

# **REDnation gives support**

Cale Cannoy explains his feelings about how he enjoys REDnation's support at the games.

By: Kaitlyn Nathern [Executive Editor]

"D, D, D, Defecense... D, D, Defecense..."

It's fourth quarter and the football game is tied. Students wearing all gold with their beads, hats, and crazy clothing are trying to be as loud as they can possibly be. The students of REDnation are cheering on the football team one game at a time.

Cale Cannoy, senior, is the quarterback on Marion's football team. He gets to see REDnation at it's finest. "We have a good student section. I enjoy listening to chants; it's fun," Cale states. Although he can't hear the chants when he's on the field playing, he still enjoys listening on the sidelines while he's getting a drink.

REDnation began last year during basketball season and has been supporting sports since. "[REDnation has] brought more people to games." More students attend the games to be a part of REDnation than there used to be.

With so many students attending the games on Friday, it could bring some nerves to most players. "I don't get nervous. I'm more excited," Cale smiled. Cale's nerves aren't a very large factor for him during the game. REDnation could be intimi-

"It's nice they are there for every game helping and pumping us up," Cale Cannoy, senior

dating to play in front of, since it's all his peers watching, but according to Cale the team actually calms down from the large group. "We have comedy listening to them. It helps us relax, instead of being all tense." REDnation seems to be more of a comforting group than a pressuring group.

Every Friday night, REDnation is out at the football field to cheer on the team, rain or shine. They don't get taken for granted by the team. "It's nice they are there every game helping and pumping us up," Cale thanked. The students at Marion are determined to help their team win as much as possible

REDnation is a great group of students that enjoy to cheer on their friends and their classmates. Cale participates in REDnation when he's not on the football field. He attends volleyballs game as of now and supports his team, just like everyone supports his.

The stomping is gerting louder, the voices raising, the students supporting more and more. Football players gazing up at the stands smiling at the amazing support REDnation has given them.

### **Little things**

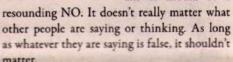
Commentary

High school. Though, in all honesty, it would be better named as Stress School. From friends to sports to homework to drama to thinking about college. It gets to be a lot. But why? Why is there so much stress? Shouldn't we just walk in here, learn something, and go home?

The answer is probably that we all are stuck with people our own age. But that's besides the point. There are things that should be worried

> about, and things that aren't serious enough to freak out about.

> For example. That girl (or guy, I would suppose) is talking smack. OK. They aren't very nice. Is it really worth it to freak out, stress out, and then act really awkward because people are saying things? Well, honestly, the answer should be a



By: Jordan Hansen

[Executive Editor]

Something, however, that everyone should be freaking out about is what they want to do after senior year. That is a life choice, and probably pretty important to figure out.

Other things, such as sports and activities can be pretty important, at least right now in your life. But it's a fairly decent idea to not do stupid stuff while you're in a sport. Getting kicked out of a sport or activity isn't the best way to get All-State and be looked at by colleges. But I digress, it's your life, not mine.

So, the point of this column is truly to say that its not a good idea to "Sweat the small stuff." (Funny enough, I think it's a title of a book my mom has; never read it though.) Just concentrate on your future, and try and have a little bit of fun while your stuck with the same people you've known since kindergarten. Unless you went to Emerson, that is.

### Roberts raves about cheering for the Indians

By: Alex Estes [Staff Writer]

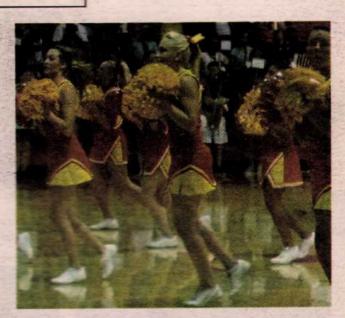
Standing on the asphalt track in front of an undulating crowd of red and gold fans, the autumn winds chill her bare arms and legs. Even though she can see her own breath, she goes on shouting happily her cheers. Her red and gold uniform waving as the cold wind blows. She claps and jumps and gets the crowd to help with the cheers.

Emily Roberts, senior, is a football cheerleader. She loves cheering, even if it means risking feeling a little under the weather. She goes out and cheers on our home football team and keeps the crowd up beat in this bone-chilling weather. "The crowd, when they're involved, its fun to do cheers... Its really fun to interact." Roberts always loves to cheer in front of the Marion Indian football fans, she has since the eighth grade: Roberts comments "I wanted to break out of my shell,"

She points. The eighth grade is when many students showed who they were as a person and started expressing themselves; Roberts was no exception. She wanted to do what made her happy and that was cheering for the home football team.

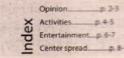
Roberts also does basketball, and competition cheer. "I like being part of the team <code>[and]</code> representing Marion High School." She admits that what she doesn't have anything she doesn't like about cheering for Marion besides the mile runs. Every day after school Marion football cheerleaders meet after school for workouts. They run a mile every day and do other workouts like abs work outs and lifting. They also practice their cheers and stunts that they preform for the crowd during the cold, and sometimes even snowy football games.

Roberts hopes to cheer out of high school as well. She hopes to cheer for the teams at Simpson or Drake.



Emily Roberts, senior, cheers during the first pep rally of the school year.

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# Sport injuries occurring more often in schools

By: Kaitlyn Nathern [Executive Editor]

Sitting on the side, watching friends and teammates play a fun and favorable sport, that most enjoy to watch. Looking up in the bleachers to everyone staring down at the game, feeling disappointed to not be playing. Being injured in any sport is not fun. Injuries are occurring more and more often to high school athletes.

Athletes are pushing themselves to extreme extents just to get playing time. Athletes want to work hard in and out of practice to prove that they deserve to play and to get certain spots on the team. Working hard and pushing themselves isn't the issue though. Some athletes are going too far, and putting stress on their bodies that they aren't used to. The extra stress is what is causing these types of injuries such as stress fractures, to occur more often.

Not only do athletes push themselves to get these injuries, but they push themselves to continue after the injury has occurred. Athlete's don't want to risk missing out on their favorite sports or risk losing their positions. Instead of being out for two weeks for a smaller injury, athletes are continuing to hurt themselves worse and getting put into situations that cause them to be out for a much longer time. It's understandable that athletes want to play, but it's important to listen to a body when it's saying to quit.

Since athletes are trying to go the extra mile while

practicing, it's possible that athlete's can harm other athletes on accident. Such as in football, if someone is trying to tackle as hard as possible to prove that they can do it, it's likely that someone could be injured. Athletes are doing more and more to make themselves more a competition to other schools and to other athletes. These days every athlete, wants to be the best athlete.

Twenty years ago, high school athletes didn't have close to the amount of injuries that athletes are having now. Coaches are pushing athletes during practice as well as athletes pushing themselves. So much stress on the bones and muscles can only go so far. The excess work out of practice is what is also causing problems within the injuries to occur. It's becoming more common for stress fractures.

muscle issues and ligament problems to occur with athletes. The good news about most injuries is that they heal. Even though injuries heal, it doesn't mean that they heal quickly.

Finally, back in practice after sitting out for three weeks.



Amanda Sahm, freshman, gets her ankle taped from an injury that occurred in volleyball.

Conditioning is difficult, the athlete is no longer in playing shape. Getting tired after a couple of sprints, a couple of lifts. It's like the season is beginning all over again. The athlete knows to listen to the body better next time.

# There's a kid in all of us

By: Melanie Loesel [Staff Writer]

Trick-or-treating has been around for centuries. It started a long time ago when poor people would go to another's home and beg for food called soul cakes. These days, it's not homeless people begging it is children, and they don't want soul cakes they want candy. Technically, teenagers under 18 are still children since that is the age of emancipation. Therefore, even high school kids should be allowed to trick-or-treat if they want to. Children are forced to grow up quickly in so many ways, let those who want to stay kids, be kids a little longer.

Almost everyone stresses out over school and needs something to look forward to. On Fridays it seems that a lot of kids work and focus more than on a Monday, because they're all looking forward to the weekend. It's the same way for something like trick-or-treating because it gives children something else to work and look forward to. Plus it's free candy and what's better to look forward to than that.

Looking back on childhood, most people

have trick-or-treated and remember it as a highlight of their childhood. When most adults are asked about what trick-or-treating was like for them, it brings back memories of a time of fun and innocence, something we all should be allowed to have.

Some people believe that teens aren't mature enough to handle going out or will be mean and scare the younger children. Others act like only young children deserve to get the candy. The fact is that almost all children enjoy eating candy and having fun, so why do older kids need to be excluded? Teens who intend on scaring others will do it no matter if they are trick-or-treating or not. Most teens care more about themselves and what they want than trying to scare others.

Teenagers aren't adults and they're not kids, but they should be allowed to do kid things such as trick-or-treating if they want to. Teens shouldn't have to grow up so fast, and they need something to look forward to that is fun. When it comes to activities and paying for admissions, teens are almost always considered "adults", but are not allowed to be adults and engage in adult activities if they want to. Most teenagers who trick-or-treat do it for the candy and the chance to be a kid a little longer. So this Halloween go get some free candy.

### New look; new gym opportunities

By: Alice Dixon [Executive Yearbook Editor]

After a long, but amazing, summer, school has finally come out of hibernation and everyone is back to the daily grind. Students are struggling to get their graphing calculator to work, studying for the chemistry test tomorrow, and writing the paper that's due Friday. Though whether we like it or not, school has and always will be required, along with everybody's favorite, gym class.

Whether students like it or hate it, some changes actually have been made this year for our pleasure. This year, students are offered a variety of gym classes to pick from, rather than regular physical education. Senior Personal Fitness, Body Shaping, and Strength and Training all have one common purpose: to accommodate the needs of kids so they aren't stuck in the boring gym we all know.

Everyone should be thankful of these opportunities! Seniors are allowed to go off of campus, athletes can train for upcoming sports, or students can meet their

own goals. Not everybody enjoys the same old fitness testing, flag football, and dodgeball!

Although every freshmen has to take the regular gym class their first year, the rest of us can enjoy these privileges! These classes help people meet their goals. Strength and Training helps athletes train for sports, or helps them stay in shape. Body Shaping allows students to meet personal goals, and Senior Personal Fitness gives students freedom to work out by themselves.

Some students would rather play games, while others might want to lift weights for an hour. Seniors might be taking lots of classes this year, and would rather be able to work out at their own gym. The new curriculum accommodates our needs

Hopefully students will use this to their advantage this year, and the years to come! Students interested in a more independent type of gym should definitely try one of the classes and use them to our advantage.

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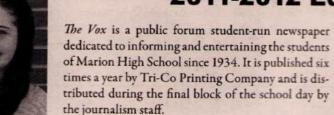
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# **Homecoming fashion attire**

Everything you need to know about fashion attire for Homecoming.

By: Claire Nash [Photo Editor]

Homecoming is right around the corner. All the plans are set; dinner, transportation, pictures, everything except for the most important thing the outfit!

There are so many styles of dresses to choose from! Aline, fitted, halter, high low hem, long, mermaid, one shoulder, print or pattern, short, strapless and last but not least the sweetheart neckline! Everyone has their own style or look. But not all styles work on the same person though. So take a friend or someone a person can trust with along to tell she or he what looks hot and what doesn't. So many colors and styles are in for this year such as; blush, leopard, sequin, and of course the classic black dress with eye catching details like flowers, jewels, textures and even classic and cute bows. That will give you just enough style that its not to over the top, because this is homecoming not prom! Don't wear a long dress to homecoming. Short and sexy is for homecoming, and long and elegant is for prom. Get it right.

There are so many places to buy home-coming dresses at! Some stores are; Vaun Maur, Deb, Younkers, Dillards, JcPenny, and even online or out of state stores! Peaches Boutique in Chicago Illinois is an amazing place to go for an unique dress, because whatever dress a person buys from them they don't sell that dress to the same event for your school! If a girl is looking for something a little more unique then Jodi K's Boutique in Cedar Rapids maybe a great place for you to try their address is 5300 Edgewood Rd NE #400. Now it can be a little exspensive but its not totally over the top! Also its worth the money.

Now many of the places in the Mall at Lindale is going to have many of the same dresses which then there could be a possibility that someone could have the same exact dress as other girls. David's Bridal will have really cute accessories. Also the brides maid dresses sometimes work for a hoemcoming dress. But to order or buy a dress from a bridal store could take a few weeks, becayse they might have to order it. They also have so many different types and colors of shoes that will finish the outfit. The girl will look beautiful.

For the men's attire they can most likely find it anywhere just make sure the boy and girl match.otherwise people could get angry! Boy's some

places they can get the perfect outfit for homecoming at are; Irwin's, Khols, JcPenny, Younker's, Express, Mens Warehouse and many others! A tie, nice dress shirt and dress pants will go great with your date's outfit.



Pictured above is a collage of fabulous, fantastic, fashion for Homecoming!

Also they have so many different choices of colors and patterns! So there has to be something that will match perfectly.

But in the end everyone has their own stylish look so be creative and wear whatever you want! Afterall it is your first red carpent moment of the year!

# Homecoming food; make it or go out?

By Storm Bogs [Web Editor]

It is starting to become a common theme that people get together a large group of people and eat at home before Homecoming, rather than going out to a restaurant.

Staying home for dinner before the dance is a great idea. If a group chooses to stay home it will be less expensive, and the group will not have to worry about running into other groups of people that they might not want to see. Jordan Green, sophomore, agrees that it "saves money and most of the time is more healthy." The group will also not have to make it a priority to make sure that everyone has transportation to and from the restaurant.

It could also be a lot more fun to stay home rather that going out to eat. A group of people could be as loud as they want and they won't have the possibility of disrupting the rest of the people in the restaurant. Katie Kimball, senior, thinks that "going out [to eat with friends] is more fun and it will make your night better!" Eating out could be more fun, even

though it's more expensive. Also, when staying home, groups can choose exactly when they want to eat. They don't have to worry about having enough space to sit or the time that it might take to cook the food. Also, they won't have to wait for an hour or more to get served. It is also fun to try cooking new recipes or a family favorite with friends!

When cooking a meal at home, it is a great idea to keep it simple, but enjoyable. There are many different types of food that a group could make. Italian food is very popular, and is very quick and easy to make, depending on what you choose to make. That could be a great option to make for dinner on the night of Homecoming. There are also many other easy meals to make, but make sure that everyone in the group likes the food!

To the right is an easy recipe for lasagna that could be made with friends! This recipe is pretty quick to make and isn't too expensive! This recipe will be easy to make with friends before heading off to the Homecoming dance this year!

#### Easy-to-make Lasagna

What you'll need:

9 strips of lasagna noodles

1 lb hamburger

1 jar spaghetti sauce (any kind)

2 eggs 1 small container small curd cottage

2 cups mozzarella cheese

#### Directions

\* Preheat oven to 350 degrees.

\*Brown hamburger, drain the grease \*Mix jar of spaghetti sauce with

hamburger

\*Boil lasagna noodles, then drain

\* Mix eggs with cottage cheese and set aside

\*Spray casserole dish with non-stick cooking spray

\*Layer 3 lasagna noodles, hamburger, cottage cheese mixture and cheese, than repeat twice

\*Put in oven and bake for about half an hour to 45 minutes until the cheese is melted and slightly brown

\*Let lasagna cool for about 15 minutes Enjoy!!!

### He said; she said

Commentary

A rumor according to dictionary.com is, "a story, or statement, in general circulation without confirmation or certainty as to facts", in other words, a

story that people tell without knowing all the facts or even if they are true. Sound familiar? I think yes. Every high school has rumors. That is just a fact of life and Marion High School is no different.

Teenagers tend to like gossip, and I admit that I'm no different, but people need to learn to get all the facts straight before they decide to go blab their mouth. Rumors



Hannah Miller (Executive Yearbook Editor)

hurt people feelings and what's the point of making someone feel bad? There isn't. People just need to be mature and grow up. There is no reason to make up rumors about someone, so dont't do it. There are many different ways rumors get started and each one does harmful damage to the people it is about.

One way is overhearing, aka ease-dropping. This is the most common one because it's hard not to go tell someone the juiciest gossip you overheard in the hall, is it not? It' just that most people end up not hearing the person right or taking what was said the wrong way. The problem then occurs when people decide to tell people what they "heard", which is more like twisted versions of it. That leads into the next way.

The next way is when people twist stories from what really happened when they tell them, which usually ends up getting twisted again and again until it is not even close to what really happened. This makes it usually more like a lie by the time it gets back to the person it is about.

Then they are the plain up rumors that people just tell to tell. These can usually end up being the worst because they are plain up lies that hurt people's repudiation and feelings. Even though these are the worst to find out, really all rumors are horrible. The best thing to do is just get the facts straight before you decide to tell anyone, anything and not make stuff up.

Rumors are a part of life and a part of high school experience, but they could and should try to be limit. They will never go away, but they can really hurt relationships and reputations of the people involved. So next time you or someone you know decides to run of to tell someone something they heard, make sure all the facts are known and the truth isn't twisted.

### It's not fair Marion doesn't get alternative lunch

By Melanie Loesel [Staff Writer]

Marion is the only school district in the area without alternative lunch. Students are expected to give 100 percent every day in their classes. Students can't do this if they didn't like their lunch and now have an empty stomach. Everyone likes different things, so the students shouldn't be expected to like all the same food.

When most kids don't like what's being served to them at school they'll usually just eat junk food or not eat at all. Students are supposed to be getting a balanced, nutritious meal with their school lunch, but if they don't even like it, they won't eat it. When there are fewer options to choose from even less students will eat a nutritious meal for lunch and more will go hungry. It's not fair to the kids who don't like the only meal being offered.

Some of the people believe that it would take more time to make the alternative lunch and that there isn't enough space. Marion High School has been making alternative lunches for years. It shouldn't be any different this year. Vernon is using a classroom to prepare the lunches, but Marion never needed more room than the kitchen. Even though there isn't enough space at Vernon due to construction, the high school shouldn't

have to do without.

It's not fair that the students at Marion High School don't get alternative lunch after having it all the years before. There is no reason Marion High School students should be penalized because Vernon has a space shortage at this time.



Austin Robertson, junior. Sadie Gaulke and Tristan Grapes, both sophmores eating the one lunch option they have.

# 4 ACTIVITIES

Sophmore football is off to a great start, read, "Carstensen scores for the sophomores"

# Neff cheers her heart out

Marlie Neff, freshmen, cheers year-round for Marion with close friends.

By: Claire Nash [Photo Editor]

The smell of hair spray, and popcorn fills the air on the cold, breezy, Friday night during the fall. She's standing close to the field. She sees the bright lights and all the rowdy fans in the student section wearing their red and gold. Grabbing her pom poms, she begins to cheer V! V-i! V-i-c-t-o-r-y Split The V And Dot The I And Shake That C-t-o-r-y!

Marlie Neff, freshman, is on the Junior Varsity football and basketball cheerleading squads. When it comes to uniforms she sometimes wishes that they were different. "I like the varsity uniforms better then the JV ones." She spoke. School spirit is an important thing to have if you're a cheerleader. "I have lots of school

spirit. I'm very loud!' she said in an enthusiastic tone. She has been tumbling since she was the age of four and has done Iowa Elite for the past four years. Cheerleading takes up a lot of time.

A few random facts about Marlie is that in her free time she likes to watch TV shows such as; Keeping up with the Kardashians, Jersey Shore, Teen Mom, NCIS, Gilmore Girls also she absolutely loves Starbucks! "I always go to Starbucks before cheer, and I get a Pumpkin Spice Frapucinno, because they are so good!" She laughed, then smiled. On game days, Marlie likes to bump her hair, and then put it in a ponytail. For her, the best part about cheer is getting to be with most of her friends and just get closer to them, also stunting is one of my favorite things.

She likes a lot of things about cheer but not absolutely everything. "Jumps are my least favorite thing about cheer, because they make me sweat a lot." she laughed. Although she cheers for football and basketball she does favor one a little bit more than the other. "I like football cheer better then basketball cheer because it's in front of all the cute guys!" she exclaimed. Cheerleading seems to have a lot of benefits.

Cheerleading is hard work. It takes a lot of time and practice. It is just as much of a sport to her as football is to guys. Marlie loves the crowd and loves cheerleading. Look for Marlie on the track shouting and stunting during the football and basketball



Marlie Neff, Freshman, showing off here school spirit by jumping in the air with her pom poms. Look for her bouncing around at events.

# **Carstensen scores for the sophomores**

By: Alice Dixon [Executive Yearbook Editor ]

Preparing for the Friday night football game, he takes of sprinting. He looks back towards the direction of the quarterback and sees the ball hurling towards him. He throws his hands up to catch the ball and runs until he's tackled

John Carstensen, freshmen, has been playing football since the fifth grade. Although it might not be his favorite sport, it is one of many. He plays the position of a tailback (otherwise known as the running back). "[My favorite sport would probably be either] football or baseball, but I really like football," he stated.

So far, John says the season is going good and they're still getting increasingly better. He laughed, "It's enjoyable. Hard at times, but all in all it's been pretty good!" Football coaches encourage players aggressively to pump them up! John likes the encouragement they get from the coaches and teammates on

Unlike other freshmen, John gets the chance to play on the Sophomore football

team. "[Playing for the sophomore team improves my playing] espescially since I'm playing with them instead of the freshmen team. In time it'll help me get better," he explained. He's lucky that he gets a chance to move up as a freshmen.

John's favorite part about football is the fact that it is a contact sport. "I like being able to hit people without getting in trouble," he laughed. Like most people involved in sports, his least favorite part is the conditioning.

Looking into the rest of the season, he thinks they will do well. "Dewitt will be a hard team to beat, but we can do it," he reasoned. John plans on continuing to play football for the rest of high school as well!

Friday night is finally here and the fans are starting to pile in. The lights start to come on and the smell of popcorn is in the air. The sun is setting and the wind picks up. The ref blows his whistle and the game John Carstensen, freshman, runs the ball, try-



ing to avoid being tackled.

#### Kolarik's in the middle; team works for the top

By: Melanie Loesel [Staff Writer]

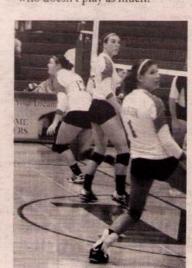
She's preparing herself for the volleyball game she's about to play, but unlike most other people, that only includes talking with her teammates. She isn't nervous at all because she knows her family is there for her and they'll support her regardless of how well she does. She knows that winning isn't everything, but that it's always a bonus when it happens.

Morgan Kolarik, junior, is playing her fifth year of volleyball and her second year on the varsity team. "I play middle front, [I like it] because I know it best," she informed. The reason she started playing volleyball was because it was the most popular sport at the time, and it was just something new for her to try.

Volleyball isn't always just fun and games. She practices every day. When asked what keeps her playing she explained, "The girls on the team because they are all funny." When asked her favorite part she didn't hesitate to say, "Definitely blocking with Jessie Kramer," she responded.

Even though Morgan is an amazing volleyball player she has days just like everyone else where things don't go as she expects them to. "No matter the way you play one day there's always tomorrow and you can always get better,"

The crowd is going wild, the game is finally over, and she won! As she looks into the stands and sees her family beaming at her she knows that this is one of the many reasons why she enjoys volleyball. She realizes how thankful she is to play and see the court, because she knows that sometimes it's hard to be the kid who doesn't play as much.



Kolarik, junior, Sarah Ernst and Kelsey Wieneke both seniors, get ready to hit the volleyball back over the net.

Morgan

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# **ACTIVITIES** 5

# Logan throws for distance

Logan Walter, shares his passion for disc golf and explains the reasons why he plays.

By: Hannah Miller [Executive Yearbook Editor]

Checking the weather channel, he sees today is a perfect day for some disc golfing. He texts all his friends and

tells them to meet him at Thomas park. Once there, he can see the course laid out in front of him. He is ready to go.

Logan Walter, senior, loves to disc golf, also known as Frisbee golf to some. This is a game where players try to get a disc into a basket. It is just like golf in a way that the disc are like holes and each throw counts as swing. The discs are then like the golf balls or clubs.

Logan has three. His favorite one is blue T- Rex one but it isn't his lucky one. "[My lucky frisbee is] my pink one because I got my only hole in one with it," he explained with a proud

as the game of disc golf, Disc Golf is a game that Logan loves to play. "[I love to play it] because it's fun. You get to be outside with people

you like and also gives me an excuse to take my shirt off," he said with smirk and a laugh. Logan usually is out at least 3 times a week playing this game with his friends at parks.

#### How to play disc golf

Equipment needed:

- Driver Long distance range
- Mid Range Short to medium distance
- Putter Up close to the basket
- All Purpose- for all distance ranges

How to play:

- Look at the course and see what the par is for the hole (That is your goal)
- Then start by teeing off at the launch pad
- Count each throw

The objective:

To get the disc into the basket in the less amount of throws

Obtained from <a href="http://jrm377.aisites.com/mm2203/">http://jrm377.aisites.com/mm2203/</a> frisbe/howRules.html>

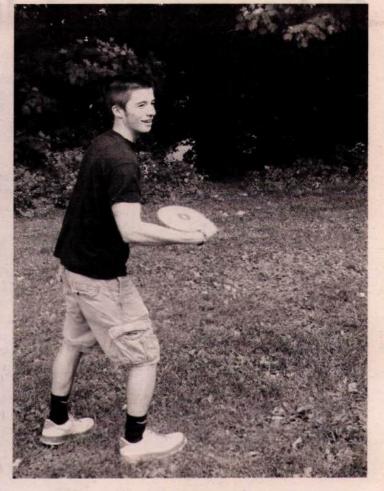
smile. Logan loves his discs especially his lucky one as well

Logan plays disc golf with many different friends. Some of the kids at Marion he plays with are Kenneth Wade and Brady Ranney, both seniors. They go to many different parks around the area, no more than an hours drive. Thomas, Shaver, Jones, Clark, Sugarbottom, and Wildcat are some of the main ones they go to. "[My favorite is] Thomas because it's freaking awesome and it's the closest one," he added. Logan is glad to have course so close that he enjoys playing

There are many differences between normal golfing and disc golfing. "It is way cheaper! You can play for free," Logan ex-

plains. Even though not having

to pay to play is a plus, there are also many downfalls. "The courses aren't taken care of and it's also a lot easier to lose your disc," he said. Even though lots of people lose golf balls when playing golf, disc are



Logan Walter, senior, uses his lucky disc to try and make par at Thomas Park while disc golfing one afternoon.

more expensive than golf balls, so they aren't fun to lose. Even with all un groomed courses and chances of losing your disc, Logan still prefers to play disc golf instead.

They finished the last hole. They check there scores to see who won. Logan comes out the winner,, which means he made a few extra bucks as well as having a good day out with friends. He can't wait to go out again soon and do it all over again.

# Going for it all, Mees runs

By: Jordan Hansen [Executive Editor]

Steeping up to the line, he knows what's ahead. A grinding 5k that will test his body to its very limits. Knowing what is ahead, he goes up to the starting line and gets set. When the gun sounds, everything else but finishing the race leaves his mind.

Lukas Mees, senior, is currently one of the best cross country runners in the state, ranked fourth in class 3A by the Iowa Association of Track Coaches. Marion's top finisher at state last year, he hopes to improve on that. "I placed 16th at State last year, [I'm] going for top 3 this year," he remarked. Lukas has been simply phenomenal so far this year. Finishing first in three races, he also has second and sixth place finishes this year. Leading the Indians is what he does best, and along with Alexis Timp, he was picked as a captain this year.

To Lukas, there are many great moments in importantly, they finished as a team.

Cross, but his favorite, above all, is, "I'd say the team victories, that kind of success you can share with your team is the best part," he commented. Cross is a very intense sport, but how, exactly is the best way to watch it? "The way it works is that the crowd has to move around to certain points." Probably the most spectator involved sport, watching it can prove to be very interesting, and challenging at the same

He runs. And runs. And runs. Losing track of everything but the next step, he just keeps going. Seeing the finish line ahead of him, he runs in a dead sprint for the last 100m. Barely registering that he crossed the finish line, he looks around and sees no other racers. He just won the race, and turning around, he sees several of his teammates finish in the top ten. Marion Cross has just won the meet, but more



Lukas Mees, senior, runs hard at the Cedar Rapids Prairie Invitational Meet, he finished 7th at that meet.

### **Cub Scout to Eagle Scout,** Rethwisch sees it to the end

By Taylor Lamm [Staff Writer]

As he sits and thinks about his years in school, one thing he remembered is being in Scouts. Starting in Cub Scouts in the first grade, and stopping a year ago, ending in Eagle Scouts. He first thought it would be something he could do for fun, not knowing it would teach him how to cooperate with people and improve his leadership skills.

Peter Rethwisch, junior, was in Scouts for ten years. Scouts is an organization of boys seven to twenty years of age. According to E. Nicholson, author of Education and the Boy Scout Movement in America, Scouts all started in 1910 in the U.S. and soon spread through out the world. It is estimated that worldwide the membership total is 25 million. Also according to Boy Scouts of America an Eagle Scout is the highest rank in boy scouts that a boy could earn. There is a long process for a boy to do so he can get the title of an Eagle Scout.

After spending two hours a week for . ten years working on his Scouts, Peter has learned a lot about leadership and gained a good sense of accomplishment from all the work he has done. One reason Peter stayed in Scouts for as long as he did was, "...because I wanted to see it through till the end."

Another reason Peter stayed in Scouts was because of the outdoor adventures. "One of my favorite parts was when we would go camping. You learn a lot of stuff, but you still got to mess around," he laughed. Peter enjoyed Scouts a lot and was glad he started it so long ago. He learned a lot of things that he's sure he will take with him through life.

As he remembers all the good times he had in Scouts with his friends, he also

remembers all the hard work he put in to getting his Eagle rank. He's glad his family stuck with him through it all and helped out so he could accomplish one of his



Peter Rethwisch, junior

#### **Fun Facts about** Scouting

- Of the 294 U.S. astronauts 180 of them were involved in Scouting, out of those 40 were Eagle Scouts.
- About one-third of the Air Force Academy cadets were involved in Boy Scouting, 14 percent are Eagle Scouts.
- The most often earned merit badges were for First Aid, Camping, Cooking, and Citizenship in the Community
- From 1912 to 2010 more than 2 million Boy Scouts earned there Eagle Scout rank.

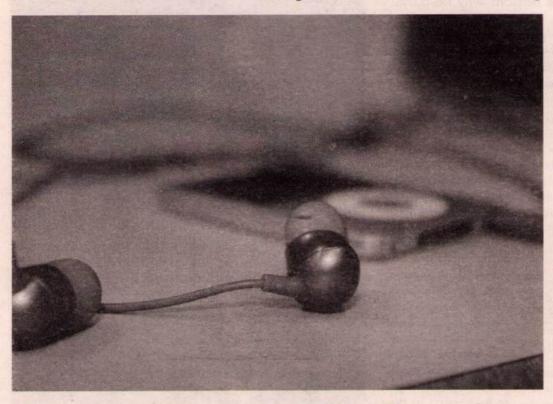
Information obtained from www.scouting.org

# 6 ENTERTAINMENT

TYPE OF MUSIC IN, "PUT SOME GOOD DUB IN THAT STEP."

# Put some good dub in that step

The electronic new music, with its origins on the internet, is becoming increasingly popular



Dubstep, the popular new music genre, can be found on many teens' iPods.

By: Alex Estes [Staff Writer]

Dubstep rattles your eardrums and shakes your ear buds. It delivers earthquake size bass lines, intertwined with reverberant drum patterns and electric tunes. The deafening bass and electronic melodies give dubstep a unique, different, and new sound. Most people have never heard of the genre

dubstep, and if they have they think it's a completely new type of music, but the earliest release date of a dubstep track dates back to 1998. The first tracks were remixes of garage band tracks, which were mixed in London, England. It was obviously not popular back in 1998. Today it is popular around the world. It

was spread around the world by the internet, and there is thousands of dubstep artists and DJs around the world.

According to www.urbandictionary.com it states, "Dubstep- is music centered around bass. It draws on many musical influences. Such as dub, reggae, d'n'b, jungle, UK garage, grime, techno and IDM.

Every dubstep tracks need

to start with an intro. From the intro, it needs a "drop" into the chorus of the song. In the chorus, it needs a verse break, then a drop into another chorus. And lastly, it needs wobbles. Dubstep is a relatively a predictable type of music. You always know what is going to happen in the songs.

Today there are dubstep remixes of nearly all types of songs, pop, rock, hip-hop, anything. Dubstep consists of head buzzing bass tones. It normally has a fast beat, and is mixed on the synthesizer or by a DJ. Some popular dubstep artists are Deadmau5, Skrillex, Excision, and Big Chocolate.

Dubstep is a different, kind of music to most people, and if you ask around, most people say it sounds like garbage. Since dubstep is so unique, not many like it. It is still loved by many.

The electronic tunes of dubstep are not widely listened to and enjoyed. dubstep is almost like an abstract painting, in music form, that is still waiting to be accepted by the masses.

### Sheen unseen

Commentary

Two and a Half Men is a hit TV show on CBS. Most people loved Charlie Sheen's part of the crazy brother who drinks and has sexual encounters with lots of women but still

maintains his wealth. He was hilarious and that's why people kept watching the show. With Ashton Kutcher now replacing Charlie Sheen the views may start to go down.

Charlie Sheen was fired from his job because of his excess use of drugs and alcohol. Some people felt like he was heading



Kaitlyn Nathem
[Executive Editor]

down hill and they didn't want their show to be a part of that reputation. With Charlie off the upcoming shows, a new crew member was added; Ashton Kutcher. Ashton has been on plenty of shows and movies. One of the most famous shows is That 70's show. He's a very comical guy, but he just won't be able to replace Charlie Sheen.

The first episode with Ashton aired on September 27th and it reached quite a few views. The main thing is that most people were watching the episode because everyone was curious as to how Charlie Sheen was going to die off, and how Ashton was going to come in. After the episode with the new cast, are people still going to watch it? It's basically a different show without Charlie being the main character. He was a carefree person, and it's weird seeing Ashton be the new man.

As more episodes air, it'll be interesting to see the amount of viewers that Two and a Half Men gets.

# Asher's first book

By: Melanie Loesel [Staff Writer]

Jay Asher's first book, Thirteen Reasons Why is a must read. This story takes place in a small town, and just like any other small town it is filled with gossip and drama. Asher does a great job in showing how hurtful this can be. Most people don't realize that every little thing a person does can change the life of someone else, sometimes even drastically, and this book will prove that.

In the story, teenager Clay Jensen comes home from school one day to find a package of cassette tapes at his doorstep made by Hannah Baker, a classmate who committed suicide a few weeks earlier. It doesn't make any sense to him, how could he be receiving tapes from a dead girl, and more importantly why?

As Clay begins to listen to the tapes he discovers Hannah's explanation to the thirteen reasons why she committed suicide and is horrified to learn that he is one of them. He barley talked to Hannah, not that he didn't want to. So how could he be one of the people who lead her to death?

As he continues through the first tape he is asked to do just one thing, listen. Listening is one of the last things he wants to do. He knows that what he is about to hear is not going to be a friendly goodbye, but it's the last thing he can do for her. So decides to carry out her final request.

This decision will lead him on an unexpected journey to hell and back. Due to the choice he made he will spend the rest of his life regretting that he didn't save her from the horror that had become her life.

Thirteen Reasons Why has a very interesting storyline that will keep you guessing till the end. Plus even more importantly it has a message that is so moving that makes it an unforgettable story.

Suicide is a very touchy subject. Most people don't want to think about it let alone talk about it, but it is a very serious problem in our country. It is the third leading cause of death of teenagers.

Life is an emotional roller coaster, but no matter how bad a person's life is suicide will never be the answer. Any teenager who is contemplating suicide should read this book; it'll make that person think twice about what it'll do to the ones that person loves.

Even though this book is good for someone who is going through a hard time, the reader doesn't need to have depression to identify with this book. Most teenagers have been hurt in their lives, and if they haven't they will be eventually. With that it causes people to relate to the story easily.

This book really shows how much pain a person can be in without anyone knowing. It also shows the snowball effect and how everything a person does is linked to a chain reaction. With such a heavy story line and a heart filled message once you pick it up you won't be able to put it down until you are finished.

### **Lady Antebellum album debuts**

By Claire Nash [Photo Editor]

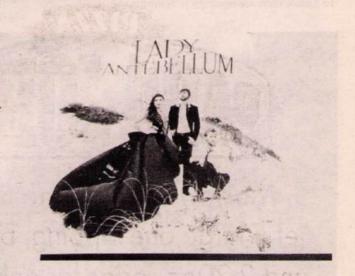
Lady Antebellum is a very well known country band. Their songs are deep and heartfelt, and there music ranges from upbeat to mellow. There music has won six Grammy awards so far. The three people in this band all have talent. Of all their music one of their most well known songs is Need You Now which came out in the year 2009. Although Need You Now became a number one hit, it wasn't their first one. In 2008 I Run To You came out and always made the top song on the charts. They are doing great in the music business so far!

Lady Antebellum's new album Own The

Night just came out on September 13th. If you adore country music and songs about love, then this album is for you. Some of the titles on this track are; We Owned the Night, Dancin' Away with My Heart, Friday Night, and Cold as Stone, those are just a few of the hits on the album, but the entire CD is great!

For Lady Antebellum its about their fans. According to http://ladyantebellum.com/bio Singer Hillary said "All these people who spend their hard earned money on a concert ticket or a CD, they invest in us and who we are," says Hillary. "Not just in the music we play, but in our lives. So the least we can do in return is reciprocate that trust in the form of continuing to tour, create

music and do our very best at both." Lady Antebellum is apart of a charity called the Mocha Club. According to www.themochaclub.org they wrote "Our vision is to provide a way for people who don't have hundreds or thousands of dollars to make a difference in Africa. We do this through a community-based web site where members can start a team and invite friends to join them in giving \$7 a month the cost of 2 mochas - to support a project in Africa. We know that today's tech-savvy generation can have a huge impact by using the viral nature of the web." You can join Lady Antebellum and help make a difference. This band has such a big heart and fantastic music, buy their album in stores or on iTunes!



Lady Antebellum's new CD Own The Night is now in stores and on iTunes. Buy it if you like country music.

# Ster stars under the spotlight

Stephen Ster, junior, will appear as Pippen in the fall musical starting the first weekend of November. Cast and crew have been working diligently to prepare.

By Taylor Lamm [Staff Writer]

As he sits looking over his lines, all he can think about is what part he wants. Another thought pops into his mind, does he want a lead part? Would he get a lead part? Or something smaller? One thing he does know is that his will be a very fun musical.

Stephen Ster, Junior, has the lead role of Pippin in this years fall musical, Pippin. The play will be directed by Mr. Ballou, school choir teacher. The play, Pippin, is a famous Broadway musical about a King's son who becomes a soldier in his father's army. After being in the army for a while Pippin gets upset about killing people, which he blames his father for. Then

**The Facts** 

Name of Play: Pippin

Director: Mr., Ballou

Leads: Stephen Ster and

Caitlyn Wolfe

Date: November 3-5th

Time: 7 PM (all three nights)

Price: \$5 for students, \$6 for

Location: MHS Auditorium

adults

Pippin ends up killing his father. For preparation he usually prac-Once he becomes king he gets even more lost about what he wants to do with his life. The rest of the play tells the story of what he wants to do with

This will be Stephen's seventh musical that he has been part of the cast of. This will also be his third lead role in a musical that's been preformed at MHS.

When Stephen found out he had this part, he states, "I was very shocked, but I was pretty excited for what is to come." At first Stephen did not want

> the role of Pippin, he actually wanted a leading player. "...But this role is very fun and has a lot of dynamic. You also get to be involved in every scene mostly."

To get prepared for the part of Pippin he tries to practice at least everyday on his lines so he's not so nervous when it comes to the big day. "I have grown to be fairly comfortable on stage; but if you don't have nerves you're not meant to be doing this," laughs Stephen.

tices songs and choreography either by himself or with the other members of the cast.

Stephen's family gets involved

too. They help him rehearse his lines and critique his actions. Another way his family gets involved is that his mom helps make the costumes and do students make

up for the show .

"...If you don't have

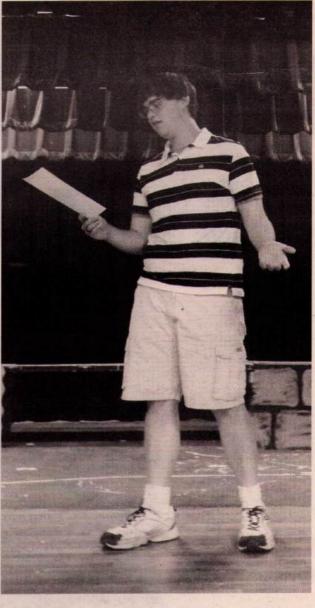
-Stephen Ster, junior

nerves you're not meant

to be doing this,"

"My favorite part with the whole play experience is getting to hang out with all my friends, and having a lot of inside jokes," states Stephen. Stephen also says that they can screw around but they're also serious at times. He spends a lot of time with the students that are involved in the cast and stage

Being on stage for some people seems overwhelming, but for others it's something they love to do. He loves looking out at the crowd and seeing the adoring audience. The curtain will open, and he will mentally congratulates himself on how far he has made it.

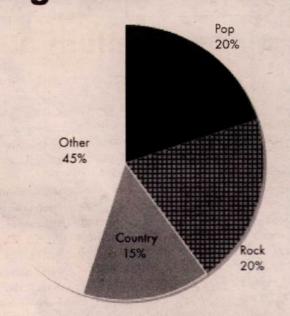


Stephen Ster, junior, rehearses his lines before play practice. Pippen's opening night is Thursday, Nov. 3rd.

# **Homecoming dance tunes**

By Storm Bogs [Web Editor]

To the right is a pie chart of a poll that was taken asking what kinds of music students at Marion High School would like to hear at the Homecoming dance this weekend. The four categories that students could choose from were pop, rock, country, and other. The "other" category won with 45% of votes. The pop and rock categories came in second place with 20% of votes and country came in last place with 15% of votes.





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Order online at www.papajohns.com

### Reisner hits the gridiron

By Jordan Hansen [Executive Editor]

Pro football, one of the many great sports that many of us love to watch. The gladiator like sport is played at many levels of competition, and recently, a Marion graduate is playing at the sports highest level.

Allen Reisner, former tight end for Marion, and the Iowa Hawkeyes, is now playing in the NFL (National Football League) for the Minnesota Vikings. While at Marion, Reisner set school records in receiving yards (4th all-time) and receiving touchdowns (1st all-time). Along with these records, he made All-District and All-Metro both his Junior and Senior year. Also after his senior year, he was named to the First-team all INA (Iowa Newspaper Association) along with making the 2007 Shrine Bowl. A very gifted athlete, it wasn't a huge surprise when he signed to play at lowa.

While at Iowa, he saw action in all four years and was a starter his senior season. Also during his senior season, he was one of 8 semifinalists for the John Mackey Award

(Best college Tight End) along with being Second-Team all-Big Ten. Un-drafted, he was nonetheless signed by the Vikings the day the lockout ended. Relatively unknown coming into the Vikings mini-camp, he proved himself and made the Vikings preseason, 53-man roster. However, the day after it was announced that he made it, (September 4th) he was cut to make room for a linebacker from the Texans.

Reisner, however, didn't stay cut for long, and as soon as he cleared waivers was resigned to the Vikings practice squad. Staying on the practice squad for a week, he was then promoted to the active roster, and has seen some action in games, especially on spe-

With several players ahead of him having contracts come up next year, Reisner may have a good chance to move up on the

Marion has a rich history of good football players, and Allen will not be the last player from this school to go pro.



8

CENTER

# REDMARION.





Even during the chilling, finger numbing winds of fall, the Marion Football fans gather in the red and gold stadium under the bright white lights. Even in the rain, or in the snow, the fans come to overlook the fading green football field, watch football, and most of all cheer on the Marion Indians. Devoted student fans make up what is know as our very own REDnation, and fill the student

Colin Burczek, senior, consider himselftheleaderof what he describes as "a giant family that supports the eleven guys out on the field." He leads the student body in cheers and even the colors that

section with excitement.

should be worn to each football games. Burczek likes getting out there and helping his "family" help support the home team. "I am definitely a good fit for this role. I have loads of school spirit." He exclaims. Many students have loads of school spirit, and it is a very valuable thing to have so our football team can be cheered to victory. "The leader of REDnation was handed down to me by Byron Fish." Burczek commented

"My favorite thing about

REDnation football is being with my friends and watching football." Football is a great pastime for many Marion Indians, and Colin is no acceptation. He enjoys meeting with ahis friends at the stadium and leading cheers for the student section to participate in. "I think [REDnation] helps out the football team, and lets them know we are there for them." Burczek explained. It also affects the student body "in a positive

"...[REDnation]
keeps school spirit
high and it gives
everyone something in common,"
-Colin Burczek, '12

way. It keeps school spirit high and gives everyone something. common. 推出 important to school keep spirit high, keeping and and students

players happy.

The REDnation family will cheer for any Marion sport, Burczek explains, "Just ask us to come and support you." Right now, the most popular sport to go out and cheer for, is obviously, football. Burczek believes the student's favorite cheers are the I Believe chant, and the Roller Coaster cheer.

Hopefully, under classmen will keep the REDnation traditions alive as well as school spirit.

# 10 SENIOR INTERVIEWS



#### Jessica Arebaugh:

What are you going to miss most about Marion?: "Seeing my friends and favorite teachers everyday."

Quote or piece of advice?: "What doesn't kill you, will only make you stronger."

Plans for the future?: "Attend to Iowa State to become a dietitian."



#### Olivia Bast:

What are you going to miss most about Marion?: "My friends, and creative writing class with Katie in Mr. Fergusons class."

Quote or piece of advice?: "Never give up

on your dreams."

Plans for the future?: "Go to Capri for cosmetology"



#### Kimberly Arundale:

What are you going to miss most about Marion?: "The teachers and being around all my friends all the time <3 Love you guys! <3"

Quote or piece of advice?: "High School is full of drama and petty arguments. The trick is not to get caught up in those things, keep your friends close, put on a smile even if you don't want to because sometimes that makes a world of difference."

**Plans for the future?**: "Probably Kirkwood for 1 year for general education, then Iowa State for a major in engineering."



#### Karsen Blackman:

What are you going to miss most about Marion?: "Alice Marie Dixion."

**Quote or piece of advice?**: "Be yourself because those who mind don't matter and those who matter don't mind."

Plans for the future?: "I don't know. We'll see where life goes."



#### Bailey Bacon:

What are you going to miss most about Marion?:

"Getting to play in front of the student section at football games and everyone in drumline/band."

Quote or piece of advice?: "Find your own passion and give it everything you've got."

Plans for the future?: "Making it through senior year and deciding what I want to do with my life...wish me luck:D."



#### Ashlyn Brashaw:

What are you going to miss most about Marion?: "Being with all my friends."

Quote or piece of advice?: "Never give up."

Plans for the future?: "Kirkwood."



#### Kaitlyn Baldwin:

What are you going to miss most about Marion?: "The football games, and hanging out with friends everyday."

Quote or piece of advice?: "Never give into peer pressure, be yourself."

Plans for the future?: "Become a kindergarten teacher. Go to Kirkwood then Mount Mercy."

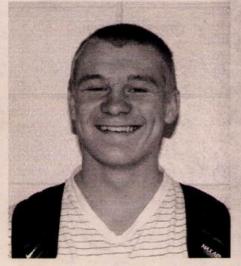


### Blayke Brice:

What are you going to miss most about Marion?: "I will miss seeing my friends everyday, walking the halls, and the teachers. I will also miss the school dances and all the sporting activities."

Quote or piece of advice?: "One of the lessons that I grew up with was to always stay true to yourself and never let what somebody else says distract you from your goals. And so when I hear about negative and false attacks, I really don't invest and energy in them, because I know."

Plans for the future?: "I will attend Iowa Stat University to major in Genetics and minor in Biology."



#### **Hunter Banes:**

What are you going to miss most about Marion?: "The wonderful faculty and the silly fights about who is the most tan and such."

Quote or piece of advice?: "Sucks to suck."

"Hakuna Matata."

**Plans for the future?**: "Attend UNI study psychology and become a psychiatrist."



#### **Emily Buhrman:**

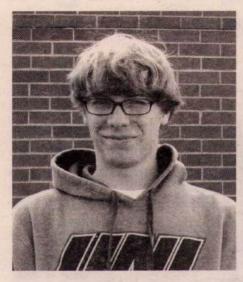
What are you going to miss most about Marion?: "The football team, teachers, team

Marion?: "The football feam, feachers, feam dinners, football, basketball, baseball, arguing with Levi Lochner, Jordan Cole, and bon fires."

**Quote or piece of advice?**: "If you need anything go to Dos, Follow me on twitter, be like me(: ."

Plans for the future?: "Go to Upper Iowa University to major in athletic training. I would also like to be a student manager in college."

# SENIOR INTERVIEWS 11

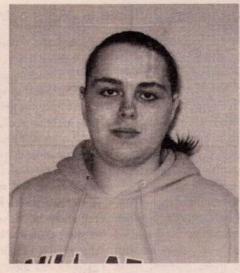


#### Colin Burczek:

What are you going to miss most about Marion?: "All of my classmates, REDnation and my youth."

Quote or piece of advice?: "Never take life too seriously, you'll never get out alive."

Plans for the future?: "Attend Kirkwood get my degree in Criminal Justice become a pig. Marry a super model and have thousands of beautiful successful children."



#### Lindsey Daniel:

What are you going to miss most about Marion?: "I'm going to miss the teachers and my friends."

Quote or piece of advice?: "Don't give up on your dreams and try your best." Plans for the future?: "I plan on working after graduation and hanging out with friends."



#### Brandi Burnell:

Education at Mount Mercy."

What are you going to miss most about Marion?: "The teachers, activities."

Quote or piece of advice?: "Do what makes you happy(: ."

Plans for the future?: "Major in Art



#### Joshua Davila:

What are you going to miss most about Marion?: "Hanging out with my friends and having fun."

Quote or piece of advice?: "Go for gold!"

Plans for the future?: "Go to college,
become a psychologist and live it up in
California."

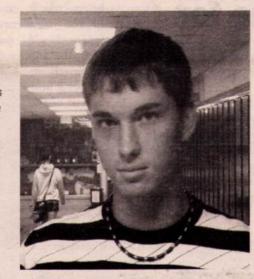


#### Jenna Chittick:

What are you going to miss most about Marion?: "The things I'm going to miss the most are my friends and color guard."

Quote or piece of advice?: "Join band, it is a blast and the people you meet will become like part of your family."

Plans for the future?: "Go to a four year college and major in Early Childhood Education."



#### Aaron Davis:

What are you going to miss most about Marion?: "My friends."

Quote or piece of advice?: "Be yourself and ignore what others think."

Plans for the future?: "Attend the University of Iowa and major in pre-med.."



#### Brooke Cole:

What are you going to miss most about Marion?: "Probably just the people here. Hannah Shaffer and Ashlin Taylor Korf <3."

Quote or piece of advice?: "You only live once, so make the most of it."

Plans for the future?: "Hopefully going to UNI, but if not no clue!"



#### Rachel Davis:

What are you going to miss most about Marion?: "The reachers and Friends."

Quote or piece of advice?: "Always be yourself."

Plans for the future?: "Go to kirkwood for two years and then transfer to a four year school. Also to be a speech therapist."



#### Makenzie Coughenour:

What are you going to miss most about Marion?: "Nothing really."

Quote or piece of advice?: "Do your best in school, because it will affect your future."

Plans for the future?: "Kirkwood for two years, then transfer to a four year college to be a Juvenile Probation Officer."

### Check out these featured seniors in the next issue!

Addie DeWitt
Alysha Dirks
Stehpanie Dunkel
Joshua Epault
Sarah Ernst
Brandon Ette
Zach Feller
Cassandra Foster
Cameron Foulks
Elizabeth Gaffney
Brent Gamerdinger
Bruno Genovese
Andrew Gleason

Jeremy Glovik
Mikayla Goemaat
Melissa Gustas
Ryan Hagen
Meghan Halvorson
Tyle Hedtke
Spencer Henessee
Cody Hoffpauir
Michelle Hornback
Austin Houchin
Jared Huhndorf
Alex Hunter

# 12 COMMUNITY

MARION ALUM RECOVERING, READ MORE IN, "McSweeny ON HIS WAY TO RECOVERY"

# Cool work places that cool people work at!

Looking for a job? There are many places that are in Marion and Cedar Rapids that are looking to hire teenagers for work!

By: Storm Bogs [Web Editor]

Most students want to get some sort of paying job when they are in high school. Everyone wants a job that they would truly enjoy, and look forward to going to, but sometimes it is necessary to settle for work at whatever place is hiring at that time.

Some common places for teenagers to work at this year seem to be the Playstation, Chuck E. Cheese, restaurants, day-care centers, and nursing homes. Other places that students might want to try to apply to are retail stores, coffee shops, stores such as HyVee or any place that is willing to hire teenagers!

Some places around Marion that teenagers might be able to work at are Coldstone, The Freeze, Subway, and many more. Another place to go try to get a job at is the mall! There are tons of different types of places in Lindale that teens could work at. There are plenty of restaurants and clothing stores that a teen could go apply at!

If necessary, a student could

drive into a nearby town to get a job. It might take a lot of gas to get to a nearby town to fill out and application, go in for an interview and drive back and forth to work everyday, but it would pay off in the end! After driving to any work place everyday, the employee will get their paycheck and have enough money for gas and other things!

If a student in high school is unable to find a job or is not 16, which is the common age to get hired at any given place, there are still things that those students could do to get money. Some things that students could do if they are unable to get a job are baby-sitting, mowing or other outside work for people in their neighborhood. There are a lot of adults in the community that need someone to watch and take care of their children while they are at work. There are also a lot of people around town that don't have the time to do work outside the house or are unable to do it for one reason or another. Some jobs outside that people might need teenagers to do include mowing, shoveling,

planting and watering flowers, and other things.

As a student in high school, it is likely that they will get a car and have to pay for gas, possibly insurance and maybe even repairs to the car if needed. Teenagers will probably want to go shopping or do other things with their friends that will cost money, and students in high school might even have to pay their cell phone bill. If students want all of these things or have to pay bills, they need to get a job, because their parents will most likely not keep handing out money everyday.

There are many reasons that students in high school would need or want money. Shopping, going to see movies, or out to lunch are only a few reasons. Other reasons a teenager might need to have money is to get back and forth to school activities. Especially if an event is away at a different school, it will cost more gas money to get there.

If a teenager gets a job, they will need to work on balancing their job with other school activities, babysitting, and a social life. Learning to



The Freeze, which is located on S 11th Street, is a great place that teenagers could apply at for a job after school or on the weekend!

balance everything can be hard, but after a few weeks of having to deal with the stress of all the activities that a student is in, they will learn quickly how to balance everything

So, as you go about your everyday life around town, make sure that you keep your eyes open for any places that may be hiring teenagers around town! There might be more than you think.

### New beginnings for Vernon Middle School

By: Taylor Lamm [Staff Writer]

Walking in the doors of the new middle school, it's easy to tell it's very different from the old Vernon. The school might not be fully done, but they are managing quite well. Their goal is to have sixth to eighth graders be able to populate the school.

Vernon Middle School has, and still is,

being rebuilt in the same spot as the old one. The student's classes are being held

in makeshift classrooms in the half of the school that has been built. For right now, all of the grades are split up by hallways designated to a certain grade. Some of the classrooms that are going to be fifth grade rooms in the future are being used as the cafeteria, gym, kitchen, and library.

Some new things that Vernon has never

had are two computer labs with all new computers, a geothermal heating and cooling system, a special education wing, and a sensory room. The new special ed wing is where students can have there own space and one on one time to get help with what they need. In addition to the special ed wing, there is a sensory room for the students who are autistic.

Brenna Johnson, seventh grade, states, "The new Vernon is more up to date then the old one,

It it makes it easier to get around now." The students at Vernon are also dealing with the parts of the school that are not to the access.

As the students are adjusting to the noises

of the other part of Vernon being built, they are also getting use to the new ways of Vernon. It's a new beginning for Vernon.



New classrooms at Vernon Middle School, with completely new equipment for all rooms.

# McSweeny on his way to recovery

By: Storm Bogs [Executive Web Editor]

As much of the MHS community knows, graduated senior of 2010, Ryan McSweeny, was injured in Afghanistan a few months ago.

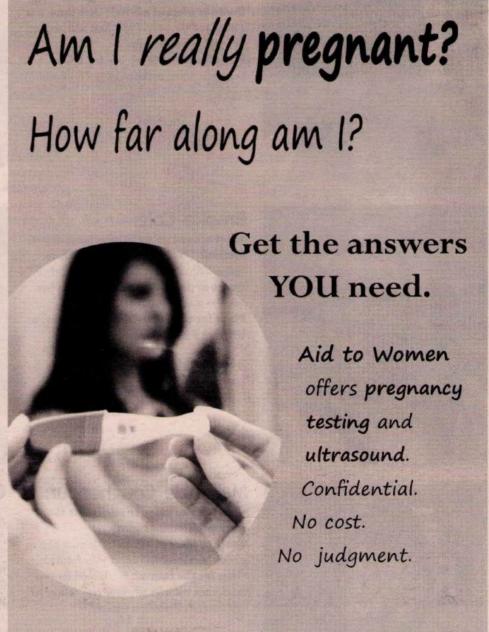
Ryan is now well on his way to recovery and is done with surgery. "[My] last surgery was on the 8th of this month to remove the shrapnel," explained Ryan.

Shrapnel are "pieces of metal that the Taliban place in their improvised explosive devices. When they detonate, [the shrapnel] shoots out and maims your body." Ryan has about six months left until he is fully recovered. Currently, Ryan is regaining feeling back into his feet, but there is still some nerve damage.

As Ryan has been recovering, his friends and family have been very supportive

of him. "My friends and family have been amazing, coming to visit me and they called me about every day," he explained. He has also received a lot of support from friends on his facebook page.

"Support our troops over in Afghanistan, they are laying their lives down for you and our country. Many of my friends already have," stated Ryan. Truer words have never been spoken.



Aid to Women Pregnancy Support Center 701 Center Point Rd. NE Cedar Rapids 364-8967 aidtowomen.com

# 13 FEATURES

WANT TO KNOW A BIT ABOUT THIS YEARS HOMECOMING COURT? READ UP ON THEM IN, "HOMECOMING ROYALTY"

# **Homecoming Royalty**

Meet this year's homecoming court for the class of 2012.



Name: Ashlin Korf
What is your favorite highschool memory? "In my freshman gym class I was running
the mile & tripped. I was too
embarrassed to get up so Jake
McDonald picked me up.:)'

Who is your celebrity crush?
"Ryan Reynolds."



Name: Cameron Foulks
What is your favorite
highschool memory? "My
first day at Marion
Highschool! Woot!"
Who is your celebrity
crush? "Mila Kunis, she's
hot and funny. Bonus!"



Name: Lindsay Spear

One word to describe you:

What's your zodiac sign? " Aries."



Name: Ryan Watters

One word to describe you: "Special!"

What's your zodiac sign? "Virgo."



Name: Bailey Bacon

What are you involved in? "FCA, Marching band/ drumline, NHS."

What's your favorite color? "Purple."



Name: Colton Storla

What are you involved in?
"Football, basketball,
and soccer."

What's your favorite color? "Red."



#### Name: Sarah Ernst

Would you rather: go to Coldstone or Dairy Queen? "Coldstone for sure:) They sing to me."

Who is your role model and why? "My grandma. She is the sweetest woman ever. She is also independent. I love her."



#### Name: Tyler Ohl

Would you rather: go to Coldstone or Dairy Queen? "Dairy Queen."

Who is your celebrity crush? "Megan Fox."



Name: Allison Scott

What is your all time favorite food or meal? "Spaghetti w/ parmesean cheese and meatballs."

Who is your idol and why?
"My sister because she is a great
person and trys her best at everything. I love her so much!"



Name: Jake McDonald What is your all time favorite food or meal? "Steak."

"Steak."
Who is your idol and why? "My dad, he has taught me everything I know about being a man."

# Students need experience; not seat time

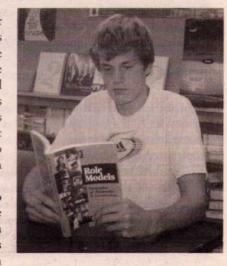
By: Jordan Hansen [Executive Editor]

Walking into mentor meetings, he stops, looks around, and shakes his head. He doesn't really think this is helping anyone, and sees it as a waste of time better spent else ware. Even though he dislikes the fact that he's here, he knows that there is no point in skipping, so he goes and sits in his seat.

Cole Kuethe, junior, dislikes mentor meetings, but not for the same reasons as everyone else. "The ideology behind the program is fantastic, but it won't change anything. Character can only be obtained by experience, not by reading about others character," he bluntly stated. Many students at Marion would probably agree with that statement, and the general thought seems to be that mentor meetings are not really worth going to.

Another thing many students seem to be questioning is how exactly to use the mentors. Are you supposed to talk to them about issues you might have? To many, it's somewhat confusing, but Cole, his mom being a teacher, wouldn't go to a teacher for help. "I wouldn't want put that on them, it's a liability issue. Someone gets hurt, gets exposed. There's no true confidentiality anymore, everyones focused on the legal aspect."

Listening to the teacher talk, he pays attention and try's to learn something, even though he knows most of his classmates will get nothing out of this session.



Cole Kuethe, junior reads a mentor

### Sophomores prep Homecoming '11

By: Taylor Lamm [Staff Writer]

As he sits waiting for the final count of what the home-coming theme will be this year, all he can think about is how he wants this homecoming to be one to remember. In addition, he wonders how we will do at the game the night before and how he can't wait to be at the dance with all his friends.

Cameron Mohwinkle, sophomore class president, is one of the students who will be helping out with homecoming this year. "This years theme is sky's the limit, but I wanted fear the spear because it sounded cooler," he stated. Cameron will be spending quite a few hours trying to make this years dance fun.

Not only is Cameron the class president, he also plays

for the sophomore football team. He stated, "My favorite part is playing in the football game the night before and watching the varsity play." This is one night he is very excited for.

For Kayla Comried, freshman, this will be her first homecoming. "I'm very excited for both the dance and the football game," Kayla laughs. For some freshmen homecoming can seem over rated but for others they look forward to all the homecoming events.

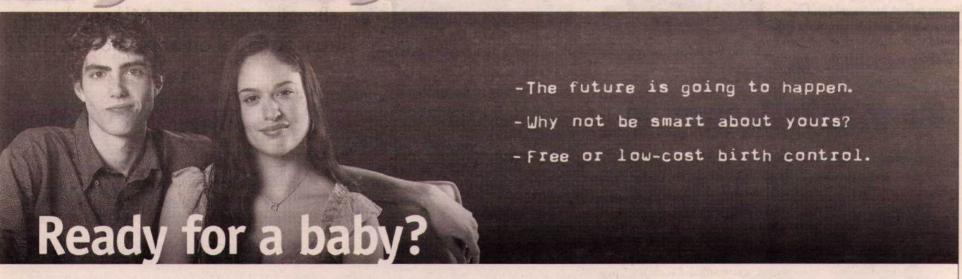
Cameron walks through the halls seeing all the door signs about homecoming. He feels confident with himself knowing how homecoming is turning



Cameron Mohwinkle sophomore



Kayla Comried, freshman



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# Dunkel is back on bottom of the food chain

Brianna J. Dunkel shares her opinion on being in high school.

By: Melanie Losel [Staff Writer]

As she woke up and put on her makeup she realized that one of the things she had been looking forward to since she was little was finally here. She walked into the building that was now her school. Her blonde hair was covering her face and she had no idea what to expect.

Brianna J. Dunkel has just started her first year of high school. "Getting beat up was my biggest fear [in coming here]," she

While she did fear some of the upperclassman she didn't have to worry about most of them, as she felt protected by the ones she is friends with. "I don't really get picked on [for being a freshman] because I know a lot of people here," she exclaimed.

When asked her favorite part of high school so far she excitedly stated, "Getting to see all my friends. I didn't get to see most of them except my really close ones since we weren't in the same school."

In her opinion high school is a lot better than middle school because in addition to seeing all her friends there is also less work to take home. "It's because there are longer periods to get homework done," she explained.

Just like with anything there is a downfall

to high school. "My least favorite part [of high school] is all the drama," she admitted.

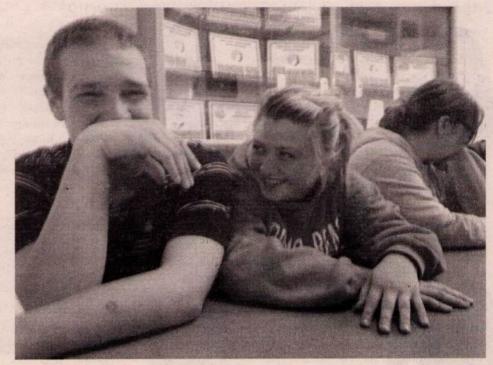
Being in high school is a big change from middle school even though most of the kids in her grade are the same. "I feel like I have more freedom because [the] teachers aren't always on you about homework," she

She has attended Marion since first grade, she originally went to Grant wood, and she's extremely glad that she does go to Marion. "I have amazing friends that are there for me," she proclaimed.

She isn't planning on going out for any activities or sports this year due to the fact that she has a much bigger class, and that means more competition. "I haven't really gotten to spend any time with my friends," she added. She knows if she joins anything it will cut into the time she has to do other things.

Even though she doesn't plan on doing any sports or activities this year that won't stop her from having fun. "I'm looking forward to football games, homecoming, and prom," she smiled.

She knows now that high school isn't all that bad, but you have certain unwritten rules. "Don't say anything smart to the upperclassman," is her advice for the freshman next year.



Jacob Schultz, junior, and Brianna Dunkel, freshman, enjoy their lunch period at they're lunch table by joking around and having fun with their friends.

The final bell rang at last. She had a feeling of accomplishment. She replayed the first day of high school in her head realizing how much she had matured since her days at Vernon. The day had gone a lot better than she

had expected it to. As she closed her locker she thought about how ecstatic she was for the day to be over and that there were only 179 days of school left till summer.

# From Brazil to Iowa; learning the new ways in Marion

By: Kaitlyn Nathem [Executive Editor]

Walking steadily through the halls, he pays close attention to those around him. Translating conversations, observing their clothes, taking everything in. Wondering what his friends are doing back home, he enters the student filled room with a friendly smile.

Bruno Genovese, senior, is a foreign exchange student this year. Bruno is from the large country of Brazil. He is currently staying with Ben Buckley, junior, for a week and then returning to his other family to stay with. Besides being located on a different continent, Brazil is quite different in many ways. "We have more blonde hair [people] and blue eyes," Bruno stated.

The people may look different but they act about the same. "My friends and I go out and do something or have a party. I miss this." Bruno misses his friends and family back a lot just like any other kid would.

School is definitely different in

Marion compared to Brazil. Bruno explained, "In Brazil we only have three tests in the two months for each subject. We don't get to choose our classes either" The teachers are the ones who switch classrooms while the students stay in the same room all day. Each class is an hour

Bruno came to Iowa not only for the experience of being a foreign exchange student but other reasons as

well. "I want to be an international lawyer, so I need experiences in english, "he stated. Bruno has large plans for his future and coming here will help with these plans.

Sitting in class, staring at the whiteboard with the jumbled up letters. Listening to the words roll out of the teachers mouth, taking down notes as he speaks.



Bruno Genovese, senior enjoys working hard in Mrs. Dostal's gym class.

#### **Cool facts to learn about Bruno's country of Brazil**

- The total are of Brazil is 8,511,965 sqaure kilometers.
- The climate is mostly tropical, but temperate in the south of Brazil.
- Some natural resources of Brazil are; iron ore, manganese, bauxite, nickel, uranium, phosphates, tin, gold and more.
- Brazil is the largest country in South America.
- The Religion of 70% of Brazilians is Roman Catholic.
- Brazil gained their independence from Portugal on September 7, 1822

# Ms. Kayla Kramer is excited about her first year teaching

By: Storm Bogs [Web Editor]

It is the end of her summer, and she can not wait for the



Ms. Kayla Kramer FCS teacher

school year to begin. It is her first year teaching and she has so many plans for the year. She can not wait to meet the rest of the teachers and all of her students. She is very excited to get the year going and teach her students all kinds of new things while incorporating different types of tools to get class work done.

Ms. Kramer is the new foods teacher here at Marion High School. This is her first year

teaching and she can't wait to teach all of her students. "I have a lot of teen insights classes [this year], I also have big plans for Foods 3," she explained. "I would like to have a class blog or web site and would like to incorporate more technology and student directed activities [in each class,]" she continued. This term, Ms. Kramer is teaching Foods & Nutrition 1 and Teen Insights. Later in the year Ms. Kramer will be teaching Foods 2 and 3.

Ms. Kramer loves Marion High School. "My students are fantastic, I have a great time with them, and I love block scheduling!" she exclaimed. Ms. Kramer absolutely loves all of the students and staff here. She is very impressed with the school. "I feel everyone is very responsible and has good character," she explained. Marion High School has made a great first impression on Ms. Kramer.

At first, Ms. Kramer did not want to become a teacher. In the beginning, she went to college to become an industrial engineer. "I needed to work more with people and less with computers," she explained about why she switched to teaching. At that point, she stopped attending NICC transferred to Iowa State to get her degree in teaching.

It's 8:20 and the bell rings, signaling that it is the beginning of class. As all of her students walk into the classroom for the first time on the first day of school, she knows for a fact that she made the right decision to transfer to Iowa State and become a teacher. Even though it's only the first day of the year, she is already so excited for all of the plans that she has made. She is interested to see how everything will turn out, and hopes that everything will go as planned.

# 15 FEATURES

OBSESSED WITH VIDEO GAMES? DAQUAN BRADLEY SHARES HIS THOUGHTS IN, "VIDEO GAMING MANIA."

# Video gaming mania

Addiction to video games is a reality for junior, Bradley.

By: Alex Estes [Staff Writer]

Ever since he was young, he has locked himself in his darkened room. The only light coming from the bluish glow of the television. His eyes fixated on the glass, glossy screen, barely moving. The only movement was coming from his fingers pushing the different buttons on the controller, and the violent game playing on the PlayStation.

Daquan Bradley, junior, claims to be addicted to video games. He recalls that his earliest memory of playing "sitting in my room playing Grand Theft Auto when I was, like, nine." Bradley doesn't have a memory not involving video games.

Bradley sees video games as a good pastime, and he has always liked them.

He usually only plays video games in his free time, one to two hours. Other things he enjoys doing outside of school is riding his bicycle, walking his dog and watching T.V. Over the summer he passes his time by hanging out with his friends, working, and of course playing video games.

At the moment, his video game obsessions are Gears of War 2, Call Of Duty 2, and Battlefield 2. He prefers his Xbox 360 to his PS3, but sometimes he still catches himself playing his PS3. "Yeah, [I] mostly prefer big releases... I mostly like shooters." Bradley normally anticipates the big releases and doesn't really make time for the smaller ones. He pre-orders some video games and waits tolerantly for them in the mail.

Although he thinks video games are a good and fun pastime, he also thinks some addictions are too far "If you spend most of your time on them [then your relationships and grades can be affected.]". Unlike some other gamers, he wants, and makes time, to hang out with his friends, play with his dog, or go to work to make money, maybe to buy some more big releases.

Bradley doesn't feel like he is wasting his time on video games. "If I was I would go out and do something, but it would be hard to put the controller down." he laughs. Bradley enjoys playing video games but he doesn't like to waste his time on them, so to avoid doing that, he goes out and makes time to do other things

instead of locking himself in his room and excluding himself from other, more active things. Bradley will probably always make time for his video games, though.



Daquan Bradley, junior, claims to be addicted to video games. He especially loves Xbox 360.

# Half-past curfew a pain for teens

By: Claire Nash [Photo Editor]

Teenagers like to stay out late. But when 12:30 strikes the clock we know that we best be getting our after curfew butts home! Thomas Larsen, Junior, hates having a 12:30 curfew. "I

love staying out late," exclaimed Thomas. He likes to think of himself as a night owl. Some people can get very angry, during late at night but not him. "I get giddy when I'm tired," he laughed. Being giddy is way better than being angry. Thomas never sneaks out, he's a good kid. "I don't sneak out because my parents are so strict," he stated. Don't sneak out its not worth getting caught.

It might be fun being out and about during the hours of one and five A.M. but usually if your out past one noth-

ing good seems to happen. Cops are always looking to get people in trouble. Especially Marion cops. Don't drive late at night with a light out on your car also car writing on windows will be a dead give a way that your are a teenager. Just wait until your eighteen then you won't have to worry about getting pulled over by a cop and getting a warning or worse

getting a ticket which can be expensive.

When its getting late he usually just stays over at a friends house. "I love sleepovers!" he yelled. When he is at he sleepover he likes to play Black Ops, NBA and Madden on the Xbox.

Like most teen guys he loves food. "I like going to Pancheros with my friends during the night," he replied. Thomas thinks that the curfew for teenagers should be whatever time you want it to be and that there shouldn't be any rules. He likes to stay out late. "The latest I have ever gotten home was 4:30,"he laughed. Staying out after curfew once in awhile can be fun, but staying out late all the time can get you into serious trouble.



Thomas Larsen, junior, protests his feelings of a 12:30am curfew. He wishes we didn't have curfews at all.

# Senior, Gleason uses fitness center for gym, athletics, personal reasons

By: Jordan Hanson [Executive Editor]

Walking into the fitness center, he looks around and sees that the equipment he wants to use is unoccupied and ready for him to use. Getting on the leg machine, he starts lifting, and soon is covered in sweat.

Andrew Gleason, senior, likes to use the fitness center both in school, and out of school. "[I like to use it] because it's free, I don't have to pay a bunch of money; it's right at our school," he commented. Conveniently located, many students take advantage of its facilities. Also, through the partnership with the YMCA, some community members also take advantage of it.

The fitness center is open before and after school, and is mostly used by people trying to get into shape, as opposed to student-athletes. Andrew commented on this subject, "Yes, and no. Yes because it would be an advantage [to the athletes], but no because we [the student-athletes] already abuse our weight room." Not that the "athletes" weight room is much different, but the fitness center is more geared towards staying in shape, as opposed to getting stronger and faster.

Physical education as a whole changes a lot between high school and middle school, with more games in middle school, and more emphasis on being physically fit in high school. While some students dislike the current physical education program, Andrew prefers it. "[It's better] now, because we do more fitness stuff," he replied. While some teachers use the fitness center during gym class, Andrew also finds time out of school to stay in-shape too. "I usually run every day [during the summer]," he stated.

Getting the last few reps in is always tough, but he manages it, and gets off the machine. Tired, and damp with sweat, he takes a short break before finishing off his workout. Some people, it seems, find the fitness center the perfect solution to all their workout needs.



Andrew opens the door to go into the fitness center before school.



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# 16 BACK PAGE

See if you can beat your friends in the fun-filled games such as Sudoku!





Find: Jordan Struck

In the 'Where's Student?' game, the objective is to search for a fellow Marion High School student in the crowd picture to the right. See if you can find the student before your friends can!



# REDnation Word Search

Search for the REDnation words in the word find below. Once you find a word circle it and start looking to find the others. The words can go any direction.

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# Sudoku

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Z LACTS

ershey Kisses got their name because the machine looks like it's kissing the conveyor belt. Sitting too close to the TV will not ruin your eyesight.

The first product to have a bar code was Wrigleys gum.

Orangutans warn people to stay out of their territory by belching.

Barbie's real name is Barbara Millicent Roberts. You share your birthday with at least 9 million other people in the world.

here are 336 dimples on a regulation golf ball. Starfish don't have brains.

These facts were obtained from randomfunfacts.com

