades or peanut butter patties. However, a Girl Scout is much more than someone who knocks on doors trying to sell their delicious cookies.

Sammie Garbers, sophomore, was barely six years old when she joined the Girl Scouts back in the mid-2000s. Now

15, Garbers is still in the scouts and has no plans of quitting anytime soon. "Girl Scouts is a mix of volunteering and learning valuable life skills," Garbers said, "I also get silver cord hours and it's pretty fun." Silver cord hours are very valuable come graduation, which is a big plus of being in Girl Scouts. She enjoys her time in Girl Scouts and describes that it is different from what people think initially.

Garbers is a Girl Scout veteran and has experienced a lot of good, bad and memorable things since joining in 2006. She has done everything in scouts from zip lining and riding a horse when she was 8 years old, to slipping in vomit while volunteering. "The worst thing that ever happened in Girl Scouts was easily when we were at a retirement home and I didn't see a pile of vomit on the floor. I slipped in it. It was very gross," Garbers said with a slight giggle. One of her favorite things to do for the scouts is Christmas caroling, which she plans on doing this holiday season with her fellow Girl Scouts.

Garbers is a devoted member to Girl Scouts and

values it very much. "It's one of those things that is just an overall great life experience to have and I don't regret joining at all," she added.

One of the most useful areas she has improved on while with the Girl Scouts is various skills that will be relevant her whole life. These include people skills, public speaking skills, and how to approach difficult situations. "We learn skills on how to be a better person inside and out," she added. Garbers considers herself a better person because of Girl Scouts and she thinks many of her fellow Girl Scouts would say the same if asked.

If there was one thing Garbers could take away from joining Girl Scouts, it would be the friendships she's made and the friendships she has strengthened. "I'm so glad I've met some of the people I did. They're all great people and I've made so many new friends," Garbers explained. Girl Scouts come from all over to join Garbers' troop. "I've made a lot of friendships with a variety of people from different schools who're different ages," Garbers added.

Although Garbers personally loves them, the Girl Scouts are not just the people you buy cookies from. They are a great group of girls who volunteer and build friendships while also having a great

Garbers troop has a craft bazaar coming up. It is an activity where troops sell

Mr. Tellegenhoff's tall tales

By: Solomon Groothuis @walnutsareasin

With a scruffy beard and intense stare, Bryan Telgenhoff doesn't seem like the type of person you'd want to mess with. But beneath the surface, he's very comical and smart.

Telgenhoff is the new social studies teacher at Marion High School. He teaches Western Civilization I and II and History of Modern America.

Telgenhoff first taught at Northeast Community for two years and is now teaching for his

third year. Telgenhoff said he's glad to be at Marion because he grew up in the area, attending Linn-Mar High School. "What I like about Marion is that it has that Metro-School feel but is still very small and inclusive," said Telgenhoff.

Marion has a strong sense of community which is what Telgenhoff said he appreciated. "The faculty and students were very quick to include me. At other schools I was the new kid on the block for a while," he stated. Telgenhoff also appreciates the student body at Marion, bragging that they are hardworking and overall respectful. He plans on staying a part of the Marion community for a long-time.

Teaching is Telgenhoff's greatest passion. He elaborated, "My favorite aspect is seeing students grow with either their education or just as people. I enjoy seeing students change from immature freshman into a seniors. They go from being a little jerk to knowing how a real person acts and behaves. It's always very nice to

Telgenhoff said he'd like to describe himself as a facilitator instead of a disciplinarian but nevertheless he runs a "tight ship." His style as a teacher is very unique. Telgenhoff explained that he likes to mix it up with a variety of different activities. He also views himself as very progressive. He wants to see "a one-to-one ratio of students to devices and technology more integrated into the classroom. I'm very much about change and not getting stuck in the past."

Full of energy and grit, Telgenhoff seems to be a quality teacher. He's smart and clever, both valuable attributes in a teacher. Whether with his austere sense of respect, forward way of thinking, or boyish humor, Telgenhoff is a dynamic person and an intriguing educator.

crafts and goods to earn money for their charity. "We love the craft bazaar, I meet so many people, we earn money for our charities, and we still have lots of fun," Garbers added.



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A PROPERTY OF THE PARTY OF THE

Sydney Nielsen,

Seek & Find



Maverick Miller,

Adele's return album, 25, is anticipated and will be released November 20th. One Direction's Made in the A.M. will be released November 13th, while Pope Francis is sending out his album on the 27th. Yes, you read that

right-Pope Francis.

Fun Facts

Fortune cookies were actually invented in America in the early 1900s.

In Disney's Fantasia, the sorcerer was named Yensid, which is Disney spelled backwards.

Thomas Edison, credited with the light bulb, was afraid of the dark.

Coca-Cola has never been patented because to do that, they would have to reveal the formula

It takes three thousand cows to supply the NFL with a year's worth of leather for footballs.

There are 74 lobbyists for every one senator in Washington, D.C.

Car accidents rise ten percent in the first week of Daylight Savings time.

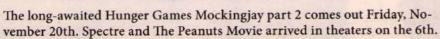
Fun facts obtained from www.dumb.com and www.dumbfacts.com

November Entertainment









Across

- 3. The number of days the first Thanksgiving lasted
- 4. (2 words) The president that made Thanksgiving a national holiday
- 5. The state that consumes the most turkey
- 7. The ship sailed on by the pilgrims to America
- 8. (2 words) The day after Thanksgiving
- 11. Where the pilgrims landed
- 12. Something commercially raised turkeys can't do
- 13. The store that sponsors the famous Thanksgiving Day Parade

Down

- 1. (2 words) This person wanted the Turkey to be the national bird of the United States
- 2. The noise made by a turkey 6. (2 words) This singer will get the best of both worlds with a November birthday and Thanksgiving
- 9. Thanksgiving is celebrated on the ____ Thursday in November
- 10. November is sometimes called as no _____ November

Answers will be posted on daily-powwow.com.

November Crossword

