

Something smells weird here

-Commentary-



By: Kaitlyn Nathem
[Yearbook Editor]

Sitting in the school cafeteria, I was almost knocked out by a large brick-wall of stench. It's happened in every classroom and even happens when you're driving with others in the car. All of a sudden, most of the time without warning, someone completely rips one. In their defense, sometimes farting is difficult to control, however, it is a problem that needs to be discussed.

If you think you are about to do the dirty deed, it would probably be best to exit the premises, not only to save yourself the embarrassment, but to save everyone else from the contaminated air. If you're with people that you're comfortable around, maybe a heads up is necessary. I always appreciate a warning before an atomic gas-cloud gags me.

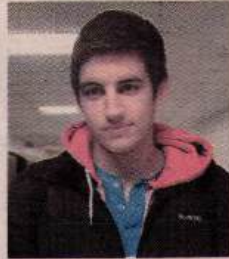
There's always those times where there's have no exit area and you aren't with people you're comfortable with. Plan B should always be a last resort because there's the chance of getting busted. The plan consists of lying and betrayal to someone else. After the smell starts to move around the enclosed area and someone comments on the noxious odor, you need to deny that it was you. The second part of Plan B is to turn the blame onto someone else. This works just about every time.

Just remember that there are always options to avoid discomfort.

Pride in the ink: why some get tattoos

Nick Vannatta and Mikayla Shultz share their stories of their tattoos and why they got them.

By: Becca Hall [Staff Writer]



Nick Vannatta,
senior

They wear their tattoos loud and proud. Nick Vannatta and Mikayla Shultz, seniors, like to show off their tattoos, because their ink shows who they are and where they come from. Though they can be painful, the amount of students who have tattoos shows that people think it's worth it.

Nick has two tattoos, one on his bicep that connects into his newest, recently finished design: a chest piece. When Nick turned 18 he decided to get his first inking.

Since he knows these pieces of art are going to be on his body forever, he spent a long time debating and planning out what it would be. He decided on a Polynesian tribal design that shows off his heritage. "I got it because my mom's side of the family is Polynesian and my uncle has some similar tattoos," Nick explained.

Mikayla also has two tattoos. Her first one is across her right ribs, with the words "what doesn't kill you makes you stronger." Mikayla says, "That tattoo has a lot of meaning to my life." Her second tattoo is an infinity sign with "no regrets" written in it. "[I've wanted a tattoo] since I saw my mom get her first tattoo about five years

ago."

Mikayla spent much time figuring out what tattoos would look like and where they would be placed. "I planned my side tattoo for two weeks to figure it all out," explained Mikayla, "and about the same amount of time for my wrist."

Like Mikayla's wrist tattoo states, neither Nick nor Mikayla have any regrets. Neither of them would choose to do anything differently. The two of them are able to look at their tattoos and know they are special.

Since tattoos are obviously permanent, they both have advice for anyone planning on getting a tattoo.

"Make sure you know your artist is going to deliver what you want!" said Nick. "Sometimes they like to throw in their own ideas, which can be good or bad."

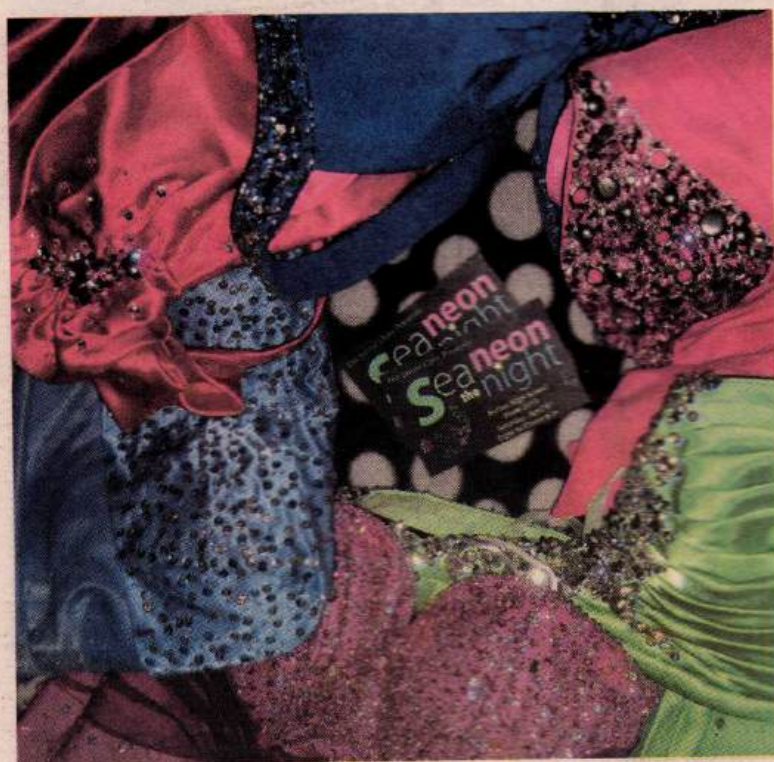
"Make sure you trust the person that is doing it," Mikayla added.

Tattoos mean something different to everyone, and Nick's tattoos mean a lot of things to him. "You just gotta decide what is right for you," he commented.

Getting something that will last forever can feel risky, exciting, and even scary, but tattoos can often turn out to be something that are cherished forever. Like many others, Nick and Mikayla both love their tattoos.



Left: Mikayla Shultz's "no regrets" wrist tattoo
Right: Nick Vannatta's bicep tattoo



An array of sparkling prom dresses surround this year's "Sea the Neon Night" prom tickets.

Kaitie Connelly's pre-prom input

By: Taylor Millis [Feature Editor]

Q: Are you excited for this year's prom?

K: "Yes, because I'm excited to be able to dance with my friends because they can go this year!"

Q: Is prom more exciting for girls or boys?

K: "For girls because we get to go dress shopping and get our nails done. But, it's a lot more stressful to be a girl during prom."

Q: What are you most excited for?

K: "Probably wearing the dress!"

Q: What is your dress like?

K: "It's mermaid style, and pink with embellishments all over the dress."

Q: What are you not looking forward to?

K: "Being nervous during the day while getting ready, and being stressed out."

Q: Do you think this year's prom will be good?

K: "I don't know because my freshman

year was good but my sophomore year was bad because of the music."

Q: What would you like to see at prom this year?

K: "Decorations, good music and all of my friends!"

Q: How were you asked to prom?

K: "I haven't been asked yet. Levi [Locher] thinks he doesn't have to ask me because we are dating."

Q: Why do you think people spend so much on prom?

K: "I think girls spend so much on dresses because they want to have a really good dress. Also, going out to eat can be really expensive depending on where you eat."

Q: What are your plans for prom night?

K: "Go in a group and eat somewhere nice, take pictures and have lots of fun at the dance!"

All seniors aboard the struggle bus

Read about seniors not caring what-so-ever about their grades and homework

By: Claire Nash [Photo Editor]

Senioritis down right sucks. Stressed out to the max, riding on the struggle bus five days a week. Drinking coffee and energy drinks like they are water, just to get through the long, hard days of school.

Seniors complain about doing their school work. Seniors (and most students for that matter) wish that every day was Saturday, or just the weekend; anything just to get them out of school. It tends to start getting worse and worse after winter break and takes place all the way until graduation.

Seniors and the rest of the student body want it to be May already. Seniors can't focus on anything. Prom, graduation and getting ready for college is all that some seniors want right at this very moment. Yes, a lot of seniors have open blocks but that just isn't enough. All seniors want to do is sleep and just do whatever they please. They are tired of writing papers and taking pointless classes even though they need them to graduate.

Some signs of senioritis are: poor grades, incomplete assignments, not making it home

on time for curfew, skipping classes, having increased absences from school, concern from teachers and school administrators, and using drugs and alcohol. Symptoms include: being lazy, having a hard time getting out of bed in the morning, procrastination, and having a poor attitude towards homework and school projects. Some even have poor hygiene, while others have lack of interest towards their future plans. Last but not least, all 12th graders want to do is spend time with friends and socialize as much as they can before having to grow up and leave for college or post-high school jobs.

Senioritis is something that no one can get rid of until the year is over. Even though it's the start of the last quarter of the school year, the soon-to-be graduates should try and focus on their grades and accomplish everything else that needs to be done before graduation. These top dogs of the twenty-thirteen class just need to buckle down and get to focusing on what really matters. But, even though most 12th graders have this horrendous senioritis, most will be very sad when high school is over. So seniors, make the most of it while it lasts!

Growing up may suck, but make the best of it

By: Breiana Brown [Executive Editor]

As kids, most people couldn't wait to grow up and do big boy or big girl things. They couldn't wait to be strong, tall, and do everything on their own. What people didn't realize was that being innocent, adorable, oblivious to world problems, unaware of danger, and free of a judgemental mind set may have been the best time of their lives. The worst you ask? Well welcome to the teenage years.

Honestly being a teenager can suck sometimes. The make-ups, break-ups, drama, and pressure to fit in, but that's not the point here. There are a lot more problems than that petty "he said she said" crap. Homework, jobs, tests, societal pressure, college applications, and responsibilities outside of school and work are where the real issues lie. Most students who are old enough to drive have a job, and some even have two. On top of that comes hours of homework, unrelenting pressure to do well, chores, activities, and trying to maintain a social life.

Sure, some adults think all teenagers do is party. That doesn't apply to everyone. Those who really believe that watch a bit too much TV. Yeah, they may have been a teenager once, but times have changed. They no longer know what young adults have to go through. Some may think it can't be that bad, but it is. Fourteen to 18-year-olds may not have a family to support or a mailbox full of

bills to pay, but think about it. Once most teenagers reach 16 their life consists of this: wake up, get ready, go to school, go to work, do home work, go to bed, and repeat. This is why adolescents look forward to the weekend, spring break and summer.

Summer is like finally waking up from a bad nightmare. It's a time to throw on some shades, roll down the windows, and enjoy youth. It's a time to reflect, make memories, and a little extra cash. Then it's back to school.

What happened to that little boy or girl who didn't have a care in the world? What happened to that free spirit who thought there was no such thing as evil? Those were the days. Those were the times where there wasn't a care in the world, nothing to bring a person down. Summer is like another chance for that carefree feeling.

Think about it teens, ten years from now those innocent days of elementary won't matter. It will be those teenage years that will be looked back on, those fun, crazy, and somewhat questionable times. All the stress and responsibilities will be but a blip on the radar of life.

Learn to live now, to enjoy youth. That way looking back at those embarrassing, unbelievable, and so missed memories and pictures will become that much sweeter. It's not time to be a wet poodle quite yet, it's time to live. No, don't drop everything and go on without a care in the world, but live a little. Make mistakes, get your heart broken, fall in love, and let the good times roll.

Summer coming slow

By: Kayla Comried [Staff Writer]



Danica Chalstrom, sophomore, and Tara Zumwalt, junior, hang out with their friends while working at the Marion Pool.


With spring break over and the last few months of school slowly passing by, it leaves many wondering when will summer finally be here.


The last months of school always seem to pass so slowly. Spring break quickly came and went, and it leaves summer so far away that it feels like an eternity. It feels like the last twenty minutes of a test. Even though the test is almost over those last moments those last questions feel like they don't even deserve effort. Like they are minor details in the whole aspect of learning. That is like the last months of school. They seem to be effortless like each day is just a tedious piece of work. Along with those last months feeling endless there is nothing but summer to look forward to.


With only two months left of school the last day is literally the only thing in sight that everyone can look forward to. Sure a few random people may have those vacations that they personally be excited about, but as a whole summer is the only thing that keeps us all going. It is that beautiful view at the end of a long mountain climb. That freezing glass of water at the end of a long run. Summer is the wonderful reward received at the end of a long nine month school year. Although this reward is coming slow, it is coming so just remain calm.


Summer, although it feels like years away, is approaching rapidly for some. Seniors have mixed feelings and some aren't looking forward to the day when their entire high school life comes to an end. The rest of us however just hope that day manages to come faster than it is coming right now.


2012-13 Vox Staff



Mrs. Sarah Eicher



Breiana Brown



Kaitlyn Nathem



Alex Estes



Jordan Hansen



Taylor Lamm



Taylor Millis



Claire Nash



Kiersten Kiene



Kylie McAllister



Storm Bogs


Haley Shaffer


Kayla Comried


Becca Hall


Uriah Lakin


Gage Miskimen

2012-2013 Editorial Policy

The Vox is a public forum student-run newspaper dedicated to informing and entertaining the students of Marion High School since 1934. It is published six times a year by Tri-Co Printing Company and is distributed during the final block of the school day by the journalism staff.

The staff will report as accurately, fairly, and objectively as possible. All activities will be covered by the staff to the best of their ability,

without showing favoritism to any group.

Letters to the editor will be printed from anyone in the community. However, The Vox retains the right to edit articles without changing the writer's intent. There is a limit of two hundred words per article and all letters must be signed in order for them to be published. The decision to include them rests solely on the staff and advisor. Turn letters into room 22 or to any staff member.

Ridiculous reputations for being protected

Why girls shouldn't be ridiculed for using birth control to protect themselves against pregnancy.

By: Taylor Millis [Feature Editor]

Whispers begin and rumors spread. She started dating him and got on birth control... she must be sleeping with him. She used to be such a sweet girl, now she's dirty.

The reputation that a girl gains when protecting herself has become less of an issue in high schools, but is still given and even more so is given with the generations ahead of us. The fact that this reputation even exists is ridiculous in itself.

Giving girls and women a label because they have made a decision to protect themselves from an unwanted pregnancy is unfair. Guys are told from the age they begin puberty that they need to be smart and must protect themselves during sex, so why is it an issue when a girl is smart and protects herself during sex?

Yes it is a different form of protection than a condom. Birth control deals with hormones, therefore stopping or postponing the release of eggs. However, just because it uses a different method of stopping fertilization, girls

should be allowed to make the decision to protect themselves instead of relying on a piece of latex to protect their lives and futures.

If that isn't enough reason to drop the labels, think about this. Birth control is not only used as a contraceptive. It is also commonly used as a method to regulate the menstrual cycle, to reduce the intensity of menstrual cramps and other menstrual symptoms, to reduce acne, and even to control medical conditions such as endometriosis. So next time, before labeling the girl who is on birth control, think of the other health related reasons she could be using the medication for.

Every man has a right to protect himself, so every woman does too. Girls should be encouraged to protect themselves, not ridiculed. The use of birth control may not be as obvious as it may seem, so think before making judgements. Just because someone doesn't agree with the use of birth control, does not mean that everyone has to stop the use of it. It is not everyone else's decision to make, it is the decision of the woman. If she cannot be supported, then mouths should stay closed.

Types of birth control

The implant- thin, plastic implant that is put under the skin of the upper arm

The pill- pill that is taken daily

The shot- shot that is given in the arm and lasts three months

Vaginal ring- ring inserted into vagina for three weeks per month

Condom- Male: plastic or latex that is worn on the penis

Female: pouch inserted into the vagina

The struggles teenage girls face every single day

By: Haley Shaffer [Social Media Editor]

The differences between boys and girls are endless. Many people would agree, most of them being girls, that girls have life much harder than men. For those who disagree, here are some examples of the immense struggles of being a woman.

For starters, women have to give birth. They have to carry a baby inside of them for nine long months and then have to take crap from people when they're in a bad mood or cranky. People seem to forget that they're busy giving the gift of life to some kid that will probably end up sassing them one day. Not to mention the actual pain that comes with giving birth, the aches, pains, or how gross it is. Most teenagers don't thank their mother for giving birth to them, but they probably should start.

Secondly, the lovely gift that mother nature oh so kindly drops off to each lady once a month. Guys frankly need to stop telling girls it's gross, or that it disgusts them. News flash, girl know it's sick. They hate it. Absolutely everything about it. The cramps, the mood swings, some girls even break out during their time of the month. When a guy tells a girl while it's her time of the month that she's crabby, he can expect to get a round house kick to the face. Guys don't understand the pain and inconvenience of this so called gift. Do guys really think girls want to be living like that? No, but guess what? If they didn't, no one would be here on this earth, including whoever is reading this.

Another thing girls "have to" do is make themselves look presentable. If a guy and a girl are going out on a date, the guy could jump in the shower and be ready in fifteen minutes. Girls on the other hand, have to do something with their hair, face, and pick out an outfit that's suitable. Even getting ready for school takes

so much more time for girls than for guys. Girls just think about so much more than guys do. Like a guy would never spend time painting his nails or curling their eyelashes. Guys should really start to appreciate the time that girls take to get ready.

Lastly, and probably one of the worst, girls have to deal with other girls. Girls are dramatic and some of them just love to pick fights for no reason at all. Simply for entertainment. When two guys get into a fight, it usually ends with a punch to the face or a "Sorry dude, I just get really into 'COD'". But when girls fight, it's like WW3. It's just flat out mean. Girls dig down deep dirt to hurt each other right in the heart. It's cruel and crazy and downright sad. But it's girls. The thing is, is that girls act like they hate, but most of the time, the girls who are saying they hate drama are the ones who are starting most of it. And girls don't fight to lose. That's why girl fights are so much more harsh than guy fights, emotionally of course. Girls are known for sissy hitting each other and pulling hair which might not seem too crazy, but when it comes to making another girl cry, most of them are pros at it. Now, it may be because girls are just more emotional than guys, but it also could be because girls are just scary people. Either way, girls aren't helping each other out at all by being this way. The only thing they're doing is giving other people entertainment and causing someone else to cry into a pillowcase. Being a girl would be a much easier thing if girls didn't have some goal of hurting each other.

When it comes to a battle of the sexes, boys could easily win football and video games, but girls have it harder in life hands down. Any guy who is willing to argue that needs to take a long walk in some high heels. Girls do complain a lot maybe they're justified in that.

The truth about masculinity and the media today

By: Gage Miskimen [Staff Writer]

Guys are supposed to be simple. They like sports, guns, explosions, babes, explosions, cars, and explosions.

But there are so many trends and different styles for men that there seems to be confusion on what masculinity consists of.

Some think masculinity is when a guy is buff and carries around an axe to chop down monstrous trees, wearing a flannel. Others think it's a skinny kid with long hair that he can flip whenever he feels it's necessary,

who wears tight jeans and likes really sad and depressing music.

Media really messes with people's minds. They see advertisements on TV and billboards of guys in these suits and ties with some horse-looking lady attached to their arm with the sign saying some foreign name of a fancy cologne. Or a TV commercial with a rugged, cowboy racing actual horses in his F-150, blasting mud everywhere over a field saying that he is "tough" because he's driving a big truck in his cowboy hat. With all these ads, guys don't even have an idea of what masculinity is.

Masculinity isn't a look, however. It's a state of being.

A boy becomes a man when he is ready to care for other people and be responsible enough to keep caring. Being a man isn't decided by what a guy wears or what his interests are. It's defined by a guy's character and who he really is deep down inside.

There are no trends when it comes to being responsible and doing what is right when and if the time comes to make huge life choices. There is only a guy and his conscience.

However, liking explosions can make a guy manly, too.

Style switch

-Commentary-

As we delve deeper and deeper into the school year, it gets easier to wake up in the morning and talk yourself out of dressing like you ac-



By: Alex Estes
[Yearbook Editor]

tually give a fudge-nugget about life. I know it's still chilly out in early spring and everyone just wants to stay dry, but there are better things in life than wearing sweatpants, yoga pants, and Uggs daily! And let's be honest, any girl wearing the sweatpants and Uggs combo may as well have a sign on her that says "I've totally given up on life!" It's so hard to feel good about yourself in sweats or yoga pants. Clothes play majorly into the way a person feels. If you look good on the outside, it's easier to feel good on the inside.

Instead of going straight for a floppy pair of sheepskin shoes in the morning, opt out for a pair of heavy duty Dr. Martens. Their 1460 eight-eye boots give any girl a sense of dictatorship. You'll feel better, and everyone will respect you (out of fear). These boots can cause some damage, and every girl needs a proper pair of, what I like to call them, "nut crushing" boots." If you're not ready for a full on combat style boot, Dr. Martens makes a harem of other styles of shoes. From oxfords to sandals, any lady will feel powerful with a pair of Docs on her feet.

A trend I've been noticing a lot lately is camouflage. Not the random splashes of green and black camo, but camo that is supposed to mimic the woods. The only activities that pattern is good for are hunting and playing hide-and-seek in Scheels. I actually love camouflage, but not if it makes me look like I just crawled out of the woods. I love the military camo that was mostly used in the sixties and seventies, and it is totally inexpensive to get a hold of a nice camo jacket. Uncle Stan's Military Surplus store sells a plethora of vintage military gear, including the coveted camo jacket. Next time you want to keep warm in the soggy springtime, don't lunge for your frumpy sweatshirt! Replace it with your new camo jacket! This piece is another great thing to wear if you're feeling like pooh about boys. It makes you look like you have power over your life.

Next time you feel like a cow pie when you wake up, for whatever reason, remember that there is no need to look like it! With the tips above, every girl can look, and feel like a million bucks... or maybe a commie dictator. Regardless, no one will want to bully you around.

Bruns throws for success

Sophomore Chase Bruns has an optimistic attitude about throwing shotput and discus this season in track.

By: Gage Miskimen [Staff Writer]

Track is a sport with a variety of athletes. There are runners, jumpers, and throwers. Being a thrower in track is as much technique as it is strength. It is also very limited because throwers are usually just thrower with an occasional running event.

Chase Bruns, sophomore, is a thrower for the track team. Chase participates in multiple events. "I do shot put, discus and the occasional 4 x 100," Chase said. With the season in full swing, Chase is pretty confident with how things are going, "I feel we are going to do pretty good. The throwers are really good." He has high goals for himself and the team. "Personally, throwing a far enough distance for state is a goal of mine. I hope we go back to state." With a lack of freshmen boy throwers, Chase still feels good about the season, "We'll be fine for now, but in the future it could really hurt us. John Carstensen should do discus."

Chase laughed.

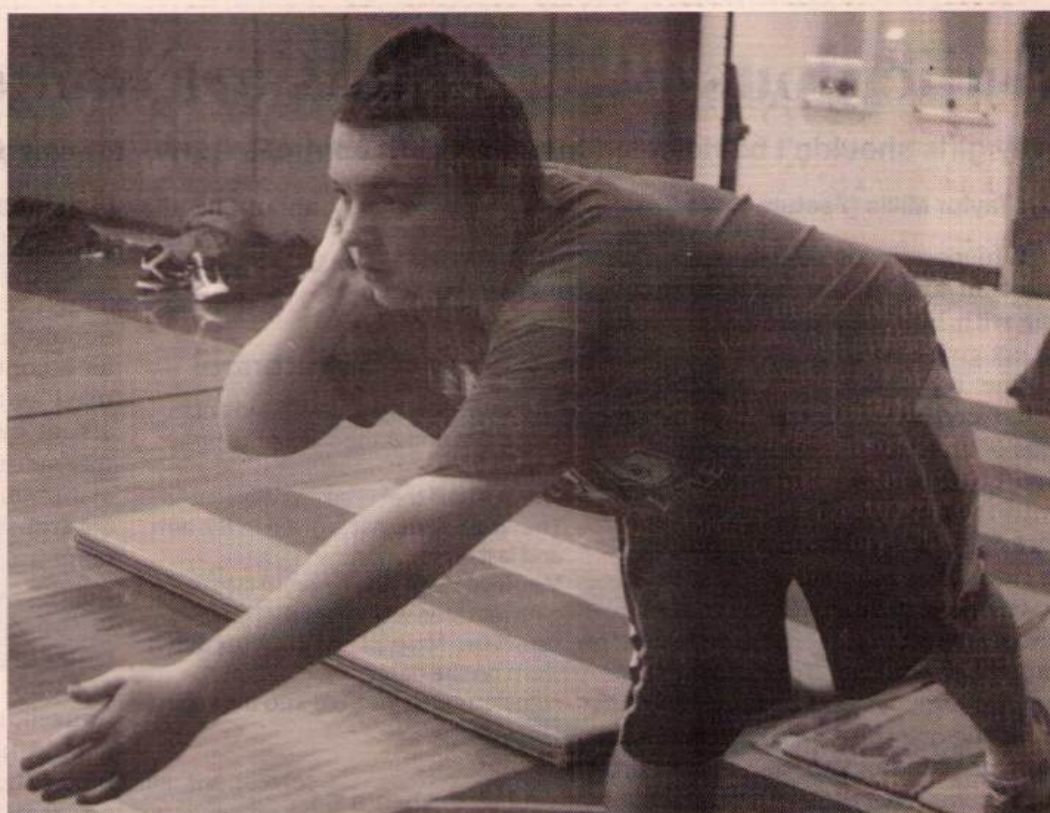
Chase has been in track since 7th grade. He has been a thrower every season. He said he started track just to have something to do, but he has enjoyed it ever since.

Being younger, Chase gets tips and help in throwing. Older teammates and coaches help him during the season. "I would say Coach Clark helps me the most, because that's his job. He's supposed to teach me throwing stuff," Chase said. The upperclassmen help Chase also. "I'll miss Zach, Justin and I guess Jordan because he'll get mad if I don't say him," Chase laughed.

When it comes to advice, Chase keeps it simple. "Lift weights definitely. Otherwise you won't do anything. Squat and bench especially. No cleans though. I hate cleans." Being a thrower can have

its limitations and difficulties, but throwers are a different kind of track athlete. They are their own team within another team. They are in a whole other sport than other track

athletes. But whether an athlete is a runner, a thrower, or even a jumper, at the end of the day, they are all shooting for the same goal: To win and compete at the state meet.



Chase Bruns, sophomore, gets ready to throw a shot during an indoor practice this March as the late-season ice prevented them from practicing outdoors.

Hornback and Anderson's last swing

By: Jordan Hansen [Activities Editor]

With lofty goals this season, the Marion Boy's Tennis team looks to get on the courts as soon as possible this season. With the high expectations comes a massive amount of preseason work. The tennis team has been in the weight room since December and many treat it as an all-year sport.



Brandon Hornback, senior



Michael Anderson, senior

Brandon Hornback and Michael Anderson, both seniors, are the #1 and #2 on the team. Their goals for this season do not differ a whole lot.

Brandon hopes for, "An undefeated regular season, WaMaC champions and a trip to substate." Michael added, "I just wanna

win, plain and simple."

While these are seemingly lofty goals, the team did finish 7-1 last year and placed 2nd at WaMaC. At districts they had some success and came close to sending some of their team to state. This year, an undefeated season is an achievable goal and it is only a matter of time before all the work they put in pays huge dividends. "Last year was a lot of fun, my best memories were definitely winning WaMaC and beating Assumption in districts last year," Michael stated.

While funding has sometimes been an issue, they continue to play regardless of what they get from the schools. "We receive enough money for tennis balls, but little other direct funding than that. In addition, the courts haven't been resurfaced in five years and the softball and baseball teams bat into the fences, making them almost useless as well as dangerous," Brandon stated.

Regardless of these obstacles, the tennis team has high aspirations for this season and will do everything they can to achieve their goals this season.

Ohl tees off for golf season

By: Storm Bogs [Web Editor]

They've been practicing for a while now and even had their first meet already. The season is in full swing. One girl in particular enjoys playing golf and has been playing for awhile now.

Ashley Ohl, sophomore, has been playing golf for two years now. "My older brother played and one of his friends talked me into it," she said. She plans to play throughout the rest of high school, and in college.

Playing golf can be enjoyable, but it can also get difficult at times. "[The best part of golf is] meeting all the girls that are going out," she said. Being on a team can be a lot of fun and offers a whole new community of friends. "I

make friends on the team so now I'm friends with all the girls," she said. Playing a sport that is enjoyable with friends that like it too makes it a lot more fun.

Playing a sport can be hard, especially if it's an individual sport. The most difficult thing to learn about golf is, "to not get frustrated," she said. Golf is a difficult sport and it can be hard when things don't go the right way. Even though golf can be hard at times, Ashley would recommend it to others. "It's really fun and you get a tan during all day meets." There are many great things about golf, and trying a new sport is always fun.

The first meet is over, and the team can't wait to see what is in store for the rest of the season.

Getting a tan in the winter months

By: Taylor Lamm [Opinion Editor]

When walking down the hallway, it's obvious who tans and who doesn't. Then there are those who just tan a little bit too much. Yes, tanning is an amazing way to calm the nerves and relax a little, but some can take it a little too far. Because no one wants to get called names about how they look.

Tanning is one issue amongst the average student drama. Sometimes even sitting in class a person can hear that chatter of others talking about what lotion they use, or where and for how long they go tanning. For some this might get annoying, but for others it's one topic that is just fun to talk about. Tanning isn't just about getting darker. It can help a person build

confidence, relax, and even give a person time to just think.

Tanning is also a problem in the community. According to KCRG the Senate has approved a bill saying that they might ban tanning for minors. A lot of teens can say that if this were to happen the tanning places would lose a lot of business. Teens enjoy tanning. It's plain and simple, and if they were to take that away there would be a lot of angry teens.

Tanning is a very enjoyable for most teens. So before judging a person on if they tan or not, think about how it could affect the person. If someone does tan just remember to use the right type of lotion and eye gear to be protected from the harmful rays.



"[I tan] because it makes you look better because of the tan skin."
-Cameron Mohwinkle, '14



"I tan for dances, even when I do go, I just go to get a glow."
-Jamie Draeger, '15

"[I tan] because it's just relaxing. Look good, feel good."
-Courtney Zeets, '13



McDonald powers through at TITLE



Zoey McDonald, sophomore, circles around a hanging heavy-weight bag TITLE Boxing Club.

By: Claire Nash [Photo Editor]

She places the colorful wrap over hand and wrist until the word title is facing up at her. She goes over to the rows of hanging bags. She begins to stretch. The instructor is standing in the middle of the room now and begins to talk about how the workout will be tonight. She begins to shuffle back and forth on her feet. She is ready to box!

Zoey McDonald, sophomore, enjoys boxing at TITLE Boxing Club in Cedar Rapids. "I joined four months ago. But before TITLE I did Max 10 and Farrell's." Zoey said. She joined for various reasons. "I joined because I heard that it was really fun and that it wasn't just strength band workouts, like how it was at Farrell's and Max 10. It was a full body workout. So I tried it out and loved it."

Anyone can join the club and your first time is free.

There are many trainers at the club. Zoey likes all of them but she does have one favorite. "Zach is my favorite trainer because he pushes me to do my best during the workout." To Zoey, Zach is one of the hardest trainers. Every trainer at TITLE is very helpful and they know what they are doing. If a person is a little nervous to try out their first boxing or kick boxing class, don't worry the trainers will help you out and won't let you fail at it.

Although she does both boxing and kickboxing, she prefers boxing. "I enjoy boxing more than kickboxing, because it's harder and I like that my arms hurt after the workout so I feel like I actually get something out of it." One of the best feelings after a hard workout are your muscles being sore, it proves that a person has worked hard.

They have power-hour workouts at TITLE, in which a person can burn up to a thousand calories in just one hour. "The first fifteen minutes at the power hour workout is where everyone stretches and warms up. The next thirty minutes are rounds of boxing or kick boxing and the last fifteen minutes is an abdominal core workout," she said.

Zoey recommends boxing and kickboxing to anyone who wants to have fun and get in shape.

If someone is looking for new fun way to shed inches and get sweaty at the same time then the TITLE Boxing Club could be the place for them. A person's first time is always free at the club. Just wear workout clothes and bring a pair of tennis shoes to change into and water bottle. The hand wraps and boxing gloves will be provided to you. If a person loves it, they should join!

Garthwaite dashes for gold this season

Jordan Garthwaite's goals and attributions for his Sophomore track season

By: Uriah Lakin [Staff Writer]

The runners are in position waiting for the gunshot. "SET!" the shooter says. They slightly bend down to get a swift start. The gun goes off and everything surrounding the runners is gone, the fans, the cheers, and the glaring sun, and they are off. Track is a much-loved sport at Marion, the heat of competition, and the building of team relationships is what helps keeps it going.

Jordan Garthwaite, sophomore loves running and especially track. "I love running 800 meters," he says. Running track takes skill and a lot of endurance. Keeping up with people and getting ahead of them is the key, because reaching that finish line is very important. Mr. Immerfall, his track coach has a lot of faith in him as a track runner. "He is very talented, he's one of our best sophomores we have, and he has a lot of potential as long as he works hard. He got a medal as a freshman, we haven't had a freshman reach that level," he said.

"My best meets last season were Loras and

the Drake Relays," Jordan said. Having motivation as a runner is a must because how are you going to be at your best. "I always remember pain is temporary, pride is forever," Jordan said. "I'm excited for this track season," Jordan stated.



Jordan Garthwaite, sophomore

"I always remember pain is temporary, pride is forever," -Jordan Garthwaite, '15

Being your best is important for track because reaching your goal is not only just important to you but your teammates also. "I cannot wait for the Drake relay to come around this year," Jordan also added, "I've trained all year for this and I am ready." This track season is heated and Jordan is ready to hit the

track and start running for the Indians.

The runners have been waiting and the track season is finally here. Jordan is one of the runners and he is ready for this season, and he is ready to take the gold home.

Ott prepares for his final soccer season

By: Jordan Hansen [Activities Editor]

As the snow finally melts, spring sports get started as school begins. Already have starting indoors, the boys soccer team will soon move outside to being there season in earnest.

Dalton Ott, senior, plays soccer for Marion and loves it. He has played it for 14 years and for Marion the past two. "It's always something I've loved, been pretty good as, and I have simply always enjoyed."

He already is loving how the team is going to work and getting after the ultimate goal of winning. "I like that were older and willing to work harder at conditioning and

other drills. It's just great to see.

A new season brings new challenges and new opportunities. Being a senior, Dalton is already thinking about how this will be his last chance to go out and play. "It's just weird to think this is the last time I will ever go out and...play competitive soccer."



Dalton Ott, senior

"...this is the last time I will ever go out and...play competitive soccer," -Dalton Ott, '13

For Dalton, this season is more than just a regular season, it's one that he believes will define him.

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Time

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M & Wed

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IND-82

4/16-5/16

T & Th

6:00-9:00P

IND-83

6/3 - 6/18

M - Th

8:00-11:00A

IND-84

6/3 - 6/18

M - Th

11:30-2:30P

IND-85

6/3 - 6/18

M - Th

6:00-9:00P

IND-86

7/1 - 7/17

M - Th

8:00-11:00A

IND-87

7/1 - 7/17

M - Th

11:30-2:30P

IND-88

7/29 - 8/13

M - Th

8:00-11:00A

IND-89

7/29 - 8/13

M - Th

11:30-2:30P

Go to StreetSmartsDriversEd.com to register and view other class locations!

We are fully licensed by the Iowa Department of Education and the Iowa Department of Transportation.

Read, "DIY: turning a shirt into a skirt," to learn a cheap and creative way to re-use clothes.

DIY: turning a shirt into a skirt

By: Storm Bogs [Web Editor]



Step 1

Start out with a long sleeved t-shirt. Make sure the neck is wide enough to fit as a skirt. Any color or pattern will work.

Hold the sleeves out to the sides and prepare to tie them into a knot.



Step 2



Step 3

Bring the two sleeves together and cross them over one another. After that, tie the sleeves into a bow.

It's finished! After just three short steps, an ordinary t-shirt is transformed into a cute skirt!

Thanks to Gage Miskimen for modeling!



Step 4

This Day in History

By: Kiersten Kiene [Design Editor]

The Pony Express, a new faster mail service using riders on a horseback relay instead of traditional stagecoaches, started

1860

Bruno Richard Hauptmann is executed in the electric chair of the kidnapping and the death of the Lindbergh baby

1936

MLK Jr. delivered his "mountaintop" speech in Memphis, Tennessee, less than 24 hours before being assassinated.

1968

Watergate Scandal - At this time President Nixon was also facing serious questions about his taxes and agreed to pay back \$432,787

1974

Apple releases the first iPad. They sold over three million units in the first three months it was on sale.

2010

Penelope Cruz became the first spanish actress to recieve a star on the Hollywood walk of fame, which was the 2,436th star placed

2011

Celebrity Birthdays:
Eddie Murphy (52) & Alec Baldwin (55)

According to thepeoplehistory.com

Tips on how to get into top shape before summer comes around

By: Claire Nash [Photo Editor]

Losing weight and toning up isn't always the easiest thing to do. It takes time, willpower, and dedication. For some people it's easy for them to quit eating unhealthy food, but for others it's hard, but it's never impossible! Don't give in to those stupid cravings. Here are some lists of healthier choices and not so healthy choices.

Breakfast: Biggest meal of the day.

Pick a protein: such as; eggs, protein bar, Protein smoothie or lean meat.

Pick a fruit: such as; any berries, kiwi, oranges, apples or bananas.

Pick a carb: whole grain bread or a whole grain bagel. Or even oatmeal.

*1-2 glasses of water

Midmorning Snack:

Triscuits, wheat thins, fruits, veggies, string cheese, yogurt, pretzels, or low fat cottage cheese.

*1-2 glasses of water

Lunch:

Pick a protein, fruit, veggie, and carb. Choices: Chicken, turkey, soup, fish, any fruit and vegetables, and a carb such as a piece of wheat bread.

*1-2 glasses of water

Mid afternoon snack:

Yogurt with granola or cottage cheese or fruit or veggies. All are good choices.

*1-2 glasses of water

Dinner:

Start with a glass of water. Your dinner should include a protein, veggie and carb. Fish or chicken with brown rice and veggies.

*This nutrition plan isn't for everyone.

If a person is trying to lose weight and find the right food choices and exercise plan they should talk to their doctor or a trainer first.

BURN 100 CALORIES RIGHT NOW

MARCH IN PLACE FOR ONE MINUTE
JOG IN PLACE FOR ONE MINUTE
JUMPING JACKS FOR ONE MINUTE
LONG JUMPS FOR ONE MINUTE
JOG LIGHTLY FOR ONE MINUTE
JUMPING JACKS FOR ONE MINUTE
SQUAT AND KICK, ALTERNATING LEGS FOR ONE MINUTE
JOG LIGHTLY FOR ONE MINUTE
LONG JUMPS FOR ONE MINUTE

NOW SHAKE IT OUT

THE ULTIMATE FEMALE.COM

Here's a quick workout to burn 100 calories fast!
Infographic from theultimatefemale.com

Defiance TV review before debut

By: Uriah Lakin [Staff Writer]

Six years the Votans an extra-terrestrial seven species race sat in orbit of Earth after their home system was destroyed and negotiated with our Governments on a peaceful settlement of Earth but when we drug out the talks but they ran low on supplies and chose to attack us. They came to our world and turned it into a wasteland. Chasms opened up in the ground and our cities were reduced to rubble. After years of fighting a cease fire was finally called. The seven collective aliens the Votans allied with some humans while other stayed violent.

The story revolves around Jeb Nolan who was apart of the human military during the war. He

went on a journey to find St. Louis his hometown when he reaches it and finds a destroyed city and a refugee camp of humans and aliens called Defiance. He takes the role as chief and leads the camp against invaders, rogue military personnel, aliens, and other unwelcomed visitors. According to the Defiance official website guide.

This TV series will appear on the SyFy Channel and will begin on April 15, 2013 at 9:00 p.m. It will have 12 episodes in this season and probably more if the show becomes a success. Be prepared to sit on the couch and be stunned at the graphics and the amazing plot line Defiance will give you, so get ready.

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Delicious recipes to spring people into the new season

Read about some crazy mouth-watering recipes.

By: Kayla Comried [Staff Writer]

Cheeseburger Bread

What you'll need:

1 pound lean ground beef
1/2 teaspoon salt
1/4 teaspoon pepper
1/4 cup olive oil
1 small onion, chopped
1 small garlic clove, minced
1 (16-ounce) box hot-roll mix
1 1/4 cups warm water
10 slices American cheese

How to make it:

Heat oven to 375° F. Brown beef, onions, and garlic in nonstick skillet over medium-high heat. Drain fat and stir in salt and pepper. Transfer beef to a bowl and set it aside. In a large bowl, combine roll mix, water, and 2 tablespoons olive oil. Stir until dough is formed. Turn it out onto a floured surface and knead it for 5 minutes. Line a 10x15 cookie sheet with parchment paper and lightly grease the paper. Place the dough on the sheet, cover with towel. Let rest for 5 minutes. Press dough out to the edges of the cookie sheet and slice it lengthwise to create two 5x15 rectangles. Sprinkle beef mixture over the two doughs

and top it with slices of cheese. Fold over about one inch of the short ends, then roll up each rectangle the long way to create two loaves. Pinch the ends closed. Reposition loaves so they're evenly spaced on the cookie sheet. Brush tops with remaining olive oil. Bake for 20 minutes or until golden brown. Let the loaves cool. Makes 24 servings.



Cheeseburger Bread

PB & Chocolate Chip Cookies

What you'll need:

1 cup creamy peanut butter
1 cup light brown sugar, packed
1 large egg
1 tablespoon vanilla extract
1 teaspoon baking soda
6 ounces semi-sweet, dark, or bittersweet chocolate, chopped (1 cup

semi-sweet chocolate chips may be substituted)

How to make it:

Combine peanut butter, brown sugar, egg, vanilla, and beat on medium-high speed until well-combined and sugar is fully incorporated and mixture is no longer gritty, about three minutes. Scrape the bowl as necessary. Add baking soda and beat to incorporate. Add chocolate and beat to incorporate; don't overmix or the nice chocolate chunks will break down. Transfer dough to airtight container and refrigerate for at least two hours, and up to five days, before baking. Preheat oven to 350F, line two baking sheets or spray with cooking spray; set aside. Using a two-inch cookie scoop, form dough mounds and place on baking sheet, spaced two inches apart. If chocolate is falling out of dough since there is an abundance, roll ball between palms to encourage it to stay in the dough. Slightly flatten the mounds before baking so they don't stay too domed and puffed while baking, just don't over-flatten. Bake for 8 to 10 minutes, until edges are set and tops are barely set, even if slightly underbaked in the center. Watch them very closely after 7

minutes and I recommend not baking longer than ten minutes. Cookies firm up as they cool, and baking too long will result in cookies that become too crisp and hard (The cookies shown in the photos were baked for 8 minutes, with trays rotated at the 4-minute mark, and have chewy edges with pillowy soft centers). Allow cookies to cool on the baking sheet for 5 to 10 minutes before removing and transferring to a rack to finish cooling. Store cookies in an airtight container at room temperature for up to 1 week, or in the freezer for up to 3 months. Alternatively, unbaked cookie dough can be stored in an airtight container in the refrigerator for up to 5 days, so consider baking only as many cookies as desired and save the remaining dough to be baked in the future when desired.



PB & Chocolate Chip Cookies

Justin Timberlake's album: 20/20

By: Breiana Brown [Executive Editor]

Justin Timberlake has often shocked people with his immense talent. From performing as Justin Randall on Star Search, 'N Sync, and now as a international solo artist known as Justin Timberlake or JT.

Justin just recently released his new album The 20/20 Experience, on Tuesday March 19th. In this recent album is a matured and more experienced Justin Timberlake. He changed his sound, but he is still the

same old Justin we've grown to love. His unbelievable talent still shines through.

Some critics are unfair comparing it to his past albums, and others are taking into account the vocal talent. This album is a great investment, it will have you singing along for days.

Overall Justin's new album is a success. He should be proud with his first album since 2006. Be sure to go out and buy The 20/20 Experience today!



Image from justintimberlake.com

World War Z book review

By: Uriah Lakin [Staff Writer]

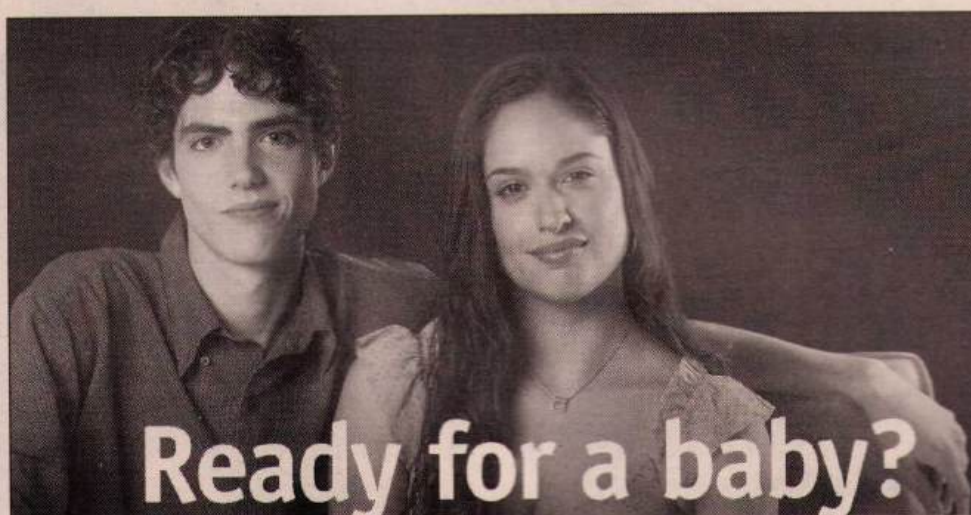
The world is ending, Zombies are running everywhere, killing and infecting people, and the military is doing everything it can to protect people. This contagious virus has infected billions and the uninfected population is declining rapidly, the world governments are collapsing, and the world is shifting. The government officials still left have declared an international state of emergency and martial law, but everyone knows this is World War Z.

Well luckily this isn't happening just in a novel called World War Z written by Max Brooks. This book is based on a report done by a United Nations Post-war commission agent who got most of his report from a few first person accounts of what

happened. It all started with "patient zero" the supposed boy from China who was the first infected. China attempted to control the outbreak, soon after Israel takes the reports seriously and chooses to close their borders except to uninfected Israelis and Palestinians, also Iran and Pakistan destroy each in other in a nuclear war after Iran retaliates due to the large amount of Pakistani refugees flooding into their border.

The U.S does little to prepare but they do make a special task force to stop the spread of tiny infections. They find out that doesn't stop the large zombie invasion that's already there.

As a reader I give this book five out of five stars. Its action packed, great plot, and it also has more to it than little zombie fighting games.



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THERE ARE CERTAIN
PLACES PEOPLE SHOULD
NOT GET TATTOOS.
-JOHN CARSTENSEN, '15



"I got it because it's a
smiley face!" -Jacob
Klostermann, '14



'DON'T GET A
TATTOO UNLESS
IT HAS A REAL
REASON AND
MEANING
BEHIND IT."
-EMILY CLAPP,
'14

JONES



"I got it because it symbolizes
how important family is to me."
-Keavan Jones, '14

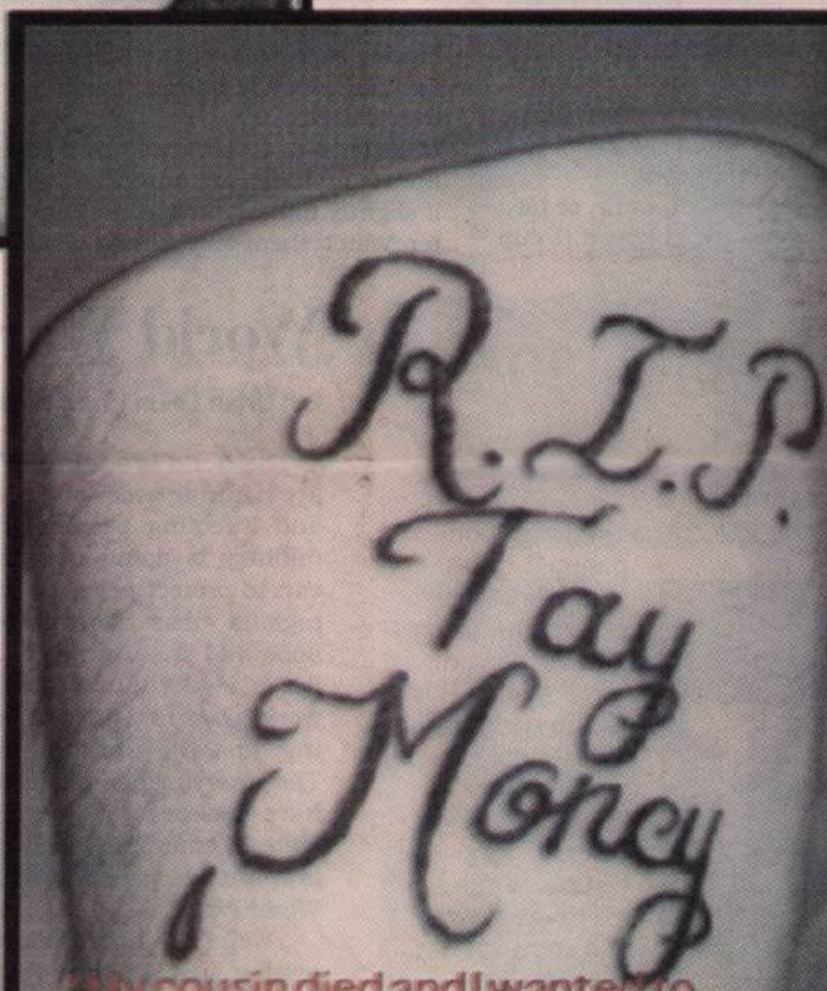
"I'M GETTING A MARINE
EMBLEM."
-AIDAN SCANLON, '13

"I DON'T LI
RATHER SEE A
WALL AN



"I got

I LIKE
TATTOOS
LOT! I PLA
ON GETTIN
A BUNCH
THE FUTUR
-JASMINE
BERTRAM,



"My cousin died and I wanted to
have something to remember him
by." -Dontavious Young, '15



"I DON'T
LIKE TAT-
TOOS BE-
CAUSE THEY
PUT POISON
IN YOUR
BLOOD
STREAM."
-HALLIE
BUCK, '16



"The
Nebraska
football
coach
preached
about being
uncommon, and
it just
stuck with me."
-Trev Biery, '13



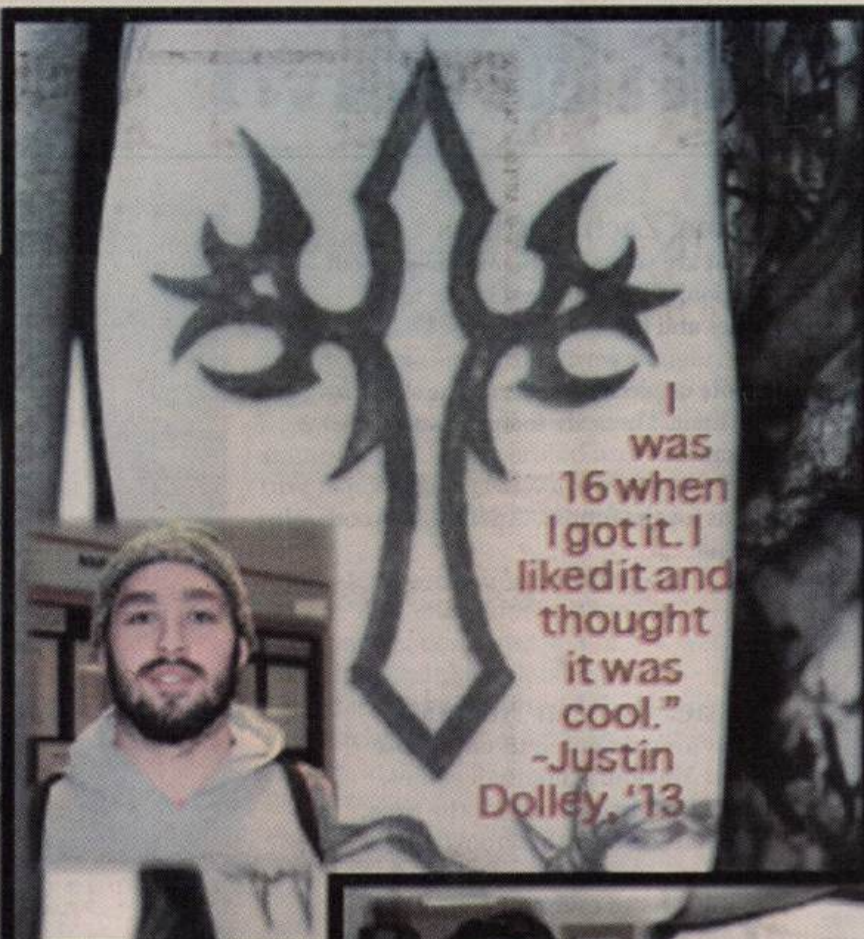
"It's Kokopelli in the form of a
I got it because I love nature."
-Jasmine Hogue, '13



IE TATTOOS AT ALL, I'D
PICTURE ON SOMEBODY'S
D NOT THEIR BACK."
MRS. WEBER



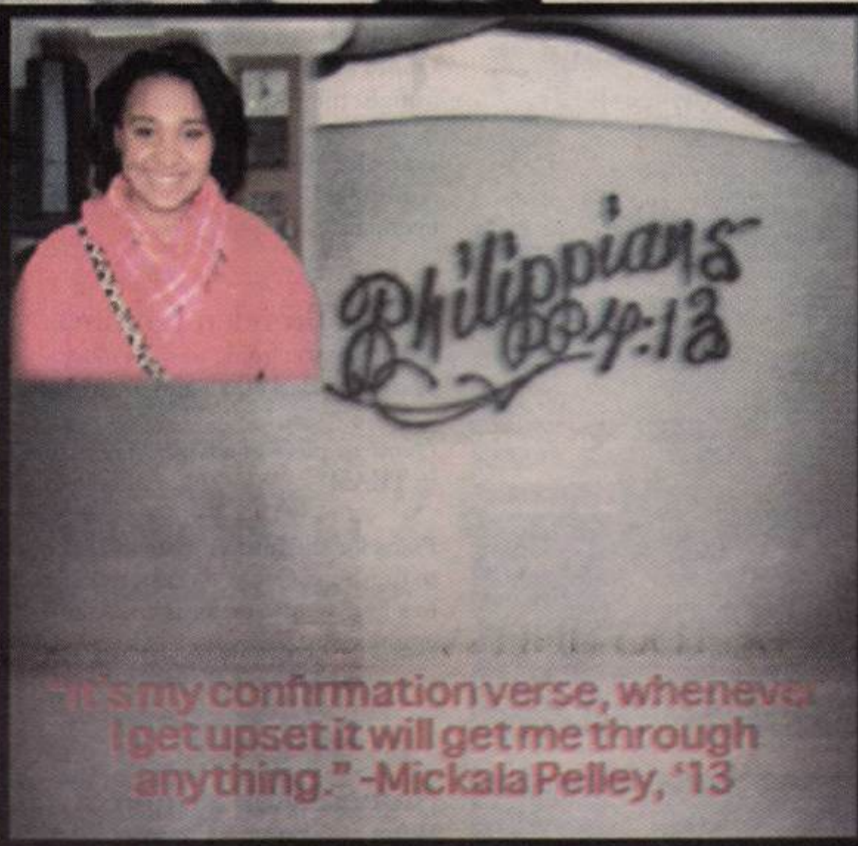
my tattoo in memory of my brother who
passed away." -Zack Mattheiss, '13



I
was
16 when
I got it. I
liked it and
thought
it was
cool."
-Justin
Dolley, '13

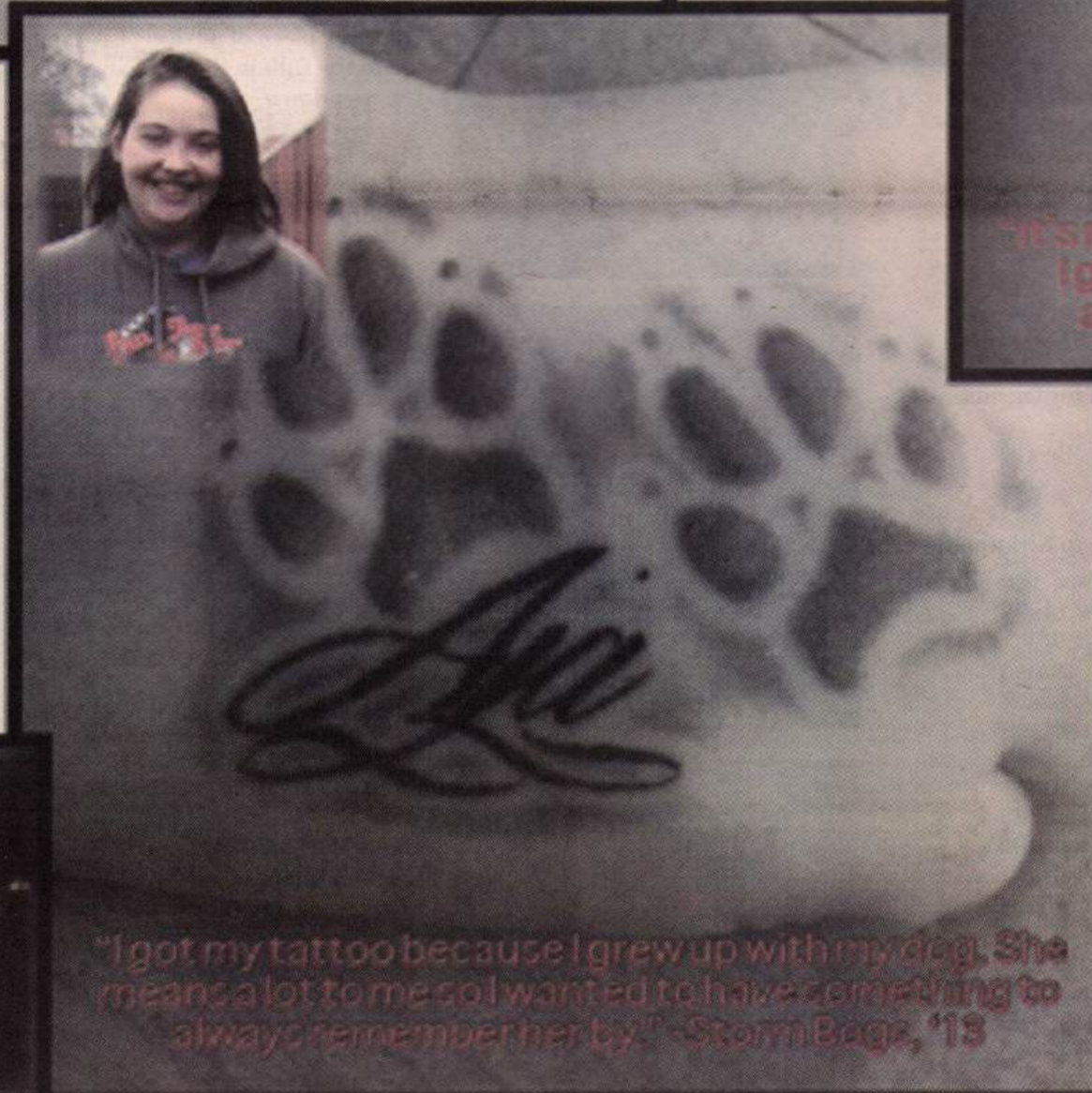
"I THINK
THEY ARE
REALLY
COOL
BECAUSE
THEY ARE
A WAY TO
EXPRESS
YOURSELF.
-HANNAH
SWIFT, '16

"I THINK
THEY'RE
UGLY."
-COLTON
FORSTER, '15



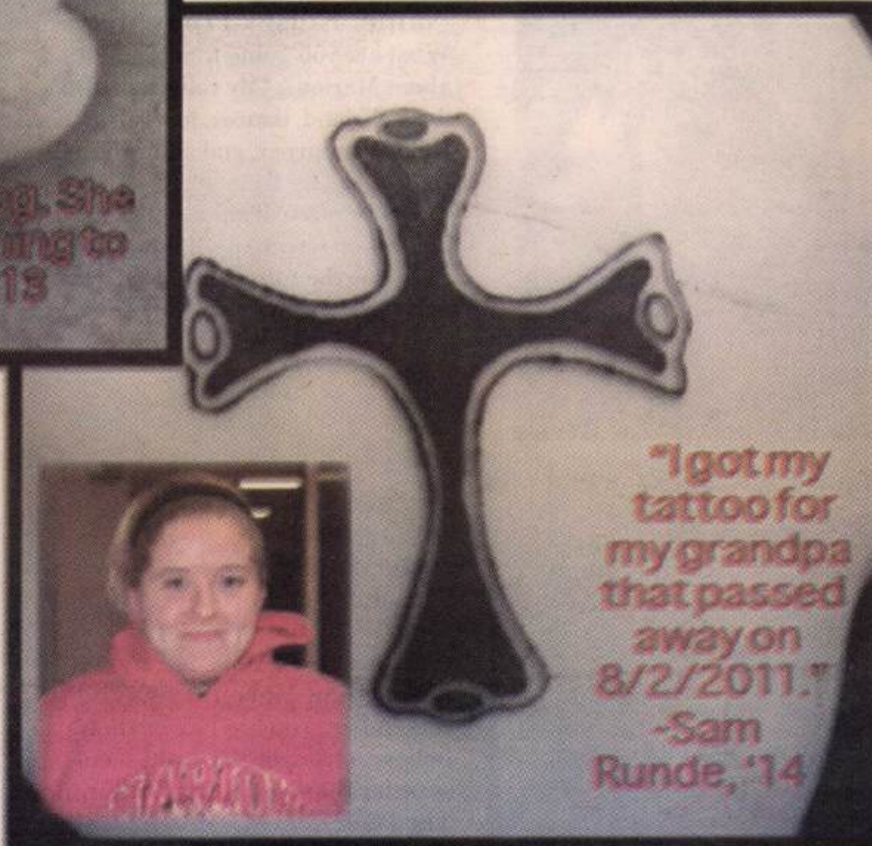
"It's my confirmation verse, whenever
I get upset it will get me through
anything." -Mickala Pelley, '13

"SOME TATTOOS ARE COOL
BUT OTHERS ARE JUST
REALLY STUPID."
-TRENT BRANDENBURG, '15



"I got my tattoo because I grew up with my dog. She
means a lot to me so I wanted to have something to
always remember her by." -Storm Bagg, '13

"I DON'T CARE IF PEOPLE HAVE
TATTOOS. IT'S THEIR CHOICE IF
THEY WANT TO PUT IT ON THEIR
BODY, NOT MINE.
-AUSTIN YIRKOVSKY, '15



"I got my
tattoo for
my grandpa
that passed
away on
8/2/2011."
-Sam
Runde, '14

10 SENIOR INTERVIEWS

Many seniors have very different plans and goals for their futures. Read below and on page 11 to learn more about these interesting people.



Name: Zach Matthess

What are you going to miss most about Marion?: "Building trades, the lunch ladies and the chocolate milk."

Quote or piece of advice: "The sky isn't the limit. There are footprints on the moon."

Plans for the future: "Attend Kirkwood, live life."



Name: Ashlee Reece

What are you going to miss most about Marion?: "My mistress Heather Lappe."

Quote or piece of advice: "It's only awkward if you make it awkward."

Plans for the future: "I'm enlisted in the navy as an advanced electronics engineer."



Name: Kaitlyn Nathem

What are you going to miss most about Marion?: "Football games, being with my friends all the time, Marshalltown softball tournament, being in journalism, my girlfriend, saying 'hi' to everyone in the halls."

Quote or piece of advice: "She tried to fight me in the hallway..." -Alex Estes

Plans for the future: "Attend St. Ambrose University and go into occupational therapy."

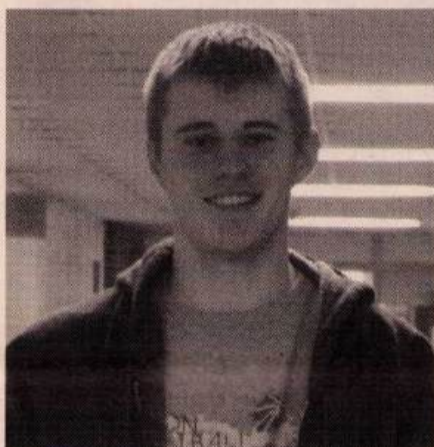


Name: Peter Rethwisch

What are you going to miss most about Marion?: "Cross country practices and state with Coach Thorton and the team."

Quote or piece of advice: "To give anything less than your best is to sacrifice the gift."

Plans for the future: "Go to UNI to major in biology with a pre-physical therapy track."



Name: Brenden Landuyt

What are you going to miss most about Marion?: "Basketball and my friends."

Quote or piece of advice: "There's no I in TEAM"

Plans for the future: "Attend Kirkwood to finish my Gen. Eds then transfer to a four-year to major in nuclear engineering."



Name: Miranda Robertson

What are you going to miss most about Marion?: "I am going to miss my friends, and teachers."

Quote or piece of advice: "Live your life to the fullest, don't let anybody tear you down"

Plans for the future: "I am going to Kirkwood to major in Early Childhood Education."

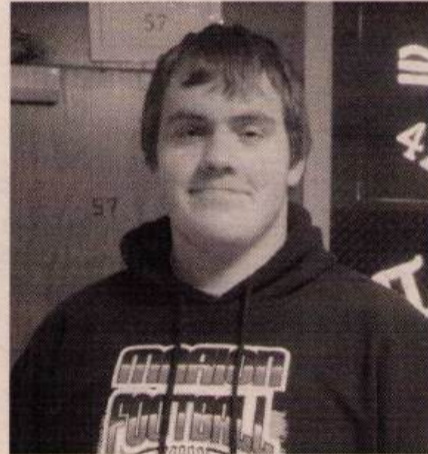


Name: Jacob Pizano

What are you going to miss most about Marion?: "Some of my friends."

Quote or piece of advice: "Be a Mexican not a Mexi-can't"

Plans for the future: "Go to Kirkwood major in business."



Name: Mitchell Ross

What are you going to miss most about Marion?: "A wrestling practice with Spencer Herren."

Quote or piece of advice: "Winning isn't a sometime thing, it's an all the time thing."

Plans for the future: "Go to powerlinesman school."



Name: Kelsey Portwine

What are you going to miss most about Marion?: "My volleyball #BB's, my girlfriend, dances, football games, Haley Vanourney, and all my friends that will be far from me in college."

Quote or piece of advice: "Check yo-self before you wreck yo-self."

Plans for the future: "Go to Iowa State and study in Human Services."



Name: Ryder Schoon

What are you going to miss most about Marion?: "My friends."

Quote or piece of advice: "Life has many perspectives, you see a crazy man, but the crazy man is dancing on the moon with Nixon. I strive to be that crazy man."

Plans for the future: "ROTC, then Airforce."



Name: Alexis Rael

What are you going to miss most about Marion?: "Playing soccer, my friends, Senorita Fowler, and Hayden :)"

Quote or piece of advice: "There is something you must always remember. You are braver than you believe, stronger than you seem, and smarter than you think." - Winnie The Pooh

Plans for the future: "Attend the University of Iowa to double major in Science and minor in Spanish"



Name: Mikayla Shultz

What are you going to miss most about Marion?: "I am going to miss Mrs. Parham and I'm going to miss my friends, and the sports I do, like track."

Quote or piece of advice: What consumes your thoughts, controls your life."

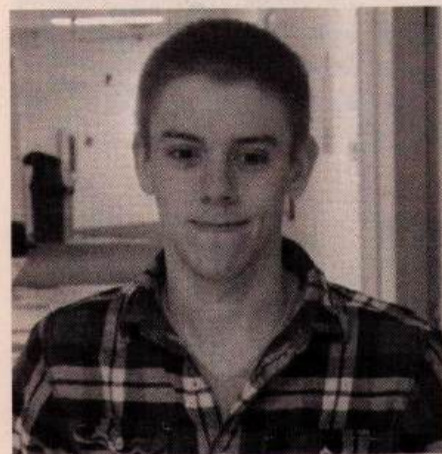
Plans for the future: "I am going to Kirkwood for two years to major in criminal Justice then going to Police Academy then go back to get my bachelors to become a cop."



Name: Catrina Smith
What are you going to miss most about Marion?: "Jasmine Hogue, Zach Vasey, Christian Evsen, Jackie Perkins calling me "Hurricane" and of course my best friend Mr. Raymond!"
Quote or piece of advice: "Imperfection is beauty...it's better to be absolutely ridiculous than absolutely boring." -Marilyn Monroe"
Plans for the future: "Major in ASL and move to Nashville or out of Iowa"



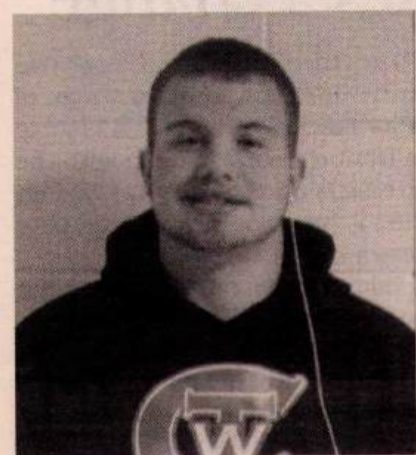
Name: Ashley Reed
What are you going to miss most about Marion?: "Claire Nash. Carlee Tope. And my golf babes."
Quote or piece of advice: "Never lose sight of who you are."
Plans for the future: "Go to ISU and live happily ever after."



Name: Isaac Smith
What are you going to miss most about Marion?: "I'll miss the cross and track teams, the drumline, and the teachers and coaches who've helped me along the way."
Quote or piece of advice: "If you don't know where you're going, any road will get you there." -Lewis Carol
Plans for the future: "Attend a four year college, study Chemistry and run track."

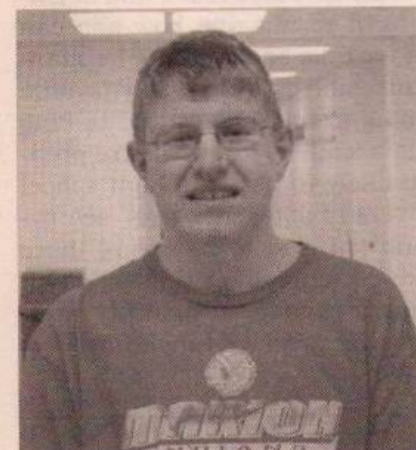


Name: Nyssa Swearingen-Mallada
What are you going to miss most about Marion?: "Some of the teachers and friends."
Quote or piece of advice: "Tired of studying? Stop! Become a carny" -Animal Crossing bulletin board
Plans for the future: "To become Squidward."



Name: Reed Smith
What are you going to miss most about Marion?: "Thomas Larsen AKA TLARZ"
Quote or piece of advice: "Stay Flexin"
Plans for the future: "Travel the world, take over family construction company."

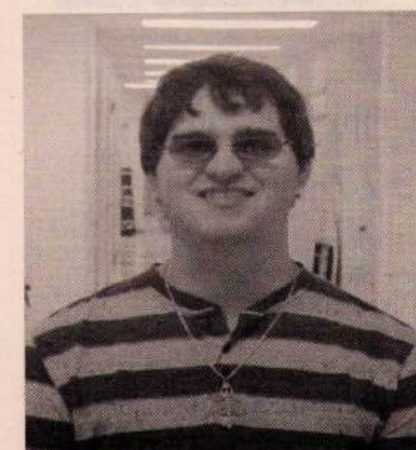
Seniors: If you are given a senior interview form, please fill it out and turn it in to the journalism room in the senior interview box. Thanks to everyone who has taken the time to fill out and turn them in. It is greatly appreciated. :)



Name: Preston Speral
What are you going to miss most about Marion?: "Bonnie Morrison. P.S. Will you go to prom with me?"
Quote or piece of advice: "Why try to fit in when you were born to be different" -Tristan Lochner
Plans for the future: "Go to ISU and study Meteorology."



Name: Kaitlyn Steggall
What are you going to miss most about Marion?: "Seeing my friends everyday, some teachers, band (mostly marching band) and choir, Mr. Semler, last but not least Romello Olds."
Quote or piece of advice: "Don't cry because its over, smile because it happened." -Dr. Seuss
Plans for the future: "Go to Kirkwood for two years then transfer to UNI for Early Childhood Education."



Name: Stephen Ster
What are you going to miss most about Marion?: "My fellow music and theatre practitioners, Chad, Mr. Dyrland, and Semler."
Quote or piece of advice: "Professor Oak's Words echo: There's a time and place for everything!"
Plans for the future: "Majoring in vocal performance at Luther College."

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NewBo City Market opens many new opportunities for CR

How the NewBo City Market has helped bring more traffic to the flooded areas of Cedar Rapids while creating a fun atmosphere.

By: Taylor Millis [Feature Editor]

Almost five years ago, the city of Cedar Rapids and many other cities in Iowa were devastated by the '100 year flood.' Here in CR the community has worked hard to rebuild the city and homes and even though progress has been made, things are not back to normal. The NewBo City Market is one thing that has created more traffic to get this city up and running again.

This market has the potential to bring business and traffic back into Cedar Rapids. The NewBo Market is a public space located in the New Bohemian district of Cedar Rapids. It is a place where vendors and entrepreneurs come to present their colorful and cultural array of food and products to the citizens of Cedar Rapids.

The NewBo City Market has an atmosphere that makes everyone feel welcome and has many opportunities for anyone to enjoy. It brings new cultures to Cedar Rapids and has many features that allows these opportunities to become endless. A few fun things are the Market Square where outdoor gatherings such as, concerts, fairs and performances can take place. The Rotary Hall is where vendors and merchants can sell their items. Some things that will be coming soon are plans to build a playground located in front of the Rotary Hall, and rumors of sand volleyball courts are spreading.

This market has created a space for all walks of life to come together at many different events and has something fun for everyone. Check it out soon!



The Rotary Hall building located in the New Bohemian section of Cedar Rapids houses the market.

Volunteering for One Day in May

By: Storm Bogs [Web Editor]

It's Sunday night, and a group of students are meeting at the high school. There is just over a month left until the big day, and the students and faculty are becoming anxious.

Ross Brunner, junior, is a part of the One Day in May committee. "It was a lot of fun the previous two years, so I wanted to get behind it and get more involved," he said. The day of volunteering is a lot of fun, and the committee has a lot of fun behind the scenes as well. For such a huge project, there isn't that many people involved. "There's about fifteen students," Ross said. Mrs. Doyle, Mr. Z., and Mrs. Herman are also involved, and they meet every other Sunday.

Since this is such a huge project, there is a lot of planning involved. When the committee de-

cides on a location that they are interested in, they have to call them. "[When we call them,] we ask if they are willing to let us help them. Then we ask how many people they have jobs for," he said. The committee and the volunteer locations stay in touch and make sure everything is in place to make it a great day for everybody. Since there is so much to do and not a lot of people, the workload is split up amongst everyone. "It all depends on how much time everyone has. Depending on many variables, people will get smaller or larger roles." Obviously if someone has more time available, they will be able to take on a larger portion of the work.

It's almost time for One Day in May. All of their hard work is about to pay off. They are excited to see everything come together and give back to the community.

Floyd feverishly makes a change

By: Kayla Comried [Staff Writer]

Take charge helps save lives. It is a club here at Marion High School that allows teens against drugs and alcohol to ban together, and teach the younger kids about the risks these substances can have on a person.



Jenna Floyd, sophomore

She started take charge because her friends talked about it in a positive way. "The friends who are in it made it seem like a lot of fun and I wanted to go to all the schools." She is thankful to have these people who encouraged Jenna Floyd, sophomore because take charge,

along with her friends, has had a positive impact on her life. "It's taught me a lot of facts and it's made me more comfortable talking in front of people." Along with the optimistic effects take charge has had on Jenna's life; it has also been an activity that she enjoys.

Jenna, along with many other high school students, has a pretty full schedule. She is involved in take charge, CHAMPS, one day in May planning committee, concert chorale, canterei, and she is a new creations show choir crew member. With all these clubs and activities it is hard to imagine how she can have time for take charge, but she manages because she enjoys it. "[My favorite part is] going to the schools and talking to the kids because I know they're probably more likely to listen to high school students versus a teacher they see everyday, and I'm glad to be one of those people." Since Jenna likes this activity it is much easier to go to the monthly meetings during her precious lunchtime.

The future of Marion football: new field

By: Gage Miskimen [Staff Editor]

- Bleacher expanded on each side
- Fenced and gated all the way around
- One paved entrance
- Blacktopped parking lot
- New lights
- Updated Landscaping
- Bathrooms turned into parking lot
- Locker rooms on both ends
- Bathrooms underneath bleachers



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Easy classes: easy grade

Students tell why they take choose easy classes over the more challenging ones MHS has to offer.

By: Taylor Lamm [Opinion Editor]



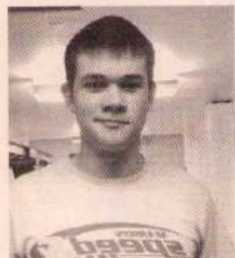
Hailey Whitmore, junior

"The class is easy, so I might as well keep my GPA up!"



Zach Weir, senior

"I take easy classes because I had no other classes to take."



Ben Knapp, freshman

"I take easy classes because you don't get much home-work."



Casey Kindl, junior

"If I have an open block and don't want one. I take easy classes."



Brianna Dunkel, sophomore

"The easy classes are usually more fun."



Jordan Anderson, sophomore

"I take easy classes just so I can get an easy A."

Teachers: when I was seventeen

By: Kylie McAllister [Ads Editor]



Mr. Kyle VonBehren

Mr. VonBehren

What did you want to be when you grew up? "I wanted to be a teacher and a coach. I also thought about athletic training and meteorologist." Where did you work? "In the summer I bailed hay and worked at a lumber company." What is your best memory? "Homecoming, winning homecoming football game, beating the number four ranked team in the state that night." What were you involved in? "Football, basketball, track, and baseball."



Mrs. Sarah Eicher

Mrs. Eicher

What did you want to be when you grew up? "A teacher." Where did you work? "I worked at the Cedar Rapids Airport in the restaurant and gift shop." What is your favorite memory? "My senior year when my basketball team went to State for the first time in school history." What were you involved in? "I was in volleyball, club volleyball, basketball, soccer, volunteering, and NHS."



Mr. Erik Trilk

Mr. Trilk

What did you want to be when you grew up? "An elementary school teacher during the day and a drummer for a band at night." Where did you work? "Little Ceaser's Pizza, my best friend's parents owned it." What is your best memory? "My band won the talent show my senior year in a school of about 2,000." What were you involved in? "I ran cross country, track, and played hockey. I was also vice president of the student council."

Twitter tangles

By: Haley Shaffer [Social Media Editor]

Now a days, practically everything is done on via technology. People pay taxes online, people shop online, people even meet their spouses online. Everything seems to be shifting to an easier, technology driven life. However, some things that come with the obsession with the internet have not been too positive for anyone. Online fighting has been increasingly popular among teens lately. Twitter and Instagram have been blown up by mostly girls fighting over numerous amounts of things. Even though many fights tend to involve girls, some have even involved girls. Many girls have been choosing to get their anger out via internet.

Kelsey Portwine, senior, has unfortunately found herself in the midst of some of these fights. "I'd say I've been in 8," Kelsey said. She says that she tries to avoid them. "I mean sometimes you find yourself getting involved if it has something to do with you," Kelsey said. Although Kelsey's been involved in more than the ideal amount of Twitter fights, she says that she doesn't ever intentionally start any. "I think there is a difference from starting one, or just standing up for yourself," Kelsey commented. Paige Perkins, senior, hates online fights. "I don't have a Twitter or anything because of that specific reason. Paige commented. "I don't believe in saying things about people behind their back," Paige said. She says that Twitter fights usually

start over stupid stuff. "Personally what I think causes twitter fights is when people don't have anything better to do or they find other people's life just a little too interesting," Kelsey said. Even though Kelsey doesn't necessarily like Twitter fights she does think there's some good in them. "Going to be honest they are entertaining in some cases," Kelsey said. Katie Serbousek, freshman, agrees with Kelsey on this particular topic. "I think online fights are really funny and I like to read them," Katie commented.

Online fights are almost inevitable with the amount of technology teens use. However, Kelsey does think that they get blown out of proportion. "I think it tends to happen more frequently than others is because when girls get in fights way too many people get involved and it becomes a huge ordeal," Kelsey commented. Kelsey may have some experience with online fights, but that doesn't mean she encourages people to participate in them. "I think online fighting can be dangerous because you truly never know what the other person is thinking other than what they are saying," Kelsey said. There's no way of knowing if someone online is actually being serious or just saying what they're saying because they're behind a screen. Kelsey has some words of wisdom for those who might

find themselves in her position. "Never say something online that you wouldn't say in person," Kelsey said.

The internet can be a scary place when a fight starts between teenage girls. The internet can be misused in many ways and some would argue that online fights is the worst way. For some, it's their reading entertainment for the night. For others, it's the beginning of a long lasting feud and for some, it's simply something they started because they were bored. Online fights tend to give many people new followers on the internet because so many people enjoy reading them or simply want to know what's going on. If someone is planning on entering a fight online, they

should be careful about what they say. Things that people say online cannot be taken back. They can be deleted but everyone will remember what someone said. Either way, online fights are going to happen when angry girls get mixed with the immense power of the internet.



Katie Serbousek, freshman, follows the latest Twitter fight on her smart phone.



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Tattoos, piercings, and clothing: is it ever okay to judge?

Right or wrong, the way a person looks does affect how others perceive them.

By: Becca Hall [Staff Writer]

Q: Is it easy to judge somebody you don't know based on the way they look if they have tattoos, piercings or dress differently?

Bayley



A: "I don't think of them bad, they're just different than other people." -Bayley Fuller, Freshman

Meghan



A: "You do put your opinion towards them. It's kind of like judging a book by it's cover." -Meghan Donehoo, Senior

Colton

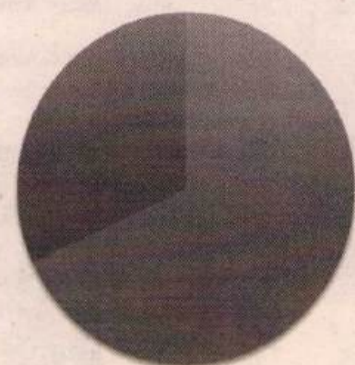
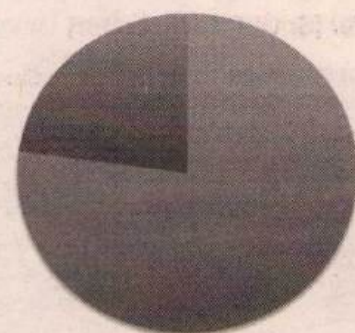


A: "Yes, it's easy because people dress the way they act. It's not morally right, but it works." -Colton Forster, Sophomore

Haley



A: "It's easy to judge somebody you don't know, but that doesn't mean that it's right." -Haley Clifton, Junior



Top: 77% of people surveyed say they judge others. Bottom: 68% of them say it is wrong.

The effect of learning disorders

By: Kylie McAllister [Ads Editor]

Learning disabilities affect many people in our school. When students have ADHD they have troubles concentrating and sitting down in their seats for a long time. Students can take medicine that helps them concentrate though.



"Learning disabilities affect many students at our school and thankfully we have a great staff and many tools." -Ms. Bradford, teacher



"It makes it hard but not impossible you have to have a deeper wanting to learn rather than just giving up. Some people just don't appreciate how hard people with learning disabilities have to work to achieve the same things those without do." -Jacob Davila, '14



"They have to work harder and others have to be willing to work with them." -Olivia Frazier, '16



"People with learning disabilities have to work really hard." -Preston Murphy, '15



"It requires people to have a great work ethic because they have to work harder at the things that come easier to people without them." -Jessica Thomas, '13

Being a Pentecostal: Fisher's story

By: Taylor Lamm [Opinion Editor]

When she walks down the hallway she knows the students wonder about her religion. They can tell something is different about her. She covers up more than the typical teenage girl. She doesn't wear the low cut shirts and form fitting jeans. Instead she chooses to wear the less revealing shirts and long flowy skirts.

SaCora Fisher, Freshman, practices the religion of Pentecostalism. According to blogspot.com "Pentecostalism unique from other charismatic movements is its distinctive doctrine of Spirit baptism, and the priority this gives to the gifts of the Spirit, particularly the gift of tongues." SaCora's family has raised her and her sister through the beliefs of this religion.

Pentecostalism doesn't have a direct dress code. "God does not tell us what specifically to wear but

to be modest as best as we can," Fisher said. People who practice Pentecostalism can be seen wearing skirts and very modest clothing, compared to the typical average American.



SaCora Fisher, freshman

"God doesn't care about outward appearances." -SaCora Fisher, '16

Fisher has learned not to care what others think about her appearance. Either way people shouldn't judge each other on how they dress. "God doesn't care about outward appearances," she said. She also believes this.

She likes the way she dresses and behaves. Her religion has been a huge guideway in her life. She loves her religion and how it has made her stronger.



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If you really knew me: a sneak peek of seven MHS students

Ever wonder what the person who sits next to you in class is all about? Read on to discover the quirks and qualities of MHS students.

By: Haley Shaffer [Social Media Editor]



Name: Andie Scott **Grade:** 10

One unique fact about you?: "I like to draw and create characters and story lines. I'm also one of the few kids here with an afro."

Who is your idol and why?: Billy Joel. He's an incredible song writer and storyteller."

Favorite hobby?: "Drawing!"

What group/cliq are you in?: "Not one in particular. I just float in my own boat."



Name: Evan Kramer **Grade:** 11

One unique fact about you?: "I have a terrific Mario impression."

Who is your idol and why?: "Kurt Warner, he was a great football player. More importantly, he is a great role model and a man of faith."

Favorite hobby?: "I enjoy playing sports, lifting, and reading the bible."

What group/cliq are you in?: "Cliques are for squares."



Name: Peter Rethwisch **Grade:** 12

One unique fact about you?: "Chocolate milk from school tastes like coffee."

Who is your idol and why?: Jeffery Fountain, he is an amazing trumpet player."

Favorite hobby?: "Running, relaxing, and it's a good time to think."

What group/cliq are you in?: "None, cliques are stupid and immature."



Name: Ashtyn Miller **Grade:** 12

One unique fact about you?: "I am going to major in vet tech."

Who is your idol and why?: "My parents because they work really hard for what they get and don't give up."

Favorite hobby?: "Reading."

What cliq/group are you in?: "I don't really believe in cliques."



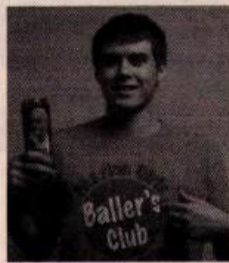
Name: Heather Blazek **Grade:** 9

One unique fact about you?: "I'm adorable."

Who is your idol and why?: "Mr. Dyrland. He is the type of teacher who teaches because he loves what he does. He sacrifices his time with his family to help students."

Favorite hobby?: "Show choir! I love show choir because it's the best thing in the world."

What group/cliq are you in?: "Jade and Jo-cob's group of bosses."



Name: Trevor Hardman **Grade:** 11

One unique fact about you?: "I'm an open person."

Who is your idol and why?: "My mom and dad because they taught me what hard work is."

Favorite hobby?: "Hanging out with friends because I get to be myself with my friends."

What group/cliq are you in?: "I'm not in a group or cliq. I'm friends with everyone."



Name: Tyler Lerch **Grade:** 10

One unique fact about you?: "I want to major in math and history."

Who is your idol and why?: "My cousin, I used to spend a lot of time hanging out and growing up with him."

Favorite hobby?: "Bowling."

What group/cliq are you in?: "Not really in a group. I talk to everybody."

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Weird addictions and obsessions

By: Kylie McAllister [Ads Editor]



"I have 25 dresses. It's the only thing that I really feel comfortable in."

-Ariel Carter, sophomore



"I like playing video games to communicate and have a good times with my friends."

-Mitchell Barta, sophomore



"When I get sad it is easy for me to just go shopping, it makes me feel better."

-Sarah Eimers, senior



"I like my phone because I don't want to miss out on stuff."

-Hunter Gillaspie, junior



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Where's the Student?

In the, "Where's the Student?" game, the objective is to search for a fellow Marion student in the crowd picture to the left. See if you can find the student before your friends can!



Jacob Kriegel '14



Prom Word Search

H	V	Z	X	D	Y	R	Y	B	N	M	D	N	X	O
S	S	V	D	Q	L	D	S	Y	A	A	N	D	S	G
E	M	A	K	E	U	P	R	E	N	X	A	R	H	M
I	S	E	O	H	S	L	P	C	R	E	T	E	W	X
R	D	F	A	Z	E	R	E	T	N	U	J	S	R	S
O	I	H	B	W	J	G	I	G	U	K	T	S	B	N
M	U	A	E	L	Q	S	V	A	V	X	J	C	Z	R
E	I	J	X	L	J	L	I	E	H	P	E	V	I	G
M	N	S	N	O	I	T	A	R	O	C	E	D	J	P
G	X	F	P	X	F	T	V	Y	H	B	I	F	O	F

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CV-3 June 17-28

EHC-2 July 8-19

EHC-3 August 5-16

CV classes are held at Cedar Valley in Cedar Rapids and

EHC classes are held at Echo Hill Church in Marion.

The Vox staff apologizes to Kelsey Portwine for the quote error on page 14 in the story "Twitter Tangles."

The quote should read, "Like one (Twitter fight) for reasonable reasons I'd say."

Sincerely,

Breiana Brown

Note: Should Read "Page 13"