

The Vox

Marion High School

Volume XLVIII, No. 5
April 12, 1996

GOING TO RUSSIA

by Bryan Hamilton

26 Russian students are traveling to Russia this summer. The trip will be a nine day trip. They will leave the June 4th and returning a 9 days later. The students that are traveling will come a week before the Russian presidential elections. While the students are in Russia they will go to the two cities of Moscow and St. Petersburg. In St. Petersburg, they will visit Peter the Great's Summer House. His house has sprinkler systems that go on if you walk on a certain stone or brick. Before leaving St. Petersburg, they will take a Hydra Fowl around the city. A Hydra Fowl is a ship that rises off the water only when it is moving. They will visit the largest cathedral in St. Petersburg, the Cathedral of St. Isaac. It has a dome that is decorated with 200 pounds of gold.

In Moscow the students will visit Red Square and Lenin's Tomb. In Moscow, the students will have a chance to trade items like jeans, and other American items in return for Russian hats or army uniforms. They will also walk by the KGB headquarters, the Kremlin, and St. Basils Cathedral. The students will also have a chance to shop at Gom.

SCIENCE STARS

by Chris Hanel

Every year, the 8th and 9th grade Science students have an option of participating in an annual Science fair at Westdale Mall. Students receive extra credit for their hard work. This year, 10 students competed, with subjects ranging from "Arrow Power" to "Cieling Fans".

"When the judges asked me about my project, I wasn't nervous," said participant Landis Thompson. "That really paid off".

The results of the science fair were fair, with 4th or 5th places for Steve Straub, Landis Thompson, Ryan Young, Nick Bast, Bill Hoke, and Charlie Barnes. Kris Boggess and Amanda McClanahan's "Body Balances" earned an Honorable Mention, and Vanessa DeLuna and April Fuchs's "Snow Pollution" earned the Exhibitors Award.

"It was really tough," said Steve Straub. "I really enjoyed doing it, and I got extra credit for it!"

The student's projects were on display during the spring conferences.

MAKING THE CONNECTION

by Chris Hanel

The new computer network has a lot of people in a buzz, ready to get their hands on the World Wide Web. With a mere touch of a button, we can send E-Mail, visit "Web pages", do research, and even order pizza! So, how is it possible?

"A lot of work and a lot of money," says Mr. Singer, the Technology Supervisor. The total amount for the new network was about \$300,000. Most of the money came from sponsors like the Marion Foundation.

Now that the new system is in place, students want to know about the restrictions. Are they ever going to be loosened?

"Well, yes and no," said Mr. Singer. "We possibly will be getting what's called a 'pop server' where there can be more than more than one E-Mail address, so students could send and receive mail. There also may be a system of logging in and out so we know who and when someone is on and what they're doing, so they wouldn't need as much teacher supervision. At the same time, Netscape tells us if a student enters a questionable area. Some areas we will be blocking off all together. People that want to go into those areas should just buy their own modem."

As for the future, estimates are that Vernon will definitely be hooked up this summer, and Emerson and Starry will possibly be hooked up. Another possibility would be that students could get on the network from their own computers at home, and would not have to pay. The one opposition is that a law is coming up in Congress that tries to make that illegal.

As for where we will be in ten years, Mr. Singer says, "your guess is as good as mine."

QUICK THINKING

by Stephanie Bender

The Metro Quiz Bowl (formally Sunmart Quiz Bowl) is on it's way once again. In April, eleven seniors, juniors, and sophomores will go to the KCRG studios to outsmart other Metro area high schools.

The team members are (seniors) Chrissy Hamilton, Jonah Nemec, Dean Ratzlaff, Tony Warden, (juniors) Matt Balk, Alison Kraus, Tom Paulson, (sophomores) Mike Burroughs, Steve Gogেকে, Seth Nemec, and Michelle Yarmer.

Mrs. Bennett has been coaching the team on Wednesday morn-

ings since October. They have questions provided by KCRG along with other books and materials that they sent for.

The studio has room for an audience of twenty (dates of tapings will be set and announced at a later time). Mrs. Bennett said, "Come to the televised meet and yell loudly! We'd really love to beat Linn-Mar." In 1992, the school won the contest and were awarded a trophy and five thousand dollars worth of computers and software.



In the first scene of the evening, "Graceland," Vickie Bennett and Christine Akers debate who will be the first to enter Elvis' home. More on the spring play, *Sampler*, on page 10.

INSIDE THE VOX

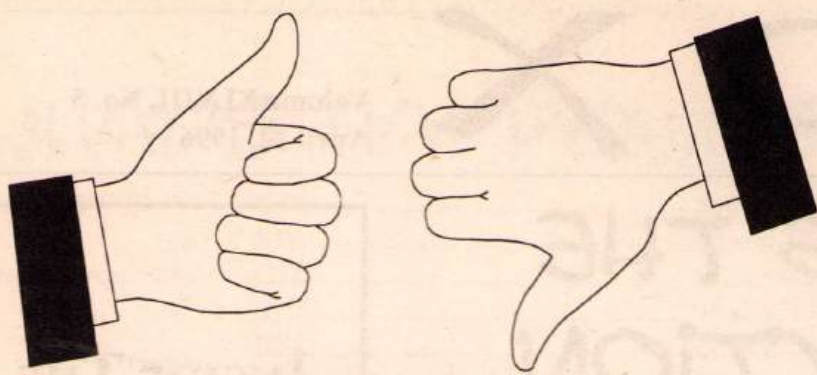
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UPDATE



THUMBS UP & THUMBS DOWN

THUMBS DOWN to the bus hired to bring the students home from O'Hare after the Mexico trip being 6 1/2 hours late.

THUMBS UP to the Mexico trip.

THUMBS UP to the blood drive. MHS students and staff show they care and are willing to give. The Red Cross people said you were the most polite and best behaved group they can remember.

THUMBS UP to everyone who tried out for cheerleading.

THUMBS UP to the spring sports teams - and a special thumbs up to the boys track team - on their way to MHS's first conference championship in the 90's.

THUMBS DOWN to students who went to Mexico coming back so much tanner than anyone else.

THUMBS UP to Pumba.

THUMBS DOWN to students who throw their junk all over the halls. The rest of don't need your sucker sticks, old papers, and gum wrappers all over. Why is the freshman hall so much worse than the rest?

THUMBS DOWN to getting sick right before spring break.

THUMBS UP to better weather. Maybe this year there'll be a track meet that isn't held in the rain.

THUMBS UP to the journalism students beating the first two deadlines for the yearbook - only two more to go! (Books should arrive the week of registration in August.)

THUMBS UP to juniors taking the risk to take senior classes this year. Why wait?

THUMBS UP to the student teachers. Way to hang in there!

THUMBS DOWN to so many scheduling problems for next year. Why can't we have the teachers we need so we can have the classes we need? Why have us sit in study hall?

STRESS

This is supposed to be the best time of your life - you're young, energetic, and raring to go. Why, then, are so many kids collapsing under the weight of too much stress? Here is a standardized list of factors which affect your stress level.

Death of a parent	100
Death of a sibling	90
Parents divorce	80
Death of close family member/friend	73
Teenage pregnancy	71
Personal injury or illness	63
Gain of a new family member	52
Arguments with parents	40
Arguments with significant other	38
Physical appearance	33
Outstanding personal achievement	30
Beginning or ending school	28
Change in residence	22
Grades	20
Standardized tests (ACT or SAT)	20
Prom	19
Change in sleeping habits	18
Change in social activities	17
Change in eating habits	15
Violations of the law	12
Vacation/Holidays	10

These are just a few factors that may cause you some stress in your life. The values are just a standard, and may be more or less depending on the individual. The more points that you have, probably the more stress that is present in your life style. Some could ways of coping with stress are to learn how to manage your time wisely. You might also want to use some techniques for reducing stress such as listening to music you find to be soothing, exercise, or maybe mild forms of meditation. You can also try to just relax and ignore the stress factors in your life. For example, realize that Prom is just another night during school, and while you might want to go, if you don't the sun will still rise the next morning. Try and keep high school activities in perspective - it's not very often that the things which are so upsetting are really important the next week or month.

The Vox

Published since 1934

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The Vox is a student newspaper dedicated to informing its readers. It is published six times each year by the journalism class at Marion High School. The staff will report as accurately, fairly, and objectively as possible. All activities and events pertaining to the school will be covered to the best of the staff's abilities.

Staff editorials reflect the majority opinion of the staff and will appear on page 2 of *The Vox* in each issue. Space for letters to the editor will be provided on the opinion page. All letters must be signed and will not be published anonymously. Letters must be limited to 200 words in length, and not all letters will be published in their entirety. The staff will not edit letters for usage, punctuation, or spelling errors. No letter will be published which contains libel, obscenities, is an invasion of privacy, or which would cause a physical disruption to the school. The authorship of all letters will be checked by the staff of *The Vox*. Suggestions for "Thumbs Up, Thumbs Down" may be submitted by any student or staff member. The decision on whether to include them rests solely with the staff. Suggestions may be given to any staff member or handed in to the office.

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SILENT KILLER

BEING THIN WILL MAKE YOU HAPPY.

Unfortunately this is an accepted rule of society. Many times people feel they are not good enough or they aren't succeeding due to their weight and if they were "just one size smaller" everything would be perfect. Because of this as many as three million Americans have some indication of an eating disorder. Ninety percent of those are women. It often starts with a teenage girl thinking she would be more liked if she was thinner so she starts dieting. She carries the diet a little farther and a little farther, she starts exercising excessively and before you know it she is anorexic. In her eyes she will never be thin enough.

There are two main eating disorders, anorexia and bulimia. Anorexics fear eating and they see themselves as overweight no matter how thin they actually are. Bulimics eat but in an uncontrollable manner. Then they get rid of the food they have just binged on by vomiting, laxatives, or diuretics. Often times anorexics have bulimic symptoms also. Both are extremely dangerous.

An anorexic is usually a high achiever, a perfectionist. So when she starts to diet she has to do it well. She ignores her hunger until she may not even feel hungry anymore. As a friend you may notice dry, flaking skin, the loss of hair, constant coldness, very fine hair covering the body, or purple nail beds due to the malnourishment of the body.

When speaking with Marcy Scholfelt, RN, MSN, of Mercy Women's Center she said that when educating young people on these disorders you have to be very careful. There may be someone in the audience that would hear what was being said and think that it would be a good way to lose weight. So instead of preventing a disorder you can actually give someone the idea to start it. But some of the physical problems with starving yourself are your pancreas will shut down and you can cause great damage to your kidneys. Osteoporosis is also possible and they become vulnerable to heart failure.

Because of starvation the body cannot allow the brain to function normally. She does not see what other people see. Everyone else sees her as sickly, and thin when she sees herself as just beginning to make progress. She sees other people as much thinner than herself when in actuality they are much heavier than her.

If you are a friend that suspects a problem, something that you may have a question on would be "How does she have so much energy?" She

may be exercising for hours everyday when someone that is eating normally couldn't do what she is. Anorexics become hyperactive because their bodies are off balance and this also causes them not to be able to sleep. The change in her weight may be one of the last indications to something being wrong. She will be very moody and many times no fun to be around. The best thing you can do is confront her with your suspicions and just be there to listen to her. Don't give up on her. She needs your help and you may be the only one that can get through to her. But you must understand that her condition is very important to her and for her to give it up she must be able to replace it with a genuine acceptance of herself.

The longer someone has been struggling with a disorder, the harder it will be to cure. It will not be cured overnight and you can't expect it to. Treatment can take two to five years and sometimes longer. Sometimes anorexics act like they are going along with the treatment but they are really doing what they want. Anorexia is something that may disappear for awhile but it will never totally be removed from the system.

One in eight high school girls vomits as a part of their "diet". This illness usually develops around the age of 18 and may go undetected for 10 to 20 years, perhaps a lifetime. Bulimics are always striving for perfection and are terrified of being fat. The binge/purge cycle is very addictive and soon becomes like a friend. She puts most of her focus on how she looks and because of this she hides her real feelings which ends up lowering her self-esteem even farther. She isolates herself from everyone and stays away from her usual activities.

Some of the physical effects to purging are the onset of diabetes, malnutrition, erosion of tooth enamel, swelling of the cheeks, rupture of the esophagus or stomach, hernia, bleeding and infection of the throat, and many other terrible effects. It is very hard on the body.

You may be suspicious of someone if she is constantly exercising, hoarding food, lying about food or activities attended or if she talks about cramps, dizziness, headaches, toothaches, weakness, or insomnia. If you are suspicious of anything you should find help.

No one can be helped if they do not want to be helped. It has to come from them to do any good. It will be a very frustrating process to watch but stick by her. More than anything right now she needs to know that she is loved for the real her. It will be hard to tell someone and she may get very angry, but an angry friend is better than a dead one.

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WARNING SIGNS

Anorexia Nervosa

- loss of menstrual period
- dieting with relish when not overweight
- claiming to "feel fat" when overweight is not a reality
- preoccupation with food, calories, nutrition, and/or cooking
- excessive exercising, being overly active
- leaving for the bathroom after meals
- strange food related behaviors
- complaints of feeling bloated or nauseated when eating normal amounts of food

Bulimia Nervosa

- excessive concern about weight
- strict dieting followed by eating binges
- frequent overeating, especially when distressed
- bingeing on high calorie food
- expressing guilt or shame about eating
- disappearing after a meal
- depressive moods

PHONE NUMBERS TO CALL FOR HELP

Mercy Women's Center
398-6774
Foundation 2
362-2174

HOW TO APPROACH SOMEONE THAT MAY HAVE AN EATING DISORDER

- Approach them with compassion. State your concern and the reason for the concern.
- Avoid focusing on weight comments such as, "You're looking too thin."
- Focus on the fact that they look unhealthy, seems unhappy, etc. : explain that you care about them and are concerned about her well-being. Suggest help is available.
- When confronting binge-purging, be straightforward about what you know and suspect. State your observations.
- Be prepared, you may trigger an outburst of anger. Although this may be unpleasant, remind yourself that a live, angry friend is better than a severely ill or dead one. Assure them that you will support them.
- Have on hand the specific prospects for help: where to go, whom to see, how to go about getting an appointment, how much it will cost, and so forth. You might offer to set up the appointment, accompany her, and/or provide transportation.

Reference: Neuman, P. and Halvorson, P. *Anorexia Nervosa and Bulimia*. New York: Van Nostrand reinhold Co., 1983, pp222-224

RORED? THINGS

By Katie Reynolds

Its Friday, 2:55pm and the last bell of the day just rang announcing the long anticipated weekend. Many different plans have been made on how to spend the two days of freedom. How do MHS students spend these days? Some work and some have chores to do around the house but there is always that precious time for fun. Bowling, camping, skating, cruising, and hanging out with friends are just a few of the ways that students spend their weekends.

THINKING OF A MOVIE OR WATCHING TV? WHAT'S WORTH YOUR TIME OR MONEY?

by P. J. Schultz

MOVIES-

MR. HOLLAND'S OPUS

This is a good movie to take your overly-sentimental girlfriend to. This is one of the better teacher movies that I have seen. Since Mr. Holland is a band and drama teacher, band members and Thespians will find the jokes especially funny. Once again this is a great date movie.

BRAVEHEART

The battle scenes are both overwhelming and awesome. This movie is packed with adventure and has just enough romance to carry the plot. This is one of the few movies that I would pay to see twice. I would definitely recommend that you see this movie.

UP CLOSE AND PERSONAL

If you are a soppy hearted romantic you will love this movie. It is about a news reporter, played by Michelle Pfeiffer, who falls in love with her boss, played by Robert Redford. This is supposed to be a true story that Amy Bulman says is, "Reeaalllly Good!" Stacey Tschantz said, "I couldn't stop bawling. It's a really good couple movie."

SGT. BILKO

Steve Martin plays a sergeant in the army who doesn't take anything seriously. His commanding officer doesn't have any idea what is going on with Bilko's gambling and scams. Steve Martin is always funny and interesting, but Stacey says it's not worth \$5.75 and not to go if you're tired.

TV SHOWS-

THE FACULTY

This show is a cheesy interpretation of what Junior High is supposed to be like. The characters and story line are totally unrealistic. I predict this show won't last till summer vacation. But while it is still on the air you can watch it if you need to induce vomiting.

THE SINGLE GUY

Probably drawn from a hat, this post-X show is adjacent in time slots to Friends and Seinfeld. The main character is a novelist, so the show is loaded with writer jokes. Watch this show only if you are addicted to T.V. or have nothing better to do.

DR. KATZ PROFESSIONAL THERAPIST

A hilarious cartoon about a psychiatrist who lives in New York. Dr. Katz's wacky patients, crabby secretary, and lazy son make up the humorous plot line. The humor is subtle so unless you pay close attention it will not be funny. Aired Sunday nights at 9:00 on Comedy Central.

CONCERT INFORMATION

by Cheyne Westergaard

Concert Updates

Alan Jackson.....May 2 (Five Seasons Center)

Ozzy Osborne/ Marilyn Mason.....April 21 (Five Seasons Center)

CONCERT REVIEWS

The Red Hot Chili Peppers/ Toadies/ and Spacehog
The Red Hot Chili Peppers have definitely earned their title of being one of the best live concerts one will see, especially if you're a fan. The four funk-rockers played an amazing set mixing old with the new, keeping the crowd enthralled over almost two hours. The opening bands, Toadies, and Spacehog also playing incredible sets. Some of the members even came down into the wild crowd to watch the Chili Peppers perform. This concert in Kansas City was definitely not one to miss.

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ATMOSPHERE: The player behind the tunes through the small tables; most of the business through advantage of the "on which range from Hanelnut. The women friendly, talking with who comes in. Be- THE COFFEE EM- mended for early break; also as a liquid at the food court subs, health here are would pleasant.



floor is carpeted and a CD counter sends classical cafe. There are only four ness comes from walk-businesspeople who take your honour" coffees Vienna Strudel to who run the cafe are almost everyone cause of the hours, PORIUM is recom- outs and summer dessert after a stop (pizza, Chinese, bar). Long chats be more than

COMMENTS ON THE COFFEE: Quite frothy. Very hot. Served in a white Styrofoam cup. The nice ladies as if I preferred regular or decaf; and what kind of milk I preferred. I turned down whipped cream without noticing the extra cost. The espresso was not obvious, but it was noticeable, zingy. That's a good thing.

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ATMOSPHERE: There is space. There were more than five people working. So tell me, why did we have to stand there for three minutes before someone noticed we were there and two more minutes before we were helped? I felt comfortable putting my feet up on an adjacent chair. No carpet. No classical music. Just a Pepsi clock on the wall and scorching-well, that's for later. This place is not recommended for long talks, nor for cappuccino.

COMMENTS ON THE COFFEE: It tasted like scorching hot chocolate made with steamed milk and Nestle's Quik. In fact, I am sure of it. I was not asked what kind of milk I preferred and the young woman put whipped cream on it. I don't liked whipped cream on my cafe mochas. The cup was paper. There was no zing.

THE GREAT OUTDOORS

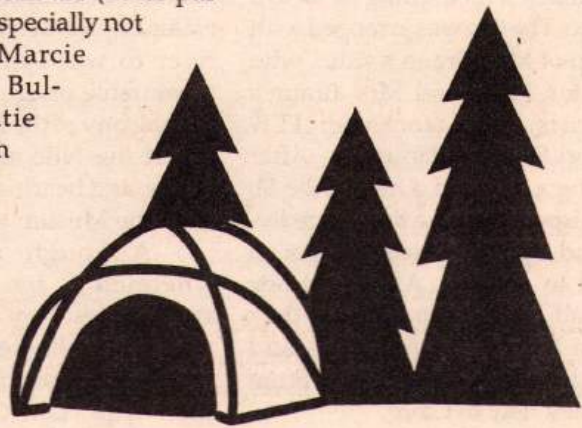
by Katie Reynolds

A group of six senior girls camping in the wild wilderness of the Iowa woods? Yes, its true, not some unbelievable rumor- so stop laughing. These girls will spend one night roughing it with no outside help from anyone. The girls who are participating in this test of mental and physical skill are (in no particular order, especially not bravery) Marcie Pinger, Amy Bulman, Katie Reynolds, Leah Schneider, Tracy Thomas, and Christine McGlaughlin.

These girls are determined to prove everyone wrong- that they can do this. They will swallow their fears and tear themselves away from their hair

dryers for the chance to prove to themselves and everyone, especially the senior guys who said it couldn't be done. A senior guy who will remain nameless, on account of embarrassment when proven wrong, commented "I know these girls, there is no way that they'll last even one

night alone, they'll starve. Do they realize they have to cook their own food?" The campsite



where they will be staying is being kept confidential due to safety and the threat of practical jokers.



**Howie says to the competition,
"Go ahead and stuff it! We flavored our crust. It's cool to order from Howie's!"**

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LEAVING ON

WITH spring break now lasting a week, many families are using this time to get away from it all. This year, teachers and students really got away - out of the country.

ESCAPE TO THE SUN

EGYPTIAN ADVENTURE

After conferences were over on Friday, March 29, Mrs. Tarwater and Mrs. Braun left for a spring break trip to Egypt. The trip was arranged with the help of Mrs. Braun's sister, who works for TWA, and Mrs. Braun's son Chris, who works for ITT-Sheraton Hotels in Houston. After spending a day and a half in the St. Louis airport because they were flying stand-by, the two teachers got on a flight to Athens. Although they only had 8 hours in Athens, they made a trip to the Acropolis and Plaka, which is old Athens. From there they flew to Cairo.

In Luxor, Mrs. Tarwater and Mrs. Braun boarded a cruise ship which went down the Nile to the southernmost tip of Egypt at Aswan. Luxor is the site of Egypt's greatest temple, the Temple of Karnak. While traveling, they visited the pyramids at Giza and Saquara and King Tut's tomb.

Mrs. Tarwater noticed that while in Egypt, they dealt with mostly men and women were not seen much. When women were in public, they covered their bodies.

She was also affected by the poverty, seeing a lot of the population living in mud brick houses with no running water or electricity and going to the river to wash dishes. Her most memorable image is of standing on the balcony of the hotel in Cairo, seeing at the Nile and the fishermen below, and hearing the call to prayer from the Muslim temples.

Although she was overwhelmed by the pyramids and temples they saw, Mrs. Braun was most affected by Old Cairo, which they visited on the last day of their trip. Old Cairo is a Coptic Christian area completely surrounded by walls. "People were still living there the way they lived 2000 years ago," she said. "It was like a step back into ancient history."

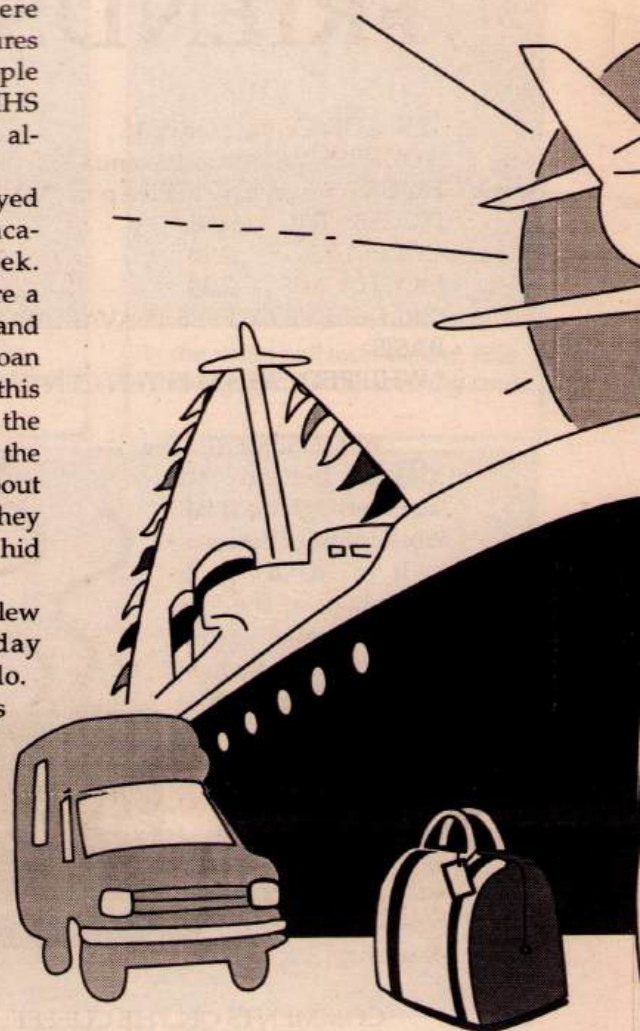
Both Tarwater and Braun commented on how incredibly friendly and helpful the people were. After 33 hours in transit, they arrived back home at 5:00 pm Sunday afternoon. Although they have been dealing with the effects of jet lag, both would welcome the chance to return to Egypt.

While Iowa residents were dealing with varying temperatures and snow in April, some people found 80° temperatures. Two MHS teachers went to the Bahamas, although they went separately.

Mr. Sloan and his wife stayed at North Minor Beach and vacationed from there for a week. The highlights of their trip were a historical tour of the Bahamas and visiting Sea World. While Mr. Sloan had traveled before, he found this trip different. Transportation on the island was not as convenient and the native people are still learning about tourists. For example, when they visited some caves, the natives hid from the tourists.

Mr. Perkins and his wife flew from Des Moines early Sunday morning and landed in Orlando. From there they took a shuttle bus to Canaveral and their Carnival cruise ship. The next three days were spent visiting various ports of call in the Bahamas, shopping, and eating. One of the highlights of their trip was a side excursion to the Blue Lagoon, which is a private island owned by the cruise ship com-

continued on page 7



From their hotel balcony, Mrs. Tarwater and Mrs. Braun had beautiful view of Cairo and the Nile.



After years of teaching about it, Mrs. Braun had the chance to visit the site of King Tut's tomb.



Tarwater and Braun rode camels 1/2 mile to the pyramids to get the best view. The pyramids were right on the outskirts of the city.



During a layover in Athens, the teachers grabbed taxi for a hurried trip to the Acropolis.

A JET PLANE

FUN, SUN & MEXICO



Spring Break, time to relax, forget about your worries, and have fun with your friends. That is what 12 students from Mrs. Goldstein's Spanish class did. They packed up their bags and left for a week full of fun and surprises. Their first stop was Merida, a city full of shops and markets. It was a good spot for buying souvenirs. While a good sized city of 600,000, Merida is not well known to American tourists. The group stayed at the Hotel Maria del Carmen and made a lot of friends while staying there. Many students found that they knew more Spanish than they had thought and this helped them communicate with the workers of the hotel. Whether they were talking, joking around, or just giving them a break by sweeping for them, the workers made the stay a memorable

one for both the workers and the students.

The day after arriving, the group took a day trip to Celestún, a protected wildlife/bird refuge on the Gulf of Mexico. After a tour, lunch was served in a beachside restaurant where they claimed that none of the seafood had been out of the water longer than two hours. While in Merida, the students visited the sites of two Mayan cities - Uxmal and Chitzen Itza. They climbed pyramids and visited the ball courts, where a hard rubber ball 8 inches in diameter had to go through a 10 inch opening in a stone circle 10 ft. off the ground. After a short ferry ride, the students were in Cozumel, an island in the Caribbean Sea close to Cancun. Snorkeling, scuba diving, parasailing and just relaxing in the sun occupied two days, along with

shopping and visiting the Hard Rock Café and Carlos and Charlie's.

After a full seven days of touring and traveling, a tired and tanned group arrived at O'Hare Airport at 5:30 pm Saturday afternoon. Getting through customs was a breeze, but then the real adventure started. The bus for the return trip to Marion failed to show up to pick up the group. Some frantic phone calls from Chicago to Cedar Rapids finally discovered about 8:00 that night that the bus had just left Cedar Rapids at 6:00 - and didn't arrive until 11:45 pm., an hour later than the expected arrival time back in Marion. To fill the hours, students ate, explored O'Hare, listened to CD's, and used the escalator as a treadmill to keep in shape. But even not getting home until 5:00 am couldn't ruin the trip for the students and teachers.

continued from page 6

pany. Although the ocean was choppy that day and they couldn't snorkel, Mr. Perkins and his wife enjoyed the protected bay.

The only rough time on their cruise was on Wednesday evening when they crossed the gulf stream. Other than that, he said it was like a floating city. "It's a whole different world out there," Mr. Perkins commented. There are no worries. You just get away and relax. There's lots of eating and lots of sun - you could eat 24 hours a day." Mr. Perkins also enjoyed meeting the new people on the cruise. He said there were lots of teachers and lots of out-of-school students enjoying their vacation also.



Most of the group climbed to the top of the large pyramid at Uxmal and enjoyed the view of the surrounding area.



While visiting Chitzen Itza, Anna Lensch and Katy Boyer also bargained with some of the young children selling handicrafts.



Outside the hotel in Cozumel, Cory Rubel, Chad Zrudsky, Justin Kensinger, Ryan Lantz and Walker Burgess prepare for their scuba lesson from the instructor, Jorje.



The group visited Hogares Juveniles, a home for boys, and delivered clothing, toys, and school supplies.

LOCK-IN

by Katie Reynolds

On March 15, 1996 about 200 students participated in the eighth annual lock-in at Marion High School. The fun started at 8:00 pm with a dance DJed by Jukebox D.J.s. The dance started off slowly but by the end there was hardly anyone not up and dancing.

The dance ended at 11:00pm and those not staying the night had to be out at 11:30pm. With the locking of the doors came food, games, contests, sports, and movies. After filling up on pizza from Hungry Howies, the gym was opened and the games began. The 3-point contest started off the night in which freshman wrestler Brett Sperry won. The slam dunk contest champion was junior Johnse Bushlack with an amazing self-ooped dunk.

Following these contests came the movies and the tournaments. Senior Carry-over Chrissy Hamilton said, "The movies went well, everyone seemed to like what we picked out."

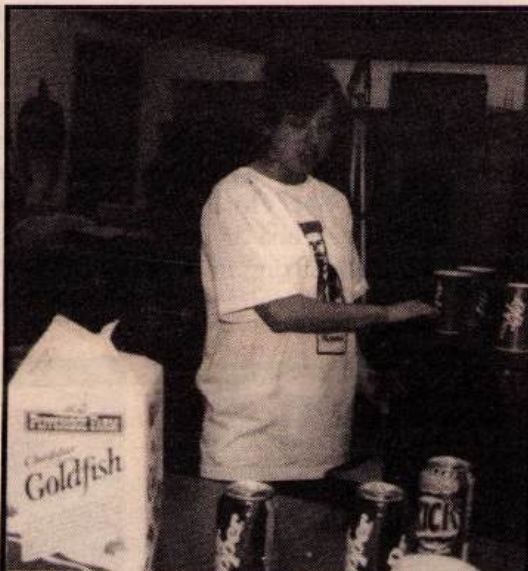
Seniors dominated the sports tournaments by winning two of the three events. With thoughts of their last lock-in volleyball tournament the senior team, the Spankers, turned up the heat to beat the Wimps in the final round.

A new addition to this year's lock-in was the pickle ball tournament. Seniors Casey DeShaw and Eric Borst proved to the world that they are the pickle ball champions of Marion High School. Beating out many tough competitors, junior Brian Dipple became the 1996 lock-in ping-pong champion.

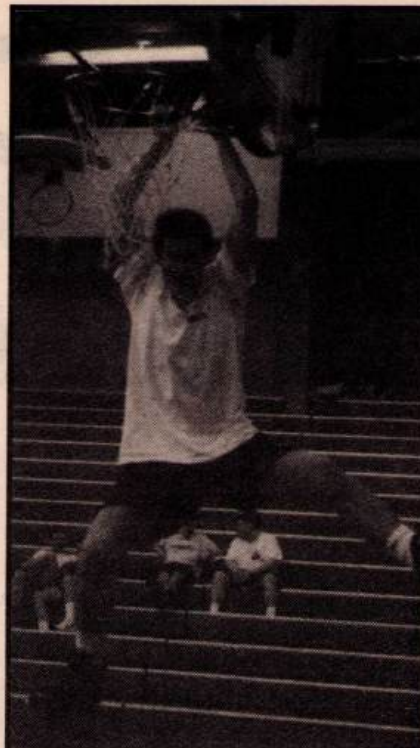
For those not interested in sports or movies there was also a game room.

Many different board games were offered and Bingo ran every half hour. There were many prizes to be won including tanning packages, free movie rentals, food and many other different things.

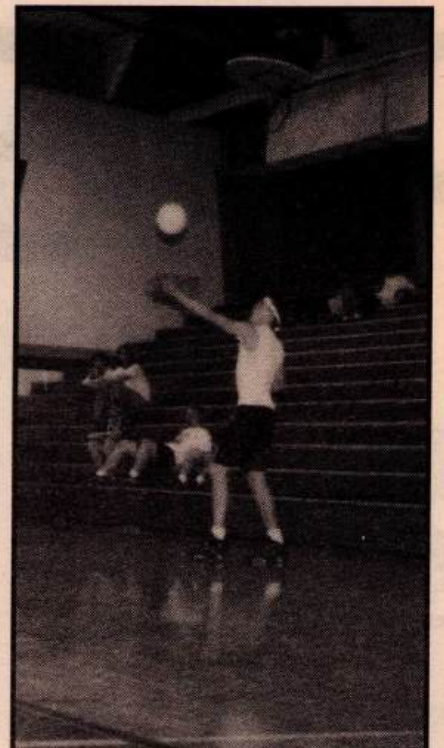
As the night winded down donuts and juice were served. With the tournaments and movies finished there were many crashed on the floor anticipating the unlocking of the doors. As the doors opened senior treasurer Amy Bulman sighed with relief and said, "At first we were nervous about how the lock-in would go, but in the end it was very successful."



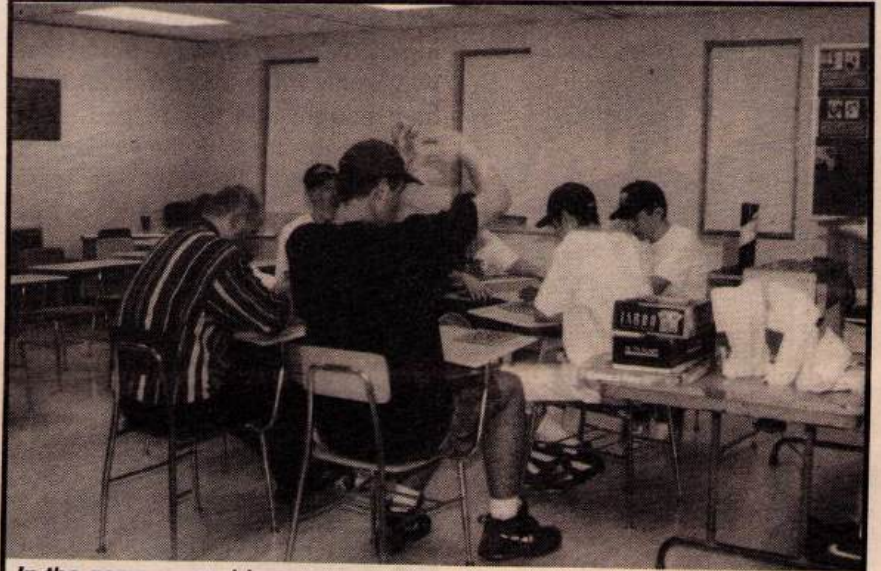
Student Senate member Chrissy Hamilton stayed awake and served pop from 2:00 am - 3:00 am.



Johnse Bushlack showed his athletic ability and won the dunk contest.



In the volleyball tournament, Eric Borst served for the winning team.



In the game room, bingo was popular. Mr. Fontenot made sure none of the sophomore boys cheated in order to win.

ACTIVITIES UPDATE

FBLA

FBLA has been busy preparing for their spring conference on April 12-13 at the Five Seasons Center. On March 15 they supported the March of Dimes by hosting a Hat Day for the entire school. Those students who bought a button from FBLA had the opportunity to wear a hat during the school day.

CHOIR/BAND

Choir and Band are in the midst of starting their busy spring season. Solo and Ensemble Contest takes place on April 13. A Pre-contest recital takes place on April 11 here at the high school. The annual Jazz Concert will take place on April 22. Auditions are taking place for next year's choirs. The spring concert is on April 21. Large Group Contest takes place on May 3.

SODA

Post Prom is on the minds of SODA members. Planning is underway and the Prize Committee is working overtime to come with fabulous prizes for all. Tickets for Post Prom will be on sale starting April 8 for \$3. Post Prom T-shirts will also be on sale for \$5.50.

STUDENT SENATE

Student Senate held a successful Lock-In on March 15. Teacher Appreciation Week is coming up in April. The next meeting will be held on April 10.

NATIONAL HONOR SOCIETY

National Honor Society is planning on cleaning the road in April and May. They are also making plans for the "Beautifying the Campus" project. New candidates for National Honor Society will be announced in April.

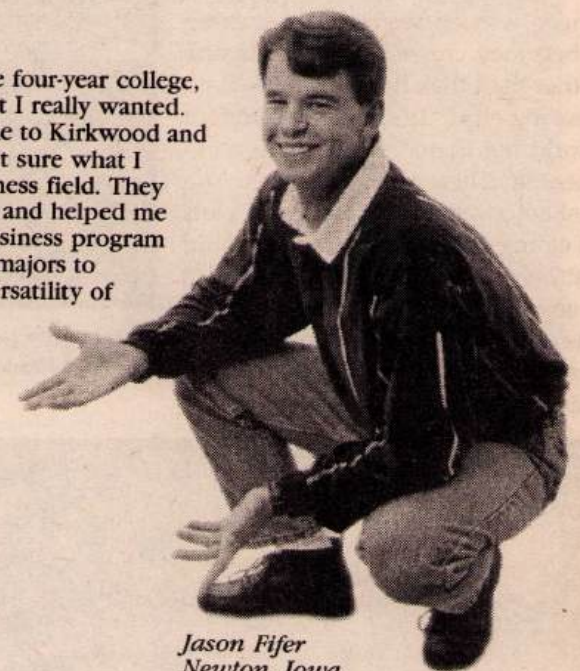
The Employment Assessment Profile cards have been handed out to those who qualified for them first semester. To qualify for the E. A.P. cards you have to have 94% attendance, two or fewer tardies per semester, no suspensions, and demonstrate competence in cooperation, responsibility, effort, honesty. 220 students received E.A.P. cards for first semester. The cards are designed to make students more aware of the traits you need to succeed in the workplace and the community.

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MRS. BENNETT - ONE OF A KIND

by Christina Hamilton

Connie Bennett is retiring after twenty-seven years of teaching at Marion High School. She teaches the senior English classes and one class of English I. The senior classes include Advanced Placement English, Lit. for Col., and Senior Composition. I took Lit for Col. first semester in addition to AP, which I am still taking. I talked with Mrs. Bennett on a cold Thursday morning in the middle of March. (This is to differentiate from the cold Tuesday afternoon in the latter middle half of March that I talked with her.)

Despite her known tendency to come to school at six in the morning to search for ungraded papers, she was not looking for anything. Under a two inch pile of papers and books, I noticed someone's misplaced good humour and an *I like Ike!* button. I sat on her smaller wheat-coloured stool and crossed my legs Indian style, only for the stocky stool to wobble at me.

CB: You can't move much on it. It takes patience.

CH: The stool only tolerates the patient ones? Speaking of, are you going to take them with you?

CB: You know, I don't know! There are so many things I haven't thought about. I don't know what I am going to do with everything!

She put her elbows on a layer of papers (well, they weren't on her desk) and put her fingers through her shiny white and silver hair. And smiled. I asked her why she was retiring this year and not next year. No one is retiring with the juniors yet; the seniors are already leaving with Mister T. and Mister Vaske. She sighed, still smiling, and "went on" about it "being time" and I politely disagreed. She then explained to me a rather systematic way of determining when a teacher may go home now. It was scary, having to do with adding and a number above ninety. But then again, Mrs. Bennett could have been carrying on as she does when she says:

"Come on people, there are only thirty-two minutes left of class and we have to go through four hundred and ninety-two poems before Monday! We don't have the time!"

She flipped through a blue book of Literature, writing that commands by its greatness a capital for its general category, and asked if I was familiar

MHS BLOOD DRIVE

As you know Marion High School has a good reputation for its volunteer programs. One of the activities that was done last year was the blood drive. So this year Marcie Pinger decided to make this year's even better and she became the coordinator. It was April 9th from 10-2 and was held in the gym. Twelve beds were set up this year to accommodate even more donors. Although Red Cross is the head sponsor Marcie was backed by the journalism class and Ms. Boyer helped her with the publicity and business contacts. The journalism students helped by serving refreshments, checking donors in, and keeping things running smoothly.

Madame Virlee also helped with the drive. As an encouragement for people to donate blood, two volunteer hours were offered to each donor. Marcie commented on the project by saying, "It was a great experience to coordinate the blood drive. I was excited to see all of the participation."

A DIFFERENT KIND OF SPECIAL CLASS

by Stephanie Bender

Students in ELP are chosen by test scores, teachers, parents, and notable accomplishments in art, writing, or many areas combined. There are two classes of students, in which, one of the classes they choose their project for the semester. Some students have chosen to write novels, poetry, produce and perform drama, make a computer program, design a building and create an architectural model, dissect a cat, or create a multimedia production. Students have an entire semester to complete a project.

The eight grade ELP english students complete eight grade english the first semester and freshman advanced english the second semester, so that they can go on to sophomore english during their freshman year.

Mrs. Braun has taught ELP classes in Cedar Rapids and Marion since 1982. Students enjoy this class, because it's a way to do what they want at school.

with Tennyson's *Ulysses*. I said I had. We lost ourselves in conversation until she asked if I had anything to say.

CH: What are you going to do?

CB: I am not going to sub. Only if I have no money-no-I won't ever sub. I will read books and play bridge and go shopping. I am telling my friends I will not ever sub. So write that down.

CH: I am. I love that last line in *Ulysses*.

CB: *To strive, to seek, to find, and not to yield?*

CH: Yeah, that one.



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MAKING MUSIC

by Erin Bullock

The high school choir is going to solo and ensemble contest on April 13, in Davenport Assumption. There will be a pre-contest recital on April 11 for all those who want to come and watch, it will begin at 6:00 p.m. Those that are participating in the solo and ensemble are Mattie Renfer, Megan Whitcher, and Erin Bullock in a girl's trio. Richard Chapman, Ryan Lantz, Chad Zrudsky, and Dan Johnson in a quartet. John Wennekamp, David Walker, Jeff Rehnstrom, and Jon Crystal as another quartet. There will be two unlike duets, which are boy-girl duets, they are Chad Zrudsky and Anna Lensch in one, and Dan Johnson and Angie Kneeland in the other. There will be nine female solos and seven males. The female solos are Anna Lensch, Mattie Renfer, Megan Whitcher, Jessie Sova, Katy Boyer, Dawnna LaBarr, Becca Hockey, Myndi Aljets, and Christine Akers. The seven male solos are Dan Johnson, Chad Zrudsky, Sam Chapman, Richard Chapman, Mike Burroughs, Ryan Lantz, and Ted Warden.

The practice times for all groups are usually Wednesday evenings for all those who can make it. Laurel Moser is the accompanist for all groups.

SO YOU WANT TO BE IN CHOIR...

by Christine McGlaughlin

This year to make preparation for the 1996-97 school year, Mr. Heim is having auditions for two choirs. These choirs will be made up of everyone that joins the choir. The try-outs consist of singing scales to see where voices are and which section they should be in. By singing "America the Beautiful" he will hear the tone quality and how independently you are able to sing. This consist of having accompaniment or having the melody played. This will better for the program and make students sharper.

Three criteria that will be taken into consideration are 1. singing ability, 2. experience, 3. age but everyone has the same chance.

The benefits of these two choirs are that their will be two levels of singing. The people in the Chamber Choir will be pushed with harder music and the Students in Concert Choir will have easier music so they can train their changing voices.

Mr. Heim said, "We have been working up to this for years. Finally we are at the point where it needed to be done to make the program better in the long run."

GETTING READY...

by Erin Bullock

Prom is approaching in less than a month and if you have not ordered your dress or your tuxedo than it's time to get on the ball.

Prom will start at 8:00 p.m. with Grand March at 8:30. The dance will end at 11:00 p.m.. After prom, SODA will be having their annual Post Prom Party at Castle Lanes. The party will begin at 11:30 p.m. and the doors will lock at 1:00 a.m., so no one can come after that time, and will last till 6:00 a.m. Tickets will go on sale April 8 for \$3.00 per person. At this time you will receive a key chain as a ticket. This price will include all the food you can eat, unlimited bowling, prizes which include two TV's, a refrigerator, a microwave, different packages, and karaoke will also be included in the festivities.

The Junior Class is also selling glasses and picture frames as keepsakes. The glasses are \$9.00, the single picture frame is \$10.00, and the double picture frame is \$11.00. They will have the prom theme "I'll Stand by You" on them. Everyone will receive a memory book to keep.

SPRING FLING

by Katy Boyer

This year the spring play was a selection of three scenes from three different plays and also a short play. The scenes were Graceland, with Vickie Bennett and Christine Akers; I Hate Hamlet, with Sam Chapman and Tony Warden; and Star Dust, with Michelle Yarmer and Sandy Thurman. The short play was called King Arthur's Calamity. It was made to be a play set in medieval Camelot but was done as a nineties sort of play. There were six main characters, Queen Jennifer (Kate Parks) the queen of Camelot who is about to retire from the throne; Merlin the Magician (Dan Johnson) who makes the medicines and the test to find the new ruler; Arthur (Adam Langfit) the twelve year old page

boy who pulled the sword out of the stone and becomes the new king; the Earl of Nasty (Aaron Rogers) who kidnaps the king in order to claim the throne for himself; and Lady Nasty (Katy Boyer) the Earls wife who runs his life and help's him to become king. There were also many other people who played townspeople and henchmen to the Earl.

The three scenes were directed by Mrs. Braun and the short play was directed by Ms. Boyer. Aaron Rogers says "It was my first play and I thought it was fun trying to act like the Earl (a stupid buffoon)." Four year participant of speech contest, Vickie Bennett replied, "I thought it was neat that people got to see what we did for speech contest."



In "King Arthur's Calamity," Merlin the Magician (Dan Johnson) tries to help Queen Jennifer (Kate Parks) find a new ruler. Listening in is Edith, the nurse (Sandy Thurman).

TEEN QUEEN

by Anna Lensch

In July Tracy Thomas will be participating in a pageant in San Diego. Tracy was chosen to represent the state after being nominated by the school, filling out an application and a picture. This pageant recognizes the talent and academic successes of girls across the country.

The pageant consists of an evening gown competition, talent, an interview with the judges, an Awareness Test on current world affairs, and a costume which represents her state. The winner of the pageant will receive a \$10,000 scholarship and other prizes.

Tracy will perform a lyrical dance called "Blaze of Glory" in the talent portion of the pageant. She has been dancing for 8 years and practices four and a half to five hours at the studio a week. Her dancing talent includes all types of dance including tap, jazz, ballet, and lyrical.

Tracy still needs sponsors to participate in the pageant. A sponsor can be anyone who is willing to give a donation to Tracy. She leaves on July 1st and will return on July 7th. The pageant is not televised in this area, but will be held on July 6th.



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SPORTS SHORTS

AAU WRESTLING

by Justin Kensinger

Making the state tournament is a very prestigious honor. Many wrestlers set this goal hoping to accomplish this feat. Besides the high school state tournament, there is an AAU tournament for younger kids. Two students from this school went this year. After an undefeated district meet, Jesse Kensinger took eighth place at the state meet. After taking third place at the district meet Matt Wycoff, took sixth at the state tournament. Both had an outstanding record during the school season. Along with these finishes they plan on only improving. The high school coaches are looking forward for their help on the team.

BOYS TENNIS

by Jason Osborn

This year's boys tennis team is opening the with a positive attitude, hoping to continue the improvement shown throughout last year. Mr. Wikert returns as coach. He will be joined by Mr. Ferguson, who will be in his first year as boys tennis coach. Top returning players are Casey DeShaw, Jeremy Johnson, and Corey Hite.

GIRLS GOLF

by Christine McGlaughlin

This years outlook for girl's golf is very good. Their practice began Wednesday March 27 and April 9 is the first meet. Mr. Miller was glad to see the returning letter winners and a lot of new faces. "I think there is more interest and improvement from last year," said Anna Lensch. Holly Welbes, Molly Sheeley, Anna Lensch, Tiffany Fredrickson, Angie Henry, Heather Motter, Katie Schuver, and Jessie Chavez are the girls that returned from last year and Allison Rudigg, Brooke Ryther, Mindy Snyder, Stacy Buck, and Jenny Sheeley will be a great new addition to the team.

GIRL'S SOCCER

by Amanda Meroshek

This year the girl's Marion-Linn Mar Soccer team has more Marion girls go out then any other year. This year's team has the following members juniors, Katie Nelson, Tiffany VanMeter, and sophomores, Shawna Hall, Tilena Waters and Katie Shedak. If the team can maintain this size, next year there is hope of starting a Marion girls soccer team itself without a joint team. Shawna Hall encourages others to go out "Its a fun sport and it gives you a chance to get to know new people." The girl's soccer team will start the season on April 2nd.

GIRL'S TENNIS

by Nancy Chifafos

The 1996 Girl's Tennis team is coached by Ken McNutt. This is his

sixth year coaching girls tennis at Marion. Coach McNutt commented, "We have a bunch of hard working girls that will improve as the year goes by. This will be a good season, but we have been placed in a tough competition, we will have to work extra hard to win some games."

This years team consists of eight returning lettermen. The majority of varsity players are juniors and one senior. Most of the players each have at least one year of experience.

The girls began practicing on March 13, and their first meet will be held Monday April 15, at Western Dubuque. Coach McNutt said, "If we are consistent we might have a good chance against Western Dubuque."

Senior Leah Schneider who has been on the team for four years commented, "It is a good group of young girls with a lot more experience." She also commented, "It will be tough, but we are hoping to have fun."

GIRLS TRACK

by Katy Boyer

Any other year the outlook for the girls track season didn't look so bright. Two years ago with only thirteen girls out, the girls got by. This year there are approximately thirty girls who are out. And coach Dan French has high hopes for the season. Two-time junior letter winners Katy Boyer and Stacey Tschantz are this year's co-captains. Tscgantz commented, "We're expecting to see some better results with a lot of new faces."

BOYS GOLF

by Justin Kensinger

The golf season is upon us again, and the clubs are in full swing. The team started practice on the eighteenth of March. Coach Messerli is excited that there are over 40 guys out this year. "We are looking forward to this year's golf season. There are a record number of golfers out and many of them have improved over last year." A few of the improved include returning letter-winners Johnse Bushlack, Jason Hyduk, Zach Lane, Kevin Sloan, and Nick Springer. Messerli commented that, "We have some experience returning and are looking for an improved standing in the conference." He then added that, "The prospects look very positive."

BOYS SOCCER

by Bryan Hamilton

This year the Marion / Linn Mar boy's soccer team has good expectations for a good season. On the team from Marion are juniors Matt Balk, and Craig Johnson, and senior Ricardo Cipriano. First game is Tuesday April 2 at Washington. Due to Linn Mars football field is too wet their first couple games will be played at the Marion Football field.

CHEERLEADING TRY-OUTS

by Amy Bulman

Cheerleading is the only sport at this school in which. you must try out to participate. The try-out groups consist of three or four people and the try-out must contain an entrance, a performance of Onward, a big cheer, an individual chant, a toe touch, a triple jump combo, and an exit. The big cheer is the same for everyone and is done as a group but the the chant they are given the words and each girl must make their own actions and perform it by themself. For the Pom try-out they must have an entrance, perform a routine, do a toe-touch, perform a mini-routine, and have an exit.

Next year's squads are:

JV FOOTBALL

Nicole Burrell
Cassie Gardner
Sara Key
Morgan Leverett
Allison Rudig
Tami Stearns
Kelly Weaver

VARSITY FOOTBALL

Katy Boyer
Shawna Hall
Anna Lensch
Katie Schuver
Katie Shedek
Mindy Snider
Stacey Tschantz
Erin Wycoff

FALL POMS

Elissa Crow
Jennie Francis
Harmony Henderson
Becca Hockey
Dana Hines
Heather Motter
Kristy Rutherford
Molly Sheeley
Sara Sjuln

JV BASKETBALL

Kris Boggess
Nitasha Fish
Elise Martin
Amanda Nielsen
Jenny Parks
Maria Mittan

VARSITY BASKETBALL - RED

Erin Bullock
Elissa Crow
April Post
Sarah Sjuln
Kelly Weaver

VARSITY BASKETBALL - GOLD

Morgan Leverett
Sherry Hoover
Emily Pease
Lexie Smith
Becky Warner

WRESTLING

Katy Boyer
Shawna Hall
Anna Lensch
Mindy Snider
Erin Wycoff

WINTER POMS

Jennie Francis
Cassie Gardner
Harmony Henderson
Sara Key
Emily McGuire
Allison Rudig
Kristy Rutherford
Katie Shedek
Molly Sheeley
Stacey Tschantz

BOYS TRACK

by Chad Zrudsky

Metro Indoor Track Meet at Coe

Teams competing: Kennedy, Jefferson, Washington, Regis, LaSalle, Linn-Mar, Marion

High Jump	Zrudsky	2nd
Long Jump	Humiston	3rd
55 dash	Dvorsky	1st
	R. Wiley	3rd
	Humiston	3rd JV
4x1 lap	Dvorsky, Zrudsky,	
	Northway, Claypool	1st
	Wiley, Rubel,	
	Humiston, Post	1st JV
4x800	Borst, Fishwild,	
	Thomas, Albrecht	3rd
Medley	Northway, Claypool,	
	Tschopp, Swanson	1st
	Humiston, Wiley,	
	Albrecht, Thomas	3rd JV
800	Burgess	3rd JV
4x400	Tschopp, Zrudsky,	
	Borst, Swanson	2nd
	Fishwild, Burgess,	
	Post, Rubel	3rd JV

WAMAC Indoor Track Meet at Cornel

Teams competing: South Tama, Vinton, Benton, LaSalle, West Delaware, Independence, Waterloo Columbus, Marion

High Jump	Zrudsky	3rd
Long Jump	Humiston	1st
	Northway	3rd
55 HH	R. Wiley	2nd
	Johnson	5th
55	Dvorsky	1st
	Hoffman	3rd
	Albrecht	2nd
1600	Dvorsky, Zrudsky,	
4x200	Northway, Claypool	1st
4x800	Borst, Ratzlaff,	
	Fishwild, Swanson	1st
200	Rahn	1st JV
Medley	Tschopp, Schuller,	
	Humiston, Hoffman	1st
	Albrecht	5th
400	Casey Swanson	1st
800	Ratzlaff	3rd
	Fishwild	1st JV
	Burgess	4th JV

4x400	Northway, Zrudsky,	
	Claypool, Tschopp	1st
	Marion Triangular at Marion	
	Teams competing: Benton, Mt. Vernon, Marion	
3200	Thomas	3rd
110 HH	R. Wiley	1st
	Johnson	2nd
100	Dvorsky	1st
	Hoffman	3rd
4x800	Ratzlaff, Borst,	
	Fishwild, Swanson	1st
200	Schuller	1st
	R. Wiley	4th
1600	Albrecht	2nd
4x200	Dvorsky, Northway	
	Humiston, Claypool	1st
400 LH	Johnson	2nd
Medley	Northway, Claypool	
	Tschopp, Swanson	1st
Shot Put	Claypool	2nd
Long Jump	Northway	1st
	Humiston	2nd
High Jump	Borst	1st
	Ratzlaff	2nd
	Tipton Invitational at Tipton	
	Teams competing: Dyersville Beckman, Iowa	
	Mennonite, North Linn, Mount Vernon,	
	Maquoketa, Calamus Wheatland, Monticello,	
	West Liberty, Wilton, Anamosa, Cascade,	
	Camanche, Tipton, Winfield Mount Union,	
	DeWitt Central, Marion	
Long Jump	Humiston	2nd
110 HH	R. Wiley	6th
4x400	Northway, Schuller	
	Claypool, Tschopp	2nd
Medley	Northway, Claypool	
	Tschopp, Swanson	1st
4x200	Schuller, Northway	
	Humiston, Claypool	4th
4x800	Borst, Tschopp	
	Ratzlaff, Swanson	3rd
	Wilkinson Relays at Kingston Stadium	
	Teams competing: Iowa City High, Dubuque	
	Senior, Washington, Kennedy, Jefferson,	
	Hempsted, Linn-Mar, Wahlert, Iowa City West,	
	Regis, Anamosa, Prairie, Marion	
Medley	Northway, Claypool	
	Tschopp, Swanson	2nd
4x400	Claypool, Northway	
	Tschopp, Swanson	3rd

WHAT'S HAPPENING

Friday, April 12	GTR..... Benton 5:00
	BTR West Delaware 5:00
Saturday, April 13	GTN Linn Mar
	BTN Prairie 9:00
	BGF Washington 8:30
	Solo and Ensemble Contest Davenport
Monday, April 15	BTN - H W. Dubuque 4:00
	GTN W. Dubuque 4:00
	GGF - H Linn-Mar 3:30
Tuesday, April 16	BGF - H Anamosa 3:45
	BTN Independence 4:00
Wednesday, April 17	Early Dismissal 1:45
Thursday, April 18	GGF - H Vinton 4:00
	BGF Vinton 4:00
	GTR..... Marion Invitational 5:00
Friday, April 19	GTN - H Independence 4:00
	GGF..... Monticello 3:30
	8th GTR Benton
Saturday, April 20	GGF..... Van Horne 8:30
Monday, April 22	8th BTR - H Anamosa/Tipton
	Jazz Band Concert Auditorium 7:00
	GGF - H South Tama 4:30
Tuesday, April 23	BTR Prairie 5:00
	GTR..... Van Horne 5:00
	BGF Maquoketa 1:00
Wednesday, April 24	Early Dismissal - High School Only 1:45
	BTN - H Mt. Vernon 4:00
Thursday, April 25	GGF..... Prairie 4:00
	BTR Van Horne 5:00
	GTN Maquoketa 4:00
	BTN - H Maquoketa 4:00
	8th GTR - H Independence
Friday, April 26	BTR Starmont 5:00
	BGF Monticello
	GTR..... West Delaware 5:00
	8th BTR..... Tipton
Saturday, April 27	GTN Camanche 9:00
Sunday, April 28	Spring Music Concert Gym 3:00
Monday, April 29	BGF West Delaware 4:00
	BTR North Linn JV 5:00
Tuesday, April 30	BTR Marion Invitational 5:00
	BGF - H..... LaSalle 4:00
	GGF..... Anamosa 3:45
	8th BTR..... Vinton
Wednesday, May 1	GGF - H West Delaware 4:00
Thursday, May 2	GTR..... Prairie 5:00
Friday, May 3	BTR Cedar Falls 5:00
	GTN Camanche 4:00
	Large Group Music Contest Maquoketa
Saturday, May 4	BGF South Tama 8:30
	BTN 9:00
	Prom Gym
Monday, May 6	GGF..... Wamac @ Benton
	BGF Wamac @ Columbus
	GTR..... District @ Starmont
	8th GTR - H 4:00
Tuesday, May 7	BTR Benton
	BTN..... Maquoketa 4:00
Wednesday, May 8	GTN - H Mt. Vernon 4:00
	BTN..... Mt. Vernon 4:00
Thursday, May 9	Honors Night Auditorium 7:00
Friday, May 10	BTR Maquoketa Valley
	GTN - H Maquoketa 4:00
	GTR..... Mt. Vernon
Saturday, May 11	GTN South Tama 4:00
Monday, May 13	BTR/GTR..... Wamac @ Marion 4:30
Tuesday, May 14	Early Dismissal 1:45
Wednesday, May 15	Music Awards Lounge 7:00
Thursday, May 16	Metro Baseball
Tuesday, May 21	Metro Baseball
Thursday, May 23	Metro Baseball
Saturday, May 25	Metro Baseball
Sunday, May 26	Graduation Paramount 3:00

BLAST FROM THE PAST

by Cheyne Westergaard

10 YEARS AGO - 1986

After months of waiting, the Apple Macintosh SE Computers finally arrived for the use in the journalism department. This issue of the Vox was the first issue that was produced with the new computers. The new computers reduced the pressure and stress and it also cut the time, making the Vox much easier to make.

20 YEARS AGO - 1976

In 1976, Mr. Clyde Kramer, who had been the Associate Principal at Marion for the past seven years, left at the end of that year. He ventured to North East Community College at Calmar and Dubuque as Director of Personnel. Before Mr. Kramer came to Marion, he graduated from Luther College in 1960, which led him to his first teaching job as a teacher/coach at East Buchanan High School in Winthrop. He had several other teaching jobs before he came to Marion.

40 YEARS AGO - 1956

Twenty-three groups and seventeen soloists participated in the local band contest Monday, March 21. There were twelve winners picked in the band contest. Eight woodwind soloists, and four brass soloists all received I ratings. The vocal department held a contest to see which girls would earn the right to participate in the state contest. The judges used the process of elimination to select the girls.

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