Valentine's Gifts

by Ciara Chadek and Amanda Carson

Most of you know that Valentine's Day is February 14. What most of you probably don't know is what you are going to get that special someone for Valentine's

Valentine's Day price quide

boxers \$10-20 Picture frame w/ your picture \$10-20 decorated cookies \$.60-20

Bath and body products \$5-20

3-6 MONTHS

half dozen roses \$15-30 medium stuffed animals \$20-35 Perfume or cologne \$25-100 silk boxers \$20-30 Gold sports number \$15-50 Car stuff \$5-80 earrings \$45-112 Massage gift certificates \$15-50

6-9 MONTHS

one dozen roses \$30-60 out to dinner \$20-50 nice shirt or gift certificate \$40-50 necklace \$50-200 pictures taken \$20-100

9 MONTHS-1 YEAR

ring \$75-250

2 dozen roses \$60-120

romantic evening, including dinner a movie, and half a dozen roses \$60-100

1 year +

2 or more dozen roses \$60 and up real animals \$100-200 any of the above things that have already been mentioned.

If none of the things in this list really catch your eye, then you still have 3 days to go out and find something on your own. Good luck and happy Valentine's Day!

Inside the Vox:

Pq. 2

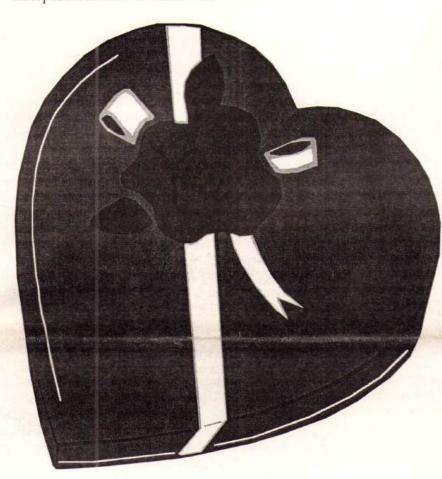
Winter Sports Update Pg. 10-11

A Special Classroom Pg. 5

Pq. 4-5

A Special Holiday Trip
PG. 8

Athletic Injuries Pg. 9



Day. We have compiled a list of things that you might want to get that person. We have made it easy for you by putting the gifts into different categories for different amounts of time that you have been going out with that special someone.

0-3 MONTHS

1 rose \$3-5 Box of chocolates \$1.50-15 little stuffed animal \$5-20 card \$1-4 CD \$12-20

Competitive Speech Team Stars at State

by Kristin Popovics

On Saturday, January 22, the Competitive Speech team competed in the District Large Group Speech contest held at Monticello High School. Marion competed in many events, and the following teams earned Division One ratings, the highest rating possible:

One Act: Crissie Wood, Sarah Hansen, Missi Watt, Marty Conklin, Nori Griffith, David Stulken, and Nikki Martin.

Ensemble: Kate Baumert, Lara Moellers, and Jessica Scheer.

Readers Theater: Missi Watt, Kate Baumert, Heidi Hanel, Nori Griffith, Crissie Wood, and Lisa Slatten.

Choral Reading: Jessica Scheer, Crystal Schneider, Heidi Hanel, Ben Young, Meghan Redd, Marty Conklin, and David Stulken.

Improv: Jon Lien, Charlie Barnes, and Brian Kinnaird

Improv: Sarah Hansen, and Lisa Slatten

Because the Marion team was so successful, they competed at the State level on Saturday, February 5, at Monticello High School. Jon Lien, an active member of the Competitive Speech team is looking forward to the opportunity of competing at the State contest. He states, "The contests are fun and I enjoy the competition."

At state contest, four of the six groups received "I" rating. They were the Readers Theater, Improv (Hansen/Slatten), Ensemble Acting, and One Act Play.



LETTER TO THE EdiTOR

I have a different viewpoint than that which was expressed in the article Home School at the High School, because as some of you may know, I was home schooled from kindergarten through the 8th grade, then chose to attend the high school for my freshman through senior years. Having experienced both sides, I would like to explain what the Marion Home school Assistance Program is really about, and address some frequent questions and con-

Because it has been several years since I was active in the home school program, I went to the director, Tom Ertz, to get information and to discuss the current situation of the home school program being housed at the high school, as well as Mr. Doyle and Mr. Wikert.

The program consists of 268 students. These students come from 19 school districts, including Linn Mar, Kennedy, Jefferson, and Center Point-Urbana. In fact, only 45 of the 268 students actually live in Marion. They usually hold around 20 classes in a week, 16 weeks per year, for students grades k-12, as well as additional workshops and activities. Two examples are drama and art. These classes are called enrichment courses they are designed to help

teach specific subjects that might be more beneficial when done in a group. They do not take the place of the core classes that are taught at home.

The district of Marion receives somewhere around \$2,400 for each student enrolled in the home school program, but the program only budgets \$1,100 or less for each student, leaving a lot of money to be put in the general fund for the district. Since the program has drawn many students, from other districts, they essentially have made a lot of money for the Marion schools.

One of the frequently voiced opinions is that "If home school people don't want to go to a regular school, then why do they need space for classes?" There are many reasons that Mr. Ertz mentioned as to why parents would prefer to home school their children, some of which include:

- 1) Parents get to spend more time with their children
- 2) Home schooling allows children to progress at their own speed
- 3) At home, parents are free to teach their children personal beliefs and moral standards prohibited in public schools

4) Home schooling

provides an efficient oneon-one tutor relationship between the student and teacher

It is not that the home schoolers think that they're too good for the public system. Mr. Ertz said that he realized that the "public teachers have a tremendous job at the high school." Home schoolers simply have chosen to take a different route for their education.

During my interview with Mr. Ertz, he said that while it has worked out well, ideally, the home school offices would have their own permanent space, possibly even a building. While at the high school, however, he said that there was a big effort to stay out of the way of the regular high school routine. There was even a separate sidewalk put in so they could have a separate entrance. Being housed at the high school was not their idea anymore than ours, but for now, that's the way it is.

Now that you know more about it, take a step back, and think. There are people coming and going through a section of the high school you probably forget exists. They have separate schedules, separate classes, and they're only using three classrooms. Are the home schoolers really causing that much trouble? I didn't think

THE WAY I SEE IT .

by Matt Haddy

If you follow baseball or just follow sports then I'm sure you've heard of the antics of Atlanta Braves relief pitcher John Rocker. First the reaction was very harsh towards Rocker and his comments. His comments attacked many groups including minorities, gays, and teen parents. These are his remarks from the December 27th issue of Sports Illustrated, written by Jeff

On ever playing for a New York team: "I would retire first. It's the most hectic, nerve-racking city. Imagine having to take the [Number] 7 train to the ballpark, looking like you're [riding through] Beirut next to some kid with purple hair next to some queer with AIDS right next to some dude who just got out of jail for the fourth time right next to some 20year-old mom with four kids. It's depressing."

On New York City itself: "The biggest thing I don't like about New York are the foreigners. I'm not a very big fan of foreigners. You can walk an entire block in times Square and not hear anybody speaking English. Asians and Koreans and Vietnamese and Indians and Russians and Spanish people and everything up there. How the hell did they get in this country?"

Since this article was published Rocker has become an outcast to almost everyone, including his teammates. Rocker has been accused of being a racist and being part to the KKK. Rocker has tried to defend himself and has apologized numerous times for his comments. He's gone on public TV to apologize as he did several times on ESPN. In that interview he denied being racist but did not deny being a redneck. He has even gone to Hank Aaron's car dealership to sit down and apologize to him about his comments toward minorities. Still the question remains: is he really racist or was he just misquoted and he failed to think before he

Right now there are many believers on both sides of the coin. Since his apologies and interviews and his agreeing to receive therapy people have wondered if maybe he isn't as bad as everybody thinks he is. Yet there are still some who believe that he is a full fledged jackass (and yes I did say jackass). Right now I'm still borderline on the situation, part of me thinks that he is indeed a jackass, possibly because I'm a Yankees fan. The other half though wants to think that he isn't that bad, especially when you find out all of the things that have been done to

continued on p.10

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The Vox is a student newspaper dedicated to informing its readers. It is published six times each year by the journalism class at Marion High School. The staff will report as accurately, fairly, and objectively as possible. All activities and events pertaining to the school will be covered to the best of the staff's abilities.

Staff editorials reflect the majority opinion of the staff and will appear on page 2 of The Vox in each issue. Space for letters to the editor will be provided on the opinion page. All letters must be signed and will not be published anonymously. Letters must be limited to 200 words in length, and not all letters will be published in their entirety. The staff will not edit letters for usage, punctuation, or spelling errors. No letter will be published which contains libel, obscenities, is an invasion of privacy, or which would cause a physical disruption to the school. The authorship of all letters will be checked by the staff of The Vox. Suggestions for "Something to Talk About" may be submitted by any student or staff member. The decision on whether to include them rests solely with the staff. Suggestions may be given to any staff member or handed in to the office.

Please address inquiries to: Marion High School 675 S. 15th St. Marion, Iowa 52302 (319) 377-9891

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February 11, 2000

Infomercials: The Untrue Stories Behind the Making of...

by Jon Lien

Don Lepry's "How to Play Guitar"

O.k., I figured out how they did this one. There were these two really desperate commercial producers (Ricky, the 37 year old house wife, and Jones, the cross-eyed dwarf hippy) trying to concoct an infomercial so they might escape being laid off for another week, and they were all hopped up on endorphin rushes and delirious from lack of sleep. They had exactly two hours to get this done and they only needed actors and a plot. Jones had come up with the idea to cast passersby on the street, but that simple whim was soon abandoned when the lightheadedness and delirium really started to kick in. They wanted to inhibit their creative outlet. Ricky dressed

Iones pretrapped empty milk set themdark Idaho only the non-weary The plan innocent ject would alley and deceitful for help. subject proach, stealthfully venomous pepper wa-



tended to be under crate. They selves up in a alley, where weary and would pass. was this: an human substroll into the spot Jone's neediness When the would ap-Jones would deploy shower of ter into the eyes. Ricky

clown and

would then bust apart the subject's shoulder blade with an augmented billy club, thus rendering him/her unconscious. It was too good, too perfect- it was the only way.

Minutes were passing- one after another- each one becoming more stagnant and hopeless...

After five minutes Jones couldn't feel his legs under the milk crate and the lead in Ricky's clown make-up was causing him to pass out every few seconds. New plans were in order.

Ricky remembered something. His uncle happened to be pseudo guitar legend Don Lepry, and he lived only about 42 minutes away from the alley they were in; err, actually, he was living in a box right in that very alley. What luck! Ricky approached the tattered cube while Jones lay paralyzed in the background. Ricky lifted the box to find a scary old man-Uncle Don! Don jumped up and smiled a toothy grin. He then proceeded to pick up his guitar and play and dance. This was going on for too long, Ricky pulled out the augmented billy club and knocked Don out cold.

Ricky and Jones dragged Don to the studio (where the magic happens) and propped his lifeless body onto a blue stool. They positioned his guitar up in his lap and filmed him for a long time. They sat a female liferestoration dummy across from him and would occasionally pan to it. The colored-on smiley face on the dummy's head indicated that it was interested in what Don was doing.

Editing time. Ricky and Jones needed to lay down some audio tracks to make the television audience believe the actors were alive. They also needed to edit in a stage audience, to make the television audience think that normal people would be interested in the product. For the camera shots of Don they overdubbed some guitar sounds that they "borrowed" from another 'How To Play Guitar infomercial'. This made it seem like Don was actually playing, even though he was still severely unconscious. When the female life-restoration dummy was shown, Jones would poke her with a stick to make it look like she was sort of dancing. They overdubbed a female voice track that would every so often say "Wow, that looks so easy and sounds good, too!"

Now the tricky part. Ricky and Jones needed to splice in the live audience. Jones pulled out a video tape of a really depressing Winger rock concert he went to in the early eighties. Since he was the lead singer, he had really good shots from the stage of the audience. Even though everyone was either really disillusioned or starting hate riots, the wonder of the editing machine could make it look as though they were happy and in-

INTERNET REVIEW: E-Mail

by RyanYoun

Whaaaaazzzz Uuuuup!? You are reading the third addition of the Internet Review and boy do I have a special edition for you. We will cover the top e-mail centers and the pluses and minuses that they possess.

mailcity.com

Many people haven't heard of the mailcity.com e-mail center. This is because its creator is the search engine Lycos. You know, they have the guy who yells at his mutt to go get the super model. Well, their e-mail facilities are about that realistic too. First of all the registration took quite a bit of time out of my busy schedule. Next, it wouldn't let me have the registration name that I wanted. (This is the biggest e-mail pet peeve of mine.) The only positive I could find about this site was that the e-mail account was free, I think.(A bill will probably end up at my front door next week.)

cash money rating: \$\$\$

уаноо.сом

We all know the search engine giant, yahoo. Which is probably why we expect so much of them. Well, I got a tip for you, DON'T! If you want a registration name you will most likely spend about three months finding one that hasn't been taken. This is because so many people depend on yahoo for all of their internet needs. Big mistake. There were some positives. You get a my yahoo page which lets you see the information you want to see. Plus, it is free. That means you don't have to spend any money on it. That is good.

cash money rating: \$\$1/2 (I have to be honest, originally I gave

them one less \$.)

GO.COM

Here we have a search engine that uses little advertising. They are a respectable search engine, however. The registration was fairly quick and I got the name that I wanted. Oh, it was free! Unfortunately, the site is cluttered and very unappealing. Also, it doesn't help that the other options are a pain to use.

cash money rating: \$\$\$

EXCITE.COM

Finally we get to some respectable e-mail sites. I have a friend that has an excite.com e-mail address. I don't know if she likes it. I bet that she registered really fast though. That is because it took me less that three minutes to register for an e-mail account. I was surprised that, even as popular as excite is, I got the name I wanted. The only thing wrong with excite was that it was a tad cluttered. Otherwise it was all good.

cash money rating: \$\$\$\$

Hotmail.com

I tricked you into reading the whole article when you could have just read this portion of it. Honestly, hotmail.com offers the best email service on the web. They use a simplistic method of just dealing with e-mail. No other crap to get in your way. I got everything that I wanted; a fast registration, my preferred name, and a well known email provider. In two quick windows, you are in your e-mail gazing over the messages you have received. Don't forget that it is free. FREE! That is the word of the day.

trigued by Don. At one moment in Jones' video, an audience member almost smiled. Jones spliced out this image and looped it several hundred times, making it look like this person was in a perpetual state of Don Lepry bliss. He then multiplied her image about 30 times to create an "audience".

Ricky and Jones compiled all of the scenes to make the finished product: a 14 hour 'How to Play Guitar' video. Unfortunately, it took them eight months to finish it, and consequently they were fired. The good news is that this infomercial is almost always on, and you can tell that it took some real genius to make it.

Where are Ricky, Jones, Uncle Don, and the life-restoration dummy today? Ricky is an up-and-coming leery street wanderer in his home town. Everyone there refers to him as "cover your eyes children, here comes that awful garbage-eater, get out my mace". Jones fell into the bottomless pit in his basement when he thought he saw a scarecrow trying to crawl out of it to feed on his inner-spirit. Uncle Don still lurks within the studio, behind the walls, in the vents- everywhere. The dummy got married and bla bla bla.

February 11, 2000

Win With Wellness

by Anna Kalkwarf

The Win With Wellness team consists of 15 juniors that were chosen by a committee of teachers. Mrs. Dostal is the head of the organization. On October 20, the group went to Kirkwood for a training session. Teams from other area schools also attended. The students got a chance to meet new people and learn about what they would be doing throughout the year. Each team was divided into small groups and assigned a specific topic. There are 6 different topics: Safety, Nutrition, Positive Self-Concept, Environment, Exercise, and Chemical-Free Living. They will do projects and make a book at the end of the year as a team showing everything that they've done. The team is required to perform acts of kindness along with their projects. They did their first act by acknowledging Mr. Doyle's birthday on November 24. Win With Wellness sponsors the Luau Dance that takes place every year. This year it will be on Friday, March 24. The 3 on 3 basketball tournament that took place during seminar in January was a project of the exercise group. The positive self-concept group made 'sunshine notes" in the first week of February. Students could send nice messages to their friends. They will be doing other projects that involve the high school. They will also be doing activities with the elementary schools and the community. At the end of the year the team will return to Kirkwood along with all the other

schools to present their books. The schools will be graded on what they did. The top 3 schools are recognized. The first place school receives the Todd Little Award. Mrs. Dostal commented, "I think this will be a very, very good team, one of the best. They've shown a lot of enthusiasm. I really think we can win the Todd Little Award this year. It's a close group of kids on a mission."

STUDENT SENATE

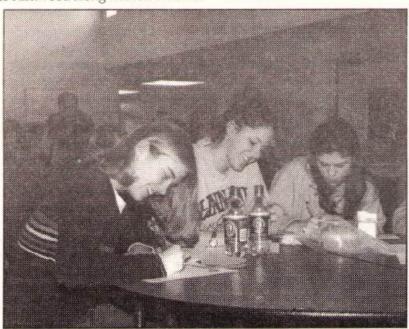
by Matt Messerli

The winter season is a very busy time for the MHS Student Senate. They take part in several activities throughout the community, in addition to the ones they're involved in within the school.

On January 22, three Student Senate members represented MHS at the School Cents finale at Lindale Mall. Senior Class President Matt Erkel accepted a \$675 check that will be split evenly between the four grades. Marion finished seventh out of fifteenth in the competition.

Also, Marion students filled out the Matchmaker surveys, an annual activity sponsored by the student senate. The Matchmaker results will be sold in mid-February.

At the student senate's most recent meeting, one major topic was brought up. The student senate will help raise money for the Juvenile Diabetes cause. At the next several home basketball games, there will be a raffle. The winner of the raffle will get to sit and watch the game from a courtside sofa along with two of his/her friends.



One of the most popular events sponsored by Win With Wellness were the Sunshine notes. Rachel Eagle, Tegan Reeves and Amanda Heitland fill some out during lunch.



SODA, FBLA, and NHS

by Megan Osborn

On February 26, SODA, FBLA, and NHS will be hosting a sledding party at Squaw Creek. The sledding party will be from 6-9pm and anyone in SODA, FBLA, or NHS is welcome to attend. The event is free, so come out and enjoy the snow. Within the next few weeks NHS will also be handing out information to eligible students that would like to join NHS. You are considered an eligible student if you have a grade point average of 3.25 or above, you have been involved in various sports, clubs, organizations, and volunteering projects, and you have held leadership positions in any or all of those

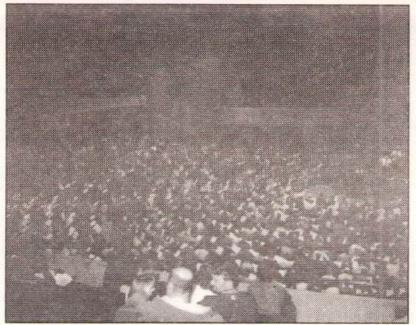
Dorian Music

On January 9, high school juniors and seniors converged on the campus of Luther College for the 50th Anniversary Dorian Vocal Festival. The Dorian Vocal Festival began in January, 1950, with 200 student singers representing 20 high schools from 3 states, Iowa, Minne-

sota, and Wisconsin. This year 1,450 students represented 357 high schools from 10 states including Colorado, Michigan, and Nebraska. Four Marion High School students were selected from 1,700 applicants. The students selected from Marion were Martin Conklin, Kelli Girdner, Nichole Martin, and Ben Young. These four students were among the choir that carries the distinct title of "The Largest Select Honor Choir in the World."

Under the direction of Mr. Weston Noble, Dr. Timothy Peter, and Mrs. Sandra Peter the mass choir rehearsed for 7 hours over their 33 hour visit to Northeast Iowa. Festival participants were also treated to a concert performed by the Center Grove High School Choir from Greenwood, Indiana, as well as the Norsemen and Pike Kor from Luther.

The event concluded with a grand concert featuring the festival choir and Luther College's premiere choir, The Luther College Nordic Choir. The warmth of sound that radiated from the festival choir enveloped the audience in the balcony. The choir performed in almost a whisper at points and sang to the limits of their vocal chords in others. The experience will be a memorable one to all who participated.



Fromt he balcony, all the participants at the Dorian Festival are spread out below. This festival is one of themost prestigious festivals for high school students.

For answers
to questions
about sex
and relationships.

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Competition Cheerleading

Hours after hours of practice finally paid off for the competition cheerleading squad. The girls took on The Mall of America on January 15-16. Schools competed from all over the country including Wisconsin, Illinois, Missouri, and Texas. After months of preparation, complications arouse causing Morgan Leverett to be unable to attend the performance. During the last practice, Christie Ottaway was brought in to try and fill Morgan's shoes. In high hopes, the squad waited patiently while trying to get Christie up to speed with the various dances, cheers, and the elite level stunting. The replacement was successful, and Christie quickly picked up right where Morgan had left off.



very nervous because I didn't think I could do a decent job at the last minute, but I knew everyone was counting on me so I gave it my best! I was so happy we performed as well as we did because it proves that the whole squad can pull together in a time of need and still do a great job. Morgan helped me learn her parts in the routine and I wanted to make her proud." replied Christie about the performance.

All the anxiety melted away and the adrenaline kicked in as the squad performed a third place routine.

The twelve girls were rewarded their trophy during the award ceremony at their division finish.

Again the girls were faced with another competition on Sunday, January 30th, hosted at Marion High School. This was the last competitive performance from the squad. High Schools near and far came to compete in the UCA competition (United Cheerleading Association). With Morgan reclaiming her position, the 12 squad members pulled off a first place finish. After every performance was complete, the first place trophy was rewarded and Coach Lanie Crowley and the three seniors shared some final words. The competition squad has ranked within the top five in every competition they have competed in. The four trophies they have earned can be seen in the window of the main office.

Not Your Average

Unlike every other room in the school, room 30 isn't just a classroom. There is a kitchen, a large couch, and a washer. Room 30 is called the Functional Opportunities Room. This is where some special education students have class time. A day of a special ed. student is very different from the other students that go to Marion. Mrs. Hinds is the teacher for the special education classes. Mrs. Hinds has her hands full with 10 people who all have different activities that they do every day. In fact, she couldn't do it all without the help of Lynn Baumert, Linda Hummel, Al Coats, Amber Corum and Linda Lint. All of these people are assigned to a couple of students to watch over during the day. Even though each student is assigned to one of the associates it doesn't mean that the students will be with that associate all of the time. Some of the times they are in the room without an associate. For an example, I went to talk to Mrs. Hinds and I found JR standing in front of the door. I walked around him and knocked on the door. JR said that the door was locked and that everyone else was at lunch cleaning up. It showed that with five associates watching the ten students is a much harder job then it seems to be.

One of the things that the special ed. Students do is clean the lunchroom after every lunch period. It takes a group effort from all of them but they seem to enjoy themselves while working hard to sweep the floor and wash the tables. The purpose of having them clean the lunchroom is to get them ready and to teach them so that they can apply that skill toward a job after high school. Some of the students will go off to college or they might go and work at shelters.

Being a special ed. teacher is a stressed out action packed job. Mrs. Hinds says, what she likes about the job is that each day is different from the last one. She says that it can be complicated because each person is different in there own ways and they all have different needs.

Inside room 30 on the wall to the left as you walk in is a chart with all of the kid's names on it. It's like a calendar so each person has a different thing assigned to do for each day of the week. Now some things they do daily but other things are mixed around. One thing they do every day is set the school store up during the lunch periods. Everyone should know about the school store with all the great goodies sitting there while passing through the lunch periods. Be sure to stop by during your lunch cycle and get some great deals. Also during 3rd hour some of the students have gym time and shoot some hoops in the Red Gym.

When the students are in the classroom they learn things that everyone else would take for granted. IR was practicing putting a stack of paper in a paper clamp. That is just one example, which they do different things every day. They have started getting on the Internet and they are supposed to write two e-mails a day.

On some Fridays the class has, an in class restaurant for any of the staff members to come down, and eat some great food that they make themselves in there kitchen. This is a time were the students can learn how to cook and become great chefs. In the summer the special ed. program is in charge of the garden on the West Side of the old new addition.

The Functional Opportunity Room is set up to teach the students how to live in the real world and helps them learn how to take care of them selves. It's a tremendous amount of work because they only have one room to teach the kids everything they need to know, and the other students have many classes to choose from instead of just one. The students in special ed. seem to be the nicest students in the school. Be nice, and say hi to them if you see any of them walking down the halls.

PROM Tanning Specials

(must be purchased Monday-Wednesday, February 28, 29, March 1)

March Unlimited

(tan unlimited M-F 10-7)

\$29.95

\$25.00

with the purchase of any bottle of lotion \$5.00 and up

\$40

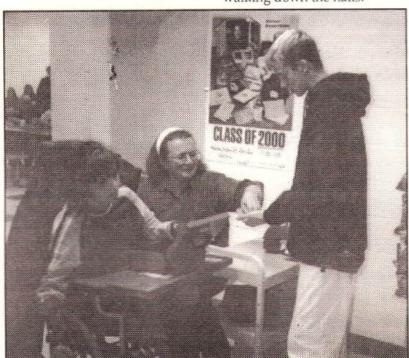
receie a \$1 lotion sample each time you tan

SUPER TAN

373-1860

Between K-Mart East & ChuckeeCheese's

M-F 10-7 Saturdays 11-3



Kyle McGee purchases a snack from Mary Hansen and Mrs. Baumert. Students welcomed the

idea of different snacks for a seminar or between-class snack.

DFUG5:

Drug use all concern. He from the pe

Lifetime Prevalence of Drug Abuse, 1997: Monitoring the Future Study

	8th-Graders	10th-Graders	12th-Graders
Marijuana	22.6%	42.3%	49.6%
Cocaine	4.4	7.1	8.7
Inhalants	21	18.3	16.1
LSD	4.7	9.5	13.6
Heroin	2.1	2.1	2.1
Stimulants	12.3	17	16.5
Alcohol	53.8	72	81.7
Cigarettes	47.3	60.2	65.4

How Much Do You Know About Marijuana?

Read the following statements about marijuana and decide whether they are True or False. Answera on page 7.

T/F 1. Marijuana smoke is safer than tobacco smoke.

T/F 2. The chemicals in marijuana stay in the body for only a short time after smoking a joint.

T/F 3. Today's marijuana is much stronger than varieties grown in the 1970's.

T/F 4. MARIJUANA USE de-creases the Heart rate.

T/F 5. Marijuana use interferes with the user's ability to concentrate.

T/F 6. Marijuana use improves diving ability.

T/F 7. Marijuana use can reduce sperm count in men.

T/F 8. Marijuana use can cause irregular menstrual cycles in women.

T/F 9. A marijuana user always has red eyes.

T/F 10. Marijuana helps the lungs get rid of bacteria

and other foreign substances.

T/F 11. Marijuana is safer than alcohol.

T/F 12. Marijuana has

T/F 13. Marijuana use may cause panic and paranoia.

T/F 14. Marijuana use does not lead to use of other drugs.

T/F 15. Studies of medical uses of marijuana are under-way.

Here is the truth - as much as anything can be - about drug use at Marion High School. These are anonymous quotes which show the range of attitudes on drug use. Marion High School students are no different than students in any high school. Some use drugs. Some will never use drugs. Some have experiemented. Some will use for life.

SENIOR GIRL 18

"I think people shouldn't need drugs to have a good time and if you do it's sad...everyone i know who does drugs just don't have any self esteem. They think drugs make them cooler."

Sophomore boy 16

"... life is better when you're high. I smoke a lot of weed some people build models or play an instrument it 's all the same... I think alcohol is worse than pot because it a depressant and it impairs your driving if anything I drive better when I'm high 'cause I'm paranoid...plus there is no hang over and if you smoke a lot you don't puke like with alcohol."

Freshman girl 15

"I drink some times but I would never do drugs, you get addicted and then you spend all your money on drugs instead of thins you need like clothes...your just a loser if you do drugs."

Senior boy 18

"I've done every thing but heroin...I just like drugs what can I say. I always say if you have a good time do it.... I think everyone should try pot once just to see if they like it."

Junior boy 17

"There are too many ways to get in trouble, I don't want that kind of stuff on my record."

mong teens is a matter of national ere are some facts and opinions ople who know - teens.

by Matt Erkel, Joey Akers, Jared Steger, Nick Schuver

One thing that the other generations say is that our generation frequently abuses drugs. This article is the information we gathered from Marion High School students as well as national statistics.

Marijuana is the most widely used drug in the United States. Thirty-one percent of high schoolers use marijuana today, this has increased over 40% over the last 3 years. Daily use is also up, it reached 3.6% among high school seniors in 1994, which is nearly twice what it was in 1993. Although the use of marijuana is on the rise for high school students, it's usage is still be-

low what it was in the late 70's and early 80's. Marijuana is also known to be a gateway drug. Teenagers who use marijuana are 85 times more likely to use cocaine than teens who don't. "There has been a ten-fold increase in the number of cocaine and heroine related emergency room visits and a five-fold increase in the number of deaths from 1980-1996. The reasons for the increases are varied from the avaliability of much cheaper, purer, and more-deadly heroine that ever before, to the aging population of hardcore addicts," says Alexandra Marks of the Christian Science Monitor.

While some facts are encouraging, others do not imply a decrease

in drug usage. Despite this, federal officials believe that they have "turned the corner" on the problem. The Clinton administration has asked for a record \$17.8 billion to step up the fight against illegal drugs. Clinton believes that "more young people are getting the message that drugs are wrong and illegal, and can kill you."

Other information you should know....

-6.2% of the population of AGES 12 AND UP USE Illicit drugs(13.7 million)

-10% of teenagers use drugs (this is down from 16% in 1979

NEARLY 20% of TEENS USE ALCOHOL

LESS THAN ONE IN TEN YOUTHS USE MARIJUANA, COCAINE, OR OTHER illegal drugs

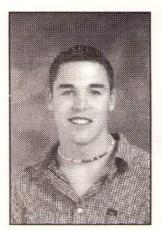
DARE entered Iowa classrooms
11 years ago and is now in
80% of states participate in it
nearly 50% of seniors had
used marijuana once

- F 1. Marijuana smoke has more cancer-causing chemicals than tobacco smoke. Smoking 3 to 5 marijuana joints a week is equivalent to smoking 16 to 18 cigarettes a day, 7 days a week. Smoking marijuana is a factor in lung cancer, due to the depth of inhalation, the heat of the smoke and the length of time the smoke is held in the lungs.
- F 2. The chemicals in marijuana can stay in the body for 30 to 45 days following the smoking of a single joint because of the fat solubility of THC, the active ingredient in marijuana.
- T 3. Today's marijuana is about 20 times stronger than marijuana used in the 1960's. Special growing techniques have increased the potency of marijuana, and some growers have added many dangerous herbicides
- F 4. Marijuana use increases the heart rate and raises the blood pressure as much as 50 percent. This increase reaches a maximum point about 30 minutes after smoking the joint and lasts about 1 hour.
- I 5. Marijuana use interferes with the ability to concentrate, which is necessary for basic academic skills such as reading comprehension, verbal and numerical problem solving and overall thinking ability.
- F 6. Marijuana use impairs driving ability even after light social use. THC interferes with the coordination of body movements and psychomotor performance. It interferes with motor skills by slowing down reaction time, distorting visual perception and minimizing coordination.
- T 7. The reproductive system cells are high in fat and therefore absorb THC. Regular marijuana use causes lowered levels of the male hormone testosterone, necessary for the development and maintenance of male secondary sexual characteristics; low to no production of sperm; and, in abusers, an inability to function sexually.
- I 8. The level of the male hormone testosterone increases in females who use marijuana regularly, and acne and male sexual characteristics may increase (hair on chest, face and arms; flattening of the buttocks and chest). Marijuana use can interrupt the normal menstrual cycle and affect reproductive health.
- F 9. Redness of the eyes is seen in some smokers but not all. It is caused by congestion of the conjunctive (whites) of the eyes, indi-

cated by a change in blood pressure and dilation of the blood vessels in the eyes.

- F 10. It irritates the lungs and impairs their ability to expel bacteria and other, foreign substances. In moderate doses, THC causes bronchodilation (dilation of the lungs' airways), but heavy use has the opposite effect, causing slight obstruction of the air passages. Daily smoking of 1 joint reduces the lungs' capacity (volume of air the lungs can expel after 1 breath) as much as smoking 16 tobacco cigarettes. Hot marijuana smoke is more detrimental to the lungs than hot tobacco smoke.
- F 11. Young people who smoke marijuana heavily over long periods of time can become dull, slow-moving and inattentive, unaware of their surroundings and unresponsive. Because THC is fat soluble and its breakdown products are stored in the brain, lungs, testes, ovaries and body fat, slow release of these products from the tissues permits their detection in the body or urine 10 days to several weeks after a single use. In contrast, one-half ounce of alcohol can be oxidized, on the average, in 1 hour.
- F 12. Users can experience mild physical and psychological dependence on the drug and can develop a tolerance to the drug, requiring them to use more or stronger forms of marijuana to achieve the same level of drug high. When marijuana users become dependent, they can suffer from nausea, diarrhea, insomnia, irritability, weight loss, loss of appetite and sweating when denied access to the drug.
- T 13. Sometimes, especially among first-time users, marijuana causes psychological reactions including panic and paranoia. Users may experience increased anxiety and be more likely to take others' actions personally, such as believing people are laughing at them
- F 14. Studies indicate that marijuana use increases the predisposition to use other drugs by about 60%. The Center on Addiction and Substance Abuse at Columbia University found that adolescents who use gateway drugs, including marijuana, are up to 266 times more likely to use cocaine than those who don't use gateway drugs. This does not mean that marijuana use always leads to cocaine use; however, users may be more likely than nonusers to experiment with other drugs.
- T 15. Marijuana is being used in a few federally funded studies to reduce nausea in cancer patients undergoing chemotherapy, reduce inner eye pressure in people with glaucoma and increase appetite in some patients with AIDS. Its use in these settings is strictly controlled.

NAME: Mike Balvanz



Age: 18 and half Activity: Journalism Past Season Memory: I have none, I don't do anything in here!

Season Thrill: That one time with that one paper.

Starting Out: I used to write myself a bunch of love notes, and dat crap was good!

Advice for Newcomers: Be an ad editor, that's where you get the big

Favorite Weekend Memory: There are just so many in this great town of Marion, so I don't want to single out just one memory.

Favorite Saying: Wadup H#! Leave me alone woman!

If you could do anything what would it be? I would be a wood cut-

Biggest Influence: Big Mike from Kokopelli's, he was a total burnout, or Coach Thomason.

College/Future Plans: Kirkwood, then who knows where the world can take me. The only direction for me is up.

NAME: MATT HADDY

Age: 17 Activity: Basketball Past Seas o n Memory: Playing the District game against Maquoketa last year.



Season Thrill: Getting to play my senior season with my friends. Starting Out: I guess playing youth

basketball at the YMCA.

Advice for Newcomers: work hard. Don't let people's opin-

ions of you keep you down. Favorite Weekend Memory: Going to Stew's.

Favorite Saying: You suck or Hioooooooooo

Favorite Snack: Frozen Pizza If you could do anything what would it be? Play in the NCAA tournament and/or beat Kristin

Popovics in one on one. Biggest Influence: My Dad.

College/Future Plans: Go to the University of Iowa and hopefully become a college basketball coach.

NAME: RYAN YOUNG

Age: 17 Activity: Basketball, Track, and Baseball

Season Thrill: Making it to the State playoffs in baseball.

Exploring the EMERALD ISLE

By Sherry Hoover

Everyone was excited for Christmas break and the coming of the New Year. We all had different plans that we were looking forward to. Some families may have decided to spend the holidays at home, while others decided to travel. Senior, Megan Osborn did something that many people will only dream of doing someday. Megan spent part of her break in Ireland.

Megan's first time flying. She voiced, "I was really scared at first and I thought that I would be claustrophobic, but I slept most of the flight so I was fine." The flight took six and a half hours to fly over, and eight and a half on the way back due to the change in wind. Throughout the trip they stayed in a bed and breakfast called the Glenogra House. This is located in Dublin, which is where they spent most of their vacamidnight, everyone got drenched in champagne, and lots of Irish guys went around kissing and hugging everyone telling them "Happy New

The next morning they slept until 2:30 in the afternoon, catching up on the sleep that they didn't get the night before. Although they knew that many of the stores would be closed on New Year's Day, Megan and Brent went down to the City



Her flight left on December 29th and returned on January 3rd, which caused her to miss the first day back to school after break. She took this trip with her boyfriend Brent, his two aunts, an uncle, and two friends of the aunts. This was

Startng Out: I used to play teeball but I never a n track until high school. Advice o r

Newcomers: Do what you are best at Forget the rest.

Favorite Weekend Memory: Catching Jesse Kensinger looking into the mirror, with his shirt off, pretending to be me.

Favorite Saying: Up with hope, down with dope.

Favorite Snack: French Fries If you could do anything, what would it be? Beat Matt Wycoff and Ken Ware in a wrestling match.

Biggest Influence: Coach Ehresman College/Future Plans: Hopefully attend Iowa.

The first day of their vacation they arrived in Dublin around 9:00am Dublin time, which is six hours ahead of Iowa time. They took a taxi from the Dublin Airport to the Glenogra House. Around noon they checked into their rooms. After this, Brent and Megan went off by themselves for awhile to explore the City Centre. In the City Centre they went shopping at the St. Stephen's Green Mall. There they saw incredible street performers. That night they spent the evening relaxing at the Savoy Cinema and saw the movie "End of Days."

Their second day of vacation was New Year's Eve. On this day they took a bus called the "Hop on, Hop off bus tour." Brent's whole family and Megan hopped off at the Guiness Brewery. At the brewery they were able to sample the Guiness beer, but Brent and Megan both agreed that it tasted absolutely awful!! After touring the Brewery, Megan and Brent continued touring on their own. They went to the Dublin Zoo. Here, they saw a variety of animals including the MGM Lion and Megan chased around a peacock trying to take its picture. That night the whole group went down to the O'Connell Bridge in the City Centre where the whole town was celebrating the New Year. At

Centre and walked around anyway. They ate at the Shack restaurant, and then they went down to a section of Dublin called Dunlaughare. There they bought ferry tickets so they could go to Wales the next day.

The ferry ride took two hours to get to Wales where they deported in Hollyhead. Here they were just sight seeing. On this adventure they saw a castle, horses, and they played on a playground. They ate a late lunch at a restaurant called the Crown Restaurant. Megan says that she ate really good chicken there. After they had eaten, they got back on the ferry and went back to Dublin. The ferry ride made Megan really

On their last day of vacation they went shopping to finish buying souvenirs. Brent's family stayed in Dublin until the end of the week, so Brent and Megan came home separately. They packed up and left for the airport around noon. Their flight out left Dublin at 2:55pm. Due to the change in time zones it was only 5:30pm when they arrived back in Chicago. From Chicago they took a bus to Rockford, Ill., where another uncle of Brent's picked them up and drove them to his home in Freeport and from there Megan and Brent drove home to Marion, arriving at

February 11, 2000

The Vox

Rough Rider

To all of the athletes who take sports and being healthy for granted

you should talk to a few of the ath-

letes I talked to.

by Sam Ehlinger and Anna Kalkwarf

Remember when you where a kid and you used to ride your cute little Huffy bike around the block. You might have fallen once or twice feeling more tough with each wipe out. You might have tried tricks like popping wheelies and jumping the curb. Then you turned 16 and your main mode of transportation becomes your car while your bike was left hanging in the garage to gather dust. That's not the case for 17-yearold Steve Barske. In the many years Steve has rode his bike, it has taken him places others can't imagine.

Steve is a BMX (Bicycle Motor Cross) racer. Guys and girls on bikes race one lap around a dirt track. The track consists of twists and jumps along the way. Usually a race lasts only 30 seconds to a minute. They reach up to speeds of 30-45 mph. Steve got started 3 years ago when he and his friend went to a local race. After witnessing his first BMX race he knew that racing was for him. Steve is now the two time state champion and has about 136 trophies. However, his first race wasn't too successful. On his first lap he wiped out and broke his collar bone. That was the first of many injuries that he has acquired. He has broken his hand 6-7 times and broken his finger. He always has many pulled muscles. In one wipe out he broke his hand, hyper-extended his knees and cracked his ankle. Steve isn't one to sit and feel bad about himself though. He always got right back on his bike. His bike is made of chromo and is smaller than your average mountain bike. They cost anywhere from \$300-\$1500. Steve practices all around town riding up hills to condition himself. He races all over the U.S. The Nationals are held in Rockford, Illinois. His most memorable experience was in 1998 in Wichita, Kansas. After his race he got to ride around with some pros. He had "a lot of fun." They show a lot of support to the younger riders. Steve commented, "It takes a lot of physical strength. You have to be in good shape and have a good mental

Since 7th grade, when most people start being active in sports, there has been an abundance of injuries, especially among the male gender athletes. Injuries go from fractured fingers and twisted ankles which would leave an athlete out for only one to two days or even less, to torn ACL's and broken knee bones that would keep them out for a season or for the rest of their lives. In

this article you will find out just who

the king and queen of sports related

injuries are and hear about some of

your classmates who have had inac-

tive parts of seasons.

To run down the list of all of the male injuries would take up too much time so I've selected a few of the many in our school and asked them about their injuries. Jake Blazek stressed his MCL and was inactive for 2 weeks, but it still bothers him when he runs. Matt Tielebein fractured his hand which made it quite hard for him to wrestle with a brace holding his hand in one place. Jesse Kensinger had bursitis

in his knee and it swelled up to the size of two grapefruits. Who would want to play football with this? Lenny Oberbroeckling had the same problem but not as bad. They were both out for at least one week and came back playing hurt.

Injured Athletes Stay Strong

Even the "All Mighty" Matt Wycoff has had a few scrapes in his illustrious career, like a fractured hand and turf toe that slowed him down during football. Ken Ware has had a lot of injuries, such as all of his fingers have been broken except one thumb, broken collar bone (three times in the same place), pinched disk in his knee and a bruised bone on his knee. That might put him up in the league of Matt McCue who has broken his Pella and stretched a disk and his MCL in his knee, dislocated his shoulder, hyper extended his elbow and fractured his hip, WOW! This kid is a walking injury waiting to happen, and that makes him our "KING OF INJURIES."

Now for the queens. To start the list is Amanda Carson who tore ligaments in her ankle and was out for 1 week. Ashley Corbin was out for 6 weeks of cheerleading due to a broken arm. Amanda McGrew was watching from the bench for a third

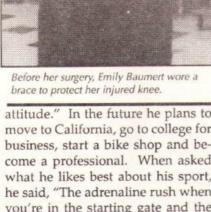
of the season because of a broken thumb but soon was out playing point once again. Kari Ozburn took a bad hit when she came down with Ostioperosis (corroding of bones) in her spine. She also had torn ligaments in her back and a fractured ankle in her time, but it didn't put her on top of the queen category. This year in girls basketball Emily Baumert suffered a serious blow in her career by twisting her knee and tearing her ACL and left her out for 6 to 9 months and that keeps her out of her best sport, track.

This would make her at the top of the list for "QUEEN OF INJU-RIES."

In no way shape or form is this article trying to make fun of injuries. It is a serious topic, but by putting injuries into this type of an article lightens up the seriousness of how terrible it is to suffer from an injury and be taken out of a sport that you might love to do for something that is uncontrollable. Carey Bender said at the All-Metro banquet this past January, " it only takes one injury to be a starter, but at the same time it takes one injury to keep you out whether it be one week, one year, or the rest of your life."

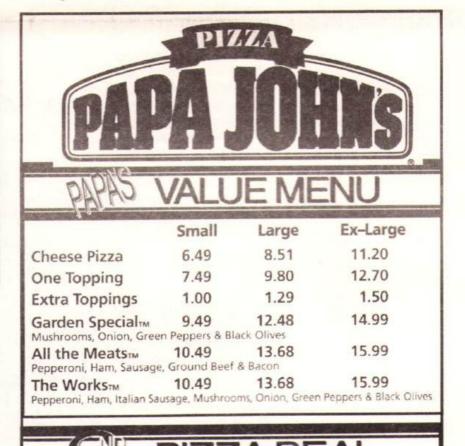


attitude." In the future he plans to move to California, go to college for business, start a bike shop and become a professional. When asked what he likes best about his sport, he said, "The adrenaline rush when you're in the starting gate and the thrill you get when you're in the air.





Steve Barske shows his BMX skills outside the school. He is doing a maneuver called bunnyhopping over a brave Sam Ehlinger.



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continued from p.2

him having batteries and beer bottles thrown on him, getting spit at, and being hit in the face.

Major League Baseball has just suspended Rocker until May for his actions which in turn has raised even more problems. Some people don't agree that he should be suspended due to the fact that he has the right to say what he wants as a result of the First Amendment's guarantee to Freedom of Speech. Personally, I think that the punishment instated by the MLB Association was the right thing to do. He is a disgrace to the game and if there is no suspension then what will keep him from saying something like this again. I'm sure that there will be many that disagree with me but this how I feel and I stand by the MLB Association's decision.

Frosh GBB

by Amanda Carson and Anna Kalkwarf

The freshman girls basketball team had a tough game with Don Bosco on December 11. They lost 17-31. Jessi Clark had 8 points for the team. Hannah Waters had 5. Ashley Podoll pulled down 6 rebounds and blocked 3 shots and had 3 steals. Nicole Edwards had 5 steals. The team headed into Christmas break with a record of 1-3. The Indians started out the new century with a win. They beat Vinton on January 4 in overtime, 37-35. Ashley Podoll, Jessi Candice Clark, and O'Connell each had 9 points. Podoll also had 11 rebounds and 4 steals. On the 10th, they lost to Monticello 36-58. Jessi Clark had 12 points, Kirsten Nelson had 8 and Ashley Podoll had 6. Clark also pulled down 8 rebounds. Candice O'Connell had 3 steals. On January 20, the girls beat Anamosa 48-37. Jessi Clark had a team high 19 points. Ashley Podoll had 13. Podoll lead the team with 11 rebounds. Clark, Candice O'Connell, and Tara Colvin each had 10. Podoll and Clark had 5 steals a piece. January 24, left the Indians with another win. They outscored Independence 48-27. Jessi Clark had 15 points and 8 rebounds. Ashley Podoll had 11 points and an outstanding 19 rebounds. She also had 6 steals. Amanda Murray contributed 7 points.

Freshman BB Hanging in There

By Jared Steger

By looking only at the Freshman boys' record, you would think that they were not having a very good season, but that's not the case, they are working hard and are really starting to compete. Despite losing to Independence 64-72 they were able to bounce back and give Lisbon a run for their money but came up on the losing end of 45-48 game. They then took on Linn-Mar at home but lost in another close game 50-57. Benton also took one from the Indians at home 50-57. In there best performance all year they once again came out with 57-62 loss to Monticello. They have been led by the strong play of Caleb Lynott and the improving Matt Boquist. Regardless of their lackluster record, improvements have been made, and they can only go up from here!

JV WRESTLING

by Jordan Immerfall

Marion Wrestling has taken a strong turn in a good direction and behind all the glory is a successful JV team. With five wrestlers with less than two losses, the JV team has been dominating tournaments left and right.

Leading the way is a strong group of juniors, starting with Josh Nelson at 145 with a 8-2 record, and Tito Colomer doing well at 152 with a 15-2 record. Wrestling at 171, Bret Logamann is showing promise for next year with a strong season. Also looking forward toward success in filling in the top two weights next year are JV Bash Brothers Brett Forkner and Jordan Immerfall. With a combined record of 47-0 and 41 pins, the duo should help to fill the vacancy left by this years

The sophomores are led by 125 pounder Jake Blazek and 160 pounder Matt Tielebein. Tielebein has posted a 14-2 record so far, while Blazek, who was bothered by a knee injury earlier in the year, is 8-1. Also in the mix is Andy Balvanz who is 10-2 at 152.

The Freshman also are showing some promise for next year at the lower weights with Chris Clendenon who is 14-9 at 125 and Garret Wood at 140 with a 11-4 record. Also do-

ing well at 125 is Jeff Shinrock at 9-5 and Ryne Tope at 171 with a 14-3 record.

The Indians continued with their sucess at the WaMaC conference meet with with 8 champions, Wade Burell, Chris Clendenon, Garett Wood, Andy Balvanz, Josh Nelson, Brett Logemann, Jordan

Sailors. They lost a tough game 51-57. Shelby Hurt and Holly Hansen lead the team in scoring with 14 and 10 points respectively. Jessie Trumpold had 5 steals and Stephanie Law had 8 rebounds. After a long night in Waterloo the Indians came home and had another game the next day, Saturday December 18th, with

off and scored an outstanding 16 points along with Stephanie Law contributing 14. She also pulled down 9 rebounds. The Indians had another game Saturday, January 8, with Xavier. It was a tough loss losing 54-87. They started the second half of the season playing each team for the second time on, January 14, when



Matt Messerli tries to elude a Waterloo Columbus defender in a conference battle at home. The Indians lost the game by 4 points.

Immerfall and Brett Forkner. This should be the last tournament for most the wrestlers, but the season continues for most, helping the Varsity acheive all their goals.

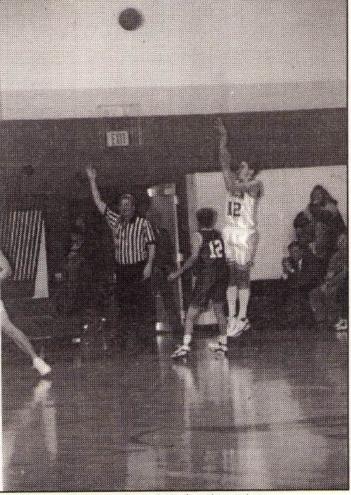
Sophomore GBB

by Kristen Osborn

On December 17, the Indians traveled up to Water-loo to face the Columbus

Springville. They bounced back and won 54-17. Shelby lead the team in scoring with 12 points followed by Rachel Eagle with 11. After winter break the girls played on January 4, the first girl's game of the millennium. They beat Vinton 46-41. On, January 7, the Indians hosted the West Delaware Hawks. Former sophomore player, Rachel Eagle, was moved up to play full time varsity. The Indians lost a tough game in overtime 60-69. Holly picked up where Rachel left

the girls bused up to Benton to face the Bobcats. They lost 45-56. Jessie contributed 16 points and Holly Hansen had 13. Friday, January 21, they played Independence away. The Mustangs had home court advantage. The Indians lost 42-56. Tuesday, January 25, Marion hosted Don Bosco. That night the sophomores put on youth basketball night, and all the little kids seemed to enjoy themselves. The girls lost 45-56. Friday, January 28, the girls traveled to South Tama to take on the Trojans. The Indians came up short in the end losing 39-49. Despite the loss Stephanie Law had a remarkable 16 rebounds. Jessie Trumpold reflects on how the second half of the season is going, "Our line-up has been bouncing around lately, and we are all trying to adjust. Rachel was moved up to varsity when, senior Emily Baumert, tore her ACL in the West Delaware game. Lynsey Rogers came back to play with us after realizing she missed the game too much. She also hurt her knee after coming back. And Carly Chadek is getting surgery on her legs so she'll be out for the rest of the season, as well. Along with all of that there has been some flu going around, but everyone is making the most of it." On Tuesday, February 1, the Indians hosted Waterloo Columbus. The girls came out with fire and played strong. They took out the Sailors 51-44. They all played with heart to pull out a big win



Against Anamosa, Doug Cloven shoots for a three-pointer.

which got them out of their

Sophomore **BBB**

by Matt Messerli

A strong combination of backcourt and frontcourt play is one of the main reasons for the sophomore boys' basketball team's success this season. The Indians are 9-5 overall, with a 6-4 record in WaMaC play. Forward Pete Messerli had this to say about the season thus far: "Everyone's having a good time and we are working real well together. All 15 guys are doing a good job of contributing.

Guard Doug Cloven is the Indians' leading scorer, averaging 11.6 points per game. Swingman Kyle Olson is also doing some major scoring, with 11.3 pts/

Messerli is the team's leading rebounder. He is averaging over 6 boards per game. Nick Campbell and Bryan Ryther are also hitting the boards well. Both Campbell and Ryther have over 5 rebs/

Point Guard Spencer Dirks has done a good job so far this season delivering the ball to open players. Dirks is averaging 3.3 assists/game. Messerli is also dishing the ball often. He has 42 assists so far, that's 3 per game.

In the final several weeks of the season the Indians will be looking to avenge some losses they suffered earlier in the season. Home games versus Vinton-Shellsburg and West Delaware will be big tests for the sophs, hopefully they are up to the challenge.

On A Roll

By Lindsey Schneider and JoliAnn

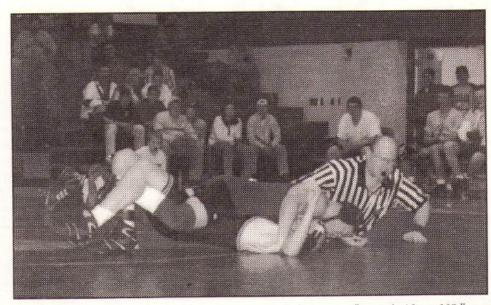
On Thursday, January 13, 2000, Marion hosted a triangular wrestling meet with East Buchanan and Center-Point Urbana. The crowd was packed and Marion started the night out by dominating both teams. The lighter weights started things out strong by winning most of their matches against East Buchanan. Ware, Kensinger, and Wycoff finished their matches all having wins. Marion finished the match against East Buchanan, with Marion winning 44-18. The Indians then moved on to compete with Center-Point Urbana, even though it wasn't much of a competition. As a team Marion won 64-9. Conway at 112 pinned his opponent in 2:18. Once again Ware, Wycoff, and Poggenpohl all finished the night with each having pins.

On Saturday, January 15, 2000, the Indians hosted the Marion Invitational. As a team, they received 2nd place out of ten teams. McCue, and Wycoff both received 2nd place. First place winners were Kensinger and Ware.

Thursday, January 20, Marion hosted another triangular vs. Benton and Vinton. Tonight was the night the Indians had to

show what they could really 17, Marion dedicated the do when faced with the con- night to the seniors. Al-

the finals to capture a first place finish. That next week



With the fans in the stands watching during a home double-dual, Ken Ware flattens the Vinton 160 lb wrestler. Marion won both the dual meets against Vinton and Benton Community.

ference teams. After coming off of two WAMAC losses earlier in the year to Independence and Waterloo Columbus. Marion showed their true colors by defeating two other WAMAC teams, both Benton and Vinton, by a wide spread margin. The highlight of the night was Matt Wycoff receiving his 100th pin of his career against Benton, and moving on to his 101st pin against Vinton. Marion vs. Benton 49-20. Marion vs. Vinton 59-

Saturday, January 22, Marion traveled to Williamsburg. The Indians finished 1st out of six teams. Second place finishers were Sperry, and Offerman. Conway, McCue, Ware, Kensinger, and Wycoff all finished in first place.

On Thursday, January

though it was a special night for Ken Ware, Jesse Kensinger, Matt Wycoff, and Chris Poggenpohl they were not able to show their skills due to Washington Iowa's forfeits. Washington, Ia only brought six wrestlers to compete. Sam Ehlinger, Sperry, and McCue were the only wins of the night. Marion defeated Washington 55-9.

The Indian wrestlers then moved on to compete in the WAMAC Conference meet that Marion hosted. Marion was the only team to have two wrestlers receive a first place medal. Conway placed 1st at weight 112 and Wycoff, pinning his opponent in 45 seconds, placed 1st at weight 189. Kensinger, and McCue received 2nd place and Sperry received 3rd place. Wycoff was also honored with a medal for being the only wrestler to wrestle under 3 minutes throughout the day.

It has been over four years since Marion has had a winning dual season. They're on a roll and are not about to let up. The Indian wrestlers are staying strong and staying motivated to stomp all over whoever attempts to get in their way. Way to go guys!

Varsity Girls ARE STAYING STRONG

By Megan Osborn

The Varsity Girls Basketball Team kicked off their '99- '00 season on November 22, at the Anamosa Tournament. At the annual season-opening tournament, the Indians knocked off Guttenburg in the opening round and Anamosa in on December 3, Marion opened up conference play against Independence at home. An easy win was captured which provoked the remainder of an eight game winning streak against Don South Tama, Alburnett, Waterloo Columbus, and Springville.

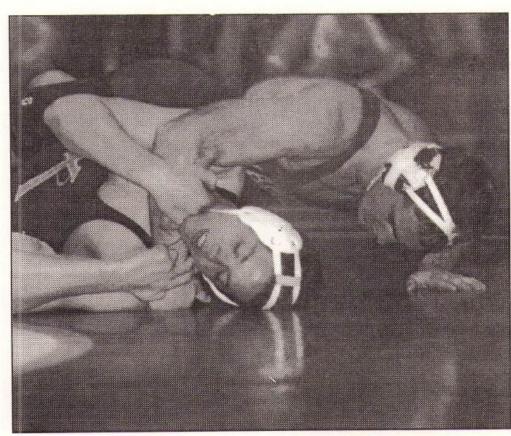
The Indian's game against Waterloo Columbus can now be titled the "match of the millennium." Incredible contributions from all the girls on the team: Kristin Popovics's 4 three-pointers for 39 points and seven assists, Emily Baumert's 18 points, and Julie Straub and Kari Ozburn's ruling of the boards, led the Indians to an 80-76 over-time win which put an end to a 12 year losing streak against the Sailors. Jana Bradley felt that, "Everyone stepped up and was playing at the top of their game. We all just seemed to click and we wanted this game more than anything. We were willing to do whatever it took to cap this victory."

The Indians were able to end the first half of their season with a school record breaking 8-0 record and a fourth place ranking in the state.

However, the beginning of the second half of the season showed a completely different Marion team. An opening loss against Vinton on January 4, was the first loss suffered by the Indians. However, the game was overshadowed by an awful injury. Emily Baumert, one of Marion's star players and a fourth year starter, tore her ACL and will be out for the remainder of the season.

They rebuked that loss strongly by crushing West

continued on p12



At the Marion Invitational, Jesse Kensinger pins his 171 lb. Xavie opponent. Jesse took second at his weight.

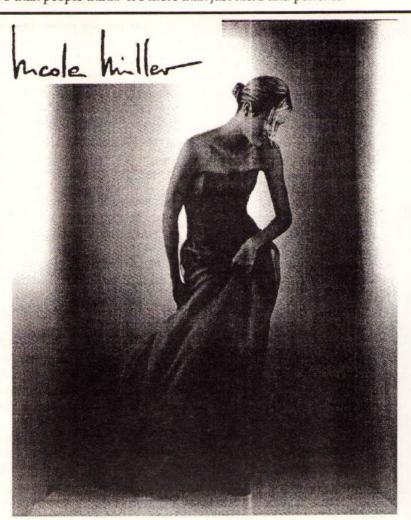
TAE KWON DO with Tina

by Kristen Osborn

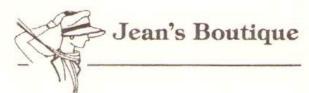
Jung's Tae Kwon Do in, Hiawatha, is where Tina Sarchett spends her free time. Her dad got her involved starting in the sixth grade, and she's been with it ever since. "I joined to raise my confidence," states

Tina, "I never really had that much confidence and my dad thought joining Tae Kwon Do would be a good thing for me. It's fun! I'm glad I got involved when I did." She gets in a few practices each week and whenever there is time. She practices in preparation for competitions at places such as Ames, Kirkwood, and even Midwest Martial Arts in Cedar Rapids, or wherever there is a competition. She concentrates mostly on form and sparring (fighting), and competes with girls in her age and weight division. She is a temporary black belt. Her best finish is first in forms and first in sparring. She also teaches kids as well as adults. She doesn't teach as much as she used to when she was with Midwest Martial Arts. Now that she's with Jung's she's relearn-

ing all her old forms. Midwest Martial Arts is a different style than Jung's. She really likes teaching because it is rewarding to her. "When they pass the test for the next level it's rewarding because you know you taught them that special skill." She also prefers teaching the kids rather than the adults because she has more fun with them. "There is more to Tae Kwon Do than people think. It's more than just kicks and punches!"



Prom Dresses by Nicole Miller



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Prom 2000

This years Juniors have really been on the ball when it comes to their duties of putting on this years Prom. They have already decided on the theme, "This Magic Moment" and are using the colors white, gold, and a light green to accent. Thus far the class hasn't run into any big problems that they haven't been able to handle themselves. They have been really fortunate because a couple companies have made some generous donations. For example Jacqlyn Hugg's dad is donating pillars and lights on behalf of ESI. The only actual decoration that they still have to buy is a real water fountain. The class of '01 has learned from classes before them and has decided to save themselves from the big hassle of ordering from different Prom magazines. So by the looks of things so far, Prom this year will be one to remember.

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Delaware 70-52 the following Friday. Following that the Indians were unable to find their fire. They have dropped four games in a row to Benton, Independence, Xavier, and Don Bosco which put their once perfect record at 9-5 and dropped them out of the rankings.

On Friday, January 28, the Indian's were able to regain their composure with an outstanding showing against the Trojan's of South Tama. Kristin Popovics led the way with 20 points, eight assists, and eight steals. Jamie Clark stepped out to show her incredible defensive skills with five steals and Julie Straub was able to pull down an amazing 13 rebounds.

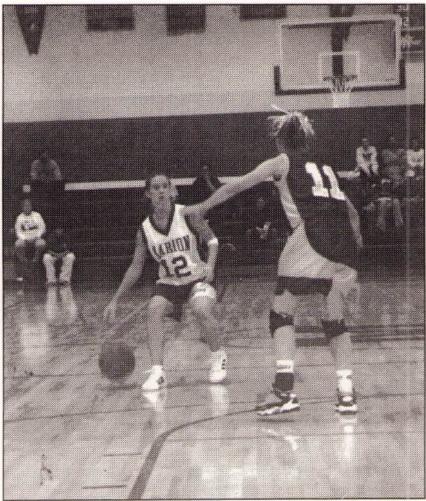
The following week, on Tuesday, February 1, the Indian's took on the Sailors again. What was once expected to be a close game turned out to be a demolishing of the Columbus Sailors courtesy of the Marion Indians. With a final score of 80-41, this was the most one-sided games that the Indian's have played thus far.

Varsity BB

by Mat Hadd

The Indian's record now stands at 11-5, and they are hoping to improve from here on.

Since the last publication of the Vox the Marion varsity boys basketball team has improved greatly and have fought their way back into the top half of the WAMAC conference. Marion has had big wins over conference rivals Don Bosco away, Independence home, and South Tama home. Marion has also beaten non conference foes Anamosa and Monticello at home. Marion has played well in their defeats as well losing to Benton at home by three and playing with Waterloo Columbus and Xavier on the road. Marion has been lead consistently by seniors Matt Messerli, Aaron Stewart, Joey Akers, and Mike Boquist. Matt had a career high 26 points at Waterloo Columbus. Marion now sets their sights on the end of the season and playing strong till the end. Marion hosts their first round district game against Xavier and hopes to improve on their performance against the Saints from earlier in the year.



Key defensive player Jana Bradley shows her offensive skills by working the ball up the court and past an Alburnett defender.