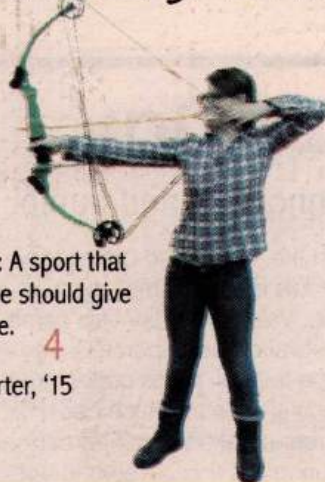


Archery: A sport that everyone should give a chance.

4  
Ariel Carter, '15



The relationship between a coach and player when a father son relationship is also present.

5  
Jacob Manderscheid, '16



## The dating game

Valentine's Day is almost here, and while most couples are getting ready to go on extravagant dates, the singles of Marion are looking for love too. Read about these eligible bachelors and bachelorettes of MHS, and choose who should be together. They might make a great pair.

13

## Valentine's Day: overrated

Valentine's Day, a day meant for love and romance is actually the most dense holiday there is. If people love each other as much as they say they do on Valentine's Day, then why don't they show that love each and every day? Also, the traditions that derived Valentine's Day are absolutely repulsive. Not to mention the annoying posts. Read more about the overrated day.

2

## It's not just for girls

Dance is a popular sport for teenagers, especially girls. Many people may think that dance is just for females, but guy dancers are taking it to a whole new level. Read about Riley Peters, junior, and how he, no different than girls, is passionate about the sport.

4

## Yummy V-Day DIY

Need something to give friends this Valentine's Day? These perfect little fruit roll-up fortune cookies will do the trick. Just a few steps, and their heart will smile.

6

## Roller coaster of love

Always being annoyed by couples who are on and off? Read this story about couples who can't keep their relationships together for longer than a week without breaking up, but, the next day they are talking again. Why do they do this? It's unhealthy and annoying to friends and just everyone.

3

## Index

Activities: 4 & 5

Community: 12

Entertainments: 6 & 7

Features: 13, 14 & 15

Flashback: 8 & 9

Games: 16

Opinion: 2 & 3

Senior Interviews: 10 & 11

## Throwback: teachers and technology

Mr. Messerli, Mrs. Dostal, and Mr. Martin all remember the times of then and reflect on now.

By: Savannah Guyer  
@SavannahMGuyer

As the graduating students of the years 1968, 1979, and 1990, David Messerli, Lori Dostal, and Chris Martin were well adjusted to the customs of their times. As teachers of MHS today, they have grown to accept the changes that have taken place in schools.

Dostal and Martin attended small schools, Dostal to a private catholic school and Martin to Danville High School. Messerli had a different experience, "I went to Marion up until ninth grade, we had a class of about 180. Then we moved to a suburb of Milwaukee, Waukesha. They had a class of 986 kids. My senior year, we came back, and I went to Kennedy which had just opened up. They only had about 300 students," Messerli said.

During high school, Dostal and Martin had teachers who have influenced them in their later years. "My science teacher was great. She was willing to make that connection with her students, the kind of connection I want to have with mine," Martin said. Dostal also had a good relationship with a few of her teachers, "My writing and gym teacher left huge impacts on me," she added.

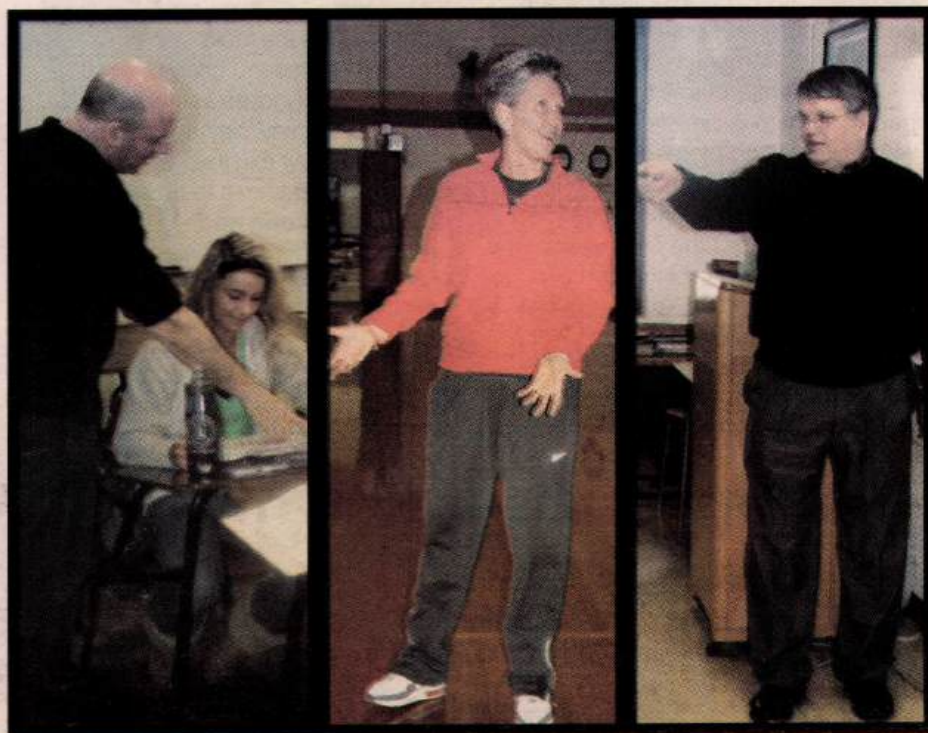
A lot has changed since the 60s, 70s, and even 90s, and these teachers have seen first hand how technology has influenced learning in schools. "When I had to do research on lasers, I actually had to write the company a letter, mail it to them, wait three weeks for information, and then write the paper," Martin stated. Messerli had the

same awareness of the lack of technology, "Growing up, there just wasn't any technology. We used 16 millimeters, big wheel projectors for films. That limited our learning, but at the time we thought it was pretty good." The lapse in time didn't include things students use everyday, "I didn't see my first computer until I was a sophomore in college," Dostal commented.

Because they have been students and teachers at schools for a good portion of their lives, Messerli, Dostal and Martin have several pieces of ad-

vice for students. "I don't think students should put everything in one location, be friends with all different kinds of people," Martin advised. Dostal also agreed that students should expand their circles and stated, "Since I wasn't that involved, I always tell kids that they should go out for more stuff."

While being a part of different generations, Messerli, Dostal, and Martin will remember how things once were and will continue to change along with the customs of the upcoming eras.



Mr. Martin, Mrs. Dostal, and Mr. Messerli are all teachers who have been forced to evolve over the years and adapt to the ever-changing technology.

## Getting published: one book at a time

By: Taylor Lamm @Lammers11

Coming home after a long day of teaching, he sits down to look over his final copy. Even though this isn't his first time editing his manuscript, he still finds things to change. He's been through the whole process before, but it still isn't easy. While sitting there, he thinks about how it all started and what got him writing.

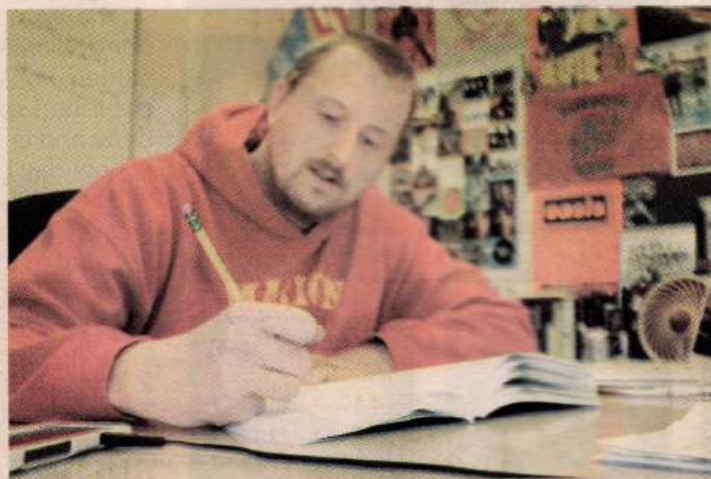
Erik Trilk, English teacher, has had two books pub-

lished and is soon going to have a third one in April or May. Trilk hopes that one day he will be able to write a young-adult novel that will also be published.

Trilk has always had a feel for writing. "It's my way of therapy," he said. So it's not a surprise that he's been writing for a long time. "I have always written. In seventh grade I had a story published called 'The Boy Who Loved Hockey' for some school publication," he stated, "but for my senior year of college, in my final creative writing class, you had to write a paper that was over 80 pages." This was just the beginning of writing for Trilk. "Four years ago is when I started hard core writing, so I started late," he stated. Trilk knows he will always be writing because he always has ideas.

It wasn't an easy process to get started for Trilk. "I started off self-publishing, then the company read it and wanted to do it all for me," he said. This made the process of publishing a lot easier and didn't cost a thing. They put it on Amazon and designed everything for him. Trilk also gets updates at the end of every month telling him how many books he has sold that month of each book he has published.

For Trilk, writing is everything and has become a big part of his life. Being able to have his work published was a big accomplishment. He knows that no matter what, he will keep on writing.



Mr. Trilk edits the proof of his new book before sending it out for the final time to get published in April or May.



# Forced Romance Day

Valentine's Day: overrated, fake, annoying, and dumb.

By: Kayla Comried @KComried

Valentine's Day: a cliché holiday in which people find it necessary to cuddle on the couch with a loved one, a new heart shaped box of chocolates, and a completely uncalled for and outrageous sized teddy bear. It might as well be called Forced Romance Day because although it may be the perfect day to show love, it is disgusting, expensive, and annoying.

What many peg as cute and romantic, others peg as weird and demonic. Maybe not that extreme, but Valentine's is a day where a naked diaper baby flies around flinging arrows into people's butts and putting them under a love spell. Romantic right?

It is understandable to assume that people want to fall in love in different ways, but getting pierced in the rear end with an arrow probably isn't too close to number one on anyone's list. This, however, isn't the only reason why Valentine's Day is revolting and strange. Many of us know that Valentine's Day is named after Saint Valentine, a Christian martyr who sent a love letter to a judge's daughter while in prison, and was then sentenced to death for trying

to convert the emperor to Christianity. However, this is only a small piece of the puzzle. Valentine's Day also came from a festival called Lupercalia. To sum up the festival, it was pretty much a big pastoral event in which people ran around naked from February 13-15. During this time, everyone got drunk and then had relations. As if this isn't romantic enough, the main event included lining up all the women who were single. These ladies would then wait for the men to come and whip them. This apparently made them more fertile. Sooo affectionate, NOT. If this deranged story hasn't made the big V-Day seem any more repulsive maybe money will do the trick.

This might sound cheesy, but if someone really loves someone as much as they say they do, then why can't they show that love everyday? Why does there have to be a specific day in which newlyweds, old people, and sixth graders alike all act like they know exactly what love is? News flash to all those couples who have been going solid for 56 hours now: it is ridiculous to spend a lot of money on each other. Save that money for when the relationship actually goes somewhere

because no one even knows if it will last through next Tuesday.

Valentine's Day is annoying.

Showing love should be an everyday thing. This being said, no one, literally not one person, wants to scroll down their Instagram news feed and see 1,001 pictures of couples making out. Under each of these pictures lies a long paragraph explaining the intimate story of how the two fourteen-year-olds met and are destined to live together forever until death do them part. Most high school relationships will not last, so when Barbara over here says she is in love with Ryan, it is kind of hard to believe, especially considering the fact that last month she was head over heels for Dan. No people. Just no. Keep those photos off Instagram because no one wants to see a couple down each other's throats.

This isn't meant to keep people from celebrating the holiday with the one they care about. It is simply putting out there what others might be thinking. So, if posts show up on Instagram on February 14th, no one will be surprised, and if a guy in high school buys his sweetheart of three weeks a 14 karat gold necklace, no one will pee their pants in astonishment because these are just the things that happen on this day. Happy Forced Romance Day, everyone.

# First life lesson about love

Love is a confusing concept no matter what age people are.

I learned this at the early age of about 4. Preschool is a hard time for everyone. It's a time where you find out who you truly are and decide what you want to do in your future career of kindergarten. I remember preschool graduation as a stressful time of not knowing what you're going to do once you walk out those doors into the real world. I thought I had my life figured out and on track. I knew how to count to 50, identify shapes, and I was fully set into my career of becoming Spider-Man. My life was fully organized and planned out, until I met Julia.

Julia was a classmate of mine at Hand in Hand preschool. I watched a lot of TV shows and movies as a kid and I figured the right thing to do was to get a girlfriend, so Julia just kind of became my girlfriend.

I don't even remember how it happened. Like, did I ask her? I don't know. Anyways, we became boyfriend and girlfriend who usually saw each other only at school for a couple hours every other day. Sure, we had the occasional playdate like couples do, playing superheroes or barbies. Yes, I had to play barbies, but that's what you do in a relationship. It's give and take. You have to make sacrifices to make your significant other happy. It's part of life. Julia sort of became like my best friend in preschool, other than my homies of course. They told me girls have cooties so I didn't want them to know that I liked girls and I definitely didn't want them to think that I had cooties.

Then, the day came when some people would argue that I got the infamous cooties. I was over at Julia's house, and we were just staying in that night because we both had a busy week with class and all. We were watching TV just chilling on a couch. But then something happened that would forever change my life. Julia and I kissed, and I instantly was confused. Like, are we married now? Because I was not ready for that much of a commitment and I did not want the homies to find out about this. But life went on actually and Julia and I were happy. Then she moved away. Far away, like Ohio or something. Which back then, I didn't even know what Ohio was or consisted of, so I pictured it as this tropical island where people live in beach huts and live off of fruits and stuff. I have not seen her since.

This taught me a tremendous life lesson. I learned that no matter how close you get to somebody, someday you will have to say goodbye. Whether they move far away, you get in a disagreement and just don't talk anymore, or maybe you stay together with that person and get married. But even then, eventually someone has to die. Every hello is eventually followed by a goodbye. Goodbyes are just unavoidable so enjoy every moment you have with people. Because you never know if that moment will be the last moment.



Gage Miskimen  
By: @gagemisky

# The repercussions of making partying public

By: Haley Shaffer @Shafferdafter

Social media is a craze among society these days. It's safe to say that Instagram and Twitter are two of the most popular social media sites amongst teens, and while most Instagram feeds are full of selfies and Twitter feeds are full of thirsty girls wanting a date for Valentine's Day, there's another popular topic amid the frenzy that is social media.

Teens participating in "partying" is nothing new to our culture, but the way people do it has changed a lot even within the past ten years. Teenagers feel they need to post everything on social media, including what they do on the weekend. Rewind thirty years ago to the parents of this generation's high school partying times. Things were much different. Back then, someone just got a phone call with an invite or heard talk at school and then simply showed up at a party, did what they wanted and left. Sure, maybe they shared the tales of their crazy night with their friends, but it definitely wasn't posted online.

Fast forward to now, and someone can basically find out every important detail of a party on one of their timelines, although to some people none of the details are important. A person doesn't even need to go to a party to see what happened, and while everyone cares so much about what everyone did at that super fun party, it isn't necessary to permeate everyone's timelines with selfies with the hashtag "faded" on them. Truth be told, as much as someone may think that everyone cares, not many people do. And besides exasperating everyone, these posts could also be

hurting people's futures.

Adults are well aware of teen's obsession with social media, and these posts may have a bigger effect on a teen's future success than they realize. Employers, and even college admissions, are looking at students' online profiles. Most students though, feel that they are protected from being lurked on via social media because their accounts are set on private. However, that may not be the case. According to foxbusiness.com, "Social networks do a good job of making you feel like you're limited in your network, that only your friends can see what you're posting and that's not the case." Turns out, a job application isn't the only thing employers are looking at. According to Forbes.com, "More than a third of all employers utilize these sites in their hiring process." The sad truth is, once something is out there, it's out there. Yes, people can delete things, but everything that is put online is permanent and can always be found, that includes snapchats. A lot of teens think they can just get away with posting absolutely anything online without getting in trouble. The way someone portrays themselves online affects how people view them.

What someone puts online is public, not private, so while it's everyone's choice to do what they want on the weekends, students should start thinking twice about what they post online. While it might seem like fun and games now, it could be hurting someone's future more than they realize.

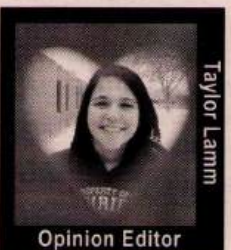
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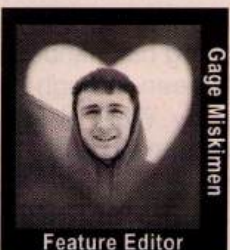
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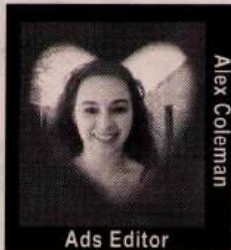
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# Editorial Policy

The Vox is a public forum student-run newspaper dedicated to informing and entertaining the students of Marion High School since 1934. It's published six times a year by Tri-Co Printing Company and is distributed during the final block of the school day by the journalism staff.

The staff will report as accurately, fairly, and objectively as possible. All activities will be covered by the staff to the best of their abilities, without showing favoritism to any group.

Letters to the editor will be printed from anyone in the community. However, The Vox retains the right to edit articles without changing the writer's intent. There is a limit of two hundred words per article and all letters must be signed in order for them to be published. The decision to include them rests solely on the staff and advisor. Turn letters in to room 22 or to any staff member.



# Not always having someone is okay Dissing the Kissing

As Valentine's Day approaches, many single people are beginning to worry about being alone on the holiday that celebrates love, but single in high school is okay.

By: Becca Hall @backkahhh12

We all know how it goes: Joe sits next to Sally in his first hour english class, and everyone knows that Joe has a big crush on Sally. The only problem is, Sally likes Alex from her fourth block geometry class who likes this girl Crystal that he sits across from during lunch, but Crystal has been crushing on Josh, this really cute boy from her work. Well, Josh has been texting this girl named Jessica he met at his best friends family BBQ, but it turns out Jessica is head over heels for her next door neighbor Joe, who, as mentioned before, is pretty keen for Sally the girl from English. While this obviously made up scenario seems ridiculous, the fact is when someone is in a relationship, it can get pretty tiresome. This is the time of year famous for its polar opposites of love, where couples go on extravagant dates and singles sit at home weeping into countless tissues while watching sappy romance movies. With February 14th approaching at the speed of sound, some are scrambling to find the perfect date and obsessing over what they will wear, while what may seem like the unlucky bunch are wallowing in their own misery because of their lack of plans.

The ugly truth is that relationships, dates, roses, and even Valentine's

Day tends to be overrated and over anticipated. What was once a holiday celebrating love and happiness has turned into the holiday of sad women and overpriced chocolates. A lot of stress and disappointment could be spared if people would realize that Valentine's is just another day, and being single on this or any other day of the year isn't something to waste tears on.

Instead of worrying about whether someone has a date or not, people should take this day to recognize all of the love that they have in their life. If everyone takes an extra few minutes out of the day to tell their parents, grandparents, best friends or even their barista how much they mean to them, not only would the world be a better place, but it would take the emphasis off of meaningless dates and onto meaningful love.

Being single is okay. Whether someone has been single for years or just a few days, it's nothing to feel stressed and embarrassed about. Being single doesn't have to mean tears, ice cream and bitter feelings; if people use the single life to grow better relationships with friends, spend more time with family, and become the person that they want to be, Valentine's Day would be much more fun for everyone.

So don't turn a day celebrating love into something negative. Being

single can often be more fun than relationships. If a V-Day date is still a huge priority, then grab a friend, your mom, or even your cat, a pint of Ben and Jerry's, and start a new series on Netflix and soon the lack of that significant other will be forgotten.

## Students celebrate being single on V-Day



"It's good because you don't have to spend money." -Toni Yirkovsky, senior



"It's boring, but you can pretty much do whatever you want." -Junior West, sophomore



"It will be fun because I'm going out with my friends!" -Baylea Bruce, freshman



Haley Shaffer  
By: @shafferdaffer

By now, I'm sure most of you can tell that I have a lot of problems in the hallways. But, there is one specific problem that may trump all the other problems and that is PDA, or for those of you blessed ones who do not know, public display of affection.

I don't hate PDA just because I'm single, I hate it because it is disgusting. If you love your boyfriend/girlfriend, that is great, in fact, it is encouraged to love who you are dating. However, I do not want, nor need, to see your physical love for each other on my way to gym class, or God forbid lunch. I know that it may be extremely difficult to be away from your significant other for a whole 90 minutes, but I believe in you two that you can both pull through. If you guys want to hold hands, or even hug, I don't mind, in fact, sometimes it's kind of cute. But, if I can see your tongue splashing into your girlfriend's mouth like Shamu, you need to not. That is never okay.

Maybe instead of sucking each other's face's, you could, I don't know, try to have a conversation with each other. For example: "How has your day been going?" That is a quality conversation topic, and suits the five minute passing time well.

But seriously, some of the couples at this school are so dramatic about leaving each other for class. They're not going to war for crying out loud, they're going to math class. They will be okay. There's no need to hold them like you're fricking Rose and Jack saying your final goodbyes. Stop, please.

There is nothing more uncomfortable than running into a couple in the middle of a make out session, and having to be like, "Oh, excuse me, I'm sorry, I was just walking through this hallway to try to get to class. I'm sorry I interrupted your intimate time." Except for the fact that being in a hallway with fifty other people is not intimate, it's repulsive. How would your grandma feel if she saw you making out in the hallway? She would be disturbed, and guess what? So are the rest of us, because no one, and I mean not a single soul on this earth, wants to see you passionately kissing in the hallway. Sometimes, it actually seems like there's a little vacuum in between you two and I start to feel like I'm going to have to jump in to save you guys. Like, are you okay? Serious question, how do you breathe? Some of these people can hold their breath for days, and I'm just concerned if it's safe for their lungs to have such a lack of oxygen for that long.

No but seriously, all jokes aside, PDA is a real problem that needs to end. Affection is meant for home time, not school time. People need to start respecting the fact that no one appreciates your remakes of scenes from The Notebook, in the hallway. Next time, instead of stuffing your face into your boyfriend, why not stuff you face into a book and actually learn something, considering you're at school.

## A lesson to learn from chick flicks

By: Gage Miskimen @GageMisky

Cheesy scenes, unrealistic expectations, and cliché plot lines. This is what usually comes to a guy's mind when he thinks of romance movies. The cliché plot lines consists as follows: guy meets girl, they fall in love, something happens where they fight and break up, guy has to deal with the situation and somehow fix it in an over the top, romantic way. But then again, there is something the male race could learn from these movies.

Sure, there are some very unrealistic expectations. It is highly unlikely that a guy is going to write a girl letters for a whole year when he can just shoot the girl a text. Sure, that text will probably just say, "Sup." Most guys aren't Noah from *The Notebook*, but still, it's the thought that counts. Most likely the girl won't even have the guy's number and it will come up as random digits to her. But hey, guys gotta' start somewhere. For guys though, this can be kind of hard, because girls expect more due to the fact that they watch these movies and almost obsess over them and the celebrities within the film. Of course those dude's are going to make normal guys look bad. They're actors. They're probably not even like that in real life. Most actors are probably like normal guys and even do things like, forget anniversaries, say things they shouldn't, and

other stupid stuff that guys do. I'm sure Ryan Gosling and Channing Tatum have had these problems in relationships. It's okay to make mistakes. Who girls should really be in love with is the guy who wrote the movie itself. He's the one with the romantic thoughts and would probably be able to live up to girl's high expectations. Tip for girls: date a writer.

But there is something guys can pick up while watching these films with their significant other or even alone, nobody's judging. Guys could learn to be nice and caring because some guys don't take the time to appreciate others. Nobody's perfect though. Do something every once in a while that surprises somebody and never settle for average. It can just be little things too. A guy doesn't need to organize an impromptu song and dance to win someone's heart. By the way to win a heart is like a figure of speech. Women aren't actually objects to own and win. They get mad at the whole, women are objects thing.

But, the lesson here is to go out of the way once in a while to make someone else happy. Get to know somebody and figure out what they like and personalize a way to bring them joy because life is simple. Love is two people doing everything they can to make the other person's life easier and more enjoyable. That's what guys can learn from romance movies, even though they're still cheesy and cliché.

## It is either on or off, there is not an in between

By: Kaela Halvorson @kaelswhales

Everyone knows that one couple where one day they love each other and the next day they hate each other, but no matter what happens while they are "broken up", they always end up back together. To top it off, they put it everywhere on the internet and they drive everyone else insane with the drama and neediness of attention about how heartbroken they are. They aren't truly heartbroken, just sad that this is their fifth break up in two weeks.

As a couple, fights always happen and the couple has to work through them together. To

some people after a small, medium fight means they hate that person and automatically need to break up without trying to talk at all. Fights happen, but every fight doesn't need to lead into a break up.

Meanwhile, as the couple is fighting, other people jump in and take sides, which makes the fighting so much worse. But, how does everyone find out that Luke and Lily are fighting? Well, Lily got so upset and tweeted about how sad she is and people feed into the drama and feel the need to start more. But we all know, that there will be a tweet the very next day saying "Oh I love my

boyfriend so much," or something to that extent, which truly means that this huge fight was really for nothing.

In high school, there will be breakups, broken hearts and yes, it's hard. As a couple, they need to decide if they are together or not, NO off and on. It's unhealthy and annoying plus, it's high school, be happy and decide whether a healthy relationship is present or not. If two people truly want to be together then they need to realize that there will be fights, and they have to work through them. People need to realize that they are going to either marry this person or they will break up, but with these little petty fights it makes it more common to break up instead of make up.



# Taking the shot and improving

Archery is much harder than it seems, and it takes a team, not an individual.

By: Savannah Guyer  
@SavannahMGuyer0

The sound of arrows whipping across the gym echoes into her ears as she releases hers, making a dull "thump" when it hits its target.

This is something Ariel Carter, junior, is well accustomed to. It's her third year of being involved in archery, and as those who join sports know, adjusting to a new activity can be difficult, "I sort of knew how to shoot when I joined freshman year but then I had to switch from my right hand to my left. My left eye is dominant but I have to aim with my right arm. It was hard because I do everything with my right hand, besides archery." Carter commented.

Once Ariel settled into the rhythm of things, she became

comfortable with the thrill of shooting arrows, "Archery is a challenge. It's different and you don't have to have muscles to do it, just patience and a strong mental endurance." Carter added. With everything, there are

**"Archery is a challenge... you don't have to have muscles to do it, just patience and a strong mental endurance."**  
-Ariel Carter, junior

some drawbacks. "The tournaments are so stressful. There are so many people there. They're really fun, though chaotic. It's about fifty people shooting back to back across the gym." Ariel said.

Although Ariel has a good score of 236, there are some things she wishes to improve this year, "I want my score to be higher. I would like it to be in the 280s." Besides personal goals, Carter has expectations for her team as well, "I want us to place highish, although we don't have enough people as in the other clubs." Ariel added.

There are only around fifteen people that come to practices, and a bigger team would increase the team's chances, and Ariel would like to see more people join, "Archery is a very fun sport. It's hard, but it's worth it." Carter commented.

It may be true that the MHS archery team is small, but Ariel and her team have the attitude to lead themselves onward.



Ariel Carter, junior, practices her shot in the gym.

# Peters pops, locks and drops

By: Becca Hall @Backkahhh12

He walks into class already tired from a long show choir practice, he puts on his shoes and knee pads, knowing this will be a long, hard class. The music starts and he warms up, ready to pop, lock and drop it. His teacher instructs them on how to complete each move perfectly choreographed together to form a routine. When they finally perform, every stressful moment from the day is wiped away and he lets himself get lost in the rhythm of the music.

Riley Peters, Junior, is one of the few male dancers at The Dance Co. Every Wednesday night he attends a 30 minute hip-hop class that consists of stretching, working on technique, learning and perfecting routines all while having fun. Peters started dancing last year when he joined show choir, "My mom knew that I was joining show choir so she wanted to either get me vocal lessons or dance classes and so I decided dance classes just because I thought it would be more fun. And it is!" Riley also decided to join dance because he had a lot of friends that took classes at The Dance Co.

There are a lot of stigmas that come with Peters being a male dancer. "It happens, quite a bit actually. When people try to make fun of me because I dance I just kind of brush it off just because that's what I've been taught to

do, but if somebody continuously does it I step up and I just say something and explain that it's obviously not gay," says Peters.

Regardless of the stereotypes, Peters really enjoys dance class. "I just like how fun it is. It's a way to just kind of relax and let go and not have to worry about everything that's going on in your life. You just worry about the dance and just go for it." Besides the pure enjoyment of it, Peters also believes that being a dancer has helped him in his daily life. "I'd say it helps me in day to day life just because it has made me a little more flexible." It has also helps him improve his performance at show choir and find his own moves, "you kind of get to add your own little style to it."

Dance class has really helped Peters grow as a person. "I kind of look at it differently now. When I meet other people that dance I kind of have a newfound respect for them." He is definitely planning on continuing dance class along with show choir next year and possibly into college. "I'm also thinking of expanding and doing more classes than just hip-hop next year." Peters believes that dance is a sport that many people have wrong impressions of, "I think more guys should do it because it's a lot more fun than you would think. If they just try it once they would fall in love with it."



Katie Serbousek, sophomore, Riley Peters, junior, Madi Griffin & Kate McInroy (both Linn-Mar students), Jacob Davila, senior, and dance teacher, Nicki Russel at practice.

# Pushing through the winter

By: Kaela Halvorson  
@kaelswhales

The smell of sweat, rust, and chatter of teammates surround him. The music blasts while he's under the bar, others are yelling encouragement. This is the sound of the Marion weight room during the off season.

John Carstensen, junior, works hard in the off season to get stronger and faster for baseball and football. Carstensen pretty much lifts all year round, "It helps you get ready for the next season and it keeps you physically ahead of others," said Carstensen. Lifting is three times a week and Carstensen said, "I get sore," but he has to push himself to work through it, to make himself better. Working hard and pushing through pain will help Carstensen in the year to get bigger, better and stronger.

People complain about

lifting often, but for Carstensen said, "It helps a lot because off season is where you make yourself stronger and faster." Pushing hard to make himself better, his partner Kory Walsh encourages him as well to come and get better. Walsh said, "We get along, lift about the same weight, and it's fun." As for Carstensen he said, "It gives you something to do after school and makes you feel good," keeping busy and doing it with friends makes it all the better, lifting not only helps physically but mentally as well. Off season lifting makes an impact on him and his teammates.



John Carstensen, junior bench presses in the weight room.

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# The Manderscheids make memories

Father and son, coach and player, balance their relationships on and off the court.

By: DeLaney Fisher  
@DeLaney\_Fisher

The clock is winding down and the game is close. At this point everyone is needed, but who can handle the pressure of getting put in? The coach thinks of who to put it, and does it, even though opinions in the crowd might arise. A parent son relationship can be hard enough, so what happens when a coach player relationship is thrown in the mix?

Balancing personal and work relationships is an everyday struggle for Jacob Manderscheid, sophomore, and his father, Mike Manderscheid. Jacob is on the Varsity boys basketball team, and his dad is the coach.

Jacob likes having his dad as a coach and stated, "At home he can help me individually to get better." But it can also be hard, "He knows what I can and can't do, so I have to give 100% all the time", Jacob said.

Getting started was mainly Jacob's parents doing. "They signed me up when I was little and I had lots of toys that had to do with basketball", Jacob stated. Jacob still plays because he has grown up playing, and loves the sport. He's been playing since he was three or four years old, and looks up to Michael Jordan. With college in the near future Jacob said, "If given the opportunity I would play [basketball] through college."

Mr. Manderscheid is supportive of wherever life takes Jacob and stated, "I just want him to work hard to improve, and learn life lessons along the way." Mr. Manderscheid has been coaching for roughly twenty years and teaching for about the same. Mr. Manderscheid enjoys coaching and said, "It's a way to stay competitive, and I like the kids."

It can be hard to separate feelings, but Mr. Manderscheid has found a way to accomplish that. "I just have to remember to be his coach first and his dad second. I make decisions based on him being a player, not my son, and I wouldn't do anything differently if he wasn't my son," Mr. Manderscheid commented.

With coaching taking up 10-15 extra hours outside of practice, Mr. Manderscheid said, "It's a big commitment to be a coach and being away from home can take a toll," but its not as big of a deal anymore since Jacob is at games and practices right along side of him.

Both Jacob and Mr. Manderscheid like the extra time they have to spend together on the court. Mr. Manderscheid said, "We get to spend time together that we normally wouldn't if we were both at home," Jacob agrees and stated, "Sharing the love of basketball brings us closer."

As both balance their father-son, and coach-player relationship they enjoy the time they get to spend together on the court and off.



Coach Mike Manderscheid and Jacob Manderscheid, sophomore, stand together after a home basketball game.

# Ebsen's mechanical mind

By: Uriah Lakin @Uriah\_theChamp

Oil stains plague his hands and under his finger nails. His throws his hair back to get it out of his eyes so he can see fully what he is doing. All concentration focused on the engine instead of the harsh cold air blowing right through the garage on his cheeks. His skin tone was going from a sharp shade of tan to hot pink while his fingers were going pale due to the lack of circulation.

He puts the tools down in the tool box right by him. After picking up the tool box he shuts the hood of the car and goes inside.

Christian slowly walks inside and uses all his efforts to get warm. "I've been working on cars since I came to Marion it was what my friends were doing so I tried it and I loved it," Christian said. Christian Ebsen, senior, has been working on cars since he started high school and plans on going to college with cars in the forefront of his plans. "For some people music or writing brings them to a calm while for me working on my car or little mechanical projects bring me to my center self," Ebsen stated. "It's more of a hobby than anything truthfully but it is something I will be doing

in my future," he said. With Christian learning to fix cars he also learned how to build one piece by piece.

"I built my Honda Civic 1994 and built the engine myself with a 06626 engine," Ebsen continued and said, "I've built a couple race cars with my dad also for the fun of it."

Christian doesn't want to become a mechanic but he either wants to be a architectural engineer or a mechanical engineer both requiring the skills he has already learned by building and fixing his cars. Christian is taking his final strides through high school and preparing for his promising future in the mechanical field.



Christian Ebsen, Senior

# A change for golf

By: Uriah Lakin @Uriah\_theChamp

Sitting at her desk, she looks over her pad of golf notes that are set out in front of her. She examines and contrasts what she thinks she can do this season for golf. A mother of two, and a full time teacher, Abby Wennekamp, plans on taking on the MHS girls Golf team this year. "I've coached the dance team here at Marion for three years and freshman volleyball for seven years, but I did those a long time ago," Wennekamp stated. "My favorite sports are golf and volleyball, so I am excited to coach the golf team," she said.



Mrs. Wennekamp, Golf Coach

Even though she is the new girls golf coach she still has a life to maintain out of school. "I bake and do a lot of mom type of things," she commented. With golf coming, and the first practice during spring break, Mrs. Wennekamp has a lot of planning to do and goals for her team, "I hope they learn more about the game and they can get better so it's more fun for them and also so they can see it is a game they can continue to play throughout life," she added. Even though golf is more individualistic Wennekamp believes there will bonding, "On the van or during practice the girls will have time to bond even though golf is an individual sport," She stated.

Wennekamp is ready to take on the challenges of the season, but one she is not worried about is the players. "I don't know if we have a shot for state because I don't know where the girls are, but we do have a lot of returning players this year," she said. "This season I want to get the girls some fundamentals and show them the fun with the game and maybe go to state. Mainly though, I want to get them to enjoy an activity that they can play the rest of their life," she stated once more. "This season I want to help the girls improve their short game and other things in golf particularly," she added. With the golf season coming up and the players preparing to get back on the course and swing, Mrs. Wennekamp is prepared to get the girls on the move for state.

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# DIY Valentine: Fruit roll-up fortune cookies for friends

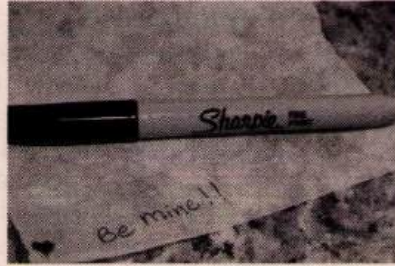
Make a special treat for your sweetheart with a sweet tooth. They're completely homemade and so easy it only takes five minutes to do!

By: Alex Coleman @AlexColman831



**Supplies:** Fruit Roll-ups, parchment paper and a sharpie or ink pen for your message, and a round cookie cutter to cut out your circular shape for your fancy fortune cookie!

**Step 1:** Lay out your fruit roll-up flat on a hard surface, and take your cookie cutter and place it in the middle of the roll-up. Twist back and forth in the circular motion, and pull of the excess around it before removing the cutter.



**Step 2:** Rip and/or cut a piece of parchment paper off, and take your sharpie or ink pen and write on the none shiny side of the paper. Writing on the shiny side will cause the message to rub off inside the roll-up. Write something for Valentine's Day.

**Step 3:** Take your cute new Valentine's day message and place it in the middle of the roll-up. Fold the roll-up in half, leaving the bottom part of your now taco open. Leaving the ends open is what gives this treat the significant fortune cookie look



**Step 4:** Push the middle of the roll-up cookie, making it look like the signature fortune cookie. Your fancy special sweet is finally finished. All thats left to do is give your fruity cookie to your Valentine. Chances are, they'll love it.



## 2014 spring fashion for females

By: Ashley Lappe @Ashley\_Lappe33

To many people, fashion isn't part of their life. They don't care what's in style, but to others, fashion is a major part of their life, and it should be. A person's style says a lot about who they are as a person. Their appearance is the first thing people see, and it's very important. It can cause a person to want to get to know the person or even make them want to avoid contact.

Style changes every season. Some trends will stay for years, others will die immediately. Then there are those that leave and come-back. All these are combined to form new looks until more are created to take over.

The 2014 spring and summer trends flash-back to the 1990's but, with a twist. As 90's kids, high schoolers remember the crazy style that came from their childhood, the overalls, the many patterns, and the bright colors. However, what most people don't realize is most of the styles from the 1990's are popular again, even overalls.

The pictures teens see from their childhood often show them in jean overalls or strange printed onesies. This often makes them wonder what their parents were thinking. Though teens think these styles were ridiculous, they are very close to what people wear now. Crop tops and high waisted shorts were huge in the 90's, and they are huge now as well. Even combat boots, bandannas, Timberland boots,

and shirts tied around the waist are back for the new season.

There are many fall and winter styles that are back for the spring and summer season too. Tea length and midi skirts, boxy tops, and bomber jackets are some of the many styles that are returning. The tea length is a skirt that lies between a midi and a maxi skirt, and according to Posh Fashion Guide they were invented in the '20s when it was decided they were long enough for women to wear outside of the house. They were very popular until the '60s, and after the tea length skirt began to fade out of style the midi became very common. The midi is a mid-shin skirt that was popular during the '40s, then went out of style in the '60s when the mini skirt was brought to the runways. After all this time, both styles are common once again for the upcoming spring and summer season.

Most high schoolers don't care what type of skirt they're wearing or what is in style during the next season. But for some, fashion is a way to express themselves or give them confidence that they wouldn't have without it. No matter what a person's opinion may be, fashion is important. A person's style shows who they are on the inside and affects the way others feel about that person.

Some styles come back and others fade away like an old memory, but thats what is interesting about fashion, nothing lasts forever and nothing is lost forever.

## Importance of men's fashion

By: Deshaun Quinn @quinntower\_2

Fashion is one of the many things people are passionate about in our world today. It's one of the most trending topics in our society. Fashion is a world of many choices, and it allows people to express themselves in a unique way. Many boys in the world of fashion like to wear things not too flashy, but noticeable enough to single them out from the crowd. From necklaces to hats, boys have many different ways to style their look. Even though many would agree that men don't have as many fashion choices as women do, they can still make do with what they have.

Many people understand that fashion is important and looking like a circus clown isn't acceptable. It's not okay to come to school with hair looking like it just was attacked by a vacuum. It's also not okay when sweat pants are the same color as a sweatshirt. Come on men, style it up a little. Marion High School isn't the most fashion

forward but there are a select few who take fashion seriously. Even though not many men stay up to date with the fashion quo, some still manage to walk into school looking sharp and fashionable. From shirts and ties to jeans with a v-neck, men have many different simple styles.

So, next time someone is looking into their closet wondering what to wear, instead of grabbing the sweatpants and sweatshirt, how about they change it up with a nice pair of jeans and a new plaid shirt. Maybe a more up to date style will help them feel better.

## Music slowly improving

-Commentary-

By: Andie Scott @KewtheRavager

From kids to adults, music has always been an important part of lives. Who doesn't like some form of music, be it the pop and rock of today or retro 80s jams? Music is a form of art, and as an art form, it comes with infinite possibilities, combinations, and subjects. Yes, by definition, music is absolutely, wonderfully, infinite... So why is it that music, in some aspects, has become so one-note and monochrome? Why is it that all anyone ever hears on the radio is the same two subjects: Love and partying? Music should have depth and thought behind it, and while recounting a break-up or word-vomiting onto a page about how much love someone's in can be heartfelt and interesting, all music shouldn't just align itself with those things.

If one were to turn on the radio in their car right now and flip over to the latest hits station, there's a pretty high chance that they'll find a song about love. Love is a subject that will be written about until the end of time. Why is that? Well, it's probably to connect with audience, something music writers and producers care almost too much about. They gear pop music towards teenagers, and assume that all they care about is love and partying. That explains why a lot of One Direction's older music never mentioned a girl, it was always directed to 'you,' so the listener could insert themselves into the song and imagine Harry Styles was singing about them.

The unfortunate thing is that this tactic works, and often songs only about those two subjects get popular. It got to a point where music writers didn't even have to try - as long as their song was catchy with a chorus about love or partying, the lyrics didn't even matter. (See: Flo Rida.) However, in recent years, music has improved slightly, covering a broader range of subjects and even broader ranges of love. Mega smash hits in recent times were new, fresh, wacky, and far from those two subjects. Thrift Shop by Macklemore (The #1 song of 2013, according to Billboard's Hot 100), Radioactive by Imagine Dragons, and Roar by Katy Perry are all great examples of this.

As music continues to change, this writer, for one, is happy to see music going in a new direction, and not just one direction.

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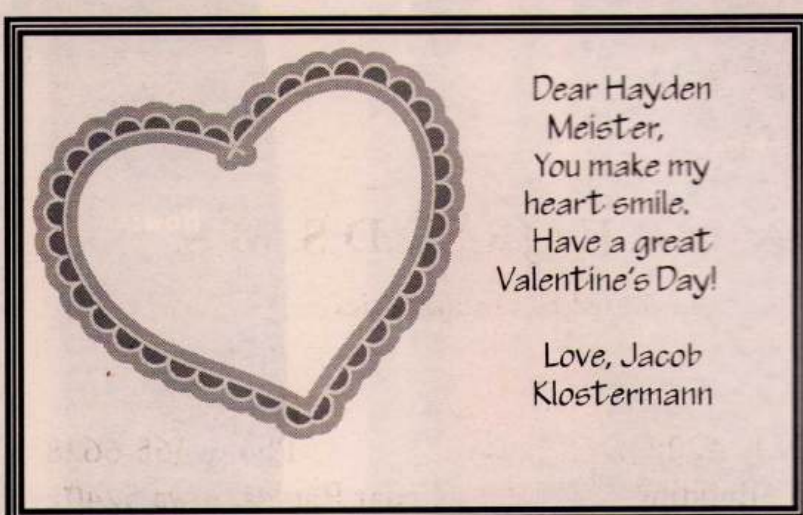
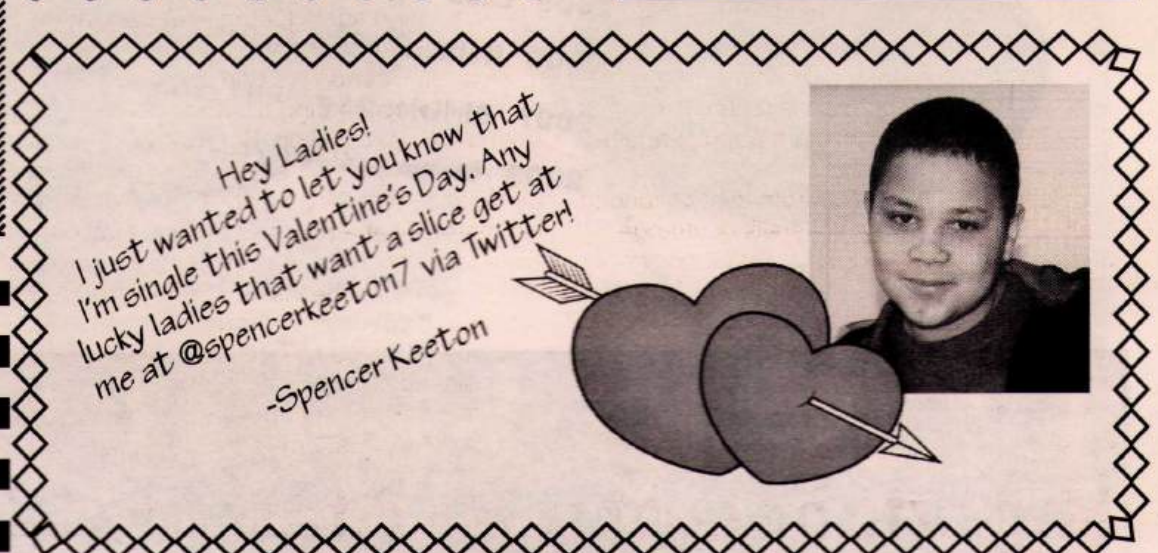
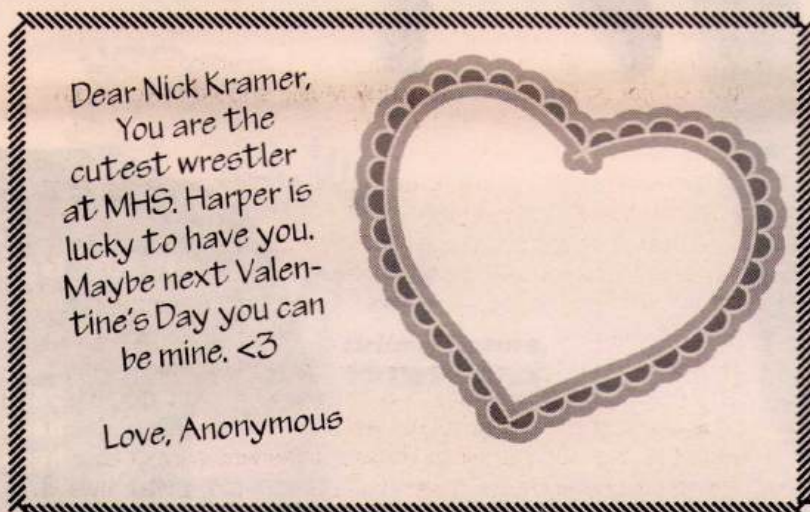
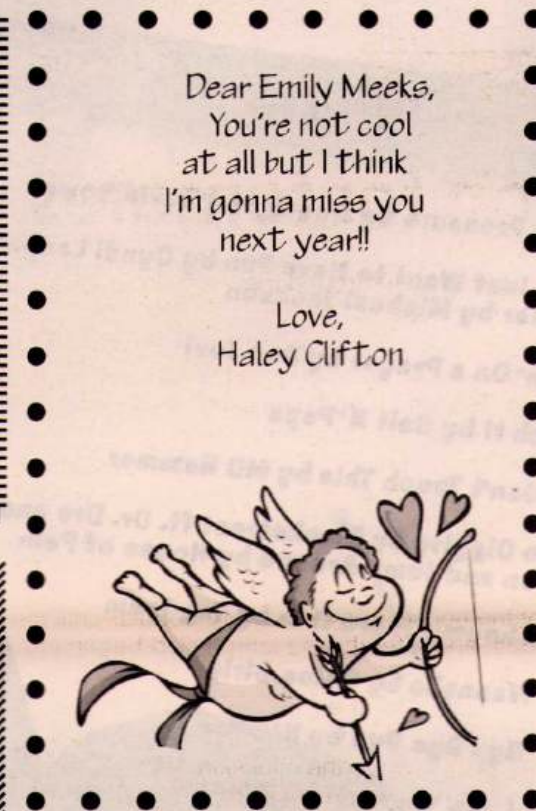
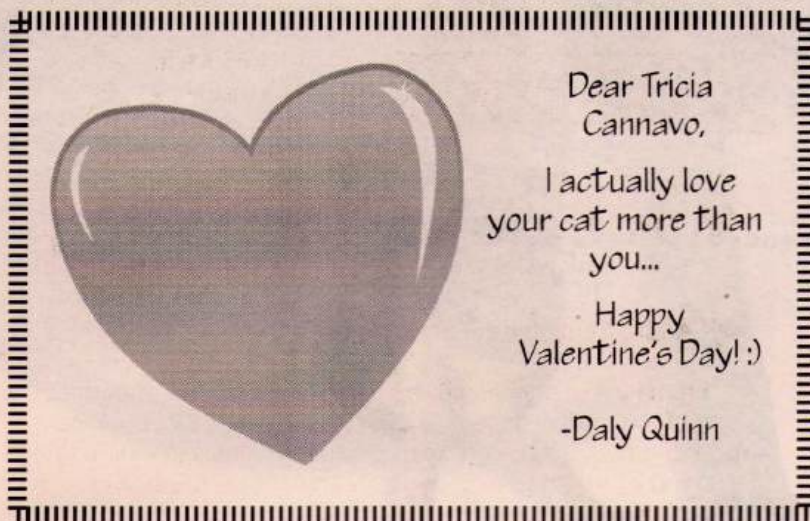
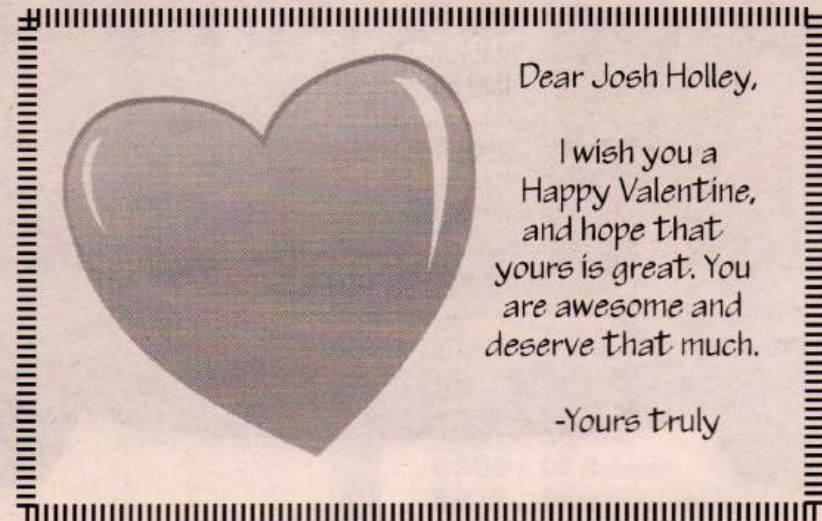
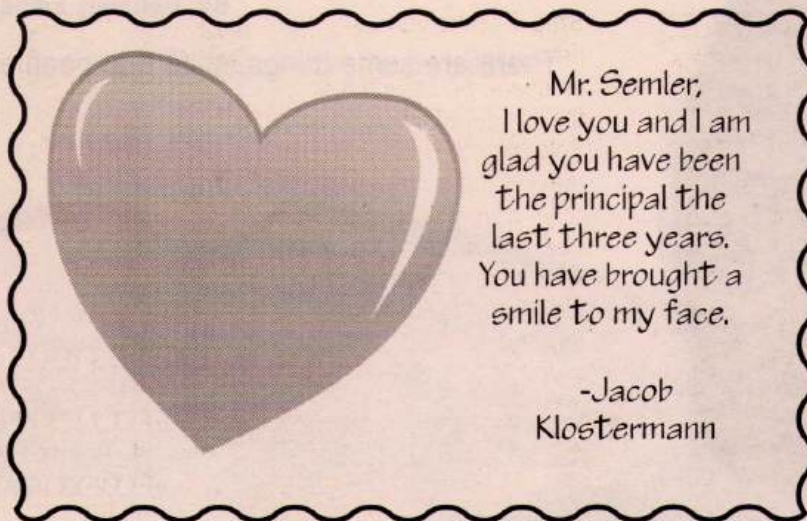
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# Students send sweethearts a "Voxy" Valentine

A few of Marion's finest wanted to wish the ones they love most a very happy Valentine's Day.

By: Taylor Lamm @Lammers11

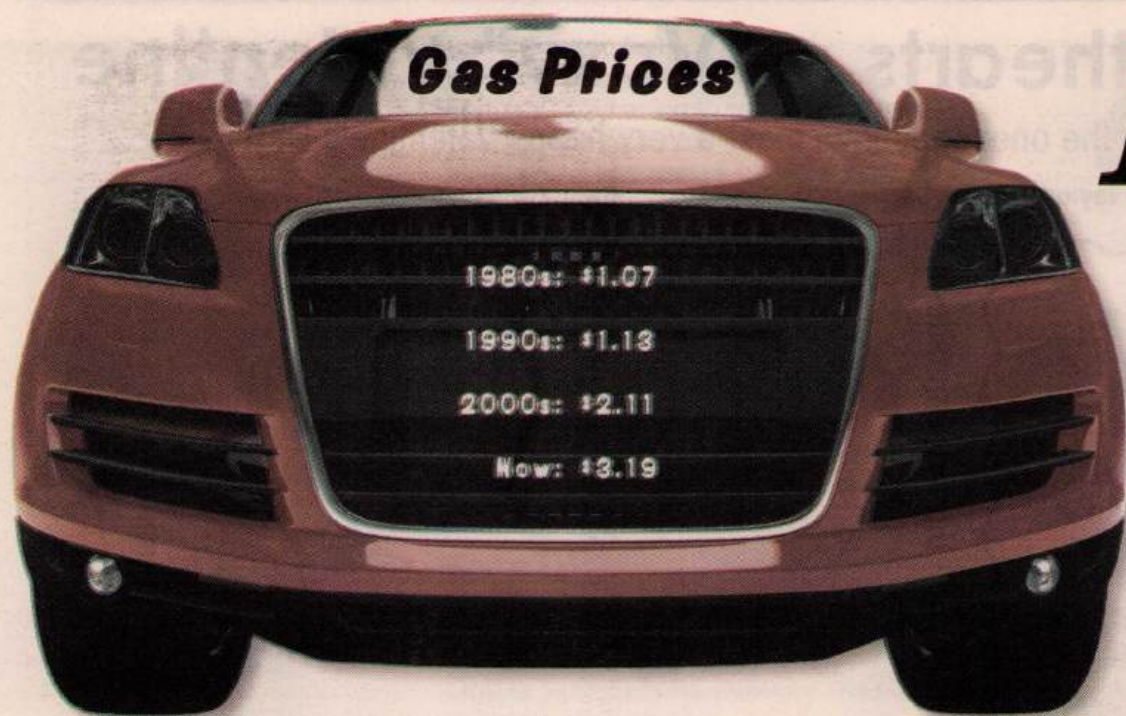


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# FLASHBACK

By: DeLaney Fisher @DeLaney\_Fisher

There are some things in life that people never forget, including...

## Music

- 1981 Under Pressure by Queen and David Bowie
- 1983 Girls Just Want to Have Fun by Cyndi Lauper and Thriller by Michael Jackson
- 1986 Livin' On a Prayer by Bon Jovi
- 1987 Push It by Salt N' Pepa
- 1990 U Can't Touch This by MC Hammer
- 1992 No Diggity by Blackstreet ft. Dr. Dre and Queen Pen and Jump Around by House of Pain
- 1994 Whoomp There It Is by Tag Team
- 1996 Wannabe by Spice Girls
- 2000 Bye Bye Bye by N'Sync
- 2003 Lose Yourself by Eminem
- 2005 Hollaback Girl by Gwen Stefani
- 2007 Girlfriend by Avril Lavigne
- 2009 Single Ladies by Beyonce



Cyndi Lauper

## Fashion

1980s: leg warmers, mini skirts, oversized shirts, parachute pants, and huge earrings

1990s: chokers, platform shoes, scrunchies, Starter jackets, and mood rings

## Movies

- 1984 Footloose and Ghostbusters
- 1985 Breakfast Club, Back to the Future and the Goonies
- 1990 Home Alone and Pretty Woman
- 1994 Forest Gump
- 1995 Toy Story
- 1997 Titanic
- 2000 Remember the Titans
- 2001 Harry Potter and the Sorcerer's Stone and Monsters Inc.
- 2003 Finding Nemo
- 2004 The Notebook
- 2010 Tangled
- 2012 The Avengers, Hunger Games, The Hobbit
- 2013 Frozen

2000s:

Fishnet, chunky, lights, halter, everything, denim, dresses, jeans

Now:

High waisted, bottom, oversized, sweaters, crop tops, leggings, jeggin, colorful



# FLASHBACK FEVER

by Ashley Lappe @Ashley\_Lappe33

Reliving some of these flashback favorites from years past!

**1980s**

- Rad = "Cool"
- Bounce = "Let's get out of here"
- Bombdiggity = "Awesome"
- Charly = "Cool"
- Stoked = "I'm excited"

**1990s**

- As if = "yah right"
- Alight = "alright"
- Crunk = "full of energy"
- Fresh = "new, or in style"

**2000s**

- Kicks = "Shoes"
- Peeps = "Friends"
- Baller = "Someone who's good at sports"
- Shawty = "Girlfriend"
- Playa = "A popular guy with many partners"

**Now**

- Swagger = "Behaving with arrogance"
- YOLO = "You only live once"
- Twerk = "A dance move"
- Ratchet = "disgusting, or bad"

**Slang**



**Cell phones**

1983	Motorola DynaTAC
1989	Motorola MicroTAC
1992	Motorola International and Nokia 1011
1993	BellSouth Simon Personal Communicator
1996	Motorola StarTAC
1999	Benetton Esc
2003	Nokia N-Gage and Blackberry Quark
2004	Motorola Razor
2007	iPhone
2009	LG Rumor
2013	Samsung Galaxy S4, iPhone 5s, Nokia Lumia 1020, and HTC One.



Britney Spears, 2000s Fashion

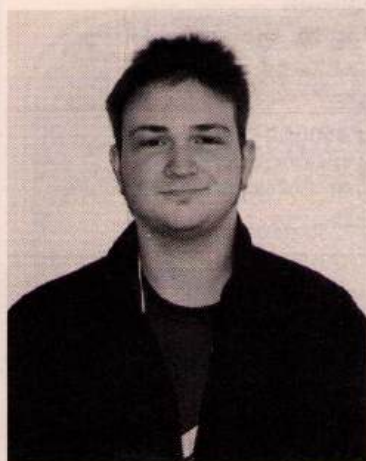


"The Fresh Prince of Bel-Air"

**TV shows**

1982	Knight Rider
1984	The Cosby Show
1987	The Full House
1989	Simpsons and Saved By the Bell
1990	Fresh Prince of Bel Air & Spongebob
1993	Boy Meets World
1994	Friends
1996	Sabrina the Teenage Witch
2000	Survivor and CSI
2003	That's So Raven
2007	The Big Bang Theory
2008	Breaking Bad





**Name:** Steven Long  
**What are you going to miss about Marion?** "Not having to worry about money."  
**Quote or piece of advice?** "It can always be better, and it can always be worse."  
**Plans for the future?** "Fry cook on Venus."  
**What is your favorite memory from MHS?** "Taking part in speech and robotics."



**Name:** Sean Miller  
**What are you going to miss about Marion?** "Snow days."  
**Plans for the future?** "Kirkwood then Iowa State."  
**Quote or piece of advice?** "People that live in glass houses shouldn't throw rocks."  
**What is your favorite memory from MHS?** "Scaring Mrs. Logan in Money Math."



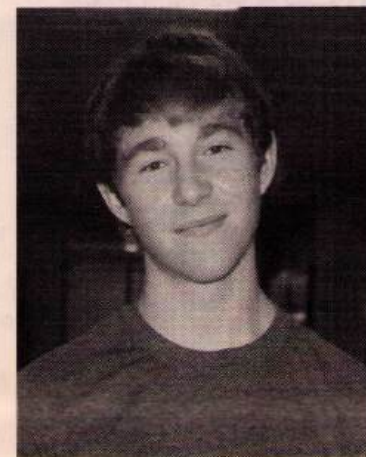
**Name:** Michael Martin  
**What are you going to miss about Marion?** "My friends and all the teachers."  
**Quote or piece of advice?** "Carpe Diem."  
**Plans for the future?** "Auto tech."  
**What is your favorite memory from MHS?** "My band memories."



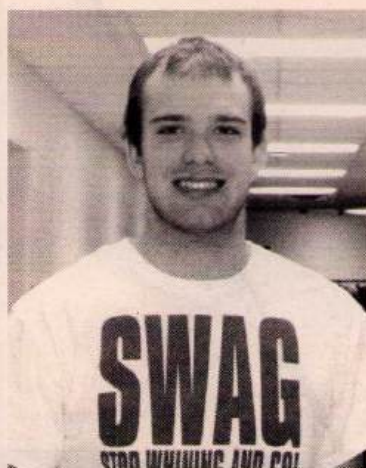
**Name:** Taylor Millis  
**What are you going to miss about Marion?** "I'm going to miss my Journo family, my poms girls, and my Betas."  
**Plans for the future?** "Go to the University of Minnesota- Twin cities."  
**Quote or piece of advice?** "If there are no ups and downs in your life, it means you're dead."  
**What is your favorite memory from MHS?** "Late night car rides with Kylie McAllister, Kayla Comried, and Becca Hall."



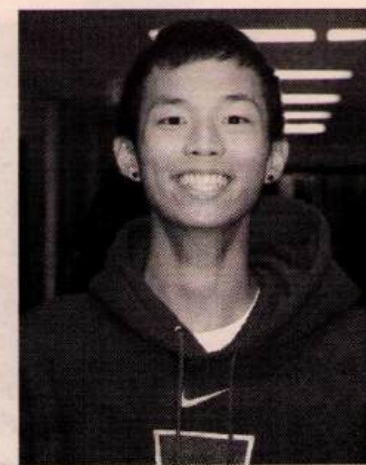
**Name:** Rachel May  
**What are you going to miss about Marion?** "Mrs. Balint-Langel, Ms. Junge, Ms. Bremer, and all my friends. As well as the people who have been so nice to me, the ones who say hello and the ones who say goodbye."  
**Plans for the future?** "How can you plan it when life gets in the way?"  
**Quote or piece of advice?** "We do have a lot in common, the same earth, the same air, the same sky. Maybe if we started looking at what's the same instead of always looking at what's different...well, who knows?" -Meowth  
**What is your favorite memory from MHS?** "When someone welcomed me with open arms."



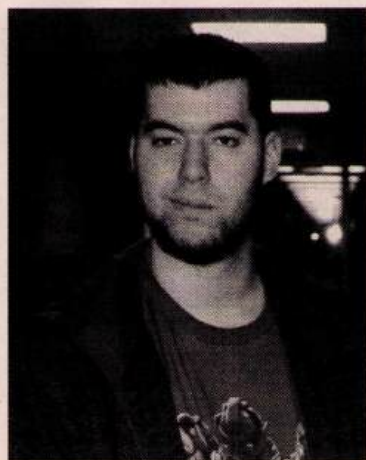
**Name:** Matthew Minks  
**What are you going to miss about Marion?** "Soccer."  
**Plans for the future?** "Soccer."  
**Quote or piece of advice?** "Go out for soccer."  
**What is your favorite memory from MHS?** "Soccer."



**Name:** Christopher Merck  
**What are you going to miss about Marion?** "Mrs. Doyle, Raemay, Calc class, and Taylor Harris."  
**Plans for the future?** "Attend UNI to major in math education, minor in coaching and history."  
**Quote or piece of advice?** "Be a T-sax or T-pet!"  
**What is your favorite memory from MHS?** "Any math class with Mr. Martin, especially when he didn't show up for stats class."




**Name:** Michael Moeller  
**What are you going to miss about Marion?** "Seeing my friends everyday, and going to football games."  
**Plans for the future?** "Go to the University of Minnesota or just move to Minneapolis."  
**Quote or piece of advice?** "If you're gonna do it, don't get caught."  
**What is your favorite memory from MHS?** "MES."



**Name:** Noah Miller  
**What are you going to miss about Marion?** "I'll miss the friends I made here."  
**Plans for the future?** "I'm planning to work for awhile, then attend a community college."  
**Quote or piece of advice?** "If you're writing your own fate, don't write a tragedy."  
**What is your favorite memory from MHS?** "All the great moments I shared with my friends."



**Name:** Courtney Miller  
**What are you going to miss about Marion?** "Nothing."  
**Plans for the future?** "Go to college."  
**Quote or piece of advice?** "None."  
**What is your favorite memory from MHS?** "None."



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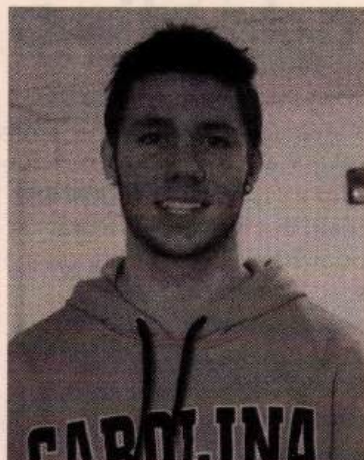
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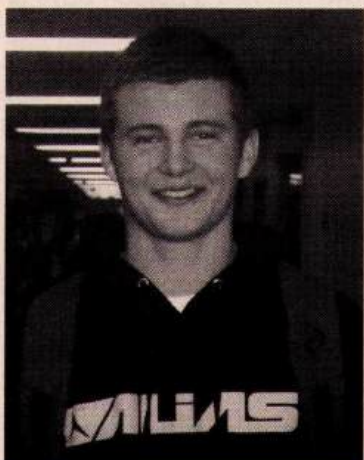




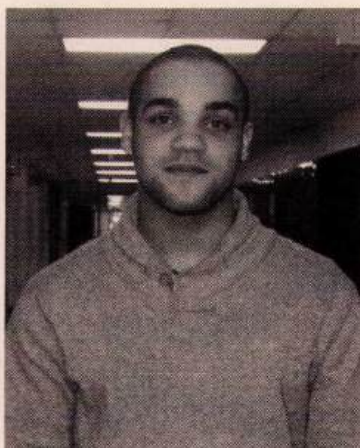
**Name:** Cameron Mohwinkle  
**What are you going to miss about Marion?** "All my friends."  
**Plans for the future?** "Go to Iowa and major in finance."  
**Quote or piece of advice?** "Try your freshman year and slack off your senior year."  
**What is your favorite memory from MHS?** "Senior homecoming."



**Name:** Keagan Oellrich  
**What are you going to miss about Marion?** "The easy classes."  
**Plans for the future?** "General Contractor."  
**Quote or piece of advice?** "Be happy enough to make other people happy."  
**What is your favorite memory from MHS?** "N/A."



**Name:** Colton Mowry  
**What are you going to miss about Marion?** "Sports, friends, and the wonderful teachers."  
**Plans for the future?** "UNI business."  
**Quote or piece of advice?** "I'd rather try and fail than never try at all."  
**What is your favorite memory from MHS?** "Sophomore year we were district champs."



**Name:** Romello Olds  
**What are you going to miss about Marion?** "Not the friends...HaHa."  
**Plans for the future?** "Become a grill master and manager at Red Lobster, while studying culinary arts and become a world wide chef, travel the world and write a few books."  
**Quote or piece of advice?** "Don't follow anybody, be your own person, forget the haters, they only want attention."  
**What is your favorite memory from MHS?** "Meeting Kaitlyn. She has been there through thick and thin."



**Name:** Rachel Ness  
**What are you going to miss about Marion?** "All the people I've met."  
**Plans for the future?** "Go to Kirkwood for baking."  
**Quote or piece of advice?** "If no one used a time machine to fix it, how bad can it be?"  
**What is your favorite memory from MHS?** "There are so many, I can't choose."



**Name:** Shane O'Neil  
**What are you going to miss about Marion?** "The celebrations after winning a football game."  
**Plans for the future?** "Go to Kirkwood and study diesel technology."  
**Quote or piece of advice?** "If you ain't first you're last."  
**What is your favorite memory from MHS?** "The tribe people at the homecoming pep rally my junior year."



**Name:** Zoe Norton  
**What are you going to miss about Marion?** "My seniors Casey, Miya, Harper, and Bre. And my blonde juniors Jamison, Justine and Cherokee. Nothing else."  
**Plans for the future?** "Double in political science and communication then go to law school!"  
**Quote or piece of advice?** "Fall in love as many times as possible, so you can become a whole person."  
**What is your favorite memory from MHS?** "Prom 2012 and 2013 and class of 2013."

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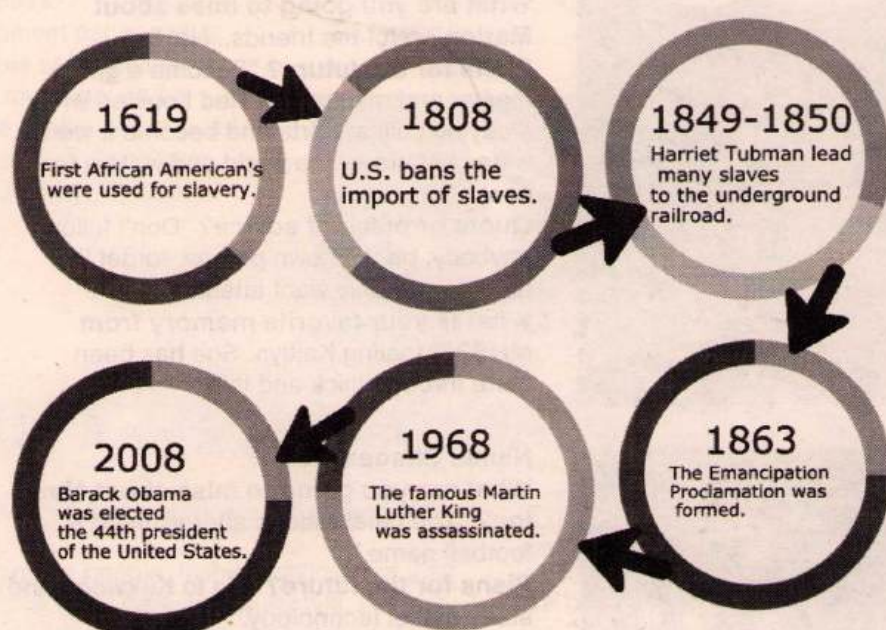


## A month to remember

February is a time to recall the racial strife in our country.

By: DeShaun Quinn @Quinntower\_2

Black History Month is a time to celebrate the great things the black community has accomplished since the start of the human race. African Americans have thrived and persevered through the tough times and the struggles of their years. Black History Month is a time to acknowledge and celebrate the good and the bad times that the black community did to change history. Harriet Tubman, Martin Luther King Jr, and Barack Obama are many of the great leaders that helped change our society's outlook on racism. They will always be remembered by Black History Month.



## A dangerous Olympic twist

By: Kayla Comried @KComried

It's the event that comes around once every four years. The top athletes in each country come together to see who is ultimately the best in the world. The winter Olympics this year are in Sochi, Russia. The opening event was on February 7th and the closing on February 23rd. Most Olympics are a safe place filled with fun, families, and competition. This year however, is a little different. As of send date, February 7th, nothing has happened, but many dangers are being presented at this years Olympic games. Russia has spent more money on these Olympics than any other Olympics, the government is killing off dogs, hotels are unfinished, and terrorists are threatening.

Having the Olympics take place within a governments country is an honor, and many leaders spend time on making sure the sixteen day competition is perfect. But, this year, an overwhelming amount of money was spent. According to thinkprogress.org, 51 billion dollars were spent on this years Olympics, 10 billion dollars higher than the next most expensive games. Also, if summer Olympics are taken out of the equation, Sochi has spent more than all other winter Olympics combined.

Along with the privilege of hosting the Olympics, most governments want to present their country as a flawless place, but Putin, the leader of Russia, is taking this to a whole new level. According to bostonglobe.com, Sochi has hired a pest control company to kill stray dogs by the hundreds, all in order to "clean up" the area for the Olympics. It is estimated that between 5,000 and 7,000 dogs have been killed in this cull. It is easy to understand the need to have a country that appears perfect. This is especially important for Russia after the fall of the government in 1981, but is all this really necessary?

With all the money spent, and the careful "preparations" being done it's hard to believe that the hotels aren't even done, but believe it. According to a tweet by ABC journalist Matt Gutman, there are bees in the honey, beer colored water, and no flush toilets (a picture of the honey bee was included). According to another tweet by Dave Sheinin, the urinals in the lobby bathroom are currently pipe-less (a picture was also included).

If the Olympics don't sound sketchy enough yet, throw terrorist attacks into the mix. Yes, that is correct, terrorists are threatening to attack the Olympics. A terrorist group called the black widows is almost certain to make an attack according to catastrophe specialist Dr. Gordon Woo. These terrorists are actual widows, and they are suicide bombers.

As this usually exciting, international event, continues to go on 40,000 troops and police will be watching, hopefully preventing any danger that may arise. Here in Iowa, we are 5,843 miles away from this exciting event so all we can do is hope that nothing happens to our American Olympians.

## The benefits of adopting

By: Uriah Lakin @Uriah\_theChamp

According to the Humane Society of America, 2.7 million cats and dogs are euthanized every year, and that doesn't count the sheltered birds or other common sheltered animals. Adopting helps three things; the person adopting, the animal, and the community. Adoption has been a big campaign run by the large Animal Protection organizations, the local humane societies, and community shelters. This is all to help stop puppy mills and other forceful animal breeding grounds. These mills breed dogs or cats when they are in heat. Instead of treating them right the animals are treated cruelly and get hardly any care. 5 to 7 million pets enter animal shelters every year and according to Do Something.org, only 1 out of 10 dogs will find a permanent home here in the U.S. alone. Why let these animals suffer and why let these numbers continue to climb? The easiest

thing to do is adopt from your local shelter and stay away from pet stores. According to Do Something.org, the amount of stray dogs is impossible to estimate but in the U.S. alone and about 70 million cats are on the streets.

As stated by the ASPCA, Iowa is number two in the nation for puppy mills and other forceful animal breeding mills. Also, according to the Humane Society of America, almost every two minutes a person buys an animal from a pet store, such as a cat or dog. Nine times out of ten that cat or dog is from a breeding mill. Adopting an animal from an animal shelter helps put the breeding mills out of business. Adopting an animal gives money to the city to help stop mills and arrest the people that do start them. Go out, and adopt a cat or dog, and help lower the growing number of loss animals. The answer is very simple, make pet adoption your first option.

## Last second V-Day gifts

By: Alex Coleman @AlexColeman831

As some people will remember, Valentine's day is in two days. For the students reading this who totally forgot that the heartfelt holiday is in two short twenty four hour periods, there is no need to fret. There are a few options for some cheap, yet cute V-day gifts. These are just a few options of the many out there, get creative! What's so special about your Valentine? What do they like? These are just basic, generic thoughts, but the best gifts aren't ones that you buy, they're the ones from the heart. So while it might be easy to decide to take the easy way out, getting thoughtful and a little more heartfelt is always better in the end.

- Stuffed animals from Walgreens
- Flowers from HyVee Floral Shop
- Jewelry (expensive is not always the key) from any store
- Chocolate, or a favorite Valentine's candy from Target's V-day section
- Make a card! It's always very sweet and thoughtful to make your special someone a card from the heart.
- Print off a card, almost everyone has seen the cheesy, funny Valentines day ecards (example: a picture of Macklemore that says, "Will you be Macklemore?")

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# The Dating Game: MHS date match-up

By: Gage Miskimen @GageMisky

Re-introducing The Dating Game: a fun, and sort of awkward way to meet new people and socialize put on the The Vox!

Below are eight contestants (four boys and four girls) from all grades. Read about their interests and other quirky facts about each individual, then, go online using the QR code to the right or just simply go to [dailypowwow.com](http://dailypowwow.com) to

vote on who should go on a date with who.

The couples grouped together will then have a romantic pizza lunch with their chosen other. Video footage (sure to be uncomfortable) will also be posted on the Daily Pow-wow!

Voting closes on Monday, Feb. 17th, so get your votes in now! Whether it is a funny pairing or a perfect match, this will for sure be a date filled with long, silent pauses and red, flushed cheeks.



Scan the QR code to vote for your favorite date match-up!



**Eli Frazier, Junior (age 16)**  
**Interests:** Sports, quality food, raindrops make me feel romantic. I like snuggling by the fireplace  
**Perfect V-Day gift:** A couple movies, fruity candy like gummy bears, and love  
**What he looks for in a person:** Soft hair, good personality, funny, athletic  
**How he describes himself:** Outgoing, athletic, loving



**Devin Royer, Junior (age 17)**  
**Interests:** Sports, music, long walks on the beach  
**Perfect V-Day gift:** Flowers and cologne  
**What he looks for in a person:** Down to earth, fun to be around, good sense of humor, good bod  
**How he describes himself:** soft, sensitive, passionate, tough minded



**Spencer Keeton, Freshman (age 14)**  
**Interests:** Sports, friends, beaches, exotic dancing, skydiving, deep sea diving  
**Perfect V-Day gift:** A giant teddy bear  
**What he looks for in a person:** Funny, good looking, well-dressed, mildly-athletic  
**How he describes himself:** Awesome, funny, BLACK



**Jacob Klostermann, Senior (age 17)**  
**Interests:** Runescape, World Of Warcraft, and bubble baths  
**Perfect V-Day gift:** Free passes to Chuck E Cheese  
**What he looks for in a person:** Money, good looks, nice hands  
**How he describes himself:** Poor, not good looking, rough hands



**Justine Remling, Junior (age 16)**  
**Interests:** Food, sports, friends, long walks on beach  
**Perfect V-Day gift:** Chocolate, roses, and a gift card for somewhere to eat  
**What she looks for in a person:** Funny, attractive, and generally a nice person  
**How she describes herself:** Nice, fun, outgoing, pretty



**Lexi Morgan, Sophomore (age 16)**  
**Interests:** Volleyball, Netflix, hanging with friends, and food  
**Perfect V-Day gift:** Chocolate!  
**What she looks for in a person:** Funny, hot, outgoing, athletic, and likes his mom  
**How she describes herself:** Awesome!



**Paige Brandenburg, Sophomore (age 16)**  
**Interests:** Food, friends, and cruising around  
**Perfect V-Day gift:** A teddy bear or pizza, because I really like pizza  
**What she looks for in a person:** Funny, honest, athletic  
**How she describes herself:** Outgoing, Kind of funny... kind of



**Madie Reynolds, Freshman (age 15)**  
**Interests:** Volleyball, food, music  
**Perfect V-Day gift:** Food and money  
**What she looks for in a person:** Nice, caring, tall, funny  
**How she describes herself:** Chill, kind of funny, nice, caring

## What is a Valentine?

By: Kayla Comried @KComried

Everyone uses the famous word, but what does it actually mean? What exactly does it mean to be somebody's Valentine? Does it mean boyfriend/ girlfriend or can it be someone that simply means a lot? For example, can a friend be a Valentine, or what about an animal? Some people also think a Valentine is that little heart shape piece of paper that we all used to get in elementary school. Those little things with the fun dips. This word can mean many things, what do these students say?



"To me, a Valentine is someone that you enjoy spending time with."

-Morgan Swanger, freshman



"A Valentine is a person that you truly care for."

-Devin Quinn, junior



"A Valentine, to me, is Taco Bell, frozen pizza, and Ern."

-Isabelle Webber, sophomore

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# Pregnancy: ups and downs

Zoey McDonald and Anastasia Orend conform to their pregnancies.

By: Savannah Guyer @SavannahMGuyer

Most juniors are planning their senior year and some are even thinking of college, not waking up every two to three hours to feed their newborn baby like Zoey McDonald. A good population of sophomores are enjoying their free time and discovering who they are, unlike Anastasia Orend who is preparing for the due date of her baby girl in late April.

While at different spectrums of their pregnancies, Zoey and Anastasia are experiencing something that not many teenagers will face at such a young age. Zoey was only sixteen when she found out her life would change forever, her boyfriend, Travis Joyce, had just graduated from Marion High School, "It was a week before my sophomore year had ended when I found out. I was scared and surprised but Travis is such a great person and helped me through it. He's literally been the one person I can count on. My mom was very supportive, my dad took a little longer to get excited. I definitely did not think it would happen," McDonald said. Anastasia had a similar beginning to her journey with her boyfriend, Ricky Weig, a junior at Compass, "When I found out, I told my mom to yell

at me if she wanted, although it wasn't going to change anything. She told me that she would support me no matter what. When I told Ricky, he was scared but he got very used to the idea quickly," Orend commented.

The mother and mother to be have made plans referring to getting back into their schooling, "I'm going to try my best to come back to Marion in the Fall, but if I can't I'll have to go to Compass. I want to graduate and get a good job for her," Orend said. Zoey has the same ideas, "I'm coming back school in late March."

Anastasia has yet to discover the ups and downs of having a baby, but Zoey is a few months ahead, "She's an amazing baby. She made me mature a lot and realize who my true friends are. I miss cheerleading and my cheer sisters, but there is nothing I would change. The best thing is being in a bad mood and looking at her smile and having it go away. I am so grateful for the people that have supported me. I never planned on starting a family



Anastasia Orend, sophomore, and Zoey McDonald, junior, stand in the hallway wishing to return back to an average teenager's day of classes and friends.

this early, but I will be the best mother I can be," McDonald said. With regards to everything she's heard about pregnancy, Anastasia has remained optimistic, "I feel really confident," Orend added.

With unplanned moments ahead and unexpected adventures behind them, Anastasia and Zoey are willing to adapt to become the best parents they can be.

## Remember when?

By: Haley Shaffer @Shafferdafter

Remember when people used to wear crazy things? Or remember those video games people couldn't get enough of? Remember the things that people spent their childhood doing? Remember when those shows were the coolest? Well here's to back in the day. A reminder of the good old days, when everything was simpler, easier, and probably just a little bit funner. A little throwback of how Marion students used to dress, spend their free time, and all the embarrassing things that some of them used to do. From the seniors who were 90's babies, to the freshman who weren't around till the 2000's, see how everyone used to be.



"Remember when girls used to tie their shirts with a hair tie to make their shirts shorter or tighter?"  
-Kelsey Kirk, senior



"I remember when everyone wore gauch pants. I really liked them because they were comfy."  
-Shannon Sellers, freshman



"Remember when bell bottoms were in? Yeah, me too."  
-Austin Howe, junior



"Remember when kids used to play outside for fun instead of being on their phones/video games?"  
-Mr. Pete Messerli, business teacher



"I remember when I used to play with Bratz dolls because all of my friends had them and they were fun."  
-Hallie Vanderlinden, senior

## A welcomed teacher-addition

By: Andie Scott @KewtheRavager

Many things stay the same with the coming of a new school year. Well, seeing as it's third term, 'new' probably isn't the word to use, but that's not important! What is important is the fact that there's a new teacher in our midst. Now, for some, most teachers just tend to blend together, only to be remembered as 'the English teacher' or 'the science teacher.' Teachers are so much more than that! So, what makes this new teacher special and unique? What is the inside scoop on Mrs. Terri Keeney?

For those unaware, Keeney is a new math teacher that just became a part of Marion High School this year, having taught Integrated Algebra 1 and 2 thus far. "I really like it [here] a lot." She says. "It has a small-town feel, and I was from a small town too. And, I like all the students."

While it's easy to picture teachers living at school like trolls under a bridge, that obviously isn't the case. She got married back in July and lives with two... somewhat sinister little kittens. "They're naughty. One day, I came to school with two huge scratches on my arms. I'd been trying to hold them and they went jumping out!" She explains.

Outside of the house, Keeney likes

exercising and finding ways to stay active. "I played college basketball, and I'm assistance track coach at my old high school, Monticello, so I'll start coaching again when track season starts."

So, what does this mean for us?

Keeney seems like a pretty rockin' person, but is she a rockin' teacher? Only time will really tell for sure, but there is one thing that's clear. "I'm looking forward to getting to know my new students and

continue building relationships with my old ones." Whether a student likes school or not, there is a sort of comfort that comes with having a favorite teacher that one can really connect with. Keeney wants to be that teacher that students can build a relationship with, which is something many teachers strive for.

Overall, it seems like math is getting an upgrade, and it's going to be an interesting ride for student and teacher alike. Let's all welcome Keeney with open arms, and show her the Marion spirit we're known for.



Ms. Keeney  
math teacher

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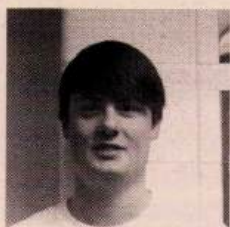


# Broken New Year's

New Year's resolutions are things that are hard to keep

By: Andie Scott @KewtheRavager

It's February, the year of love and... well, possibly the ending of winter for other parts of the world, but here, it's just another notch in the belt of the never-ending Iowa winter. It's hard to believe that New Years Day was a



Tristan Lochner, Junior



Michael Martin, senior

whole six weeks ago, and the resolutions from that day are just that old. And, while the New Year is supposed to be a cleansing, many break those resolutions even earlier than that! Is it just sheer laziness, or is there something else behind these fractured self-promises?

Tristan Lochner, junior, may have some answers from his own experiences. "My new year's resolution was to exercise twice a week. I broke it in... about a day or so." He says, after some thought. "I did it as a joke, and so I could lose weight." Lochner says. Many students, in fact, have stopped making new years' resolutions, simply for the reason that they know they won't go through with them. In the FranklinCovey survey of 2008, 77% of those surveyed failed to keep their resolutions, 35% by the end of

January alone. So why do some students still make them?

Michael Martin, senior, has an idea. "I did it just to say I did, even though I break it half the time. I don't like to conform." Martin's resolution was to not crash his bike at all throughout the upcoming year, broken - once again - within a day. "I was going up a snowy hill on my bike. I turned too hard, the bike fell, and I slid down the whole hill - with the bike - all the way down." He recounts. "A little frostbitten back never hurt no one." He adds with a chuckle.

There's all kinds of theories on why people break their new year's resolutions, by scientists and students alike. "I don't think many people go for them because of their priorities." Lochner comments. "Because they put them before other priorities."

"Yeah, I don't think new years' resolutions are kept too long." Martin adds. "The longest I've kept one is a month. It's just commitment. Like saying 'I'm gonna quit smoking.' Yeah, that's gonna be a hard one to keep".

There are many reasons why new years' resolutions are hard to keep, but there are also many ways to improving your chances of keeping them. Planning your luck could turn around. Better time management, limiting the number of things on the list, making a plan or a schedule, and plenty of others. But in the end, if the resolution and pressure wins out, it doesn't mean giving up is the only option. Anyone can make a resolution to better themselves and try to keep it, even if it's not New Year's.

But if one really needs the extra incentive, another chance is coming up in another ten months.

# Senior year throwbacks

By: Deshaun Quinn @Quinntower\_2

From the day these seniors look back on their freshman years. As they picture their freshman year walking through the doors of MHS, they wouldn't know how much these four years would change their lives forever.

As we look back on the lives of these seniors. We can see how much they have changed and how much they have grow in maturity and as individuals themselves. They have learned a lot they will used for the rest of their

lives. These seniors well be able to reflect back on their lives and share stories with their kids and grandchildren. Even though these times might be hard now, and it might be a struggle but it will all pay off in the end when you hopefully. Everyone experiences these times through their lives and goes through the ups and downs but its changes may senior that come through Marion in may but makes them into to the men and women that they need to become.



Amanda Hinz

"Since freshman year, I have matured as an individual and I have met many new people."



Andrew Falco

"I have matured [since freshman year]."



Keagan Oellrich

"I've learned to be happy enough to make other people happy."

# Students give their Valentine's Day opinions

By: Taylor Lamm @Lammers11



"It's a Hallmark holiday, used as a ploy to get money. You shouldn't love for just one day, you should love someone all the other 364 days."

- Joseph Tiegen, senior



"Valentine's Day is like every other day, plus I have a bowling meet that day so it makes it 10x better."

-Bre Smith, sophomore



"If anyone wants to give me chocolates that'll be wonderful."

-Jacob Davila, senior



"I'm excited to spend my first Valentine's day with Issac Hahn."

-Nicole Toppin, freshman

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## Where's the student?



Bobby Vanderlind, '16



Alexis VanMeter, '17

## Fun Facts

To have your photo taken with the first camera, you would have had to sit still for eight hours.

The Lincoln County Jail in Nebraska has two cats that live with the inmates in the jail and keep them company.

The only domestic animal not mentioned in the Bible is the cat.

Abience is the strong urge to withdraw or avoid a situation or an object.

The smell of Crayola crayons is so familiar that it is 1 of the 20 most recognizable scents to adults.

Nachos were invented in 1943 by a guy named 'Ignacio Nacho Anaya.'

Pineapples are not a single fruit, but a group of berries that are fused together.

Fun facts obtained from: [sotruefacts.com](http://sotruefacts.com)



By: Andie Scott @KewtheRavager

## Trivia questions

- What is the name for the science or study of plants?
- The state animal of Connecticut is which of the following: white tailed deer, sperm whale, or monarch butterfly?
- True or False: Birds are the only animals that have feathers.
- Can you name four countries on the mainland of Africa whose spelling begins with the letter M?
- Words that express excitement or emotion like Hey!, Oh!, Yea!, or Ouch! are what part of speech?
- Who was the last U.S. president, before Clinton, who did not serve in the Armed Forces?
- What two bones run from the elbow down to the wrist?

Go to [dailypowwow.com](http://dailypowwow.com) for trivia answers!

Trivia questions obtained from: [triviacafe.com](http://triviacafe.com)

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